

<p>Non-Executive Report of the:</p> <p>Health and Wellbeing Board</p> <p>6th February 2024</p>	
<p>Report of:</p>	<p>Classification:</p> <p>Unrestricted</p>
<p>Report Title: Health Promoting Leisure – Draft Theory of change</p>	

<p>Originating Officer(s)</p>	<p>Amelie Gonguet – Public Health programme manager for Leisure Insourcing Katy Scammell – Associate Director of Public Health Simon Jones – Head of Leisure operations</p>
<p>Wards affected</p>	<p>All wards</p>

Executive Summary

From the 1st May 2024 the Leisure centres in Tower Hamlets are being brought back in house by the council. This insourcing project provides a huge opportunity to come together as a system to implement activities that will support health and wellbeing and address inequalities. This requires strong relationships and integration between leisure and health and social care partners.

Developing a theory of change is a first step towards this integrated approach, helping to provide a joined-up strategic vision on how the new leisure service will deliver health and wellbeing outcomes.

Recommendations:

Having reviewed the draft theory of change model, the Health and Wellbeing Board is recommended to consider the following questions:

- What are your comments on the logic model?
- How can we come together as a system to support delivery of the logic model?
- How can we get engagement and commitment in your organisations to build pathways for priority groups?

Health and Wellbeing Strategy:

The Health and Wellbeing Strategy is grounded upon 6 principles that matter most to residents of Tower Hamlets. Detail how this report relates to these principles:

<p>1. Resources to support health and wellbeing should go to those who most need it</p>
<p>This work aims to develop a specialist/targeted offer to support those facing the biggest barriers to engage with physical activity.</p>
<p>2. Feeling connected and included is a foundation of wellbeing and the importance of this should be built into services and programme</p>
<p>This work aims to support the development of an offer that promotes connection, belonging, and enjoyment through a range of activities presented on the logical model.</p>
<p>3. Being treated equally, respectfully and without discrimination should be the norm when using services</p>
<p>This work aims to ensure that people feel supported with the new service and are confident to be treated respectfully without discrimination.</p>
<p>4. Health and wellbeing information and advice should be clear, simple, and produced with those who will benefit from them</p>
<p>This work aims to ensure inclusive & empowering communication using evidence based behavioral science and working alongside the community.</p>
<p>5. People should feel that they have equal power in shaping and designing services and programme that impact on their health and wellbeing</p>
<p>Wherever possible this work aims to co-design, test and accept solutions with the community.</p>

6. We should all be working together to make the best use of the assets we already have that support people's health and wellbeing.

This work aims to strengthen relationships and integration with local assets and partners including NHS, social care, CVS and community groups to prioritise health and wellbeing and encourage co-location and co-delivery of services.

1. **REASONS FOR THE DECISIONS**

1.1. To inform and support with the delivery of the theory of change.

2. **ALTERNATOVE OPTIONS**

2.1. N/A

3. **DETAILS OF THE REPORT**

3.1. Refer to the relevant PDF presentation.

4. **EQUALITIES IMPLICATIONS**

4.1. N/A

5. **OTHER STATUTORY IMPLICATIONS**

5.1. N/A

6. **COMMENTS OF THE CHIEF FINANCE OFFICER**

6.1. N/A

7. **COMMENTS OF LEGAL SERVICES**

7.1. N/A

Linked Reports, Appendices and Background Documents

Linked Report

- INSERT LINK

Appendices

- INSERT LINK

Local Government Act, 1972 Section 100D (As amended)

List of “Background Papers” used in the preparation of this report

List any background documents not already in the public domain including officer contact information.

- These must be sent to Democratic Services with the report
- State NONE if none.

Officer contact details for documents: