

Theme / Scheme	1- Inclusion, Health & Wellbeing 1A - Children, Young People & Families				
Priorities:	<ol style="list-style-type: none"> 1. Increase access to Youth Services 2. Provision of Early Help support to families 3. Support for young carer 				
Outcomes:	<ol style="list-style-type: none"> 1. Children and young people, in particularly girls and young women: <ol style="list-style-type: none"> a. have more confidence in themselves; b. are more resilient, and c. are able to, and do, access a range of spaces, activities and social opportunities across Tower Hamlets. 2. Girls and young women feel included, are able to participate in any service, and are more likely to train to become youth leaders and/or develop their own initiatives. 3. Children and young people who may feel excluded from participating in mainstream services and activities (e.g from minority groups, who are disabled, who are LGBTQI, or who are carers for others) can participate in a range of activities and experiences. 4. Children, young people and their families are listened to and their input is considered and included in decision making. 5. Young carers are supported and included; their needs and concerns are understood and are taken into account at local and strategic levels. 6. Children under 5 grow up in positive family environments and are supported to thrive. 				
Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22– Oct 23	Overall Project Achievements
Canaan Project/ Canaan Project - Isle of Dogs	01/10/2019 31/10/2023	£ 117,641	Canaan Project provides activities for young women aged 11-19 on the Isle of Dogs. Working with George Green’s school and Café Forever it offers activities including cooking, craft, sports, and inspirational workshops at weekly lunch and after school clubs as well as opportunities to participate in regular trips.	<p>The project overachieved on its KPIs and progressively:</p> <ul style="list-style-type: none"> • deepened relationships with participants • involved participants in the planning and running of provision for young women in their community. <p>Project activities in this year were two residentials, 11 daytrips, Young</p>	<p>GREEN</p> <p>This project worked with over 382 different young women across three schools and saw growth of their after-school club at St Andrews Wharf youth hub attended by 78 different young women in the funding year.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

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				Women's Forum, mentoring eight young women.	
Half Moon Young People's Theatre /Professional Theatre and Inclusive Participatory Drama for Young People	01/10/2019 31/10/2023	£ 156,037	Professional theatre shows and inclusive participatory drama opportunities in an accessible and welcoming venues. The activity is for children and young people from 0-18 (or 25 for disabled young people) from all backgrounds and abilities from across Tower Hamlets, providing free access to anyone who needs it.	<p>The organisation tracked 45 participants in detail and noted improved personal outcomes for all these young people. This included demonstrated improvements in ability to speak with clarity and to articulate thoughts and ideas, listening attentively and processing information, working supportively and comfortably with others who are not their closest peers, and ability to express oneself creatively.</p> <p>By the end of the project's Creative Play programme, 87% of parents said that the sessions had helped them to connect with their child; 53% said they felt more confident in their parenting skills. 87% of parents told the provider that they had learnt new ways to support their baby/child.</p>	<p>GREEN</p> <p>Half Moon ran eight Youth Theatres engaging 277 children and young people in the reporting period, 244 of them living in Tower Hamlets. Membership records demonstrated that children from all wards in the borough benefitted. 87% of them attended at least 80% of sessions a term. In addition, Creative Play for pre-school children and their parents/carers, in Children and Family Centres across the borough, delivered 70 sessions and worked with a total of 192 participants from 92 families. Coproduction was in place, via a youth forum attended by a trustee.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Look Ahead Care and Support / Domestic Abuse Children's Worker	01/10/2019 31/10/2023	£ 165,463	A specialist Domestic Abuse Children's Worker to support children who are vulnerable due to early exposure to domestic abuse. Providing emotional support	<p>The Children's worker liaised daily with women in the refuge and their children, helping them with</p> <ul style="list-style-type: none"> • registering the families with 	<p>GREEN</p> <p>The project also supported local statutory sector organisations to have increased understanding of the impact of domestic abuse and</p>

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			<p>through age-appropriate engagement to address challenges faced by children living at organisation’s LBTH Domestic Abuse Service and in the community.</p>	<p>doctors</p> <ul style="list-style-type: none"> • submitting applications for school uniforms • supporting families to apply for legal documents • supporting access to statutory sector services. <p>Very positive feedback was received from project beneficiaries. 61 people, including 35 children, were supported by the project in its final year.</p>	<p>of ways to support children who have experienced it by holding training sessions on the above subject. This was attended by 11 people who provided favourable feedback on it.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Newark Youth London / Girls in Action	01/10/2019 31/10/2023	£ 82,406	<p>This project provides access to regular youth services for girls and young women, so that they can develop their leadership, communication, and organisational skills, increase confidence and life skills and become more resilient. The project provides six-month social action projects and other learning opportunities.</p>	<p>Case studies and observation demonstrated that young girls participating on the project have increased their knowledge and experience. Other participant outcomes included:</p> <ul style="list-style-type: none"> • 11 achieved Level 2 ASDAN Leadership qualification • 100% state they are more confident. 	<p>GREEN</p> <p>36 girls and young women engaged in the project’s final year. 10 participants volunteered with the social action projects as well as other initiatives. Cohort 1 organised two foodbank days, on the Isle of Dogs and Cohort 2 organised sports activities for girls and women during the summer months.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

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Osmani Trust / Family Mentoring Project (FMP) Early Help	01/10/2019 31/10/2023	£ 147,000	This project provides, through family mentoring, a range of Early Help support to children, young people and their families to help them overcome their immediate challenges and meet their needs, enabling them to thrive in healthy and safe families.	<ul style="list-style-type: none"> • 33 families requiring early help were identified • 23 families supported to access various services in the community – e.g. Families Information Services • 28 families felt they were confident in dealing with schooling and parenting issues, as well as knowing where to go for further help. 	<p>GREEN</p> <p>Regular weekly mentoring sessions took place for both parents and young people. On occasions when the young person did not engage, parents were willing to take on parenting advice and make changes to benefit the young person.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
St Hilda's East Community Centre / St. Hilda's Girls Driven Project	01/10/2019 31/10/2023	£ 67,228	St. Hilda's Girls Driven Project is an inspirational initiative designed to support, inspire, drive girls and young women to reach their full potential and realise their authentic ambitious life goals. It enhances core skills, confidence, grit, motivation, equality and leadership by building on current and long heritage of successful girls work.	<p>Distanced travelled survey revealed that 77% of girls on the project experienced a substantial increase in confidence due to this participation.</p> <p>The project provided a wide range of activities to participants in its weekly sessions, from sports and fitness to arts and crafts, along with trips and self-development workshops. Every session empowered young individuals to engage in open discussions, sharing their problems or concerns with their peers. All the girls have exhibited significant improvement in their leadership skills.</p>	<p>GREEN</p> <p>Over the past funding year, the project engaged with 113 girls and young women, hailing from diverse ethnic backgrounds, mirroring the local demographics. Participants showcased notable advancements in both personal and social development.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

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Stifford Centre Limited / Stifford Young Girl's Project	01/10/2019 31/10/2023	£ 59,470	The Project runs a Young Girl’s Club offering disadvantaged young girls a safe space in which they can socialise, participate in a range of activities that encourage their wellbeing, improve confidence and learn skills that are useful for their future development.	<p>Project engaged 48 participants throughout the year who achieved their set goals. They felt less isolated and happier because of engaging with project activities.</p> <p>Its delivered activities combined a wealth of physical, leisure, health and creative activities, which ran in tandem with workshops promoting learning opportunities for personal and professional development. It supported participants to engage in positive sports, creative and practical activities, as well as positive social networks. 40 young girls attended at least 5 sessions per year.</p> <p>The project delivered training for 24 young people that enhanced their employability skills. It held sessions in helping young people with their CVs and ran a business start-up course.</p>	<p>GREEN</p> <p>Project ran one-to-one and group sessions which helped young people to overcome isolation and feel confident about their future life. It delivered many mindfulness sessions which consisted of relaxation sessions, including techniques for participants to use when they find themselves in stressful situations.</p> <p>95% of project participants reported that the quality of service is very good and felt that it had contributed to their well-being. The project delivered its KPI and outcomes.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
The Yard Theatre Ltd / Tower Hamlets Teens	01/10/2019 31/10/2023	£150,729	Free, fortnightly youth leadership workshops, weekly drama workshops, summer masterclasses, and schools’ performances for Tower Hamlets teenagers.	71 teenagers from Tower Hamlets took part in Tower Hamlets Teens supported projects in the funding year: Yard Youth, Black Excellence at Nighttime, Schools Programme	<p>GREEN</p> <p>In the past year the project launched a brand new Yard Young Artists programme and ran a busy year long theatre programme for</p>

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			<p>Delivered at Tower Hamlets assets, Hub67, The Yard, and local schools, the project increases access to youth services, improves participants’ health and wellbeing through cultural activities, and supports community cohesion through public events.</p>	<p>and Yard Young Artists:16-21. 65% of these were from Bow East and Bow West.</p> <p>This year, 86% of Tower Hamlets participants were young women. In Yard Youth. 100% of the young women reported improvements on confidence, feeling that they are taken seriously as creative by other people, and feeling purposeful in everyday life.</p> <p>90% of regular, surveyed participants reported an improvement in their sense of health, happiness and wellbeing as a result of project activities and 100% reported an improvement in their confidence and skills regarding employment and employability.</p>	<p>local teenagers to engage with. Highlights included <i>Unfair Society</i> - created by Yard Youth over the course of 10 months. This original show premiered in The Yard’s theatre to a local audience of 50 people on 10th July 2023.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Scheme:	1B – Older People
Priorities:	<ol style="list-style-type: none"> 1. Ageing well and reducing social isolation 2. Provision of physical and health-promotion activities for older people
Outcomes:	<ol style="list-style-type: none"> 1. Reduced isolation and loneliness among older isolated adults, particularly those who are housebound, and those facing additional challenges (e.g dementia, disability, limited English); 2. Older people are able to continue making a positive contribution to their communities; 3. Older people feel more included and integrated in their communities and are able to mix with people of different ages and from different backgrounds to increase the sharing of skills, experience and knowledge both amongst older people, and between different generations; 4. People living with dementia are supported to participate as much as, and as long as possible. Carers of people living with dementia are supported.

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Age UK East London / Caxton Hall, a dynamic activity centre led by older people for the whole community.	01/10/2019 31/10/2023	£294,960	Caxton Hall is a dynamic activity centre led by older people. It involves a café, opportunities to meet neighbours and connect to other people, both young and old, in the community.	<ul style="list-style-type: none"> • Number of older people state that they are feeling less lonely by end of each year - 118 • Number of older people contributing to running the Hub Café – 36 • Number of older people feel more included and integrated as a result of participating in a community cohesion project - 92 	<p>GREEN</p> <p>The project delivered various activities throughout the funding year, including craft sessions, storytelling, wellbeing and mindfulness sessions and indoor bowls. Project activity was complemented by Caxton Online, a digital community centre for the over 50s.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Age UK East London / Friend at Home	01/10/2019 31/10/2023	£252,418	Project matches housebound older people who would like a bit more company at home with volunteers who would like to share an enjoyable hour or two of	Isolated, housebound older people were matched with a Friend at Home and received weekly one-hour visits:	<p>GREEN</p> <p>The project supported people to re-connect, reduced people’s isolation and anxieties and helped people to access support services.</p>

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			conversation and company with them.	<ul style="list-style-type: none"> 75 newly matched older people with a Friend at Home 100% of isolated, housebound older people reported an increase or stabilisation of their well-being, as measured by the Warwick-Edinburgh Mental Wellbeing Scale. 	A satisfactory level of KPIs and outcomes were delivered through this project.
Community of Refugees from Vietnam - East London / Vietnamese and Chinese Lunch and Social Club	01/10/2019 31/10/2023	£130,912	The Vietnamese and Chinese Lunch and Social Club project provides healthy lunches and social and health promotion activities for people aged over 50, from the Vietnamese and Chinese community in Tower Hamlets.	<ul style="list-style-type: none"> Number of older people supported by provision of appropriate health and social care information, safe access to nutritious food, basic supplies, money and medicine – 60 Number of older people attending lunch and social club activities- 49 Number of people supported to reduce isolation who live on their own or are housebound - 16. 	<p>GREEN</p> <p>The project continued its regular activities, while introducing new initiatives tailored to support the diverse needs of its members. It supported older people to increase their participation in physical activities, which had a positive impact on their health and wellbeing. The project strengthened social bonds and reduced isolation of the older Vietnamese and Chinese members.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

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East London Out Project / Tower Hamlets LGBT Support	01/10/2019 31/10/2023	£110,470	LGBT Community Support to enhance peer networks, lessen isolation and provide mental health crisis prevention support. Two facilitated social support groups, for older people, people with mental health needs or other disabilities. Individual mental health crisis prevention support provided. LGBT training available to other organisations.	<ul style="list-style-type: none"> • Number of LGBT people over 50 accessing new social activity per year and reporting on increased social connections and social activity and feeling less lonely – 19 • Number of disabled LGBT people, or those experiencing mental health concerns, attend either group or individual support per year, and report better life satisfaction and better quality of life 3 months after start of service – 80 • Number of training sessions delivered to organisations – 9 training sessions over the year. This training was delivered to approximately 170 participants. All participants reported feeling more confident in supporting LGBT people and had increased knowledge of the needs of LGBT people. 	<p>GREEN</p> <p>The project has provided some support on-line this year, particularly for individual mental health support, although some of this has been face to face in the borough. It has increased the numbers of people who have attended the group sessions and has also reached more LGBT people seeking asylum. The project reached new people each quarter and delivered support to a diverse group of LGBT+ people, including people with a range of needs. This funding year the project delivered training to organisations, both on-line and in person.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

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St Hilda's East Community Centre / Older People's 'Feeling Good!' Wellbeing Project	01/10/2019 31/10/2023	£122,500	'Feeling Good!' wellbeing project is based in Weavers Ward and open to older people from throughout the Borough, Monday-Friday. It provides nutritious lunches, invigorating opportunities from indoor sport, IT learning, singing, art, intergenerational activities with schoolchildren, outings and quizzes.	<ul style="list-style-type: none"> • Number of older people attending the varied 'Feeling Good!' activities programme report feeling less isolated and lonely – 135 • Number of people surveyed said they felt more confident going out and living independently in their community – 130 • Number of people reported improved physical & mental health- 120. 	<p>GREEN</p> <p>The Feeling Good programme delivered a wide range of physical and social sessions, including Dancercise, Strength training, Arts & Crafts, Gardening and Jewellery making, which improved the health and mental wellbeing of its beneficiaries. Co-production continued to be an important element of the project. The partnership with Sadler's Wells had another successful term, ending with a group performance at the Older Peoples Party Celebration in October. The group also had the chance to visit Sadler's Wells' Peacock Theatre and watch two shows. The project organised a variety of trips, including to local parks and farms, a seaside trip to Whitstable and an educational outing to the Tower of London. There were many successful events, including two Black History Month celebrations, with over 40 attendees each time. Other events include Older Peoples Day Celebration's, for which St Hilda's collaborated with Link Age Plus partners, and the John Orwell</p>

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					<p>Taster Day, where many of the members got to try out the local leisure centre.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Tower Hamlets Friends and Neighbours (THFN) / Older Peoples Befriending Project	01/10/2019 31/10/2023	£204,167	THFN provides befriending and advocacy services to older people in the borough. Its team of befriender advocates provides regular one to one support to people in their own homes and assist with making appointments and helps in accessing services, as well as organising small group outings locally.	<ul style="list-style-type: none"> • Number of isolated older adults are visited by a befriender advocate on a fortnightly basis per year – 200 • Number of older people with dementia are visited on a regular basis by a Befriender Advocate to undertake a range of activities - in excess of 15 dementia clients were supported during the period. • Number of older residents escorted to singing for the Brain during the year – 44. 	<p>GREEN</p> <p>The project supported 227 individuals during the funding period. Clients felt less isolated, more connected to the wider community and were stimulated through participating in ‘memory’ games.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Toynbee Hall / The Wellbeing Centre at Toynbee Hall	01/10/2019 31/10/2023	£169,107	This project offers holistic relational support to older people aged 50+ in Tower Hamlets. It aims to make Toynbee Hall’s existing provision at the Wellbeing Centre more inclusive and responsive to needs	<ul style="list-style-type: none"> • Number of individuals attending health promotion sessions per year held at the Wellbeing Centre – 67 	<p>GREEN</p> <p>The project provided a strong offer of health, learning and social activities from professionals, balanced with peer-led activities by older people themselves. Co-design</p>

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			<p>and to build stronger networks of information sharing and peer-support between users and those not accessing services.</p>	<ul style="list-style-type: none"> • Number of health promotion sessions held at the Centre per year – 143 • Number of social activity sessions held at the Wellbeing Centre per year – 288 sessions with 2,187 attendances 	<p>was at the heart of what the project did, with older community members supporting the design and delivery of the service. Project evaluation showed improvement to older people’s sense of confidence, ability to make their own choices, wellbeing and physical health.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Scheme:	1C – Access, Information and Self-Management				
Priorities:	1. Residents better informed/equipped to manage health conditions				
Outcomes:	1. Residents of all ages are better informed/equipped to manage health conditions 2. Increased awareness of and access to local services, including crisis support 3. Residents and their families are aware of the benefits of healthy eating and eat more healthily				
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Globe Community Project / Take Back Your Life	01/10/2019 31/10/2023	£112,189	A mindfulness-based pain management programme, addressing chronic pain/illness, related social isolation and inactivity delivered by experienced, fully accredited Breathworks trainers.	<ul style="list-style-type: none"> 87% of people per year with chronic pain and illness have increased knowledge, tools and skills to manage their health condition and live independent lives. 93% of people per year with chronic pain and illness experience reduced pain and pain discomfort and increased ability to manage pain through development of mindfulness practise 64% of people per year with chronic pain and illness report feeling less socially isolated as a result of meeting others with similar health conditions during the programme. 	<p>GREEN</p> <p>The project directly supported 54 people this funding year, plus an additional 72 reached through Mindfulness Champions workshops. Participants that attended follow-on activities over the long-term demonstrated significant deepening and understanding of pain management tools, increased ability to manage pain and sustained social connection and support from others in pain. The project provided two courses, one 6-week hybrid course at Cranbrook Community Centre and one 8-week online Zoom course. It also provided Mindfulness Champions post-course support/mentoring sessions, three Mindfulness Champion Community workshops and three social events. The project successfully rolled out the Mindfulness Champions training programme, with eight people completing the training. After</p>

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					<p>completing the training, five people offered community workshops, reaching 72 people.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Real DPO Ltd / Taking Control of Your Life	01/04/2020 31/10/2023	£255,166	The Taking Control of Your Life project delivers creative support planning alongside a user-led co-production group harnessing the views of people with lived experience of disability. This project maximises independence, supporting people to make decisions on how they want to fulfil their ambitions and also help “change the system”.	<ul style="list-style-type: none"> • 53 people with complex needs have been supported to develop a personalised and holistic support plan • 80% of people who have developed a support plan report feeling more independent and having a better quality of life. • 90% of those supported to develop a support plan reported feeling they had more choice and control over their lives. 	<p>GREEN</p> <p>The project provided high-level support to clients with complex needs. It worked with numerous clients from across the borough and supported many clients with multiple health conditions and disabilities. The project received referrals from a wider network, including Real Advocacy, Tower Hamlets Community Advice Network and social prescribers.</p> <p>The project built relationships with local stakeholders and received positive feedback. Its services were greatly valued, especially as there are not many organizations locally that support clients with grants and action planning. Clients reacted very positively to being supported by a user-led organization and from staff with lived experience.</p>

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					A satisfactory level of KPIs and outcomes were delivered through this project.

Scheme:	1D – Healthy living and healthy choices
Priorities:	<ol style="list-style-type: none"> 1. Residents better informed to make healthier choices 2. Increased engagement in physical activity
Outcomes:	<ol style="list-style-type: none"> 1. Increased participation in a wide range of culture, play, physical activity, leisure and sport that are inclusive of age, gender, disability, race and mobility 2. More social opportunities for reducing isolation through participation in culture, play physical activity and sport. 3. Increased participation from marginalised groups 4. Creating opportunities for intergenerational relationships, shared experience through culture, play, physical activity, leisure and sport for all above

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London Tigers / Exercise for health: BAME women, children and young people	01/10/2019 31/10/2023	£174,522	Exercise for health project delivers a series of sports, physical activities and health-related workshops for women, young people and children to make positive choices about their health and wellbeing. It provides pathways to stay involved, excel in sports, and develop healthier habits for life.	<ul style="list-style-type: none"> • 200 Children & Young People were engaged in positive activities • 167 children and young people reported an improvement in their health and wellbeing • 153 women were engaged in positive activities during year 3 • 130 women reported feeling less lonely and feeling more connected to the community • 130 women reported improved health and wellbeing. 	<p>GREEN</p> <p>The project delivered a programme of sport and physical activities that supported people to increase their physical activity through regular exercise and empowered individuals to make positive choices in relation to their health and wellbeing. It provided them with pathways to stay connected with the wider community, excel in sports and develop healthier habits for life. The project supported a total of 353 beneficiaries for the funding year (153 woman and 200 children).</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

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MUDCHUTE ASSOCIATION / Playing out at Mudchute	01/10/2019 31/10/2023	£81,667	Mudchute’s unique natural facilities provide a range of freely chosen play opportunities in a safe, stimulating environment. Project enables children to have access to participation in freely chosen, innovative leisure and sporting activities to promote exercise, healthy eating, social and life skills through the process of ‘Learning through Play’	<p>In the project year:</p> <ul style="list-style-type: none"> • 4,000 residents have been engaged in regular physical activity, leading to improved health • 100 disabled children and young people participated in the project, leading to a reduction in isolation and improvement mental health conditions and enhanced confidence and social skills • 115 older Bangladeshi girls engaged which lead to greater awareness of self and others, improved their physical health and community cohesion. 	<p>GREEN</p> <p>The project attracted new and regular participants throughout the year. It provided much needed freedom for children and adults, many of whom had minimum access to natural open space. Activities such as arts and crafts, den building, animal petting and seasonal events allowed the children access to a variation of play types.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Newark Youth London / Healthy-Active-Together (HeAT)	01/10/2019 31/10/2023	£114,799	The Healthy-Active-Together (HeAT) project offers a wide range of sports and physical activities across the borough with the objective of engaging inactive young people (10 to 25) and their families in regular sports and physical activities to improve	<ul style="list-style-type: none"> • Number of children, young people and adults participating in sports and physical activity regularly – 256 • Number of new participants who have reported that they have benefitted from improved 	<p>GREEN</p> <p>The project worked with 256 beneficiaries during the year and registered 96 new children, young people and adults, all of whom were previously inactive. It delivered a total of 227 sessions during the year. These sessions helped residents to stay more</p>

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			health and wellbeing and reduce isolation and exclusion.	fitness and mental wellbeing – 96 • 60% of participants have reported that they are less isolated.	active. Taking part in additional physical activities helped increase their confidence; participants reported feeling much better socially, emotionally and physically. A satisfactory level of KPIs and outcomes were delivered through this project.
Stifford Centre Limited / Healthy Lifestyle Partnership Programme	01/10/2019 31/10/2023	£326,778	A free membership health club with over 20 different classes and groups per week, delivered by a consortium of VCS organisations. The Health Club is suitable for all ages and participants design the activity program alongside providers.	<ul style="list-style-type: none"> • Number of registered users of health club per annum – 477 • 96% of existing Service Users report they know about Health Club • 92% of members reported higher levels of well-being after six weeks of membership. 	GREEN Stifford Centre (lead partner) and delivery partners - Stepney City Farm, Shadwell Basin Activity Centre and Dorset Community Association - worked together as a consortium to deliver the Programme. The Programme delivered a unique suite of activities that engaged people in different ways - through the provision of water based activities, physical based exercises, volunteering in farms - which improved residents' physical and mental wellbeing, reduced their isolation and helped them acquire different skills.

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					A satisfactory level of KPIs and outcomes were delivered through this project.
The Bangladesh Youth Movement (BYM) / Live Healthy Enjoy Life [the Female Health & Development Project]	01/10/2019 31/10/2023	£87,963	'Live Healthy, Enjoy Life' operates from BYM's Women's Centre, providing proactive and responsive health development activities which ensure excluded women from Black, Asian & Multi-Ethnic communities develop healthy lives and manage their own physical and mental health; peer volunteer befriending and development of social networks to alleviate isolation and facilitate inclusion.	<ul style="list-style-type: none"> • Number of women from Black, Asian & Multi-Ethnic communities accessing health support activities – 165 • Number of women from Black, Asian & Multi-Ethnic communities/Bangladeshi women raising their awareness on a range of health issues appropriate to leading healthier lives – 165 • Numbers accessing the women's forum – 65 	<p>GREEN</p> <p>The project supported 165 women over the funding year who participated in a range of health and wellbeing activities. The beneficiaries provided positive feedback about their engagement with the project.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
The Royal Society for Blind Children (RSBC) / Live Active, Live Well Tower Hamlets	01/10/2019 31/10/2023	£74,040	Live Active, Live Well Tower Hamlets enables 60 blind and partially sighted young people aged 8-25 to gain the confidence and motivation to participate in physical activities and inform their ability to make healthier choices over the next three years.	<ul style="list-style-type: none"> • 85% of young people reported an increase in their physical activity levels. • 80% of young people reported that their health had improved. Attendance at wellbeing sessions had a positive impact on their lifestyles. 	<p>GREEN</p> <p>The project supported 25 young people in this funding year. It delivered monthly face-to-face sessions, alternating between physical activities such as FUNdamentals and sports, to taking trips and taking part in activities with partner organisations to RSBC. The project carried out 50 one-to ones and</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22– Oct 23	Overall Project Achievements
				<ul style="list-style-type: none"> 85% of young people have reported improvements in their self-confidence and resilience. 	<p>made over 60 check-in supports calls with young people. Project participants attended the annual AQA awards where they collected their certificates and a meal for a social end of year get together, where they shared experiences and what they enjoyed about being on the project.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Scheme:	1E – Improved inclusion, health and well-being outcomes for disabled people and people experiencing mental health issues				
Priorities:	<ol style="list-style-type: none"> 1. Improved health outcomes for disabled people 2. People experiencing mental health issues are better supported 				
Outcomes:	<ol style="list-style-type: none"> 1. More mainstream services are culturally inclusive, welcoming and accessible for disabled people and people experiencing mental health issues from different ethnic backgrounds, different faith backgrounds, and who are LGBTQI 2. Adults with complex needs (i.e. who have multiple issues affecting their lives) have better health outcomes 3. Disabled people and people experiencing mental health issues; <ol style="list-style-type: none"> a) are more independent b) are more aware of and more likely to participate in local services c) have a better quality of life 4. People experiencing mental health issues have improved knowledge of where to access support, including peer support, social activities, and activities that build confidence and develop resilience 				
Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22– Oct 23	Overall Project Achievements
deafPLUS / Improving Health and Wellbeing for Deaf and Hard of Hearing people in Tower Hamlets	01/10/2019 31/10/2023	£180,856	A borough wide health and wellbeing project that addresses health inequalities, loneliness and isolation, mental health issues and barriers to employment, lack of confidence and self-esteem by bringing deaf and hard of hearing people together across communities.	<ul style="list-style-type: none"> • 144 service users reported an improvement in their feelings of isolation when accessing events over the past year. • 24 clients participated in sports and physical activities. • 17 clients learnt and understood how to improve their diet and nutritional intake. • 11 clients reported improvements in their mental health. 	<p>GREEN</p> <p>52 events were delivered to deaf and hard of hearing people in Tower Hamlets, ranging from arts and craft sessions to guided walking tours. There were 148 project beneficiaries in the last funding year. 56 of these people were new clients to the service.</p> <p>In addition, the project delivered two deaf awareness training sessions for Better Leisure Centre within Tower Hamlets. The project also had an ongoing working relationship with St Barts Health to</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22– Oct 23	Overall Project Achievements
				<ul style="list-style-type: none"> 8 clients participated in exercises that they had not participated in before. 	<p>assist and advise on how to ensure that the healthcare services and systems are inclusive and accessible to Deaf residents of Tower Hamlets.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
<p>ICM Foundation CIC / CORE Projects Get Active Newspaper - Promoting Healthy and Active Lifestyles</p>	<p>01/10/2019 31/10/2023</p>	<p>£53,611</p>	<p>People with learning disabilities aged 18+ from Tower Hamlets work in partnership with ICM Foundation. Three times each year they design and deliver 5,000 accessible newspapers, on the theme of health and wellbeing, distributed to communities that reflects the borough's diversity.</p>	<p>In the final funding year, the project produced and distributed four editions of the newspaper with over 40 pieces of content. All of the members of the beneficiary group displayed significant improvement in skills related to the newspaper, such as research, typing, photography, feedback and distribution.</p> <p>Feedback from the newspaper continued to be really positive. The project incorporated feedback that it had gained from other groups to produce video content alongside the newspaper, accessible via the use of QR codes embedded into articles.</p>	<p>GREEN</p> <p>As the project was finishing, and the organisation started working towards the targets for its new Mayor's Community Grant Programme successor project, it was preparing the group in working towards a diploma in skills for employment, training and personal development, using the skills that group members gained from the project to obtain this qualification.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22– Oct 23	Overall Project Achievements
Woman's Trust / Therapeutic Support Groups for women affected by Domestic Abuse	01/10/2019 31/10/2023	£78,724	Therapeutic Support Groups providing a safe, moderated space for female survivors of domestic abuse to share experiences and support each other. Groups help women to recover their mental health by reducing isolation, learning from shared experiences, being empowered by supporting others and thereby gaining confidence and independence.	The project provided four therapeutic support groups exclusively for Tower Hamlets women affected by domestic abuse which completed this year. It also reserved places for Tower Hamlets women in its pan-London groups; a further 16 groups were attended by Tower Hamlets women, alongside other local women. A total of 63 Tower Hamlets women attended group provision in the funding year.	<p>GREEN</p> <p>Beneficiaries have provided positive feedback on the support that they have received. The project has enabled them to improve their confidence, self-esteem, stress/anxiety levels and sense of control over their future. It has also enabled beneficiaries to reduce their sense of isolation, improve the knowledge of their rights and support services and improve their inter-personal relationships.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Working Well Trust / Upskill	01/10/2019 31/10/2023	£442,981	Improve the wellbeing of people with lived experience of mental health by supporting them to achieve their goals by accessing new opportunities and including support from their peer, enabling to reconnect with the local community.	<ul style="list-style-type: none"> • Number of initial engagements with Upskill offered access to peer support – 392 • Number of residents with mental health support needs accessing one to one support towards achieving short term goals identifying local services and opportunities to facilitate individual goals – 186 	<p>GREEN</p> <p>This year the Upskill project saw over 390 Tower Hamlets residents accessing the project for a variety of reasons. Wellbeing and Employment were very popular, but there was also an increased demand for cost of living crises support. The project worked in partnership with a wide range of organisations within Tower Hamlets. This was a</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22– Oct 23	Overall Project Achievements
				<ul style="list-style-type: none"> Number of residents accessing wellbeing and training opportunities – 147 	<p>particularly successful year for work with the Over 50s Tower Hamlets residents with mental health challenges. The project was able to secure some extra funding to run a summer programme of activities in partnership with Age UK in Bow. This meant the project was able to meet and exceed the targets for engagements with Over 50s and also engage with residents in the wards of Bow East and West.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Theme / Scheme:	2 – Digital Inclusion and Awareness 2A – ICT Skills and Digital Careers
Priorities:	<ol style="list-style-type: none"> 1. Access to ICT support and training for older people 2. Digital skill development for children and young people <ol style="list-style-type: none"> a) Increase awareness of careers in the digital sector, and b) Provide children and young people with the opportunity to develop the skills for the digital sector.
Outcomes:	<ol style="list-style-type: none"> 1. Residents with limited digital/ICT skills, particularly older residents, disabled residents, those with English as a second language or other barriers to digital inclusion: <ol style="list-style-type: none"> a) Have increased confidence in using ICT, especially around security; b) Are able to use digital methods to access services, find information, and communicate with others, and do so more regularly; c) Have increased digital skills. 2. Working age residents have greater awareness of digital careers, have increased digital skills, and have increased access to work and work placements in the digital sector

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22 – Oct 23	Overall Project Achievements
Limehouse Project / DigiTIES	01/10/2019 31/10/2023	£72,680	The aim of DigiTIES workshops is to prevent digital exclusion in older adults in order to prevent social isolation and increase their ability to access online health related support. The content of the workshop includes how to use social media, managing email accounts, and accessing online health related support services.	<ul style="list-style-type: none"> • Number of older people have learned to use at least 3 ICT platforms – 52 • Number of older people are able to access health information on-line - 41 • Number of older people able to expand their social networks – 39. • Number of older people have increased level of confidence and skills through volunteering – 6. 	<p>GREEN</p> <p>The DigiTIES project achieved significant success in bridging the digital divide for vulnerable individuals (aged 50+) within underrepresented communities. It secured 16 phones from the Good Things Foundation and distributed over 200 devices and data through co-production partnerships.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22 – Oct 23	Overall Project Achievements
Newham New Deal Partnership / @online club network Tower Hamlets	01/10/2019 31/10/2023	£79,707	@online club network to build the confidence of older residents (over 50s) to go online using tablet devices, learning in small friendly groups, through taster sessions and eight-week or longer programmes of practical activities based on the needs and interests of participants.	<ul style="list-style-type: none"> • Number of older residents’ reporting increased confidence going on-line - 24 • All 39 people who participated in the project were able to do more things online, due to project support. • Number of local residents have increased skills due to engagement in the project as volunteers – 4. 	<p>GREEN</p> <p>The programme delivered six digital skills programs this funding year and met the lifetime targets for the programme. Sessions were delivered in collaboration with its partner, St Hilda’s Carers Centre. Further funding was secured from East End Community Foundation to run a digital skill for living programmes, reaching 21 additional Tower Hamlets residents. This provided an additional added value to the beneficiaries of the online club network.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Wapping Bangladesh Association / Digital First	01/10/2019 31/10/2023	£19,254	Digital First will engage socially isolated older adults from Black, Asian & Multi-Ethnic communities aged 55+, but not exclusively, living in Wapping and Shadwell, who are not computer literate and are digitally excluded. The Project will deliver ICT and internet training that will help older adults to cope	<p>12 out of 13 participants developed better understanding in using computers and navigating around the internet. Participants showed significant improvements in developing digital skills through using computers and smart phone.</p> <p>The digital skills gained by the above participants enabled them</p>	<p>GREEN</p> <p>Project delivered 27 sessions in reporting period to 13 participants, who achieved more than 98% successful results in terms of gaining digital knowledge. Participants were made aware of internet scams and fraudulent on-line activity that are aimed at vulnerable elderly people.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22 – Oct 23	Overall Project Achievements
			with facing key life transitions or challenges.	to participate more in social events and in the community, thus reducing social isolation for them. 9 of the above participants are now able to meet their daily tasks by using internet – e.g. online shopping and mobile banking.	A satisfactory level of KPIs and outcomes were delivered through this project.

Scheme:	2B – Online Safety				
Priorities:	1. Children and young people online safety				
Outcomes:	1. Residents are aware of potential dangers online and implement suitable prevention measures 2. Children, young people and their families know how to report online bullying and abuse 3. Older people are aware of how to identify online scams and how to keep themselves safe				
Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22 – Oct 23	Overall Project Achievements
SocietyLinks Tower Hamlets / E-Safety Champions	01/10/2019 31/10/2023	£23,675	The E-Safety Champions project trains local women to become ‘champions’ for e-safety in the community. Weekly workshops cover all areas of online safety. Once trained, the project champions go into schools and community groups to spread their knowledge to young people and parents/carers through presentations and workshop.	<ul style="list-style-type: none"> • 29 project participants received online safety champion certificates after demonstrating good level of understanding and awareness of the topic. • 77 of 79 women attending the project reported feeling an increased confidence to take action and make changes at home. • 100% of project participants demonstrated good understanding of how to report any cyber bullying and online abuse. 	<p>GREEN</p> <p>The project attracted newcomers through its food distribution service. It demonstrated to participants how to navigate certain websites, how to recognise a scam and how to keep personal details safe when shopping online. The project held workshops continuously on social media apps, age limits and how parents should monitor them. It trialled safer options for children and also demonstrated some of the things that children can possibly access if the correct restrictions have not been applied.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

<p>Sporting Foundation / Building Digital Resilience</p>	<p>01/10/2019 31/10/2023</p>	<p>£35,946</p>	<p>Sporting Foundation build the digital resilience of children and young people and raise the awareness of online safety with parents so that as families they are safe from risk and able to utilise and manage digital resources effectively and reduces harm.</p>	<ul style="list-style-type: none"> • 88 parents and 131 children attended workshop on online applications and social media. This resulted in parents having increased confidence and knowledge on the popular applications that young people access. • 88 parents are now confident of safeguarding procedures and are able to communicate safety messages to young people • Both the above parents and young people have increased confidence in understanding the connection between social media and online grooming. 	<p>GREEN</p> <p>The project was successful in meeting the needs of young people and parents who participated in it. Participants enjoyed activities and appreciated the relationship built up by the tutors, coaches and volunteers during the course of the project. Equality, diversity and safeguarding were always discussed as part of the sessions, together with mental wellbeing. The final months of the project were well attended.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
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Theme / Scheme:	3 - Advice and Information				
Priorities:	This theme has a single priority, Social Welfare Advice and Information.				
Outcomes:	<p>Reduce poverty across the spectrum of social welfare advice and information activity:</p> <ol style="list-style-type: none"> 1. Increased access to social welfare advice and income from benefits 2. Improved personal budgeting, financial stability and reduction in personal debt 3. Reduction in the number of people negatively impacted by welfare reforms and housing repossessions 4. Individuals are more informed about their legal rights 5. Individuals are more informed about their housing rights 6. Increased employment security 7. Increased access to immigration/asylum advice and casework 8. Increased engagement of older people with social welfare advice services <p>Capacity building and training within the sector:</p> <ol style="list-style-type: none"> 1. Improved coordination and cooperation between advice providers 2. Increased integration of service both within the VCS advice sector and with services in other sectors 3. Increased number of local volunteers achieving a recognised advice training accreditation 4. Improved liaison and co-ordination with public sector agencies 5. Improved access to information for providers 				
Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22 – Oct 23	Overall Project Achievements
East End Citizens Advice Bureaux / Advice Tower Hamlets	01/10/2019 31/10/2023	£3,696,408	Advice Tower Hamlets provides free, confidential, independent, quality-assured advice services to help Tower Hamlets residents resolve the problems they face, including welfare benefits, housing, money/debt, employment, immigration, consumer, education, community care, family, personal issues. This service is led by Citizens Advice Tower Hamlets, in	<ul style="list-style-type: none"> • 23,019 clients supported via phone, Skype, and on-line provisions • 13,386 residents gained successful benefit outcomes due to project support • 8,667 residents reported on improvement in personal budgeting and financial stability 	<p>GREEN</p> <p>Overall, the project has been a success. It has surpassed many of its lifetime targets and ensured that advice and support was provided to many beneficiaries on a range of different issues.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22 – Oct 23	Overall Project Achievements
			partnership with twelve local advice agencies.	<ul style="list-style-type: none"> • 2,413 Tower Hamlets Households were prevented from being homeless • 1,113 older residents reported increased confidence in use of digital tools 	
Island Advice Centre / Tower Hamlets Advice Training and Capacity Building Project	01/10/2019 31/10/2023	£204,167	The project improves capacity, training, quality and access to the borough’s advice services. It develops coordination and cooperation between advice and other sectors, providing recruitment and training for volunteers, facilitation of the Tower Hamlets Community Advice Network, updated website of advice provision and information / factsheets, coordination of meetings, delivering formal training.	<p>The project delivered:</p> <ul style="list-style-type: none"> • 39 Advice Workshops to 615 participants on benefits issues • 15 Learning to Advise certificates (7 to volunteers) • 5 volunteers found paid work. 	<p>GREEN</p> <p>Overall, despite the challenges it faced, including the cost-of-living crisis, the project has been a success. It delivered advice workshops and training sessions, facilitated welfare rights advisor meetings, maintained and updated the Tower Hamlets Community Advice Network website and placed many volunteers into paid work.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Theme / Scheme:	4 – Employment and Skills 4A - Developing and embedding good practice in the workplace for people with disabilities, learning difficulties and physical and mental health barriers to work				
Priorities:	1. Promoting ethical employer practices to focus on improving employment and progression opportunities for people with additional needs, with an emphasis for employers on sustaining or improving business productivity.				
Outcomes:	<ol style="list-style-type: none"> 1. More disabled people and people with mental health issues access work experience placements and employment opportunities 2. Disabled employees feel more comfortable and better supported in sustainable roles in the workplace 3. Disabled people have access to meaningful, relevant training and skills development 4. Tower Hamlets employers are more inclusive and employ more disabled people and people with mental health issues and are more aware of how to support them. 				
Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22 – Oct 23	Overall Project Achievements
REAL DPO / THEN & NOW	01/04/2020 31/10/2023	£473,351	A holistic package of services, underpinned by co-production, to support Tower Hamlets companies develop the confidence and capacity to be excellent employers of disabled people, and increase levels of employment amongst them. The project creates communities of current and potential workers, and employers, to drive positive change.	<ul style="list-style-type: none"> • 66 organisations received one-to-one support and the satisfaction rate was 100% • The one-to-one advice service supported 21 disabled people to access paid employment opportunities. 	<p>GREEN</p> <p>In the final year of the THEN and Now project, it has extended its reach to a greater number of employers and delivered considerably more hours of tailored advice to these employers.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Scheme:	4B - Reducing barriers to employment for disadvantaged groups				
Priorities:	<ol style="list-style-type: none"> 1. Reducing barriers to employment for disadvantaged groups 2. Employment and volunteering opportunities for older people 3. Employment skills for vulnerable young people and those who are NEET(not in education, employment or training) 4. Employment and skills for young people at risk of achieving poor outcomes 				
Outcomes:	<ol style="list-style-type: none"> 1. Young people have increased life skills, employability skills, communication /presentation and interview skills and confidence, and have access to mentoring, work experience and internships 2. Older people gain life skills and secure employment and/or voluntary roles 3. Potential entrepreneurs/business founders have access to independent support and advice and increased knowledge of business and financial planning 4. Increased opportunities for women who are far from the labour market or on a low salary to develop their confidence, soft skills, and work ready skills to access employment or start their own business. 				
Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22 – Oct 23	Overall Project Achievements
Limehouse Project / Developing Potential	01/10/2019 31/10/2023	£205,372	Developing Potential is an integrated programme of personal skills development designed to enable women to make informed choices on their futures, supporting them into training, volunteering and work. This project links with existing provision and act as a progression route forwards new opportunities for women in Tower Hamlets	<ul style="list-style-type: none"> • 125 women were engaged and assessed • 8 individuals progressed into employment • 38 women have completed and gained accredited certifications 	<p>GREEN</p> <p>The project engaged with 125 women over the funding year. Despite its Big Lottery match funding coming to an end, the project continued to receive referrals from existing and new partners and maintained those relationships to offer supplementary courses and extend their support.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22 – Oct 23	Overall Project Achievements
SocietyLinks Tower Hamlets / Job Club	01/10/2019 31/10/2023	£62,459	This project delivers two weekly job club sessions run by its experienced employment support worker. The sessions include access to computers and tailored employment support, including creating a CV, accessing emails, job searching, applications and using Universal Job Match.	<ul style="list-style-type: none"> • 131 individuals accessed employment support • 23 individuals gained accredited outcomes • 14 individuals secured employment. 	<p>GREEN</p> <p>This funding year the project delivered extra support to those wanting to develop their IT skills. Several women completed their childcare training and became ready for employment. Many men who previously worked as Uber drivers were supported into other types of employment. Several young people were supported into part-time work, as well as being helped by the project to make career choices.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22 – Oct 23	Overall Project Achievements
St Giles Trust / Choices Tower Hamlets	01/10/2019 31/10/2023	£231,933	The project supports NEET Young people who are facing multiple disadvantages to access education, skills development and employment. The project delivers credible, consistent and holistic work via individualised one-to-one support, supporting the young person to address and overcome barriers to raise their aspirations and towards reaching their potential.	<ul style="list-style-type: none"> • Number of young people have secured education, training and employment outcomes - 14 • Number of young people show improved levels of mental health and wellbeing due to reducing barriers to employment, increased confidence in their future and access to specialist mental health support as required – 15 	<p>GREEN</p> <p>The project has engaged with several individuals, helping them navigate towards education, training and employment outcomes. The project focused more on soft outcomes and supported individuals with food vouchers, travel fares and laptops to aid their job search efforts.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Stifford Centre Limited / BAME Women's Employment Support Programme	01/10/2019 31/10/2023	£124,044	This project runs a training programme to help long-term unemployed and economically inactive, isolated and disenfranchised women from Black, Asian & Multi-Ethnic communities and improve their job prospects. The focus is on carers and single parents of Bengali, Somali and Black, Asian & Multi-Ethnic communities heritage with limited English language, confidence and secondary education for community learning.	<ul style="list-style-type: none"> • Number of socially and economically disenfranchised women from Black, Asian & Multi-Ethnic communities complete ESOL training and feel able to communicate in English – 24 • Number of women from Black, Asian & Multi-Ethnic communities with limited educational experiences and certification gain accreditation and skills to move towards employment – 17 	<p>GREEN</p> <p>The project continuously worked with individuals furthest away from the labour market and has improved their digital skills. Participants increased their skills in communicating in English, boosted their confidence levels and increased their employability skills.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Scheme:	4C - Support focused on increasing access to art and cultural industries
Priorities:	1. Support focused on increasing access to art and cultural industries
Outcomes:	1. Increased opportunities in the arts and cultural industries for BAME people, women, disabled people, working class people, older people 2. Increased access to industry relevant training 3. Increase in people participating in arts projects for the first time

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22– Oct 23	Overall Project Achievements
Auto Italia South East / Learning Live!	01/10/2019 31/10/2023	£44,000	Learning Live! is a training and mentoring programme designed to support young people in Tower Hamlets progress into higher education courses, with the aim to increase access into the art and cultural industries.	<ul style="list-style-type: none"> Technology workshops at Auto Italia are attended by young people from Tower Hamlets - 57 Tours of local galleries and arts organisations are attended by young people from Tower Hamlets – 36 Young people in Tower Hamlets, in particular those from Black, Asian & Multi-Ethnic communities and working class young people, attend and benefit from portfolio review and mentoring workshops, exploring creative careers and university courses, feedback on coursework and sketchbooks, university portfolio workshops and practice interviews for GCSE students enrolling onto A Level courses – 752 	<p>GREEN</p> <p>The project delivered technology workshops and gallery tours to young people in Tower Hamlets leading to many individuals pursuing a creative career and deepening their understanding of art and creativity.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22– Oct 23	Overall Project Achievements
Four Corners Ltd / ZOOM Film School	01/10/2019 31/10/2023	£325,493	ZOOM Film School works with 90 disadvantaged residents - particularly people from Black, Asian & Multi-Ethnic communities, women and disabled people - to nurture their creative talent, increase confidence and self-esteem, and enable them to acquire the practical skills, experience, and industry knowledge needed to move into work in the creative industries.	<ul style="list-style-type: none"> • Number of participants successfully complete the accredited training programme - 19 • Number of participants state that they feel more confident about, and prepared for seeking work in the creative media after completing the accredited training programme - 24 • Number of trainees gained paid employment – 10 	<p>GREEN</p> <p>The trainees from this project passed their Open College Network accreditation assessments, made films promoting three local organisations and attended additional masterclasses throughout the year. As a result, many have secured paid work in various organisations as marshals, camera assistants and in a number of other roles.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Magic Me / Artworks	01/10/2019 31/10/2023	£112,685	Artworks is a new traineeship delivered by arts charity Magic Me, identifying and supporting talented Tower Hamlets Residents from Black, Asian & Multi-Ethnic community and working-class backgrounds to gain the knowledge, skills and confidence to access careers in community arts coordination and producing.	<ul style="list-style-type: none"> • Number of trainees recruited/selected for work placement– 7 • Number of trainees reported an increase in their skills and experience in community arts admin and coordination- 7 	<p>GREEN</p> <p>The project worked with trainees from Tower Hamlets and recruitment partners to increase their industry knowledge, skills and experience and progressed their careers, leading to one trainee securing a full-time paid role.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22– Oct 23	Overall Project Achievements
The Bromley by Bow Centre / Creative Communities	01/10/2019 31/10/2023	£235,943	The project will equip at least 180 people from under-represented communities to increase their participation and readiness for employment in the creative sector. It will do this through a flexible community-based programme of engagement, needs assessment, practical group work and 1:1s, combining personal and core skills development, with individual support.	<ul style="list-style-type: none"> • Number of participants engaged in an arts/culture project for the first time – 57 • Local people from target groups secure sustainable paid employment within 3 months of completion – 28 	<p>GREEN</p> <p>The project delivered sessions with London College of Fashion and its new cohort to create textiles story cloths for exhibition. It took the cohort to Tate Britain and the new branch of London College of Fashion. As a result, the participants had a greater understanding of arts sector job skills, their barriers to employment were reduced, their confidence was increased and their horizons were broadened.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Theme / Scheme:	5 – Community Safety				
Priorities:	5A – Reduction in the exploitation of children, young people and other vulnerable groups				
Outcomes:	1. Reduction in the exploitation of children and young people, and vulnerable groups				
Outcomes:	1. Children, young people and other vulnerable people: <ul style="list-style-type: none"> a) Have increased confidence and critical thinking skills; b) Have an increased understanding of what a safe relationship is, what exploitation is, and how to spot the signs of abuse and exploitation; c) Have an emotional and actual vocabulary to articulate what is happening to them; d) Are better able to challenge and support each other around relationships. 				
Organisation / Project	Start / End Date	Annual Grant Amount	Project Description	GDSC Progress Summary Oct 22 – Oct 23	Overall Project Achievements
Kazzum Arts / Build	01/10/2019 30/19/2023	£71,552	Build supports young people excluded from mainstream education, currently educated at a pupil referral unit (PRU) in Tower Hamlets. Students in this setting are at risk of exploitation and coercion into criminal activity. Through a programme of creative activities, the project develops participants confidence, emotional, literacy and interpersonal skills.	<p>The project supported 62 people in its final funding year. It scored its highest percentage rates in its lifetime for beneficiaries with:</p> <ul style="list-style-type: none"> • improved confidence: 80% • improved communications skills: 80%. <p>80% of beneficiaries in the project’s final year also reported improved well-being.</p>	<p>GREEN</p> <p>This project finished in July 2023.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Osmani Trust / Schools and Community Resilience Programme	01/10/2019 31/10/2023	£146,817	This project: <ul style="list-style-type: none"> 1. transforms and changes the attitudes and behaviour of secondary school children; improving their confidence, critical thinking skills and emotional intelligence. 	<ul style="list-style-type: none"> • 38 school children were supported to have an improved outlook through detailed mentoring support. 	<p>GREEN</p> <p>The project delivered a series of one-off awareness workshops to 100s of young people in schools on spotting signs of exploitation and education on the effects of taking</p>

Organisation / Project	Start / End Date	Annual Grant Amount	Project Description	GDSC Progress Summary Oct 22 – Oct 23	Overall Project Achievements
			<p>2. delivers a peer programme engaging young people as ambassadors to their peers, changes attitude, promotes understanding, increase community cohesion, and ultimately empowers young people.</p>	<ul style="list-style-type: none"> • 215 school children were supported to improve their life skills. • 223 young people were supported to increase their knowledge and understanding of the consequences of youth and violent crime. 	<p>Nitro oxide. In addition to its support for young people – enabling them to express their views, reflect on their personal values and find the best version of themselves - it has had a positive impact on many of their peers, siblings, family, and the community at large. The project has supported 23 young people into employment.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Streets of Growth / Young Leaders Programme	01/10/2019 31/10/2023	£105,415	<p>The Resilient Young Leaders Programme is an innovative, impactful initiative led by and for young people (15-19 years) to enable young people to build skills and capacity to feel safe, confident, and responsible when demonstrating the community safety and positive change they want to see in their neighbourhoods.</p>	<p>115 young people supported by the project in the funding year reported increase confidence in moving away from harmful and anti-social behaviours.</p> <p>The young people who benefitted from the project present as positive role models and thus positive young influencers to their peers and community.</p> <p>The project added a Career Mentoring offer for its young leaders, involving 70 mentors from a</p>	<p>GREEN</p> <p>The young people on the project helped to plan and deliver a number of social action projects and initiatives, including:</p> <ul style="list-style-type: none"> • Young People Award Ceremony • painting of a community mural addressing community cohesion • two way exchange trip with a youth group from Belfast, involving sharing of youth leadership skills

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				<p>range of sectors such as police, medicine, technology, creative industries.</p>	<ul style="list-style-type: none"> • co-production and development of the short film <i>If Only</i> that addresses issues for young people in relation to criminal child exploitation, including sexual exploitation, , weapon carrying and knife crime. • social action food project. <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Scheme:	5B – Improving the perception of young people in the community				
Priorities:	1. Improving the perception of young people in the community				
Outcomes:	1. Children and young people are, and are seen to be, a positive part of the community 2. Increased community cohesion and sense of belonging 3. Residents, especially older people, people feel less wary of children and young people				
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Four Corners Ltd / Into Focus photography project	01/10/2019 31/10/2023	£66,336	Into Focus offers an intergenerational photography project for 24 people each year (12 young people aged 14-25 years and 12 over-50s). Groups will create work for a final exhibition, focusing on social perceptions and misconceptions between older and younger people to promote positive attitudes and increasing mutual understanding.	<p>The project supported 32 participants over its three project groups, each of which participated over 15 weeks. This included 17 people under 25 and 15 people over 50.</p> <p>The project’s beneficiaries co-designed a variety of experimental photography workshops in conjunction with project co-ordinator, artists and photography professionals. Participants also co-designed three public exhibitions at Four Corners. Over 560 visitors attended the exhibitions’ receptions and 204 completed gallery visitor questionnaires positively.</p>	<p>GREEN</p> <p>The project also supported all of its 15 older beneficiaries to be less wary of young people and have more positive perceptions about them due to its inter-generational focus. Similarly, the project also supported all of its 17 younger beneficiaries to feel more confident about interacting with older people, with all of them able to describe ways in which they have enjoyed working with older people.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>
Leaders in Community (LiC)/ Mind the Gap	01/10/2019 31/10/2023	£79,790	A group of young people recruited by LiC collaborate with older people to design a programme of activities and celebrations, which enables long-term social connections to be made, and ideas and points of view to be	<p>The project had 1,784 attendees involved in its 106 activities in its final funding year.</p> <p>Activities included:</p>	<p>GREEN</p> <p>Over the project's timeline, it has made a substantial impact on fostering understanding and connection between the community's generations. Its events</p>

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			<p>exchanged. The outcomes of the activities are shared with the wider community.</p>	<ul style="list-style-type: none"> • a Christmas event attended by over a hundred members from diverse age groups, which served as a foundational step towards fostering lasting intergenerational relationships. • young volunteers regularly engaging with the elderly in exercise sessions and coffee mornings, facilitating an exchange of stories, experiences, and perspectives. • intergenerational trips, including the Thames Barrier Park Eid Party and the O2 Greenwich adventure. These events offered unique opportunities for joint adventures, reinforcing the community bonds that had been nurtured throughout the year. 	<p>witnessed enthusiastic participation and high attendance, demonstrating how it succeeded in establishing a cohesive and inclusive environment. The legacy of the project is a community where every individual, young or old, feels valued and plays an integral role in the local community.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Scheme:	5C - Services for people affected by domestic violence or other unsafe circumstances				
Priorities:	1. Services for people affected by domestic violence				
Outcomes:	1. More residents, particularly families and young people, are aware of the different forms that domestic violence and sexual abuse (DVSA) can take, know how to report it, and where to access support. 2. Young victims and witnesses of Domestic Violence & Sexual Assault (DVSA) are supported to recognise and report it.				
Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22– Oct 23	Overall Project Achievements
Hestia Housing and Support / Families Safe and Secure in Tower Hamlets	01/10/2019 31/10/2023	£94,325	<p>This project supports families who have experienced DVSA and who are living in a local refuge to address the trauma they have faced and to learn about what a healthy relationship looks like. It also raises awareness amongst the Tower Hamlets community of DVSA and how to report it.</p>	<p>There were 407 attendances at the project’s events in its final funding year. 33 workshops were delivered in this period, averaging one workshop every one to two weeks.</p> <p>96.6% of project event attendees in its total lifetime reported an improved understanding of DVSA and how to seek support on this issue. The content of project sessions was pitched to be accessible at all levels, to survivors at various stages of their recovery journey. The project engaged with individuals in a variety of methods, from workshops at local children’s centres, at domestic abuse refuges, in schools and at local community events.</p> <p>The project delivered trauma informed, culturally competent support work through project partner Nour, who work with minoritised communities, and in particular those of the Muslim faith.</p>	<p>GREEN</p> <p>The project saw 693 attendances at its events during its lifetime, involving 240 individuals – 127 adults and their 113 children from provider’s Tower Hamlets domestic abuse service. It delivered very positive outcomes over this period, with 95.4% of the children and families who engaged with the programme and responded to project survey reporting feeling safer. In addition to this, 94% children and young people reported improved confidence and self-esteem, 93% felt more positive about their future and 91% felt that they had a say in decisions the affected their lives.</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>

Fund:	Infrastructure and Capacity Building Support
Priorities:	<ol style="list-style-type: none"> 1. Skills exchange and accessible training 2. Making organisations ready to respond to new funding opportunities 3. Fundraising support for smaller, volunteer led organisations without staff 4. Developing quality assurance 5. Managing assets for community benefit 6. Developing resilience and supporting organisations through periods of transition
Outcomes:	<ol style="list-style-type: none"> 1. Broader pool of organisations accessing public service funding 2. Increased proportion of organisations achieving recognised quality assurance standards 3. VCS more resilient with more sustainable funding base 4. Organisations supporting each other

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary Oct 22– Oct 23	Overall Project Achievements
Tower Hamlets Council for Voluntary Services (THCVS) / Tower Hamlets Voluntary and Community Sector (THVCS) Infrastructure Partnership	01/10/2019 31/10/2023	£1,061,667	<p>THVCS Infrastructure Partnership brings together the main Voluntary and Community Sector (VCS) infrastructure support agencies in Tower Hamlets to increase the range and number of VCS organisations that are well-run, resilient and sustainable; and to strengthen the VCS as a key Public Sector Strategic Delivery Partner in Tower Hamlets.</p> <p>Partner: Volunteer Centre Tower Hamlets (VCTH)</p>	<ul style="list-style-type: none"> • 213 VCS organisations received development support. • 62 volunteer managers trained. • 35 VCS organisation staff attended training/peer learning workshops. • 25 VCS organisations supported to develop improved volunteering practices • 88 VCS organisations supported to advertise their volunteering 	<p>GREEN</p> <p>The project’s main focus this year has been providing infrastructure support to VCS organisations applying for the Mayor’s Community Grant Programme (MCGP). 30% of allocated MCGP funds went to applicants who had been assisted by the project.</p> <p>87% of the 213 VCS organisations who received development support reported a positive benefit from this support. The main areas of support were funding and finance</p>

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				<p>roles through the Volunteering Hub</p> <ul style="list-style-type: none"> • Number of VCS volunteering roles supported to be advertised through the Volunteering Hub: 283 • Number of new volunteer registrations with the Volunteering Hub: 818. 	<p>(156 interactions) and governance (79 interactions).</p> <p>A satisfactory level of KPIs and outcomes were delivered through this project.</p>