

<b>Theme / Scheme</b>	<b>1- Inclusion, Health &amp; Wellbeing 1A - Children, Young People &amp; Families</b>				
<b>Priorities:</b>	<ol style="list-style-type: none"> <li>1. Increase access to Youth Services</li> <li>2. Provision of Early Help support to families</li> <li>3. Support for young carers</li> </ol>				
<b>Outcomes:</b>	<ol style="list-style-type: none"> <li>1. Children and young people, in particularly girls and young women:                     <ol style="list-style-type: none"> <li>a. have more confidence in themselves;</li> <li>b. are more resilient, and</li> <li>c. are able to, and do, access a range of spaces, activities and social opportunities across Tower Hamlets.</li> </ol> </li> <li>2. Girls and young women feel included, are able to participate in any service, and are more likely to train to become youth leaders and/or develop their own initiatives.</li> <li>3. Children and young people who may feel excluded from participating in mainstream services and activities (e.g from minority groups, who are disabled, who are LGBTQI, or who are carers for others) can participate in a range of activities and experiences.</li> <li>4. Children, young people and their families are listened to and their input is considered and included in decision making.</li> <li>5. Young carers are supported and included; their needs and concerns are understood and are taken into account at local and strategic levels.</li> <li>6. Children under 5 grow up in positive family environments and are supported to thrive.</li> </ol>				
<b>Organisation / Project</b>	<b>Start / End Date</b>	<b>Grant Amount</b>	<b>Project Description</b>	<b>GDSC Progress Summary – Jul 23 – Oct 23</b>	<b>RAG Rating / Comments</b>
Canaan Project / Canaan Project - Isle of Dogs	01/10/2019 31/10/2023	£117,641	Canaan Project provides activities for young women aged 11-19 on the Isle of Dogs. Working with George Green’s school and Café Forever. Activities include cooking, craft, sports, and inspirational workshops at its weekly lunch and after school clubs, as well as opportunities to join in regular trips.	<ul style="list-style-type: none"> <li>• 52 young women increased their confidence in one or more dimensions due to project support.</li> <li>• 78 young women strengthened their ability to maintain positive relationships.</li> <li>• 52 young women demonstrated increased development of hopes and aspirations in one or more dimensions.</li> </ul>	<p><b>GREEN</b></p> <p>Worked with 262 individual young women in reporting period, running three luncheon clubs, mentoring and an empowerment course every week across two schools, as well as a beach trip, a trampolining trip, a local community event to watch the Women's World Cup and an end of term summer party and showcase. The project also had its annual residential, taking 25 girls to Calshot activity centre.</p>

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					A satisfactory level of KPIs and outcomes were delivered through this project.
Half Moon Young People's Theatre / Professional Theatre and Inclusive Participatory Drama for Young People	01/10/2019 31/10/2023	£156,037	Professional theatre shows and inclusive participatory drama opportunities for and with young people that informs, challenges, and shapes their artistic potential. The activity is for children and young people from 0-18 (or 25 for disabled young people) from all backgrounds and abilities from across Tower Hamlets, providing free access support to anyone who needs it.	<ul style="list-style-type: none"> <li>• 214 young people took part in Youth Theatre sessions. 81% of them attended at least 80% of the sessions.</li> <li>• 211 project beneficiaries participated in a public performance organised by the project.</li> <li>• 194 beneficiaries who completed project activities made improvements in speaking and 205 made improvements in listening.</li> </ul>	<p><b>GREEN</b></p> <p>In the first week of July 2023, each of the project’s five youth groups performed to well-attended audiences of family and friends. A highlight was the project’s group for 11-14s, who created an immersive improvisational piece which placed the audience right in the middle of the action, seated at tables in a restaurant.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Look Ahead Care and Support / Domestic Abuse Children's Worker	01/10/2019 31/10/2023	£165,463	A specialist Domestic Abuse Children’s Worker to support children who are vulnerable due to early exposure to domestic abuse. Providing emotional support through age-appropriate engagement, e.g., play, to address challenges faced by children living at organisation’s LBTH	The Domestic Abuse Children’s Worker continued her work on supporting children of women who have suffered domestic abuse, and the women themselves, on a range of issues relating to access to health services, schools, social services, child maintenance support and benefits. She supported families to apply for legal documents. The project worked on both a one-to-one and group basis	<p><b>GREEN</b></p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

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			Domestic Abuse Service and in the community.	with the children and arranged days out for them. It supported single mothers who have experienced domestic abuse to build a more positive family environment by improving their own wellbeing.	
Newark Youth London / Girls in Action	01/10/2019 31/10/2023	£82,406	Project aims to increase access to regular youth services by girls and young women, so that they develop their confidence and life skills; make them resilient and enable them to participate in a six month social action project and other learning opportunities in order that they can develop their leadership, communication, and organisational skills.	<p>The project worked with 16 girls and young women this reporting period. 10 girls attended five or more project sessions.</p> <p>10 girls reported that they were more aware of the support that was available to them, including information, advice, and guidance on topics such as employability.</p>	<p><b>GREEN</b></p> <p>A social action project took place in July, providing sports activities for young people.</p> <p>The girls also participated in other activities organised by Newark Youth London, such as litter picking at Limehouse Canal with Moo Canoes.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Osmani Trust / Family Mentoring Project (FMP) Early Help	01/10/2019 31/10/2023	£147,000	Project aims to provide through family mentoring a range of Early Help support to children, young people and their families to help them overcome their immediate challenges and meet their needs in order	<p>Reported outcomes included.</p> <ul style="list-style-type: none"> <li>• 11 new families got early help from the project.</li> <li>• 11 families and young people experienced an increase in confidence due to the support</li> </ul>	<p><b>GREEN</b></p> <p>Project activity also included:</p> <ul style="list-style-type: none"> <li>• the Shaathi Parent Forum which enabled parents to voice any concerns collectively, share parenting skills, as well as</li> </ul>

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			<p>for them to thrive in healthy and safe families.</p>	<p>that they had received from the project.</p> <ul style="list-style-type: none"> <li>• 7 parents reported improvements in parenting skills.</li> <li>• 7 families’ awareness of local services and how to deal with a crisis was increased.</li> <li>• 5 families experienced improvements in family relationships, with the creation of a better environment for their children.</li> </ul>	<p>providing emotional support from each other.</p> <ul style="list-style-type: none"> <li>• healthy eating programme</li> <li>• Nitrous Oxide (NOX) drug awareness programme</li> <li>• Family trips – e.g. to Greenwich Museum and Cutty Sark – and excursions, involving arts and craft-type activities.</li> </ul> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
<p>St Hilda's East Community Centre / St. Hilda's Girls Driven Project</p>	<p>01/10/2019 31/10/2023</p>	<p>£67,228</p>	<p>St. Hilda's Girls Driven Project is an inspirational initiative designed to support, inspire, drive girls and young women to reach their full potential and realise their authentic ambitious life goals. It enhances project beneficiaries’ core skills, confidence, grit, motivation, and equality.</p>	<ul style="list-style-type: none"> <li>• 5 girls and young women reported an increase in confidence due to project support.</li> <li>• 5 girls and young women developed skills through activities and workshops to be a support system for others.</li> <li>• girls and women on the project participated in two inter-generational activities – including World Peace Day – to build bonds</li> </ul>	<p><b>GREEN</b></p> <p>Girls and young women took part on a number of activities through the project to help develop their confidence:</p> <ul style="list-style-type: none"> <li>• organising and presenting Trashion shows, crafting outfits from discarded materials and showcasing them to an audience of family and friends.</li> <li>• visit to Spitalfields City Farm, which involved valuable learning</li> </ul>

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				with older members of the community.	<p>experiences, including caring for the animals and maintaining the farm environment.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Stifford Centre Limited / Stifford Young Girl's Project	01/10/2019 31/10/2023	£59,470	The Project runs a Young Girl's Club that offers disadvantaged young girls a safe space in which they can socialise, participate in a range of activities that encourage their wellbeing, improve confidence and learn skills that are useful for their future development.	<p>In this reporting period 16 girls participated in project activities and 14 attended at least five sessions.</p> <ul style="list-style-type: none"> <li>• 14 girls reported feeling less isolated and happier as a result of accessing a range of project activities.</li> <li>• 10 girls reported increased levels of self-esteem.</li> <li>• 8 young people completed accredited training. All of them reported that this increased their level of opportunities for training/volunteering and employment.</li> </ul>	<p><b>GREEN</b></p> <p>Project activities in the funding period included:</p> <ul style="list-style-type: none"> <li>• Outdoor activities including multi-sports in the park.</li> <li>• Educational workshops/Training (e.g. E-safety, food hygiene training)</li> <li>• Health &amp; well-being workshops</li> <li>• Mindfulness workshop</li> <li>• Recreational activities (including hair and beauty, arts and crafts, glass painting).</li> </ul> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
The Yard Theatre Ltd / Tower Hamlets Teens	01/10/2019 31/10/2023	£150,729	Free, fortnightly youth leadership workshops, weekly drama workshops, summer masterclasses, and	Project activity during July-October 2023 supported the organisation to recruit its new cohort of beneficiaries for its Young Yard Artists group (11 to	<p><b>GREEN</b></p> <p>A satisfactory level of KPIs and outcomes have been delivered through this project.</p>

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			<p>schools’ performances for Tower Hamlets teenagers. Delivered at Tower Hamlets assets, Hub67, The Yard, and local schools, it increases access to youth services, improves participants’ health and wellbeing through cultural activities, and supports community cohesion through public events.</p>	<p>15 year olds). Eight new young people were welcomed onto the group. The group had its first session in October 2023.</p> <p>The project also supported the start up in September 2023 of a brand new group, Yard Young Artists group (16 to 21 year olds), co-designed by the Theatre’s Black Excellence at Nighttime group. The project is for young creatives to meet weekly to learn how to create theatre from professional artists, gaining work experience on the way.</p>	

<b>Scheme:</b>	<b>1B – Older People</b>
<b>Priorities:</b>	<ol style="list-style-type: none"> <li>1. Ageing well and reducing social isolation</li> <li>2. Provision of physical and health-promotion activities for older people</li> </ol>
<b>Outcomes:</b>	<ol style="list-style-type: none"> <li>1. Reduced isolation and loneliness among older isolated adults, particularly those who are housebound, and those facing additional challenges (e.g dementia, disability, limited English);</li> <li>2. Older people are able to continue making a positive contribution to their communities;</li> <li>3. Older people feel more included and integrated in their communities and are able to mix with people of different ages and from different backgrounds to increase the sharing of skills, experience and knowledge both amongst older people, and between different generations;</li> <li>4. People living with dementia are supported to participate as much as, and as long as possible. Carers of people living with dementia are supported.</li> </ol>

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Age UK East London / Caxton Hall, a dynamic activity centre led by older people for the whole community.	01/10/2019 31/10/2023	£301,105	Caxton Hall is a dynamic activity centre led by older people. It involves a café, opportunities to meet neighbours and connect to other people, both young and old, in the community.	<ul style="list-style-type: none"> <li>• 35 new older people accessed services at Caxton Hall</li> <li>• 7 older people contributed to running the Hub Café</li> <li>• 33 older people felt more included and integrated as a result of participating in a community cohesion project.</li> </ul>	<p><b>GREEN</b></p> <p>Activities included Craft class, Light Exercise, IT class and Chi Kong, as well as one-off special trips/events including: Caxton Summer Fete, Southend seaside, Canterbury and visit to Horniman Museum.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Age UK East London / Friend at Home	01/10/2019 31/10/2023	£257,677	Matching housebound older people who would like a bit more company at home with volunteers who would like to share an enjoyable hour or two of conversation and company with them.	<ul style="list-style-type: none"> <li>• 13 isolated, housebound older people were newly matched with a Friend at Home and received weekly one-hour visits</li> <li>• Project maintained 55 matches between beneficiaries and volunteers</li> </ul>	<p><b>GREEN</b></p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

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				<ul style="list-style-type: none"> <li>19 people (100% of isolated, housebound older people on the project) reported an increase or stabilisation of their well-being, as measured by the Warwick-Edinburgh Mental Wellbeing Scale.</li> </ul>	
Community of Refugees from Vietnam - East London / Vietnamese and Chinese Lunch and Social Club	01/10/2019 31/10/2023	£133,639	The Vietnamese and Chinese Lunch and Social Club project provides healthy lunches and social and health promotion activities for people aged over 50, from the Vietnamese and Chinese community in Tower Hamlets.	<ul style="list-style-type: none"> <li>15 older people participated in diet &amp; healthy cooking habits sessions</li> <li>4 people, who lived on their own or were housebound, were supported to reduce their level of isolation</li> <li>68 social and wellbeing activities held at the centre and online.</li> </ul>	<p><b>GREEN</b></p> <p>Activities delivered this reporting period include healthy eating sessions, Tai Chi exercise, indoor games, meditation and yoga classes, including day trip to Portsmouth attended by 52 beneficiaries.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
East London Out Project / Tower Hamlets LGBT Support	01/10/2019 31/10/2023	£112,771	LGBT Community Support to enhance peer networks, lessen isolation and provide mental health crisis prevention support. Two facilitated social support groups, for older people, people with mental health needs or other disabilities, Individual mental health crisis prevention support provided. LGBT training	<ul style="list-style-type: none"> <li>9 LGBT people over 50 accessed new social activity and reported on increased social connections, increased social activity and feeling less lonely</li> <li>50 disabled LGBT people or those experiencing mental health concerns attended either group or individual support and reported better life satisfaction and better</li> </ul>	<p><b>GREEN</b></p> <p>The project progressed well; it regularly promoted the groups and the opportunities for training.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>



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			available to other organisations.	<p>quality of life three months after start of service</p> <ul style="list-style-type: none"> <li>• 2 training sessions delivered to organisations.</li> </ul>	
St Hilda's East Community Centre / Older People's 'Feeling Good!' Wellbeing Project	01/10/2019 31/10/2023	£122,500	'Feeling Good!' wellbeing project is based in Weavers Ward and open to older people from throughout the borough, Monday-Friday. It provides nutritious lunches and invigorating opportunities - from indoor sport, IT learning, singing, art, intergenerational activities with schoolchildren, outings and quizzes.	<ul style="list-style-type: none"> <li>• 40 older people felt more involved and included in their communities</li> <li>• 38 people reported an improvement in their health &amp; wellbeing</li> <li>• 35 people reported that they felt less isolated and lonely</li> </ul>	<p><b>GREEN</b></p> <p>The project delivered a variety of exercise classes, including seated exercise, strength training and dance classes.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Tower Hamlets Friends and Neighbours (THFN)/ Older Peoples Befriending Project	01/10/2019 31/10/2023	£204,167	THFN provides befriending and advocacy services to older people in the borough. Its team of befriender advocates provides regular one to one support to people in their own homes, assists with making appointments and helps in accessing services. It also organises small group outings locally.	<ul style="list-style-type: none"> <li>• 15 isolated older adults visited by a befriender advocate on a fortnightly basis</li> <li>• 15 older adults with dementia visited on a regular basis by a Befriender Advocate who was a Dementia Champion</li> </ul>	<p><b>GREEN</b></p> <p>Progress towards all targets went well. Clients were visited on a regular basis and those with dementia were escorted to dementia related activities. At home activities were undertaken with clients, as many are housebound.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

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				4 group outings arranged with at least 5 older people attending per outing.	
Toynbee Hall / The Wellbeing Centre at Toynbee Hall	01/10/2019 31/10/2023	£169,107	This project offers holistic relational support to older people aged 50+ in Tower Hamlets. It aims to make Toynbee Hall’s existing provision at its Wellbeing Centre more inclusive and responsive to needs and to build stronger networks of information sharing and peer-support between users and those not accessing services.	<ul style="list-style-type: none"> <li>• 40 individuals (older people) attended health promotion sessions at the Wellbeing Centre</li> <li>• 118 social activities delivered, with 900 attendances</li> <li>• 39 user-led activities held at the Wellbeing Centre, with 358 attendances.</li> </ul>	<p><b>GREEN</b></p> <p>The project progressed well and exceeded its targets in the areas of health promotion activity, user led activity and social activity.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

<b>Scheme:</b>	<b>1C – Access, Information and Self-Management</b>
<b>Priorities:</b>	1. Residents better informed/equipped to manage health conditions
<b>Outcomes:</b>	<ol style="list-style-type: none"> <li>1. Residents of all ages are better informed/equipped to manage health conditions</li> <li>2. Increased awareness of and access to local services, including crisis support</li> <li>3. Residents and their families are aware of the benefits of healthy eating and eat more healthily</li> </ol>

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Globe Community Project / Take Back Your Life	01/10/2019 31/10/2023	£114,526	A mindfulness-based pain management programme, addressing chronic pain/illness, related social isolation and inactivity delivered by experienced, fully accredited Breathworks trainers.	<p>Mixed group sessions open to previous cohorts of beneficiaries took place, with regular attendance of around eight participants per week from a pool of 13 people.</p> <p>Women-only group sessions were open to previous cohorts, with regular attendance of two to six women.</p> <p>Ten people in monitoring period reported increased knowledge, awareness and confidence to self-manage health condition.</p>	<p><b>GREEN</b></p> <p>No new courses were offered during this reporting period. This was part of the planned arc of the programme. Participants were offered follow-on support to embed and sustain their learning.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Real DPO Ltd / Taking Control of Your Life (TCOYL)	01/04/2020 31/10/2023	£255,166	TCOYL project delivers creative planning support alongside a user-led co-production group, harnessing the views of people with lived experience of disability. This project maximises independence, supporting people to make	<ul style="list-style-type: none"> <li>• 14 action plans produced for clients</li> <li>• 90% of clients reported that they felt more independent and had a better quality of life</li> <li>• 70% of clients reported that the new services accessed had a positive effect on their life</li> </ul>	<p><b>GREEN</b></p> <p>Real DPO connected with a diverse variety of clients from across the borough and age groups, supporting many clients with multiple disabilities.</p>

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			decisions on how they want to fulfil their ambitions and also help “change the system”.	<ul style="list-style-type: none"> <li>80% of clients reported feeling that they had more choice and control over their lives.</li> </ul>	A satisfactory level of KPIs and outcomes were delivered through this project.

<b>Scheme:</b>	<b>1D – Healthy living and healthy choices</b>
<b>Priorities:</b>	<ol style="list-style-type: none"> <li>1. Residents better informed to make healthier choices</li> <li>2. Increased engagement in physical activity</li> </ol>
<b>Outcomes:</b>	<ol style="list-style-type: none"> <li>1. Increased participation in a wide range of culture, play, physical activity, leisure and sport that are inclusive of age, gender, disability, race and mobility</li> <li>2. More social opportunities for reducing isolation through participation in culture, play physical activity and sport.</li> <li>3. Increased participation from marginalised groups</li> <li>4. Creating opportunities for intergenerational relationships, shared experience through culture, play, physical activity, leisure and sport for all above</li> </ol>

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London Tigers / Exercise for health: BAME women, children and young people	01/10/2019 31/10/2023	£174,522	Exercise for health project delivers a series of sports, physical activities and health-related workshops for women, young people and children to make positive choices about their health and wellbeing. It provides pathways to stay involved, excel in sports, and develop healthier habits for life.	<ul style="list-style-type: none"> <li>• 100% of Black, Asian and Multi-Ethnic communities’ children and young people who attended project’s sport and physical activities, including health workshops, reported improved health and wellbeing</li> <li>• 97% of Black, Asian and Multi-Ethnic communities’ women who attended project’s sport and physical activities reported improved health and wellbeing</li> <li>• 97% of Black, Asian and Multi-Ethnic communities’ women who attended the varied sports and physical activities through the project reported feeling less isolated and less lonely.</li> </ul>	<p><b>GREEN</b></p> <p>The Project continued with outreach work to engage with more people and deliver different activities to improve participants’ physical and mental wellbeing. The sessions delivered in the reporting period included Aerobics, Badminton, Boxing, Self Defence, Boxercise and Chair-based exercise sessions.</p> <p>In the reporting period London Tigers organised a local community Sports Day where families, mothers and children participated in sports activities and relay races. The event provided an opportunity for families to connect with one another and build relationships within the local community.</p>

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					A satisfactory level of KPIs and outcomes were delivered through this project.
MUDCHUTE ASSOCIATION / Playing out at Mudchute	01/10/2019 31/10/2023	£81,667	Mudchute’s unique natural facilities provide a range of freely chosen play opportunities in a safe, stimulating environment. Enabling children access to participate in freely chosen, innovative leisure and sporting activities will promote; exercise, healthy eating, social and life skills through the process of ‘Learning through Play’.	<ul style="list-style-type: none"> <li>• 160 hours of play provision delivered this reporting period for children and young people, attracting approximately 1,500 attendees.</li> <li>• 45 children who do not usually interact in social events outside of school or home participated in the project this reporting period</li> <li>• 6 older people became involved in a voluntary capacity with the project this reporting period, working with children to pass on life skills and experiences.</li> </ul>	<p><b>GREEN</b></p> <p>The project continued to attract hundreds of customers during the weekend sessions and during school holidays. It ran for five sessions each week during the school holidays. Additional funding that was secured enabled the project to run extra sessions in the local park. These were well attended by Bangladeshi families who do not usually venture from their local estates.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Newark Youth London / Healthy-Active-Together (HeAT)	01/10/2019 31/10/2023	£114,799	The Healthy-Active-Together (HeAT) project offers a wide range of sports and physical activities across the borough with the objective of engaging inactive young people (10 to 25) and their families in regular sports and physical activities to improve health and wellbeing and	<ul style="list-style-type: none"> <li>• The Project worked with 100 children, young people and adults in the reporting period, with 25 participants registering on the project for the first time</li> <li>• 25 participants reported improved health and wellbeing</li> </ul>	<p><b>GREEN</b></p> <p>In this reporting period, the Project delivered 56 sports and fitness sessions, enabling access and participation in community sport provision and improving peoples’ health and wellbeing.</p>

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			reduce isolation and exclusion.	<ul style="list-style-type: none"> <li>25 participants reported less isolation after enrolling onto the project.</li> </ul>	A satisfactory level of KPIs and outcomes were delivered through this project.
Stifford Centre Limited / Healthy Lifestyle Partnership Programme	01/10/2019 31/10/2023	£326,778	A free membership health club with over 20 different classes and groups per week, delivered by a consortium of VCS organisations. The Health Club is suitable for all ages and participants design the activity program alongside providers.	<ul style="list-style-type: none"> <li>135 people became members in the health club during this reporting period</li> <li>90% of members reported higher levels of wellbeing after six weeks of membership</li> <li>92% of members reported improved health and wellbeing through adopting a healthier diet</li> <li>95% of members reported having a better understanding of maintaining a healthy lifestyle.</li> </ul>	<p><b>GREEN</b></p> <p>The health partnership project delivered a wide range of health and wellbeing activities, including yoga, aerobics, speed climbing, kayaking, volunteering on the farm, walking groups and health information workshops in the reporting period.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
The Bangladesh Youth Movement (BYM) / Live Healthy Enjoy Life [the Female Health & Development Project]	01/10/2019 31/10/2023	£87,963	‘Live Healthy, Enjoy Life’ will operate from BYM’s Women’s Centre providing proactive and responsive health development activities which ensure excluded women from Black, Asian & Multi-Ethnic communities and refugee women develop healthy lives and manage their own	<ul style="list-style-type: none"> <li>41 women from Black, Asian and Multi-Ethnic communities accessed health support activities</li> <li>41 women from Black, Asian and Multi-Ethnic communities raised their awareness of a range of health issues appropriate to leading healthier lives</li> </ul>	<p><b>GREEN</b></p> <p>In this reporting period the Project delivered a wide variety of health and wellbeing sessions, including yoga and keep fit classes. These sessions are accessible and tailored for women from Black, Asian and Multi-Ethnic communities.</p>

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			physical and mental health; peer volunteer befriending and development of social networks alleviate isolation and facilitate inclusion.	<ul style="list-style-type: none"> <li>7 women accessed the women’s forum.</li> </ul>	A satisfactory level of KPIs and outcomes were delivered through this project.
The Royal Society for Blind Children (RSBC)/ Live Active, Live Well Tower Hamlets	01/10/2019 31/10/2023	£74,040	Live Active, Live Well Tower Hamlets will enable 60 blind and partially sighted young people aged 8-25 to gain the confidence and motivation to participate in physical activities and inform their ability to make healthier choices.	<ul style="list-style-type: none"> <li>the project worked with 16 participants this reporting period</li> <li>6 participants reported that they had increased their physical activity levels as a result of participating in the project</li> <li>6 participants reported that their health improved as a result of participating in the project.</li> </ul>	<p><b>GREEN</b></p> <p>In this reporting period the Project worked with 16 young people. The primary focus was to ensure that the project was signposting them into appropriate provision once the project came to an end. The project will continue to work with all of these young people - they have been referred into other activities within RSBC. These young people have shown improvements in their personal development and social connections.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>



<b>Scheme</b>	<b>1E – Improved inclusion, health and well-being outcomes for disabled people and people experiencing mental health issues</b>
<b>Priorities:</b>	<ol style="list-style-type: none"> <li>1. Improved health outcomes for disabled people</li> <li>2. People experiencing mental health issues are better supported</li> </ol>
<b>Outcomes:</b>	<ol style="list-style-type: none"> <li>1. More mainstream services are culturally inclusive, welcoming and accessible for disabled people and people experiencing mental health issues from different ethnic backgrounds, different faith backgrounds, and who are LGBTQI</li> <li>2. Adults with complex needs (i.e who have multiple issues affecting their lives) have better health outcomes</li> <li>3. Disabled people and people experiencing mental health issues;                     <ol style="list-style-type: none"> <li>a) are more independent</li> <li>b) are more aware of and more likely to participate in local services</li> <li>c) have a better quality of life</li> </ol> </li> <li>4. People experiencing mental health issues have improved knowledge of where to access support, including peer support, social activities, and activities that build confidence and develop resilience</li> </ol>

<b>Organisation / Project</b>	<b>Start / End Date</b>	<b>Grant Amount</b>	<b>Project Description</b>	<b>GDSC Progress Summary – Jul 23 – Oct 23</b>	<b>RAG Rating / Comments</b>
deafPLUS / Improving Health and Wellbeing for Deaf and Hard of Hearing people in Tower Hamlets	01/10/2019 31/10/2023	£184,624	A borough wide health and wellbeing project that addresses health inequalities, loneliness and isolation, mental health issues and barriers to employment, lack of confidence and self-esteem by bringing deaf and hard of hearing people together across communities.	<ul style="list-style-type: none"> <li>• 106 deaf and hard of hearing people felt less isolated after participating in project activities. Activities included a session to help women in relation to the menopause. A new coffee morning was set up for project beneficiaries to have discussions and socialise, with the support of a British Sign Language (BSL) worker.</li> <li>• 102 deaf and hard of hearing people had improved health and wellbeing due to project support. Events to support them included a standalone FaceYoga workshop, two Healthy Cooking workshops and a pottery</li> </ul>	<p><b>GREEN</b></p> <p>In this four-month period the project delivered 21 events and registered 21 new clients. The events were a variety of zoom based and in person activities, including arts and crafts events, exercise classes and family activities through the summer holidays. The latter activities included a visit to Mudchute Farm, bowling and the BSL tour at the new Victoria &amp; Albert Museum.</p> <p>An event was held on 18th October 2023 to celebrate the project, all of its clients and their achievement through participation in project’s courses, workshops, walks and talks.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jul 23 – Oct 23	RAG Rating / Comments
				<p>painting event that encouraged mindfulness.</p>	<p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
<p>ICM Foundation CIC / CORE Projects Get Active Newspaper - Promoting Healthy and Active Lifestyles</p>	<p>01/10/2019 31/10/2023</p>	<p>£53,611</p>	<p>People with learning disabilities aged 18+ from Tower Hamlets work in partnership with ICM Foundation. Three times each year they design and deliver 5,000 accessible newspapers on the theme of health and wellbeing, distributed to communities that reflects the borough's diversity.</p>	<p>At the end of the funding period the project's beneficiary group was ready to send the last edition of its newspaper to print. 100% of participants at the project's two events during this period to promote the newspaper indicated that it was a useful tool for them to find out what was available in London for people on low incomes.</p> <p>159 people with learning disabilities have participated in sessions to develop the newspaper during the project's lifetime and/or attended related events.</p>	<p><b>GREEN</b></p> <p>In the funding period the beneficiary group continued to take ownership of their individual roles, with some making significant improvements in their areas of responsibility for the newspaper after participation in practice workshops. These areas included navigating websites to locate information to research on activities for people with learning difficulties, typing and use of correct grammar for newspaper articles.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
<p>Woman's Trust / Therapeutic Support Groups for Women Affected by Domestic Abuse</p>	<p>01/10/2019 31/10/2023</p>	<p>£78,724</p>	<p>Therapeutic Support Groups providing a safe, moderated space for female survivors of domestic abuse to share experiences and support each other. Groups help women recover their</p>	<p>A number of women on the project confirmed satisfaction with the support that they had received by completing the exit questionnaire:</p> <ul style="list-style-type: none"> <li>100% reported minor – very significant improvements to their stress and anxiety levels.</li> </ul>	<p><b>GREEN</b></p> <p>12 women finished project support groups this reporting period, three in person groups and nine in online groups.</p> <p>A satisfactory level of KPIs and</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jul 23 – Oct 23	RAG Rating / Comments
			<p>mental health by reducing isolation, learning from shared experiences, being empowered by supporting others and thereby gaining confidence and independence.</p>	<ul style="list-style-type: none"> <li>• 100% reported minor – significant improvements to their confidence and self-esteem levels.</li> <li>• 100% reported minor- very significant improvements in isolation levels.</li> </ul> <p>One project beneficiary reported:</p> <p>“The group worker is the best counsellor that I've experienced in 30 years. I can't thank her enough for the life-changing difference she is making to my life and others.”</p>	<p>outcomes were delivered through this project.</p>
<p>Working Well Trust / Upskill</p>	<p>01/10/2019 31/10/2023</p>	<p>£442,981</p>	<p>Improve the wellbeing of people with lived experience of mental health by supporting them to achieve their goals by accessing new opportunities and including support from their peers, enabling to reconnect with the local community.</p>	<ul style="list-style-type: none"> <li>• Initial engagements with Upskill offered, plus access to peer support in reporting period - over 60 initial engagements, 58 registrations and 48 cases of one to one support</li> <li>• 22 residents aged over 50 with mental health issues had initial engagement with Upskill and were offered access to peer support</li> <li>• 16 Tower Hamlet residents aged 50+, with mental health support needs, accessed one to one support towards achieving short term goals.</li> </ul>	<p><b>GREEN</b></p> <p>This reporting period was particularly successful for engagements with over 50s. In partnership with Age UK based in Bow the project was able to engage with over 50s in the wards of Bow East and Bow West, putting on a range of activities over the summer to promote mental health.</p> <p>The team worked very hard to ensure that all clients had ongoing support in place before the end of project.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jul 23 – Oct 23	RAG Rating / Comments
					A satisfactory level of KPIs and outcomes were delivered through this project.

<b>Theme / Scheme:</b>	<b>2 – Digital Inclusion and Awareness</b> <b>2A – ICT Skills and Digital Careers</b>
<b>Priorities:</b>	<ol style="list-style-type: none"> <li>1. Access to ICT support and training for older people</li> <li>2. Digital skill development for children and young people             <ol style="list-style-type: none"> <li>a) Increase awareness of careers in the digital sector, and</li> <li>b) Provide children and young people with the opportunity to develop the skills for the digital sector.</li> </ol> </li> </ol>
<b>Outcomes:</b>	<ol style="list-style-type: none"> <li>1. Residents with limited digital/ICT skills, particularly older residents, disabled residents, those with English as a second language or other barriers to digital inclusion:             <ol style="list-style-type: none"> <li>a) Have increased confidence in using ICT, especially around security;</li> <li>b) Are able to use digital methods to access services, find information, and communicate with others, and do so more regularly;</li> <li>c) Have increased digital skills.</li> </ol> </li> <li>2. Working age residents have greater awareness of digital careers, have increased digital skills, and have increased access to work and work placements in the digital sector</li> </ol>

<b>Organisation / Project</b>	<b>Start / End Date</b>	<b>Grant Amount</b>	<b>Project Description</b>	<b>GDSC Progress Summary – Jul 23 – Oct 23</b>	<b>RAG Rating / Comments</b>
Limehouse Project / DigiTIES	01/10/2019 31/10/2023	£72,680	The aim of DigiTIES workshops is to prevent digital exclusion in older adults in order to prevent social isolation and increase their ability to access online health related support. The content of the workshop includes how to use social media, managing email accounts, and accessing online health related support services.	<ul style="list-style-type: none"> <li>• 18 BAME residents with English as a second language learned to use at least three ICT platforms in the reporting period</li> <li>• 12 older people learned to use a search engine to find health information on NHS websites</li> <li>• 12 older people made new friends and learned how to use communication platforms - e.g. Skype and WhatsApp.</li> </ul>	<p><b>GREEN</b></p> <p>The project established a partnership with the Royal Foundation, providing a welcoming space for social interaction and befriending, with Thursday morning Tea &amp; Coffee sessions. This fostered well-being and allowed participants to continue learning and give feedback.</p> <p>The project empowered beneficiaries by equipping them with digital skills and broader support to improve their quality of life.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jul 23 – Oct 23	RAG Rating / Comments
					A satisfactory level of KPIs and outcomes were delivered through this project.
Newham New Deal Partnership / @online club network Tower Hamlets	01/10/2019 31/10/2023	£79,707	@online club network will build the confidence of older residents (over 50s) to go online using tablet devices, learning in small friendly groups, through taster sessions and eight-week or longer programmes of practical activities based on the needs and interests of participants.	<p>20 participants registered for sessions at Sonali Gardens and the Carers Centre, 16 of which reported an increase in confidence in using ICT.</p> <p>The four volunteers who supported the programme between October 2022 to October 2023 provided 194 volunteer hours for other residents. They were invited to a farewell lunch and felt that the volunteering experience had been most positive.</p>	<p><b>GREEN</b></p> <p>The project achieved its outcomes and KPIs. All of its devices have now been donated to Praxis, a local voluntary sector organisation.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Wapping Bangladesh Association (WBA)/ Digital First	01/10/2019 31/10/2023	£19,254	Digital First engages socially isolated older adults from Black, Asian & Multi-Ethnic communities aged 55+, but not exclusively, living in Wapping and Shadwell, who are not computer literate and are digitally excluded. The Project delivers ICT and internet training that will help older adults to cope with facing key life transitions or challenges.	<ul style="list-style-type: none"> <li>13 older adults learned computer skills and navigated around internet, including learning how to use smartphones efficiently. Project lifetime target of 12 met for this KPI.</li> <li>11 participants increased social contacts and community involvement as they attended all the scheduled digital class</li> </ul>	<p><b>GREEN</b></p> <p>The program achieved a 98% success rate in the reporting period in terms of its participants gaining digital skills, including web browsing, Zoom participation, WhatsApp use and email communication. Participants attended four Zoom sessions and six in-person sessions (group and individual) with project mentors. They received regular updates on WBA services and borough</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jul 23 – Oct 23	RAG Rating / Comments
				<p>sessions including coffee morning and day trips.</p> <ul style="list-style-type: none"> <li>11 out of 13 participants were enabled to be confident in managing daily tasks using digital platforms via computer or smartphone.</li> </ul>	<p>resources, including healthy living information. Additionally, the programme prioritised mental and physical well-being by guiding participants on how to ensure attendance at follow-up GP or hospital appointments.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Scheme:	<b>2B – Online Safety</b>
Priorities:	1. Children and young people online safety
Outcomes:	1. Residents are aware of potential dangers online and implement suitable prevention measures 2. Children, young people and their families know how to report online bullying and abuse 3. Older people are aware of how to identify online scams and how to keep themselves safe

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jul 23 – Oct 23	RAG Rating / Comments
SocietyLinks Tower Hamlets / E-Safety Champions	1/10/2019 31/10/2023	£23,675	The E-Safety Champions project trains local women to become ‘champions’ for e-safety in the community. Weekly workshops cover all areas of online safety. Once trained, the project’s champions go into schools and community groups to spread their knowledge to young people and parents/carers through presentations and workshop	<ul style="list-style-type: none"> <li>15 women trained to become e-safety champions.</li> <li>12 project beneficiaries reported having increased confidence and knowledge about taking action to improve online safety at home.</li> <li>100% of adult participants and 75% of child participants in project activities reported that this participation had improved their ability to report cyberbullying and online abuse.</li> </ul>	<p><b>GREEN</b></p> <p>The organisation engaged a diverse group of beneficiaries with over 12 backgrounds and faiths. Empowerment was a huge theme throughout this programme. Participants learned strategies to protect themselves and their communities. The programme fostered a network for knowledge sharing and support.</p> <p>The program facilitated a safe space for women to connect, share experiences, and build lasting friendships. This is a valuable aspect that the organisation will build into its Mayor Community Grant Programme projects.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>



<p>Sporting Foundation / Building Digital Resilience</p>	<p>01/10/2019 31/10/2023</p>	<p>£35,946</p>	<p>Sporting Foundation build the digital resilience of children and young people and raise the awareness of online safety with parents, so that as families they are safe from risk and able to utilise digital resources, managing them effectively and reducing harm.</p>	<p>Sporting Foundation engaged 25 parents in this final reporting period, who showed progress in the following areas:</p> <ul style="list-style-type: none"> <li>• their understanding and awareness of grooming on social media and identifying signs of grooming</li> <li>• their confidence in maintaining their children’s safety online.</li> </ul> <p>The organisation engaged 38 young people in this final reporting period, who all showed progress in the following areas:</p> <ul style="list-style-type: none"> <li>• increased their understanding and awareness of grooming on social media</li> <li>• increased their ability to spot signs of grooming.</li> </ul>	<p><b>GREEN</b></p> <p>The last quarter of delivery was delivered successfully, with all sessions being well attended. The Building Digital Resilience programme has been successful in meeting the needs of young people and parents who participated in it. The participants enjoyed taking part and appreciated the relationships built up by the tutors, coaches and volunteers during the project.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
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<b>Theme / Scheme:</b>	<b>3 - Advice and Information</b>
<b>Priorities:</b>	This theme has a single priority, Social Welfare Advice and Information.
<b>Outcomes:</b>	<p>Reduce poverty across the spectrum of social welfare advice and information activity:</p> <ol style="list-style-type: none"> <li>1. Increased access to social welfare advice and income from benefits</li> <li>2. Improved personal budgeting, financial stability and reduction in personal debt</li> <li>3. Reduction in the number of people negatively impacted by welfare reforms and housing repossessions</li> <li>4. Individuals are more informed about their legal rights</li> <li>5. Individuals are more informed about their housing rights</li> <li>6. Increased employment security</li> <li>7. Increased access to immigration/asylum advice and casework</li> <li>8. Increased engagement of older people with social welfare advice services</li> </ol> <p>Capacity building and training within the sector:</p> <ol style="list-style-type: none"> <li>1. Improved coordination and cooperation between advice providers</li> <li>2. Increased integration of service both within the VCS advice sector and with services in other sectors</li> <li>3. Increased number of local volunteers achieving a recognised advice training accreditation</li> <li>4. Improved liaison and co-ordination with public sector agencies</li> <li>5. Improved access to information for providers</li> </ol>

<b>Organisation / Project</b>	<b>Start / End Date</b>	<b>Grant Amount</b>	<b>Project Description</b>	<b>GDSC Progress Summary – Jul 23 – Oct 23</b>	<b>RAG Rating / Comments</b>
East End Citizens Advice Bureaux / Advice Tower Hamlets	01/10/2019 31/10/2023	£3,773,417	Advice Tower Hamlets provides free, confidential, independent, quality-assured advice services to help Tower Hamlets residents resolve the problems they face, including welfare benefits, housing, money/debt, employment, immigration, consumer, education, community care, family, personal issues. This service is led by Citizens Advice Tower Hamlets, in	<ul style="list-style-type: none"> <li>• 6,706 clients assisted with social welfare advice</li> <li>• 1,604 clients supported to increase/maximise their incomes</li> <li>• £6,956,115 of clients’ income increased/or backdated</li> </ul>	<p><b>GREEN</b></p> <p>The project continued to see a sharp rise in housing issues, mainly from tenants of private properties, rent for which is far above the local housing allowance. Many of these clients were experiencing repossession proceedings because of financial difficulties with their rent. Demand for help with housing advice remained high,</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jul 23 – Oct 23	RAG Rating / Comments
			partnership with twelve local advice agencies.	<ul style="list-style-type: none"> <li>£867,486 debt reduction/write offs, resulting in reduction in amounts of personal debt.</li> </ul>	<p>particularly for homelessness, suitability of accommodation and disrepair matters, in both the social and private sectors.</p> <p>Universal Credit (UC) and Benefits issues remained top enquiries, especially in regard to entitlement to additional UC element and financial implication of missing out on certain UC element, which may become retrospectively due, following reconsideration and appeals.</p> <p>The project saw an increase in residents requiring support in regard to reviewing appeals on Habitual Residence Test decisions for UC claims.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Island Advice Centre / Tower Hamlets Advice Training and Capacity Building Project	01/10/2019 31/10/2023	£204,167	The project improves capacity, training, quality and access to the borough’s advice services. It develops coordination and cooperation between advice and other sectors, providing	<ul style="list-style-type: none"> <li>5 advice work training workshops were delivered</li> <li>5 volunteers/employees developed/increased skills to ‘advice’ paid role.</li> </ul>	<p><b>GREEN</b></p> <p>This reporting period the project delivered five advice work training workshops, with 92 participants attending the sessions. Five</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jul 23 – Oct 23	RAG Rating / Comments
			recruitment and training for volunteers, facilitation of the Tower Hamlets Community Advice Network, updated website of advice provision and information / factsheets, coordination of meetings, delivering formal training.		<p>participants secured a job in an advice-related setting.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Theme / Scheme:	<b>4 – Employment and Skills</b> <b>4A - Developing and embedding good practice in the workplace for people with disabilities, learning difficulties and physical and mental health barriers to work</b>
Priorities:	1. Promoting ethical employer practices to focus on improving employment and progression opportunities for people with additional needs, with an emphasis for employers on sustaining or improving business productivity.
Outcomes:	1. More disabled people and people with mental health issues access work experience placements and employment opportunities 2. Disabled employees feel more comfortable and better supported in sustainable roles in the workplace 3. Disabled people have access to meaningful, relevant training and skills development 4. Tower Hamlets employers are more inclusive and employ more disabled people and people with mental health issues and are more aware of how to support them.

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jul 23 – Oct 23	RAG Rating / Comments
REAL DPO / THEN & NOW	01/04/2020 31/10/2023	£473,351	A holistic package of services, underpinned by coproduction, to support Tower Hamlets companies develop the confidence and capacity to be excellent employers of disabled people, and increase levels of employment amongst them. The project creates communities of current and potential workers and employers, to drive positive change.	<ul style="list-style-type: none"> <li>8 organisations engaged by the project in the reporting period</li> <li>The project provided 95 hours of one-to-one support to eight employers and achieved 100% satisfaction rate from them.</li> </ul>	<p><b>GREEN</b></p> <p>In this last reporting period the project’s team continued to make remarkable strides in furthering the cause of inclusive employment practices. Through its one-to-one advice service, the team delivered 95 hours of tailored support to eight different employers. While it intentionally scaled back the marketing of its service this reporting period, in anticipation of the project’s conclusion, and instead focused on finalising the remaining casework with its clients, some of the issues that it advised on included:</p> <ul style="list-style-type: none"> <li>- best practice when implementing adjustment passports across the workplace</li> </ul>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jul 23 – Oct 23	RAG Rating / Comments
					<ul style="list-style-type: none"> <li>- how to navigate the current delays that employers are facing with the government scheme, Access to Work</li>   <li>- how to effectively communicate with disabled people through both recruitment adverts and organisational communications.</li> </ul> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Scheme:	<b>4B - Reducing barriers to employment for disadvantaged groups</b>
Priorities:	<ol style="list-style-type: none"> <li>1. Reducing barriers to employment for disadvantaged groups</li> <li>2. Employment and volunteering opportunities for older people</li> <li>3. Employment skills for vulnerable young people and those who are NEET (not in education, employment or training)</li> <li>4. Employment and skills for young people at risk of achieving poor outcomes</li> </ol>
Outcomes:	<ol style="list-style-type: none"> <li>1. Young people have increased life skills, employability skills, communication /presentation and interview skills and confidence, and have access to mentoring, work experience and internships</li> <li>2. Older people gain life skills and secure employment and/or voluntary roles</li> <li>3. Potential entrepreneurs/business founders have access to independent support and advice and increased knowledge of business and financial planning</li> <li>4. Increased opportunities for women who are far from the labour market or on a low salary to develop their confidence, soft skills, and work ready skills to access employment or start their own business.</li> </ol>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jul 23 – Oct 23	RAG Rating / Comments
Limehouse Project / Developing Potential	01/10/2019 31/10/2023	£205,372	An integrated programme of personal skills development, designed to enable women to make informed choices on their futures, supporting them into training, volunteering and work. This project links with existing provision and acts as a progression route forwards for new opportunities for women in Tower Hamlets.	<p>11 women who attended the business start-up workshop/1:1 support session will go on to register as self-employed</p> <p>15 women who attended accredited course will complete and gain certifications.</p>	<p><b>GREEN</b></p> <p>Throughout the last reporting period, there has been a significant emphasis on maximizing support for participants. This included the continuation of assistance, even after their journey came to an end. This involved ongoing Individual Advice and Guidance provided by an employment adviser, to assess participants’ situations, improve outcomes and create better opportunities for them from their individual circumstances. There was continuous partnership development to provide additional support for participants, such as Rose vouchers – which gives</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jul 23 – Oct 23	RAG Rating / Comments
					<p>families access to fresh fruit and vegetables - and other support based on their unique situations.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
SocietyLinks Tower Hamlets / Job Club	01/10/2019 31/10/2023	£62,459	This project delivers two weekly job club sessions run by its experienced employment support worker. The sessions will include access to computers and tailored employment support, including creating a CV, accessing emails, job searching, applications and using Universal Job Match.	<ul style="list-style-type: none"> <li>• 4 people gained accredited outcomes (Level 2) through training courses</li> <li>• 6 people accessed employment after attending the job club.</li> </ul>	<p><b>GREEN</b></p> <p>This period is always the busiest as the project had lots of young people and students wanting help to find part-time work. The project also had lots of school leavers looking for apprenticeships and employment pathways. Over the summer the project ran a volunteering programme for young people to gain work experience as this is something that many of them lack in their CVs. The project held inductions for the volunteers and they fulfilled a set programme of delivery and participation during the summer weeks. One young person has since secured employment with Holiday Inn, where he does shifts around his sixth form course. Others have secured employment with catering</p>



Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jul 23 – Oct 23	RAG Rating / Comments
					<p>and retail employers, such as McDonalds and Waitrose.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
St Giles Trust / Choices Tower Hamlets	01/10/2019 31/10/2023	£231,933	Supporting NEET Young people who are facing multiple disadvantages to access education, skills development and employment. The project delivers credible, consistent and holistic work, via individualised one-to-one support, supporting the young person to address and overcome barriers to raise their aspirations and towards reaching their potential.	<ul style="list-style-type: none"> <li>• 4 young people showed improved levels of mental health and wellbeing, due to reduction of barriers to employment, increased confidence in their future and access to specialist mental health support, as required.</li> <li>• 6 young people progressed into and completed training and education courses.</li> </ul>	<p><b>GREEN</b></p> <p>In this reporting period three employment outcomes and six training outcomes were achieved. This was a marked increase to the previous quarter. The project caseworker worked well, gaining eleven new referrals to the service. As the project came to its end, it has informed referral partners that support for existing referrals will continue and that potential new referrals can still be supported via other employability projects available at St Giles Trust.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Stifford Centre Limited / BAME Women's Employment	01/10/2019 31/10/2023	£124,044	This project runs a training programme to help long-term unemployed and economically inactive, isolated and	Four BAME women gained volunteering experience and reported that they had gained confidence.	<p><b>GREEN</b></p> <p>In this reporting period, the project provided support in the following areas: ESOL classes, Level 2</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jul 23 – Oct 23	RAG Rating / Comments
Support Programme			disenfranchised women from Black, Asian and Multi-Ethnic communities and improve their job prospects. The focus is on carers and single parents of Bengali, Somali and Black, Asian and Multi-Ethnic community heritage with limited English language, confidence and secondary education for community learning.		<p>accredited course, employability training, digital upskilling, business start-up training.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Scheme:	<b>4C - Support focused on increasing access to art and cultural industries</b>
Priorities:	1. Support focused on increasing access to art and cultural industries
Outcomes:	<ol style="list-style-type: none"> <li>1. Increased opportunities in the arts and cultural industries for people from Black, Asian and Multi-Ethnic communities, women, disabled people, working class people, older people;</li> <li>2. Increased access to industry relevant training;</li> <li>3. Increase in people participating in arts projects for the first time</li> </ol>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jul 23 – Oct 23	RAG Rating / Comments
Auto Italia South East / Learning Live!	01/10/2019 31/10/2023	£44,917	Learning Live! is a training and mentoring programme designed to support young people in Tower Hamlets progress into higher education courses, with the aim to increase access into the art and cultural industries.	<p>One workshops/sessions delivered during this reporting period.</p> <p>The project delivered a Creative Technology workshop to a year 10 class of 21 pupils at Stepney All Saints school. The workshop explored augmented and virtual reality technologies and taught pupils skills in 3D scanning, 3D modelling, virtual game design and sculpting that are not usually available within the secondary Art &amp; Design curriculum.</p> <p>The project also delivered a Creative Futures session at Tower Hamlets Careers Live at University of East London, engaging with 204 pupils, and at the Employability Skills Fair at Idea Store Whitechapel, engaging 120 Year 9, 10 and 11 pupils from the Whitechapel ward.</p>	<p><b>GREEN</b></p> <p>The project participated in the Tower Hamlets Arts Music Education Hub (THAMES) cultural partners meeting, which brought together 44 education organisations from across the borough.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jul 23 – Oct 23	RAG Rating / Comments
Four Corners Ltd / ZOOM Film School	01/10/2019 31/10/2023	£332,274	ZOOM Film School works with 90 disadvantaged residents - particularly people from Black, Asian and Multi-Ethnic communities, women and disabled people - to nurture their creative talent, increase confidence and self-esteem, and enable them to acquire the practical skills, experience and industry knowledge needed to move into work in the creative industries.	<ul style="list-style-type: none"> <li>• 3 participants gained at least two weeks paid work experience</li> <li>• 2 trainees gained paid employment.</li> </ul>	<p><b>GREEN</b></p> <p>As the Zoom Film School training scheme progressed towards its completion, there were no new trainees recruited or undergoing practical training during this reporting period. Instead, the primary focus was on trainee mentoring and work placement allocation and project data gathering.</p> <p>17 trainees were awarded their OCN camera accreditation certificates, covering the November 2022, February 2023 and May 2023 cohorts.</p> <p>No recruitment for future programmes took place this reporting period. Therefore, seven trainees started and completed the training programme during this time.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

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Magic Me / Artworks	01/10/2019 31/10/2023	£112,685	Artworks is a new traineeship delivered by arts charity Magic Me, identifying and supporting talented Tower Hamlets residents from Black, Asian and Multi-Ethnic communities and working-class backgrounds to gain the knowledge, skills and confidence to access careers in community arts coordination and producing.	<ul style="list-style-type: none"> <li>• 1 trainee recruited/selected for work placement</li> <li>• 1 trainee increased their knowledge of community arts administration and coordination</li> <li>• 1 person reported increased confidence and skills in applying for jobs in the arts and cultural industries.</li> </ul>	<p><b>GREEN</b></p> <p>In this last reporting period, the project delivered the final traineeship for one trainee for eight weeks at two days a week. The trainee supported delivery of Magic Me's work in two care homes, developing her skills, confidence and knowledge in how to coordinate creative workshops in these settings. The trainee reported an increase in her confidence in all three KPI areas. The trainee was matched with an industry mentor to support her future goals of becoming a producer.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
The Bromley by Bow Centre / Creative Communities	01/10/2019 31/10/2023	£235,943	The project will equip at least 180 people from under-represented communities to increase their participation and readiness for employment in the creative sector. It will do this through a flexible community-based programme of engagement, needs assessment, practical group work and 1:1s, combining personal and core skills	<ul style="list-style-type: none"> <li>• 7 local people from target groups secured sustainable paid employment within three months of project completion</li> <li>• 7 local people from target groups progressed into further learning or training other than arts sector-specific training.</li> </ul>	<p><b>GREEN</b></p> <p>During the summer the project stayed in contact with its clients to offer additional one-2-one support. The clients were contacted via telephone and face to face meeting for updates on their journey and any progress made. The project has also managed to secure some jobs for its</p>

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			development, with individual support.		<p>beneficiaries during this reporting period.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Theme / Scheme:	<b>5 – Community Safety</b> <b>5A – Reduction in the exploitation of children, young people and other vulnerable groups</b>
Priorities:	1. Reduction in the exploitation of children and young people, and vulnerable groups
Outcomes:	1. Children, young people and other vulnerable people: <ol style="list-style-type: none"> <li>Have increased confidence and critical thinking skills;</li> <li>Have an increased understanding of what a safe relationship is, what exploitation is, and how to spot the signs of abuse and exploitation;</li> <li>Have an emotional and actual vocabulary to articulate what is happening to them;</li> <li>Are better able to challenge and support each other around relationships.</li> </ol>

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Kazzum Arts / Build	01/10/2019 30/09/2023	£71,522	Build supports young people excluded from mainstream education, currently educated at a pupil referral unit (PRU) in Tower Hamlets. Students in this setting are at risk of exploitation and coercion into criminal activity. Through a programme of creative activities, the project develops participants' confidence, emotional, literacy and interpersonal skills.	The project continued to complete and distribute its legacy resource "Switch On". This was created in collaboration with Artist Facilitators who delivered sessions with the Girls' group and Inclusion group at the Pupil Referral Unit (PRU), utilising their expertise and experience, working with the groups to put together an activity book that encompassed the creative activities and approach that was successful with the groups during the in-person workshops.	<b>GREEN</b> This project finished in July 2023. It over-performed against its targets.
Osmani Trust / Schools and Community Resilience Programme	01/10/2019 31/10/2023	£146,817	This project: <ol style="list-style-type: none"> <li>transforms and changes the attitudes and behaviour of secondary school children; improving their confidence, critical thinking skills and emotional intelligence.</li> <li>delivers a peer programme</li> </ol>	<ul style="list-style-type: none"> <li>12 new young people received education and mentoring support from the project.</li> <li>12 young people showed an improvement in attitudes and outlook on life when they finished the project.</li> </ul>	<b>GREEN</b> During the reporting period the project's activity included running two youth sessions in the evening from London East Alternative Provision, with an average attendance of 30 young people.

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			<p>engaging young people as ambassadors to their peers, changes attitude, promotes understanding, increase community cohesion, and ultimately empowers young people.</p>	<ul style="list-style-type: none"> <li>• 12 young people benefitted from improvements in life skills and experience and were able to make positive choices due to the support that they received from the project.</li> <li>• 22 young people had a basic understanding on the personal and legal consequences of violent crime /Anti-Social Behaviour when they left the project.</li> </ul>	<p>The project delivered two workshops to young people, parents and local residents on understanding the risks of taking nitrous oxide. This involved engagement with 200 young people and 113 adults.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Streets of Growth / Young Influencers Programme	01/10/2019 31/10/2023	£105,415	<p>The programme is an innovative, impactful initiative led by and for young people (15-19 years) to enable them to build skills and capacity to feel safe, confident, and responsible when demonstrating the community safety and positive change they want to see in their neighbourhoods.</p>	<ul style="list-style-type: none"> <li>• 25 young people engaged with the project in the funding period, including 5 new beneficiaries.</li> <li>• 115 young people in the funding year reported increase confidence in moving away from harmful and anti-social behaviours.</li> <li>• 3 social action projects were delivered by the project in the funding period.</li> </ul>	<p><b>GREEN</b></p> <p>In September 2023 the premiere took place of <i>If Only</i>, a short film that was co-produced and developed by eight Young Influencers/leaders of the project. The film addresses issues for young people in relation to criminal child exploitation, including sexual exploitation, weapon carrying and knife crime. Nine Young Influencers led on a social action food project and four community safety pop-up events.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>



<b>Scheme:</b>	<b>5B – Improving the perception of young people in the community</b>
<b>Priorities:</b>	1. Improving the perception of young people in the community
<b>Outcomes:</b>	<ol style="list-style-type: none"> <li>1. Children and young people are, and are seen to be, a positive part of the community</li> <li>2. Increased community cohesion and sense of belonging</li> <li>3. Residents, especially older people, people feel less wary of children and young people</li> </ol>

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Four Corners Ltd / Into Focus photography project	01/10/2019 31/10/2023	£67,718	Into Focus offers an intergenerational photography project for 24 people each year (12 young people aged 14-25 years and 12 over-50s). Groups will create work for a final exhibition, focusing on social perceptions and misconceptions between older and younger people to promote positive attitudes and increasing mutual understanding.	<ul style="list-style-type: none"> <li>• Over 280 visitors attended the reception for the project’s exhibition, with 69 gallery visitors’ questionnaires completed.</li> <li>• 80% of participants and gallery exhibition attendees can name at least two issues commonly faced by young people today (83 per year).</li> <li>• 80% of participants and gallery exhibition attendees can name at least two issues commonly faced by older people today (83 per year).</li> </ul>	<p><b>GREEN</b></p> <p>13 participants continued to take part in Project group 8, with seven people aged under 25 and six people aged over 50. They attended 11 workshops and held a successful exhibition starting in September 2023 and running during October 2023.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Leaders in Community (LiC) / Project Connect	01/10/2019 31/10/2023	£79,790	A group of young people recruited by LiC collaborate with older people to design a programme of activities and celebrations, which enable long-term social connections to be made, and ideas and points of view to be exchanged. The outcomes of	<ul style="list-style-type: none"> <li>• 100% of project participants reported feeling more positive about their community and an increased sense of belonging, compared to their views before participating in the project.</li> <li>• 100% of participants reported that they have formed more positive</li> </ul>	<p><b>GREEN</b></p> <p>43 activities took place during this reporting period, including regular coffee mornings, elders' fitness sessions and two inter-generational trips, resulting in 612 attendances.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

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			the activities are shared with the wider community.	social connections with other people across their local area.	

Scheme:	<b>5C - Services for people affected by domestic violence or other unsafe circumstances</b>
Priorities:	1. Services for people affected by domestic violence
Outcomes:	1. More residents, particularly families and young people, are aware of the different forms that domestic violence and sexual abuse (DVSA) can take, know how to report it, and where to access support. 2. Young victims and witnesses of Domestic Violence & Sexual Assault (DVSA) are supported to recognise and report it.

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Hestia Housing and Support / Families Safe and Secure in Tower Hamlets	01/10/2019 31/10/2023	£94,325	This project supports families who have experienced Domestic Violence Survivor Assessment (DVSA) and who are living in a local refuge to address the trauma they have faced and to learn about what a healthy relationship looks like. It also raises awareness amongst the Tower Hamlets community of DVSA and how to report it.	<ul style="list-style-type: none"> <li>9 community awareness events held during the funding period.</li> <li>12 residents of the borough have improved awareness of the different forms that DVSA can take through attendance at community awareness raising events.</li> <li>100% of attendees at project’s coffee morning sessions have improved awareness of the different forms that DVSA can take.</li> <li>100% of children living in the refuge demonstrated improved levels of self-confidence, having participated in project activities.</li> </ul>	<p><b>GREEN</b></p> <p>The project continued to host DVSA awareness coffee mornings every two weeks. These sessions provided women and their children who have experienced domestic abuse with the space to speak about their experiences in a supportive and non-judgmental environment.</p> <p>The project also further expanded its network of safe spaces – where anyone experiencing domestic abuse could reach out for help at high street locations.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Fund:	<b>Infrastructure and Capacity Building Support</b>
Priorities:	<ol style="list-style-type: none"> <li>1. Skills exchange and accessible training</li> <li>2. Making organisations ready to respond to new funding opportunities</li> <li>3. Fundraising support for smaller, volunteer led organisations without staff</li> <li>4. Developing quality assurance</li> <li>5. Managing assets for community benefit</li> <li>6. Developing resilience and supporting organisations through periods of transition</li> </ol>
Outcomes:	<ol style="list-style-type: none"> <li>1. Broader pool of organisations accessing public service funding</li> <li>2. Increased proportion of organisations achieving recognised quality assurance standards</li> <li>3. VCS more resilient with more sustainable funding base</li> <li>4. Organisations supporting each other</li> </ol>

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Tower Hamlets Council for Voluntary Services (THCVS) / Infrastructure and Capacity Building Project	01/10/2019 31/10/2023	£1,061,667	<p>THVCS Infrastructure Partnership brings together the main Voluntary and Community Sector (VCS) infrastructure support agencies in Tower Hamlets to increase the range and number of VCS organisations that are well-run, resilient and sustainable; and to strengthen the VCS as a key Public Sector Strategic Delivery Partner in Tower Hamlets.</p> <p>Partners: Tower Hamlets Council for Voluntary Service Volunteer Centre Tower Hamlets.</p>	<ul style="list-style-type: none"> <li>• 34 VCS organisations supported</li> <li>• 9 volunteer managers trained</li> <li>• 7 VCS organisations supported to improve their volunteering practices</li> <li>• 44 VCS organisations advertised their volunteering roles through the Volunteering Hub</li> <li>• 86 volunteering roles advertised on behalf of VCS organisations on the Volunteering Hub.</li> <li>• 309 new registrations on the Volunteering Hub by volunteers.</li> </ul>	<p><b>GREEN</b></p> <p>During this reporting period the project’s development work focused on the Mayor’s Community Grant Programme (MCGP) and supporting organisations who were going to be struggling due to their MCGP applications being unsuccessful. Work included helping these organisations to identify alternative sources of funding.</p> <p>The project ran four events during the monitoring period, including a Funders Fair.</p> <p>The Volunteer Hub element of the project overachieved substantially</p>

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					<p>on many of its targets during the reporting period. It delivered a Student Volunteering Fair for university students on 27th September 2023, who were interested in volunteering, keen to gain workplace-based experience and improve their employability skills.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project, with over-achievement on many KPIs.</p>