

Theme / Scheme	1- Inclusion, Health & Wellbeing 1A - Children, Young People & Families				
Priorities:	<ol style="list-style-type: none"> 1. Increase access to Youth Services 2. Provision of Early Help support to families 3. Support for young carers 				
Outcomes:	<ol style="list-style-type: none"> 1. Children and young people, in particularly girls and young women: <ol style="list-style-type: none"> a. have more confidence in themselves; b. are more resilient, and c. are able to, and do, access a range of spaces, activities and social opportunities across Tower Hamlets. 2. Girls and young women feel included, are able to participate in any service, and are more likely to train to become youth leaders and/or develop their own initiatives. 3. Children and young people who may feel excluded from participating in mainstream services and activities (e.g from minority groups, who are disabled, who are LGBTQI, or who are carers for others) can participate in a range of activities and experiences. 4. Children, young people and their families are listened to and their input is considered and included in decision making. 5. Young carers are supported and included; their needs and concerns are understood and are taken into account at local and strategic levels. 6. Children under 5 grow up in positive family environments and are supported to thrive. 				
Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
Canaan Project / Canaan Project - Isle of Dogs	01/10/2019 31/10/2023	£117,641	Canaan Project provides activities for young women aged 11-19 on the Isle of Dogs. Working with George Green’s school and Café Forever. Activities include cooking, craft, sports, and inspirational workshops at its weekly lunch and after school clubs, as well as opportunities to join in regular trips.	Evaluation of participant outcomes demonstrated in one or more dimension: <ul style="list-style-type: none"> • 79 young women increased their confidence. • 40 young women strengthened their ability to maintain positive relationships. • 79 young women increased development of hopes and 	GREEN Worked with 195 individual young women this quarter, across the range of project activities. Activities included visit to a film making workshop. Annual residential started, taking 25 young women to Calshot Activity Centre in Southampton. The project continues to perform well against grant expectations and the organisation continues to add value to project.

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				aspirations in one or more dimensions.	
Half Moon Young People's Theatre / Professional Theatre and Inclusive Participatory Drama for Young People	01/10/2019 31/10/2023	£156,037	Professional theatre shows and inclusive participatory drama opportunities for and with young people that informs, challenges, and shapes their artistic potential. The activity is for children and young people from 0-18 (or 25 for disabled young people) from all backgrounds and abilities from across Tower Hamlets, providing free access support to anyone who needs it.	97% of participants attended at least 80% of project’s drama sessions which they were scheduled to attend. A beneficiary reported: “I think it’s helpful for my confidence. I was really bad at speaking in front of people, but now I find it easier and have volunteered for Solar (drama group), which was a good experience”. Organisation created additional value to project work by providing ‘at home activity plans’, to support creative play outside of project sessions, and free tickets to a performance of <i>By the Light of the Moon</i> to the families involved with the project.	GREEN Currently 110 Youth Theatre members, of whom 43 are disabled or have additional needs. The focus has been on preparing for summer performances. Creative Play sessions were held in Meath Gardens and Wapping Children and Family Centres, involving a total of 41 families. The project demonstrates continued progress in achievements towards expected KPIs.
Look Ahead Care and Support / Domestic Abuse Children's Worker	01/10/2019 31/10/2023	£165,463	A specialist Domestic Abuse Children’s Worker to support children who are vulnerable due to early exposure to domestic abuse. Providing emotional support through age-appropriate engagement, e.g., play, to	In house Therapy is offered for the women supported by the project. Two Play Therapists support the children. Staff have observed the supported children look happier, engaged, and feel safe and comfortable in their surrounding with a routine in place.	GREEN The worker supported families with school applications, school uniform applications and school visits. A new family has been introduced to the project

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			address challenges faced by children living at organisation’s LBTH Domestic Abuse Service and in the community.	They are also interacting with different members of staff and forming a good bond and trust.	The project continues to outperform its agreed targets.
Newark Youth London / Girls in Action	01/10/2019 31/10/2023	£82,406	Project aims to increase access to regular youth services by girls and young women, so that they develop their confidence and life skills; make them resilient and enable them to participate in a six month social action project and other learning opportunities in order that they can develop their leadership, communication, and organisational skills.	<p>Increase in girls and young women accessing youth services and activities, with eight new participants registering for the project during the quarter and all of them attended each session.</p> <p>Beneficiaries explored ideas for their social action project, which they hope to implement in the next quarter.</p> <p>Project has developed beneficiaries’ employability skills, supported them to create CVs and improved their interview techniques.</p>	<p>GREEN Alongside weekly sessions the project provided a workshop on Mental Health First Aid with seven attendees.</p> <p>The project develops and evolves to meet client needs and interests whilst working towards funded outcomes.</p>
Osmani Trust / Family Mentoring Project (FMP) Early Help	01/10/2019 31/10/2023	£147,000	Project aims to provide through family mentoring a range of Early Help support to children, young people and their families to help them overcome their immediate challenges and meet their needs in order for them to thrive in healthy and safe families.	<p>Reported outcomes included.</p> <ul style="list-style-type: none"> two parents felt reassured that support was available, both emotionally and being able to access services. four young people had no local knowledge at the start of mentoring and felt more aware of 	<p>GREEN 12 families actively engaged with the project this quarter.</p> <p>In addition to mentoring sessions, the project provided several activities for the participants and enabled them to access relevant services and support.</p>

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				<p>services in local area, after receiving project support.</p> <ul style="list-style-type: none"> • 10 parents felt they were more confident in dealing with problems. • eight young people felt they were more confident because of mentoring. 	The project demonstrates continued progress in achievements towards expected KPIs.
St Hilda's East Community Centre / St. Hilda's Girls Driven Project	01/10/2019 31/10/2023	£67,228	St. Hilda's Girls Driven Project is an inspirational initiative designed to support, inspire, drive girls and young women to reach their full potential and realise their authentic ambitious life goals. It enhances project beneficiaries' core skills, confidence, grit, motivation, and equality.	<p>In this period the girls put on their final Mendoza performance which was hosted in May at St Hilda's East. There were 80 visitors in the audience, including partners, family and friends and staff members. It was the first time most of the girls had done a performance in front of an audience.</p> <p>Five participants reported an increase in confidence. In feedback they voiced how the project has helped them gain confidence in speaking and taking part in activities.</p>	<p>GREEN</p> <p>In addition, participants travelled to Cheltenham Ladies College (CLC) to see the up-cycled fashion show. They are currently busy planning and preparing their own "Trashion" show to take place at St Hilda's East on the 27th of July.</p> <p>The project continues to demonstrate movement of participants towards funded outcomes.</p>
Stifford Centre Limited / Stifford Young Girl's Project	01/10/2019 31/10/2023	£59,470	The Project runs a Young Girl's Club that offers disadvantaged young girls a safe space in which they can socialise, participate in a range of activities that encourage their wellbeing,	<p>This quarter, 15 girls participated in project activities and 12 attended at least five sessions.</p> <ul style="list-style-type: none"> • Eight girls reported increased levels of self-esteem. 	<p>GREEN</p> <p>As well as recreation opportunities, project activities included group study sessions/peer education/peer revision, conflict management, effective communication and health and wellbeing workshops. In addition,</p>

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			improve confidence and learn skills that are useful for their future development.	<ul style="list-style-type: none"> 100% reported that project increased levels of opportunities. 	<p>some participants engaged in planning the organisation’s summer community festival event and six volunteered at the organisation’s community event in June.</p> <p>This project continues to support girls’ progress towards funded outcomes.</p>
The Yard Theatre Ltd / Tower Hamlets Teens	01/10/2019 31/10/2023	£150,729	Free, fortnightly youth leadership workshops, weekly drama workshops, summer masterclasses, and schools’ performances for Tower Hamlets teenagers. Delivered at Tower Hamlets assets, Hub67, The Yard, and local schools, it increases access to youth services, improves participants’ health and wellbeing through cultural activities, and supports community cohesion through public events.	<p>Reflections from parents of changes they have noticed from their child, after taking part in Yard Youth this year, included:</p> <p>“I can see my daughter’s confidence. I am so happy to see her on stage”</p> <p>“Only positive changes since my child started attending The Yard”</p> <p>“I’ve seen better confidence, communication and social skills since joining”</p>	<p>GREEN</p> <p>Highlights this quarter included Yard Youth’s premiere of their end-of-year sharing on The Yard stage. The group created a piece that explores the idea of school detentions, their reflections on their education and what life will be like once they have left school.</p> <p>No school workshops this quarter, but project continues to work with residents in groups and demonstrates progress towards outcomes, as planned.</p>

Scheme:	1B – Older People
Priorities:	<ol style="list-style-type: none"> 1. Ageing well and reducing social isolation 2. Provision of physical and health-promotion activities for older people
Outcomes:	<ol style="list-style-type: none"> 1. Reduced isolation and loneliness among older isolated adults, particularly those who are housebound, and those facing additional challenges (e.g dementia, disability, limited English); 2. Older people are able to continue making a positive contribution to their communities; 3. Older people feel more included and integrated in their communities and are able to mix with people of different ages and from different backgrounds to increase the sharing of skills, experience and knowledge both amongst older people, and between different generations; 4. People living with dementia are supported to participate as much as, and as long as possible. Carers of people living with dementia are supported.

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Age UK East London / Caxton Hall, a dynamic activity centre led by older people for the whole community.	01/10/2019 31/10/2023	£301,105	Caxton Hall is a dynamic activity centre led by older people. It involves a café, opportunities to meet neighbours and connect to other people, both young and old, in the community.	<ul style="list-style-type: none"> • Number of new older people accessing services at Caxton Hall - 29 • Number of older people contributing to running the Hub Café – 21 • Number of older people feel more included and integrated as a result of participating in a community cohesion project – 22 	<p>GREEN</p> <p>Activities include Craft class, Light Exercise, IT class and Chi Kong as well as one-off special trips/events including: Easter celebration event, Coronation games, Mental health awareness week and trip to Kew Gardens.</p> <p>The project is on track to achieve the desired outcomes.</p>
Age UK East London / Friend at Home	01/10/2019 31/10/2023	£257,677	Matching housebound older people who would like a bit more company at home with volunteers who would like to share an enjoyable hour or two of conversation and company with them.	<ul style="list-style-type: none"> • Number of isolated, housebound older people are matched with a Friend at Home and receive weekly one-hour visits – 10 (new) 	<p>GREEN</p> <p>The project is on track to achieve the desired outcomes.</p>

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				<ul style="list-style-type: none"> • Project maintaining 86 matches between beneficiaries and volunteers • 100% of isolated, housebound older people reported an increase or stabilisation of their well-being, as measured by the Warwick-Edinburgh Mental Wellbeing Scale. 	
Community of Refugees from Vietnam - East London / Vietnamese and Chinese Lunch and Social Club	01/10/2019 31/10/2023	£133,639	The Vietnamese and Chinese Lunch and Social Club project provides healthy lunches and social and health promotion activities for people aged over 50, from the Vietnamese and Chinese community in Tower Hamlets.	<ul style="list-style-type: none"> • Number of older people participating in diet & healthy cooking habits sessions - 15 • Number of people supported to reduce isolation who live on their own or are housebound - 4 • Number of social and wellbeing activities held at the centre & online – 50 	<p>GREEN Activities delivered this quarter include healthy eating sessions, Tai Chi exercise, indoor games, meditation and yoga classes.</p> <p>The project is on track to achieve the desired outcomes.</p>
East London Out Project / Tower Hamlets LGBT Support	01/10/2019 31/10/2023	£112,771	LGBT Community Support to enhance peer networks, lessen isolation and provide mental health crisis prevention support. Two facilitated social support groups, for older people, people with mental health needs or other disabilities,	<ul style="list-style-type: none"> • Number of LGBT people over 50 accessing new social activity per year and reporting on increased social connections, increased social activity and feeling less lonely – 6 • Number of disabled LGBT people or those experiencing mental health concerns attend either group or 	<p>GREEN Overall the Project has supported 28 new people this quarter, across the group and individual support, and 57 people overall.</p> <p>The Project is going well; it regularly promotes the groups and the opportunity for training.</p>

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			Individual mental health crisis prevention support provided. LGBT training available to other organisations.	<p>individual support per year and report better life satisfaction and better quality of life three months after start of service – 28</p> <ul style="list-style-type: none"> • Number of training sessions delivered to organisations – 2 	The project is on track to achieve the desired outcomes.
St Hilda's East Community Centre / Older People's 'Feeling Good!' Wellbeing Project	01/10/2019 31/10/2023	£122,500	'Feeling Good!' wellbeing project is based in Weavers Ward and open to older people from throughout the borough, Monday-Friday. It provides nutritious lunches and invigorating opportunities - from indoor sport, IT learning, singing, art, intergenerational activities with schoolchildren, outings and quizzes.	<ul style="list-style-type: none"> • Number of older people who feel more involved and included in their communities – 31 • Number of people reported that they felt less isolated and lonely -26 • Number of people reported an improvement in their health & wellbeing – 15 	<p>GREEN</p> <p>The Project delivers a variety of exercise classes, including seated exercise, strength training, dancercise and dance classes - these sessions support older people with increased mobility.</p> <p>Many participants feel happier after attending the different social activities, such as crafts, jewellery making and bingo. Participation enables increased wellbeing and happiness.</p> <p>The Project is on track to achieve the desired outcomes.</p>
Tower Hamlets Friends and Neighbours (THFN)/ Older Peoples	01/10/2019 31/10/2023	£204,167	THFN provides befriending and advocacy services to older people in the borough. Its team of befriender advocates provides regular	<ul style="list-style-type: none"> • Number of isolated older adults are visited by a befriender advocate on a fortnightly basis – 15 	<p>GREEN</p> <p>Progress towards all targets is going well. Clients are being visited on a regular basis and those with dementia are being escorted to dementia related</p>

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Befriending Project			one to one support to people in their own homes, assists with making appointments and helps in accessing services. It also organises small group outings locally.	<ul style="list-style-type: none"> • Number of older adults with dementia are visited on a regular basis by a Befriender Advocate who is a Dementia Champion –15. • Number of older people attending group outing - 5 people per outing. 	<p>activities. At home activities are undertaken with clients as many are housebound. Consultation on outings has been completed and a timetable and plan are in development.</p> <p>The Project is on track to achieve the desired outcomes.</p>
Toynbee Hall / The Wellbeing Centre at Toynbee Hall	01/10/2019 31/10/2023	£169,107	This project offers holistic relational support to older people aged 50+ in Tower Hamlets. It aims to make Toynbee Hall’s existing provision at its Wellbeing Centre more inclusive and responsive to needs and to build stronger networks of information sharing and peer-support between users and those not accessing services.	<ul style="list-style-type: none"> • Number of individuals (older people) attending health promotion sessions at the Wellbeing Centre – 40. • Number of social activities delivered – 64. • Number of user-led activities held at the Wellbeing Centre – 28. 	<p>GREEN</p> <p>The project is progressing well and is exceeding its targets in the areas of health promotion activity, user led activity and social activity. Sessions include talking therapies, freestyle dance, yoga, seated exercise, bingo club, film club, reading and craft club.</p> <p>The Project delivered two large intergenerational events this quarter and a user-organised Eid celebration event.</p> <p>The project is on track to achieve the desired outcomes.</p>

Scheme:	1C – Access, Information and Self-Management
Priorities:	1. Residents better informed/equipped to manage health conditions
Outcomes:	1. Residents of all ages are better informed/equipped to manage health conditions 2. Increased awareness of and access to local services, including crisis support 3. Residents and their families are aware of the benefits of healthy eating and eat more healthily

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Globe Community Project / Take Back Your Life	01/10/2019 31/10/2023	£114,526	A mindfulness-based pain management programme, addressing chronic pain/illness, related social isolation and inactivity delivered by experienced, fully accredited Breathworks trainers.	Weekly drop-in follow-on group is in operation. Mixed group sessions - with regular attendance of 11-13 participants per week. Women-only group sessions - with regular attendance of 3-5 women. Number of people per quarter report increased knowledge, awareness and confidence to self-manage health condition (through mindfulness, nutrition and exercise) – 10	GREEN No courses were offered during this quarter. This is part of the planned arc of the programme. Participants were offered follow-on support to embed and sustain their learning. The project is on track to achieve the desired outcomes.
Real DPO Ltd / Taking Control of Your Life (TCOYL)	01/04/2020 31/10/2023	£255,166	TCOYL project delivers creative planning support alongside a user-led co-production group, harnessing the views of people with lived experience of disability. This project maximises independence, supporting people to make decisions on how they want to fulfil their ambitions and also help “change the system”.	<ul style="list-style-type: none"> • Number of action plans produced – 12 • 90% of clients reported they felt more independent and had a better quality of life • 80% reported the new services accessed had a positive effect on their life. • 90% of clients report feeling they have more choice and control over their lives. 	GREEN Asset Management have confirmed REAL’s recent engagement with LBTH vis-a vie premises issue and approve grant money being released to the organisation.

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					The project is on track to achieve the desired outcomes.

Scheme:	1D – Healthy living and healthy choices
Priorities:	<ol style="list-style-type: none"> 1. Residents better informed to make healthier choices 2. Increased engagement in physical activity
Outcomes:	<ol style="list-style-type: none"> 1. Increased participation in a wide range of culture, play, physical activity, leisure and sport that are inclusive of age, gender, disability, race and mobility 2. More social opportunities for reducing isolation through participation in culture, play physical activity and sport. 3. Increased participation from marginalised groups 4. Creating opportunities for intergenerational relationships, shared experience through culture, play, physical activity, leisure and sport for all above

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London Tigers / Exercise for health: BAME women, children and young people	01/10/2019 31/10/2023	£174,522	Exercise for health project delivers a series of sports, physical activities and health-related workshops for women, young people and children to make positive choices about their health and wellbeing. It provides pathways to stay involved, excel in sports, and develop healthier habits for life.	<ul style="list-style-type: none"> • % of Black, Asian and Multi-Ethnic communities’ children and young people attending project’s sport and physical activities, including health workshops, report improved health and wellbeing - 93% • % of Black, Asian and Multi-Ethnic communities’ women attending project’s sport and physical activities report improved health and wellbeing – 99% • % of Black, Asian and Multi-Ethnic communities’ women per year attending the varied sports and physical activities through the project report feeling less isolated and less lonely – 93%. 	<p>GREEN</p> <p>The Project continued with outreach work to engage with more people and deliver different activities to improve participants’ physical and mental wellbeing. The sessions delivered this quarter included Aerobics, Badminton, Boxing, Self Defence, Boxercise and Chair-based exercise sessions.</p> <p>This quarter’s highlights included Eid celebration and Kings Coronation activity funday. Over 150 people attended across both events.</p> <p>The project is on track to achieve the desired outcomes.</p>

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MUDCHUTE ASSOCIATION / Playing out at Mudchute	01/10/2019 31/10/2023	£81,667	Mudchute’s unique natural facilities provide a range of freely chosen play opportunities in a safe, stimulating environment. Enabling children access to participate in freely chosen, innovative leisure and sporting activities will promote; exercise, healthy eating, social and life skills through the process of ‘Learning through Play’.	<ul style="list-style-type: none"> • Consistent play leisure opportunities for children and young people – 160 hours of play provision delivered this quarter, attracting approximately 4,400 people • Number of children who do not usually interact in social events outside of school or home will participate in the project each year - 20 • Number of participants from those who do not usually take part in social events (Black, Asian & Multi-Ethnic community groups, those with additional needs and girls / women) – 50. 	<p>GREEN</p> <p>The project attracted an average of 200 attendees each session. During Easter holidays, the Project ran free play sessions and provided additional sessions such as donkey rides, animal petting, Easter egg hunt and pancake races.</p> <p>Many friendships between children and between adults have been made through the project and these have been retained outside of the sessions.</p> <p>The project is on track to achieve the desired outcomes.</p>
Newark Youth London / Healthy-Active-Together (HeAT)	01/10/2019 31/10/2023	£114,799	The Healthy-Active-Together (HeAT) project offers a wide range of sports and physical activities across the borough with the objective of engaging inactive young people (10 to 25) and their families in regular sports and physical activities to improve health and wellbeing and	<ul style="list-style-type: none"> • The Project has worked with 100 children, young people and adults this quarter, with 26 participants registering on the project for the first time • Number of participants report improved health and wellbeing - 26 	<p>GREEN</p> <p>In this quarter, the Project delivered 54 sports and fitness sessions, enabling access and participation in community sport provision and improving peoples’ health and wellbeing.</p> <p>The Project participated in the Queen Mary University Festival of Communities event in Stepney</p>

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			reduce isolation and exclusion.	<ul style="list-style-type: none"> Number of participants report less isolation after enrolling onto the project – 14 	<p>Green Park by providing taster sports sessions for local residents.</p> <p>The project is on track to achieve the desired outcomes.</p>
Stifford Centre Limited / Healthy Lifestyle Partnership Programme	01/10/2019 31/10/2023	£326,778	A free membership health club with over 20 different classes and groups per week, delivered by a consortium of VCS organisations. The Health Club is suitable for all ages and participants design the activity program alongside providers.	<ul style="list-style-type: none"> Number of people become members per annum – 116 this quarter 90% of members reported higher levels of wellbeing after six weeks of membership 90% of members have reported improved health and wellbeing through adopting a healthier diet 95% of members report having a better understanding of maintaining a healthy lifestyle. 	<p>GREEN</p> <p>The health partnership project has delivered a wide range of health and wellbeing activities, including yoga, aerobics, speed climbing, kayaking, volunteering on the farm, walking groups and health information workshops in the quarter.</p> <p>The project is on track to achieve the desired outcomes.</p>
The Bangladesh Youth Movement (BYM) / Live Healthy Enjoy Life [the Female Health & Development Project]	01/10/2019 31/10/2023	£87,963	‘Live Healthy, Enjoy Life’ will operate from BYM’s Women’s Centre providing proactive and responsive health development activities which ensure excluded women from Black, Asian & Multi-Ethnic communities and refugee	<ul style="list-style-type: none"> Black, Asian and Multi-Ethnic community women to access health support activities – 41 Number of Black, Asian and Multi-Ethnic community /Bangladeshi women raising their awareness of a range of health issues appropriate to leading healthier lives – 41 	<p>GREEN</p> <p>In this quarter the Project has delivered a wide variety of health and wellbeing sessions, including yoga and keep fit classes. These sessions are accessible and tailored for women from Black, Asian and Multi-Ethnic communities.</p>

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			women develop healthy lives and manage their own physical and mental health; peer volunteer befriending and development of social networks alleviate isolation and facilitate inclusion.	<ul style="list-style-type: none"> • Numbers of women accessing the women’s forum – 5. 	The project is on track to achieve the desired outcomes.
The Royal Society for Blind Children / Live Active, Live Well Tower Hamlets	01/10/2019 31/10/2023	£74,040	Live Active, Live Well Tower Hamlets will enable 60 blind and partially sighted young people aged 8-25 to gain the confidence and motivation to participate in physical activities and inform their ability to make healthier choices.	<ul style="list-style-type: none"> • Number of participants the project worked with this quarter– 20 • Number of participants that regularly engaged with the project - 13 • Number of sessions delivered in the borough – 3. 	<p>GREEN</p> <p>This quarter the Project delivered three sessions in the borough. The Project carried out one-to-one sessions with young people, looking at how they are progressing on the project and against their goal-based outcomes.</p> <p>The project is on track to achieve the desired outcomes.</p>

Scheme	1E – Improved inclusion, health and well-being outcomes for disabled people and people experiencing mental health issues
Priorities:	<ol style="list-style-type: none"> 1. Improved health outcomes for disabled people 2. People experiencing mental health issues are better supported
Outcomes:	<ol style="list-style-type: none"> 1. More mainstream services are culturally inclusive, welcoming and accessible for disabled people and people experiencing mental health issues from different ethnic backgrounds, different faith backgrounds, and who are LGBTQI 2. Adults with complex needs (i.e who have multiple issues affecting their lives) have better health outcomes 3. Disabled people and people experiencing mental health issues; <ol style="list-style-type: none"> a) are more independent b) are more aware of and more likely to participate in local services c) have a better quality of life 4. People experiencing mental health issues have improved knowledge of where to access support, including peer support, social activities, and activities that build confidence and develop resilience

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deafPLUS / Improving Health and Wellbeing for Deaf and Hard of Hearing people in Tower Hamlets	01/10/2019 31/10/2023	£184,624	A borough wide health and wellbeing project that addresses health inequalities, loneliness and isolation, mental health issues and barriers to employment, lack of confidence and self-esteem by bringing deaf and hard of hearing people together across communities.	<p>Feedback from participants has been positive and demonstrated movement in line with funded outcomes.</p> <ul style="list-style-type: none"> • 60% of participants attending events reported feeling more involved and engaged (less isolated). • 91% of participants overall reported feeling more involved and engaged (less isolated). • 64% of participants reported improved health and wellbeing. 	<p>GREEN</p> <p>This quarter the project supported 22 people (6 families and 8 individuals) through a variety of activities include Zoom events and talks and face to face activities. These included trampolining, a historical walk, visit to café, bowling and a signed CPR training event with the British Heart Foundation. Ten new beneficiaries this quarter.</p> <p>Project continues to demonstrate movement towards outcomes and meeting targets.</p>

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ICM Foundation CIC / CORE Projects Get Active Newspaper - Promoting Healthy and Active Lifestyles	01/10/2019 31/10/2023	£53,611	People with learning disabilities aged 18+ from Tower Hamlets work in partnership with ICM Foundation. Three times each year they design and deliver 5,000 accessible newspapers on the theme of health and wellbeing, distributed to communities that reflects the borough's diversity.	<p>The project continues to reach other disabled people through workshops, events, and joint collaborations.</p> <ul style="list-style-type: none"> 79% of people receiving the newspaper reported feeling more informed. 10 participants who contribute to the production of the newspaper reported feeling more confident and less socially isolated. 	<p>GREEN</p> <p>The project has been working on improving the overall skill sets of participants who contribute to the production of the newspaper, resulting in the group facilitating more of the process of article writing and starting to do more of the leading through teamwork.</p> <p>The project has surpassed initial targets.</p>
Woman's Trust / Therapeutic Support Groups for Women Affected by Domestic Abuse	01/10/2019 31/10/2023	£78,724	Therapeutic Support Groups providing a safe, moderated space for female survivors of domestic abuse to share experiences and support each other. Groups help women recover their mental health by reducing isolation, learning from shared experiences, being empowered by supporting others and thereby gaining confidence and independence.	<p>Of women completing the exit questionnaire:</p> <ul style="list-style-type: none"> 100% reported minor – moderate improvements to their stress and anxiety levels 67% reported moderate – very significant improvements to their confidence and self-esteem. 100% reported minor- significant improvements in isolation levels. <p>One project beneficiary reported:</p>	<p>GREEN</p> <p>12 women finished project support groups this quarter, four in person groups and eight in online groups. Online evening provision continues to provide access to women with children. The project continues to work with a further eight women residents.</p> <p>The project will meet the targets for extension period as a further eight Tower Hamlets residents are attending current groups which will finish in either July or September 2023.</p>

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				<p>“It's been a very positive experience. I felt understood, heard and accepted. I felt like my emotions and thoughts are valid. I have been supported to explore painful events with an open heart that has allowed healing to take place.”</p>	
Working Well Trust / Upskill	01/10/2019 31/10/2023	£442,981	<p>Improve the wellbeing of people with lived experience of mental health by supporting them to achieve their goals by accessing new opportunities and including support from their peers, enabling to reconnect with the local community.</p>	<ul style="list-style-type: none"> • Initial engagements with Upskill offered, plus access to peer support per quarter- 156 initial engagements, 60 registrations and 51 one to one support. • Over 50s residents with mental health issues have initial engagement with Upskill, plus offered access to peer support – 26 • Over 50s Tower Hamlet residents with mental health to access one to one support towards achieving short term goals – 16. 	<p>GREEN</p> <p>This quarter has seen the Upskill service referrals significantly increase to 80% over target. The Project has continued offering clients a flexible way to access support, able to offer both remote support and face to face appointments, as well as a number of community initiatives.</p> <p>The project is on track to achieve the desired outcomes.</p>

Theme / Scheme:	2 – Digital Inclusion and Awareness 2A – ICT Skills and Digital Careers
Priorities:	<ol style="list-style-type: none"> 1. Access to ICT support and training for older people 2. Digital skill development for children and young people <ol style="list-style-type: none"> a) Increase awareness of careers in the digital sector, and b) Provide children and young people with the opportunity to develop the skills for the digital sector.
Outcomes:	<ol style="list-style-type: none"> 1. Residents with limited digital/ICT skills, particularly older residents, disabled residents, those with English as a second language or other barriers to digital inclusion: <ol style="list-style-type: none"> a) Have increased confidence in using ICT, especially around security; b) Are able to use digital methods to access services, find information, and communicate with others, and do so more regularly; c) Have increased digital skills. 2. Working age residents have greater awareness of digital careers, have increased digital skills, and have increased access to work and work placements in the digital sector

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Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
Limehouse Project / DigiTIES	01/10/2019 31/10/2023	£72,680	The aim of DigiTIES workshops is to prevent digital exclusion in older adults in order to prevent social isolation and increase their ability to access online health related support. The content of the workshop includes how to use social media, managing email accounts, and accessing online health related support services.	<p>This quarter the project has held Thursday Digital sessions for 20 new older participants.</p> <ul style="list-style-type: none"> • 13 older people made new friends and learned how to use communication platforms. • 11 older people learned to use a search engine to find health information on NHS websites. 	<p>GREEN</p> <p>Sessions provided opportunities to learn to use communication platforms and enabled project participants to make new friends.</p> <p>The project continues to meet grant requirements and expectations.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
Newham New Deal Partnership / @online club network Tower Hamlets	01/10/2019 31/10/2023	£79,707	@online club network will build the confidence of older residents (over 50s) to go online using tablet devices, learning in small friendly groups, through taster sessions and eight-week or longer programmes of practical activities based on the needs and interests of participants.	<ul style="list-style-type: none"> • Six people attended, with 55% reporting increased confidence. • Four older residents report they can go online to do more things. • One volunteer went into employment. 	<p>GREEN</p> <p>The project commenced a new programme at St Hilda’s on Tuesdays, starting with a taster session on 9th May 2023, which concluded on 4 July 2023.</p> <p>The project continues to progress in line with expectations.</p>
Wapping Bangladesh Association / Digital First	01/10/2019 31/10/2023	£19,254	Digital First engages socially isolated older adults from Black, Asian & Multi-Ethnic communities aged 55+, but not exclusively, living in Wapping and Shadwell, who are not computer literate and are digitally excluded. The Project delivers ICT and internet training that will help older adults to cope with facing key life transitions or challenges.	<ul style="list-style-type: none"> • 75% of beneficiaries reported increased social contacts and community involvement because of accessing the project. • 83% of beneficiaries demonstrated increased confidence and ability in using online services to manage daily life tasks. 	<p>GREEN</p> <p>In this period the project delivered eight sessions (three Zoom sessions and five centre-based sessions) for 12 participants, including one newly recruited in this quarter. To support individuals one to one sessions were provided with mentors.</p> <p>The organisation continues to demonstrate progress towards planned outcomes and KPIs.</p>

Scheme:	2B – Online Safety
Priorities:	1. Children and young people online safety
Outcomes:	1. Residents are aware of potential dangers online and implement suitable prevention measures 2. Children, young people and their families know how to report online bullying and abuse 3. Older people are aware of how to identify online scams and how to keep themselves safe

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
SocietyLinks Tower Hamlets / E-Safety Champions	1/10/2019 31/10/2023	£23,675	The E-Safety Champions project trains local women to become ‘champions’ for e-safety in the community. Weekly workshops cover all areas of online safety. Once trained, the project’s champions go into schools and community groups to spread their knowledge to young people and parents/carers through presentations and workshop	<ul style="list-style-type: none"> 16 project participants feeling more confident to implement changes and check their children's devices. 18 project participants reported a specific action that they have taken at home to improve online safety. 100% of project participants reported increased confidence about reporting any behaviours online that they or family members experience. 	<p>GREEN</p> <p>This quarter’s activities included storytelling, where older members of the community shared stories about how life was before digital communication. A specialist from Rainbow Links gave a talk about how children and young people with Special Educational Needs or disabilities are more at risk when online.</p> <p>Project reporting demonstrates that it is meeting targets.</p>
Sporting Foundation / Building Digital Resilience	01/10/2019 31/10/2023	£35,946	Sporting Foundation build the digital resilience of children and young people and raise the awareness of online safety with parents, so that as families they are safe from risk and able to utilise digital resources, managing them effectively and reducing harm.	<p>Sporting Foundation engaged 36 young people, and 23 parents this quarter, all of whom reported, via feedback and survey, progress on the following areas:</p> <ul style="list-style-type: none"> increased understanding and awareness of grooming on social media 	<p>GREEN</p> <p>This quarter project discussions included the media, in relation to issues surrounding individual privacy and stories related to young people.</p> <p>The project is exceeding its targets.</p>

				<ul style="list-style-type: none">• increased ability to spot signs of grooming.	
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Theme / Scheme:	3 - Advice and Information
Priorities:	This theme has a single priority, Social Welfare Advice and Information.
Outcomes:	<p>Reduce poverty across the spectrum of social welfare advice and information activity:</p> <ol style="list-style-type: none"> 1. Increased access to social welfare advice and income from benefits 2. Improved personal budgeting, financial stability and reduction in personal debt 3. Reduction in the number of people negatively impacted by welfare reforms and housing repossessions 4. Individuals are more informed about their legal rights 5. Individuals are more informed about their housing rights 6. Increased employment security 7. Increased access to immigration/asylum advice and casework 8. Increased engagement of older people with social welfare advice services <p>Capacity building and training within the sector:</p> <ol style="list-style-type: none"> 1. Improved coordination and cooperation between advice providers 2. Increased integration of service both within the VCS advice sector and with services in other sectors 3. Increased number of local volunteers achieving a recognised advice training accreditation 4. Improved liaison and co-ordination with public sector agencies 5. Improved access to information for providers

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Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
East End Citizens Advice Bureaux / Advice Tower Hamlets	01/10/2019 31/10/2023	£3,773,417	Advice Tower Hamlets provides free, confidential, independent, quality-assured advice services to help Tower Hamlets residents resolve the problems they face, including welfare benefits, housing, money/debt, employment, immigration, consumer, education, community care, family, personal issues. This service is led by Citizens Advice Tower Hamlets, in	<ul style="list-style-type: none"> • 5,738 clients have been assisted with social welfare advice • 577 clients have been supported to increase/maximise incomes • £5,690,057 of clients’ income has been increased/or backdated 	GREEN Housing challenges have surged, with steep rent hikes in private properties surpassing local housing allowances. Private tenants face eviction due to financial struggles. Demand for housing advice is high, especially for homelessness, accommodation suitability and disrepair in social and private sectors.

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
			partnership with twelve local advice agencies.	<ul style="list-style-type: none"> £1,090,719 debt reduction/write offs resulting in reduction in amounts of personal debt. 	<p>Universal Credit enquiries focus on additional entitlements and the financial impact of missing out, often due to reconsideration and appeals. Residents seek help for reviewing appeal decisions on Universal Credit claims.</p> <p>Support requests for disability benefits applications (Personal Independence Payments, Disability Living Allowance, Attendance Allowance, Limited Capability for Work) have risen, often handled by trained volunteers and law students. Soaring living costs drive debt concerns, spanning priority and non-priority debts.</p> <p>The project is on track to achieve the funded outcomes.</p>
Island Advice Centre / Tower Hamlets Advice Training and Capacity Building Project	01/10/2019 31/10/2023	£204,167	The project improves capacity, training, quality and access to the borough’s advice services. It develops coordination and cooperation between advice and other sectors, providing recruitment and training for volunteers, facilitation of the Tower Hamlets Community Advice	<ul style="list-style-type: none"> 9 Advice work training workshops were delivered 133 participants attended the sessions. 	<p>GREEN</p> <p>This quarter the project delivered nine advice work training workshops, with 133 participants attending the sessions. The project currently has eight candidates registered for National Vocational Qualifications (NVQ) - one at Level 4 and seven at Level 3. Project</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
			Network, updated website of advice provision and information / factsheets, coordination of meetings, delivering formal training.		<p>delivered three workshops for NVQ candidates. Two candidates gained their Level 3 qualification in this quarter.</p> <p>The project is on track to achieve the funded outcomes.</p>

Theme / Scheme:	4 – Employment and Skills 4A - Developing and embedding good practice in the workplace for people with disabilities, learning difficulties and physical and mental health barriers to work
Priorities:	1. Promoting ethical employer practices to focus on improving employment and progression opportunities for people with additional needs, with an emphasis for employers on sustaining or improving business productivity.
Outcomes:	1. More disabled people and people with mental health issues access work experience placements and employment opportunities 2. Disabled employees feel more comfortable and better supported in sustainable roles in the workplace 3. Disabled people have access to meaningful, relevant training and skills development 4. Tower Hamlets employers are more inclusive and employ more disabled people and people with mental health issues and are more aware of how to support them.

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Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
REAL DPO / THEN & NOW	01/04/2020 31/10/2023	£473,351	A holistic package of services, underpinned by coproduction, to support Tower Hamlets companies develop the confidence and capacity to be excellent employers of disabled people, and increase levels of employment amongst them. The project creates communities of current and potential workers and employers, to drive positive change.	<ul style="list-style-type: none"> Number of organisations engaged by the project in the quarter – 17 The project has provided 119 hours of one-to-one support to eight employers and has achieved 100% satisfaction rate from them. 	<p>GREEN</p> <p>In this quarter, the project team has continued to provide its expertise in the recruitment and retention of D/deaf and Disabled staff to several local employers. Notably, the project has again delivered more hours of support through their one-to-one advice service than previously reported on – with this quarter’s total being 119 hours.</p> <p>The project is on track to achieve its lifetime targets.</p>

Scheme:	4B - Reducing barriers to employment for disadvantaged groups
Priorities:	<ol style="list-style-type: none"> 1. Reducing barriers to employment for disadvantaged groups 2. Employment and volunteering opportunities for older people 3. Employment skills for vulnerable young people and those who are NEET (not in education, employment or training) 4. Employment and skills for young people at risk of achieving poor outcomes
Outcomes:	<ol style="list-style-type: none"> 1. Young people have increased life skills, employability skills, communication /presentation and interview skills and confidence, and have access to mentoring, work experience and internships 2. Older people gain life skills and secure employment and/or voluntary roles 3. Potential entrepreneurs/business founders have access to independent support and advice and increased knowledge of business and financial planning 4. Increased opportunities for women who are far from the labour market or on a low salary to develop their confidence, soft skills, and work ready skills to access employment or start their own business.

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
Limehouse Project / Developing Potential	01/10/2019 31/10/2023	£205,372	An integrated programme of personal skills development, designed to enable women to make informed choices on their futures, supporting them into training, volunteering and work. This project links with existing provision and acts as a progression route forwards for new opportunities for women in Tower Hamlets.	<p>Women who attend the business start-up workshop/1:1 support session will go on to register as self-employed – 4</p> <p>Women who attend accredited course will complete and gain certifications - 17</p>	<p>GREEN</p> <p>The project's collaborations with partners - including Account3, Women's Inclusion Team, Somali Parents & Children's Play Association and Tower Hamlets Homes - continues to flourish. These partnerships help refer and support women from diverse backgrounds and community groups to the project. Co-production efforts, such as organizing job fairs, offer additional support and opportunities.</p> <p>The project is on track to achieve its lifetime targets.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
SocietyLinks Tower Hamlets / Job Club	01/10/2019 31/10/2023	£62,459	This project delivers two weekly job club sessions run by its experienced employment support worker. The sessions will include access to computers and tailored employment support, including creating a CV, accessing emails, job searching, applications and using Universal Job Match.	The number of people that have gained accredited outcomes (Level 2) through training courses - 2 The number of people that access employment after attending the job club - 2	GREEN The quarter’s activity focused on aiding job-ready women with interviews and applications. Beneficiaries secured summer programme and nursery roles. Job Club aids youth seeking summer and general employment, while IT training flourishes, aiding employability. The project is on track to achieve its lifetime targets.
St Giles Trust / Choices Tower Hamlets	01/10/2019 31/10/2023	£231,933	Supporting NEET Young people who are facing multiple disadvantages to access education, skills development and employment. The project delivers credible, consistent and holistic work, via individualised one-to-one support, supporting the young person to address and overcome barriers to raise their aspirations and towards reaching their potential.	Young people showed improved levels of mental health and wellbeing, due to reduction of barriers to employment, increased confidence in their future and access to specialist mental health support, as required - 2 Number of young people progress into and complete training and education courses – 1	GREEN This quarter, there has only been one outcome, which was a training outcome. However, the project has seen an increase in the number of referrals this quarter, in comparison to last quarter. Referral partnership meetings have been had with the East London Alternative Provision, so moving into the last quarter the project hopes that there will be an increase in the number referrals, resulting in delivery of outcomes. The project is on track to achieve its lifetime targets.

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
Stifford Centre Limited / BAME Women's Employment Support Programme	01/10/2019 31/10/2023	£124,044	This project runs a training programme to help long-term unemployed and economically inactive, isolated and disenfranchised women from Black, Asian and Multi-Ethnic communities and improve their job prospects. The focus is on carers and single parents of Bengali, Somali and Black, Asian and Multi-Ethnic community heritage with limited English language, confidence and secondary education for community learning.	Socially and economically disenfranchised BAME Women complete ESOL training and feel able to communicate in English - 10 BAME women gain volunteering experience by the end of the year and report that they have gained confidence - 6	GREEN The project organised Eid celebration and four women actively volunteered in the programme. Along with their regular courses, the project has delivered business start-up training. Sessions have boosted beneficiaries' confidence, networking and social skills, general awareness and understanding, encouraging integration. The project is on track to achieve its lifetime targets.

Scheme:	4C - Support focused on increasing access to art and cultural industries
Priorities:	1. Support focused on increasing access to art and cultural industries
Outcomes:	<ol style="list-style-type: none"> 1. Increased opportunities in the arts and cultural industries for people from Black, Asian and Multi-Ethnic communities, women, disabled people, working class people, older people; 2. Increased access to industry relevant training; 3. Increase in people participating in arts projects for the first time

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
Auto Italia South East / Learning Live!	01/10/2019 31/10/2023	£44,917	Learning Live! is a training and mentoring programme designed to support young people in Tower Hamlets progress into higher education courses, with the aim to increase access into the art and cultural industries.	<p>Workshops/sessions delivered this quarter – 1</p> <p>The project delivered a Creative Technology workshop to a year 10 class of 21 pupils at Stepney All Saints school. The workshop explored augmented and virtual reality technologies and taught pupils skills in 3D scanning, 3D modelling, virtual game design and sculpting that are not usually available within the secondary Art & Design curriculum.</p> <p>The project also delivered a Creative Futures session at Tower Hamlets Careers Live at University of East London, engaging with 204 pupils, and at the Employability Skills Fair at Idea Store Whitechapel, engaging 120 Year 9, 10 and 11 pupils from the Whitechapel ward.</p>	<p>GREEN</p> <p>The project participated in the Tower Hamlets Arts Music Education Hub (THAMES) cultural partners meeting, which brought together 44 education organisations from across the borough.</p> <p>The project is on track to achieve its lifetime targets.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
Four Corners Ltd / ZOOM Film School	01/10/2019 31/10/2023	£332,274	ZOOM Film School works with 90 disadvantaged residents - particularly people from Black, Asian and Multi-Ethnic communities, women and disabled people - to nurture their creative talent, increase confidence and self-esteem, and enable them to acquire the practical skills, experience and industry knowledge needed to move into work in the creative industries.	<p>Number of participants successfully completed their accredited training programme - 7</p> <p>Number of participants who can demonstrate knowledge of key entry-level jobs in the creative media industry - 5</p>	<p>GREEN</p> <p>This quarter, eight trainees were recruited through interviews for the Zoom film school. Their initial training included a one day in-person masterclass on the ethics of documentary making with London based documentary filmmaker, Samuel Liebmann.</p> <p>All trainees past and present were also invited to attend a ‘Career day’ on May 23rd presented by Tower Hamlets based film producer Fozia Khaliq, which looked at an overview of the industry, key entry level roles and ways into the Film and TV industry. Six additional participants attended this masterclass.</p> <p>The project is on track to achieve its lifetime targets.</p>
Magic Me / Artworks	01/10/2019 31/10/2023	£112,685	Artworks is a new traineeship delivered by arts charity Magic Me, identifying and supporting talented Tower Hamlets residents from Black, Asian and Multi-Ethnic communities and working-class backgrounds to gain the knowledge, skills and confidence to access careers in	<p>Number of trainees recruited/selected for work placements – 1</p> <p>Number of trainees have increased knowledge of community arts administration and</p>	<p>GREEN</p> <p>The latest cohort of beneficiaries completed their traineeship with Magic Me in April 2023. All three beneficiaries reported and showed increases in confidence and skills. One beneficiary has been returning to Magic Me weekly as a freelance</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
			community arts coordination and producing.	coordination – 3 Number of people report increased confidence and skills in applying for jobs in the arts and cultural industries - 3	Administrator. Two of the three trainees have been matched with industry mentors and will receive four hours of mentoring over the coming months. The project is on track to achieve its lifetime targets.
The Bromley by Bow Centre / Creative Communities	01/10/2019 31/10/2023	£235,943	The project will equip at least 180 people from under-represented communities to increase their participation and readiness for employment in the creative sector. It will do this through a flexible community-based programme of engagement, needs assessment, practical group work and 1:1s, combining personal and core skills development, with individual support.	Number of participants from target groups are enrolled and assessed – 26 Number of participants identified as having not previously engaged in an arts/culture activity state they have now participated in such an activity. – 25 Number of local people from target groups secure an arts related work placement within three months of completion – 3	GREEN In April the project recruited a new cohort of 26 people. To promote cohesiveness in this cohort the project actively recruited people from different backgrounds and abilities. During the half term the project organised a couple of family trips. They included a visit to ‘Frameless’ a multi-sensory immersive art experience, comprised of four galleries showcasing the world’s greatest artworks, including work by Dali, Van Gogh, Monet, Bosch and Ernst. In May the project offered four two hour sessions of mosaic. Participants created, designed and made their own tea coaster. The project offered

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
					<p>four two hour sessions of photography, including a walk in the Olympic Park with the group to encourage them to take their own photographs. This led to a three hour exhibition of the group’s work at the end of June.</p> <p>The project is on track to achieve its lifetime targets.</p>

Theme / Scheme:	5 – Community Safety 5A – Reduction in the exploitation of children, young people and other vulnerable groups
Priorities:	1. Reduction in the exploitation of children and young people, and vulnerable groups
Outcomes:	1. Children, young people and other vulnerable people: <ul style="list-style-type: none"> a) Have increased confidence and critical thinking skills; b) Have an increased understanding of what a safe relationship is, what exploitation is, and how to spot the signs of abuse and exploitation; c) Have an emotional and actual vocabulary to articulate what is happening to them; d) Are better able to challenge and support each other around relationships.

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
Kazzum Arts / Build	01/10/2019 30/09/2023	£72,631	Build supports young people excluded from mainstream education, currently educated at a pupil referral unit (PRU) in Tower Hamlets. Students in this setting are at risk of exploitation and coercion into criminal activity. Through a programme of creative activities, the project develops participants' confidence, emotional, literacy and interpersonal skills.	Girls' group: <ul style="list-style-type: none"> • 100% felt the sessions helped them to support their communication skills [OB] • 100% felt more comfortable to talk about their emotions as a result of the sessions • 100% strongly agreed or agreed that the sessions helped them appreciate other people's thoughts and ideas. Inclusion Group: <ul style="list-style-type: none"> • 80% felt the sessions helped them to support their communication skills [OB] • 40% felt more comfortable to talk about their emotions as a result of the sessions • 100% strongly agreed or agreed that the sessions helped them appreciate other people's thoughts and ideas. 	GREEN This quarter the project delivered 16 sessions with two groups (Girls and Inclusion), reaching 17 young people. Co-production took place with both groups to ensure the sessions were responsive to the needs and interests of the groups and to support engagement. Feedback included: "Kazzum has helped with group cohesion and social skills. Particularly among neurodiverse students. It was a really nice end of week experience for the students to go into the weekend." Head of the Pupil Referral Unit (PRU) inclusion unit" The project continues to over-perform against its targets.

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
Osmani Trust / Schools and Community Resilience Programme	01/10/2019 31/10/2023	£146,817	This project: 1. transforms and changes the attitudes and behaviour of secondary school children; improving their confidence, critical thinking skills and emotional intelligence. 2. delivers a peer programme engaging young people as ambassadors to their peers, changes attitude, promotes understanding, increase community cohesion, and ultimately empowers young people.	No outcome measurements provided this quarter. However, the project has delivered sufficient lifetime outcomes to date. The project concluded group workshops at Langdon Park and Oaklands School. It is currently working with young people aged 14 to 16 at Harpley PRU.	GREEN The project delivered a three day away weekend for the community action participants to reflect on some of their memories together and the work done to rebuild trust and cohesiveness in the community. Monitoring demonstrates work completed to meet funded outcomes.
Streets of Growth / Young Influencers Programme	01/10/2019 31/10/2023	£105,415	The programme is an innovative, impactful initiative led by and for young people (15-19 years) to enable them to build skills and capacity to feel safe, confident, and responsible when demonstrating the community safety and positive change they want to see in their neighbourhoods.	<ul style="list-style-type: none"> 115 young people by March 2023 have remained engaged with the project, sharing ideas, supporting each other to maintain positive lifestyles. 100% have made significant progression and made the move away from harm and unsafe relationships. 	GREEN The organisation continued to work with 80 vulnerable and at risk young people from Central Foundation and St Pauls Schools last quarter. 74 are engaged in the project and have had a needs assessment and 1:1 dedicated transitional coaching and mentoring support. 25 of them have become active as young influencers, with all became involved in the planning and implementation of four social action initiatives. The project continues to overachieve against project targets.

Scheme:	5B – Improving the perception of young people in the community
Priorities:	1. Improving the perception of young people in the community
Outcomes:	1. Children and young people are, and are seen to be, a positive part of the community 2. Increased community cohesion and sense of belonging 3. Residents, especially older people, people feel less wary of children and young people

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
Four Corners Ltd / Into Focus photography project	01/10/2019 31/10/2023	£67,718	Into Focus offers an intergenerational photography project for 24 people each year (12 young people aged 14-25 years and 12 over-50s). Groups will create work for a final exhibition, focusing on social perceptions and misconceptions between older and younger people to promote positive attitudes and increasing mutual understanding.	<p>Feedback from one beneficiary was as follows:</p> <p>“It was amazing to do this course. It was over 40 years since I’d done this as a student. I loved the fact that the group was made up of different age groups”.</p> <ul style="list-style-type: none"> 80% of participants and gallery exhibition attendees can name at least two issues commonly faced by young people today. 80% of participants and gallery exhibition attendees can name at least two issues commonly faced by older people today. 	<p>GREEN</p> <p>Eleven participants (five under 25’s and six over 50’s) continued to take part in Project 7, resulting in their exhibition in May 2023. Over 130 visitors attended, with 73 gallery visitors’ questionnaires completed. Project 8 started in June with seven under 25s and six over 50s taking part. Three workshops were held this quarter, including a local photo walk and two darkroom workshops.</p> <p>The project’s performance exceeds its targets.</p>
Leaders in Community / Project Connect	01/10/2019 31/10/2023	£79,790	A group of young people recruited by LiC collaborate with older people to design a programme of activities and celebrations, which enable long-term social connections to be made, and ideas and points of view to be	<ul style="list-style-type: none"> 85% of project participants reported feeling more positive about their community and an increased sense of belonging. 85% of older and young participants report they have formed more positive social 	<p>GREEN</p> <p>The project has provided weekly exercise sessions and coffee mornings. Planned opportunities were provided for the two generations to exchange stories, experiences and perspectives, resulting in participants fostering more mutual respect and understanding.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
			exchanged. The outcomes of the activities are shared with the wider community.	connections with other people across their local area through the project.	The project continues to achieve and work towards funded outcomes.

Scheme:	5C - Services for people affected by domestic violence or other unsafe circumstances
Priorities:	1. Services for people affected by domestic violence
Outcomes:	1. More residents, particularly families and young people, are aware of the different forms that domestic violence and sexual abuse (DVSA) can take, know how to report it, and where to access support. 2. Young victims and witnesses of Domestic Violence & Sexual Assault (DVSA) are supported to recognise and report it.

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
Hestia Housing and Support / Families Safe and Secure in Tower Hamlets	01/10/2019 31/10/2023	£94,325	This project supports families who have experienced Domestic Violence Survivor Assessment (DVSA) and who are living in a local refuge to address the trauma they have faced and to learn about what a healthy relationship looks like. It also raises awareness amongst the Tower Hamlets community of DVSA and how to report it.	<ul style="list-style-type: none"> 65 residents report improved awareness of the different forms that DVSA can take. 100% of attendees say that their understanding of DVSA has improved. 100% of attendees of coffee morning sessions accessed the freedom programme. 100% of children living in the refuge demonstrated improved levels of self-confidence, having participated in project activities 	<p>GREEN</p> <p>The project held nine community events this quarter, resulting in 144 attendances. These included six educational coffee morning sessions. Nour, a partner organisation for the project, also ran stalls at three community events.</p> <p>The children attended a range of activities, including drama, gardening workshops, guided science experiments, arts and crafts.</p> <p>The project continues to demonstrate additional value and positive outcomes, exceeding grant expectations.</p>

Fund:	Infrastructure and Capacity Building Support
Priorities:	<ol style="list-style-type: none"> 1. Skills exchange and accessible training 2. Making organisations ready to respond to new funding opportunities 3. Fundraising support for smaller, volunteer led organisations without staff 4. Developing quality assurance 5. Managing assets for community benefit 6. Developing resilience and supporting organisations through periods of transition
Outcomes:	<ol style="list-style-type: none"> 1. Broader pool of organisations accessing public service funding 2. Increased proportion of organisations achieving recognised quality assurance standards 3. VCS more resilient with more sustainable funding base 4. Organisations supporting each other

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
Tower Hamlets Council for Voluntary Services (THCVS) / Infrastructure and Capacity Building Project	01/10/2019 31/10/2023	£1,040,000	<p>THVCS Infrastructure Partnership brings together the main Voluntary and Community Sector (VCS) infrastructure support agencies in Tower Hamlets to increase the range and number of VCS organisations that are well-run, resilient and sustainable; and to strengthen the VCS as a key Public Sector Strategic Delivery Partner in Tower Hamlets.</p> <p>Partner: Tower Hamlets Council for Voluntary Service Volunteer Centre Tower Hamlets.</p>	<ul style="list-style-type: none"> • Number of VCS organisations supported – 62 • Number of volunteer managers being trained – 23 • Number of VCS organisations with improved volunteering practices – 10 • Number of VCS organisations advertised their volunteering roles through the Volunteering Hub - 42 • Number of volunteering roles advertised on behalf of VCS organisations on the Hub - 81 	<p>GREEN</p> <p>Project hosted 32 events in the quarter, involving a total of 407 participants. These events included:</p> <ul style="list-style-type: none"> • Mayor's Community Grant Programme support and co-production initiatives • Health and Wellbeing Forum meeting • dedicated engagement event with organisations from the culture, arts, nature, environment, and heritage sectors to discern their current needs.

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Apr 23 – Jun 23	RAG Rating / Comments
				<ul style="list-style-type: none"> Number of new registrations on the Volunteering Hub - 209. 	<p>Volunteering training courses delivered included:</p> <ul style="list-style-type: none"> <i>Measuring the Difference your Volunteer Programme Makes</i> <i>Developing your Volunteer Policy</i> peer learning session on <i>The Vision for Volunteering</i> <p>The partnership project is making good progress against its KPIs.</p>