

Theme / Scheme	1- Inclusion, Health & Wellbeing 1A - Children, Young People & Families
Priorities:	<ol style="list-style-type: none"> 1. Increase access to Youth Services 2. Provision of Early Help support to families 3. Support for young carers
Outcomes:	<ol style="list-style-type: none"> 1. Children and young people, in particularly girls and young women: <ol style="list-style-type: none"> a. have more confidence in themselves; b. are more resilient, and c. are able to, and do, access a range of spaces, activities and social opportunities across Tower Hamlets. 2. Girls and young women feel included, are able to participate in any service, and are more likely to train to become youth leaders and/or develop their own initiatives. 3. Children and young people who may feel excluded from participating in mainstream services and activities (e.g from minority groups, who are disabled, who are LGBTQI, or who are carers for others) can participate in a range of activities and experiences. 4. Children, young people and their families are listened to and their input is considered and included in decision making. 5. Young carers are supported and included; their needs and concerns are understood and are taken into account at local and strategic levels. 6. Children under 5 grow up in positive family environments and are supported to thrive.

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Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
Canaan Project / Canaan Project - Isle of Dogs	01/10/2019 31/10/2023	£117,641	Canaan Project provides activities for young women aged 11-19 on the Isle of Dogs. Working with George Green’s school and Café Forever. Activities include cooking, craft, sports, and inspirational workshops at its weekly lunch and after school clubs, as well as opportunities to join in regular trips.	Overall, in one or more dimension: <ul style="list-style-type: none"> • 32 young women demonstrated increased confidence, (self-talk, assertive decision-making, ability to vocalise strengths and weaknesses in a healthy way, self-care). • 15 young women demonstrated an increased knowledge of how to build and maintain positive relationships. • 32 young women demonstrated increased development of hopes and aspirations. 	GREEN The project worked with 186 different young women this quarter. In January the project launched a new girl’s lunch clubs in St Pauls Way Trust School in partnership with East London Tabernacle. It introduced girls’ football at Canary Wharf College. Alongside regular activities the project ran two trips for 30 young women during this quarter. The project demonstrates continued progress in achievements towards expected KPIs

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Half Moon Young People's Theatre / Professional Theatre and Inclusive Participatory Drama for Young People	01/10/2019 31/10/2023	£156,037	Professional theatre shows and inclusive participatory drama opportunities for and with young people that informs, challenges, and shapes their artistic potential. The activity is for children and young people from 0-18 (or 25 for disabled young people) from all backgrounds and abilities from across Tower Hamlets, providing free access support to anyone who needs it.	<p>The three youngest groups do not return for the summer term, so they completed their impact measurement forms at the end of March.</p> <ul style="list-style-type: none"> To begin with 78% said they 'definitely' felt confident about starting Youth Theatre, but at the end 100% felt confident about being in Youth Theatre. Initially 15% participants said they felt unsure about making friends at Youth Theatre, and 21% felt unconfident about talking to people that didn't know, at the end 93% said they have made new friends at Youth Theatre. 	<p>GREEN</p> <p>This quarter involved 190 Youth Theatres members, 59 of whom are disabled or have additional needs. 83% of them attended at least 80% of the sessions.</p> <p>From January to March, the project also worked with John Smith and Meath Gardens Children and Family Centres providing creative play. Sessions were well-attended and enjoyed by all, with positive feedback from families.</p> <p>The project demonstrates continued progress in achievements towards expected KPIs.</p>
Look Ahead Care and Support / Domestic Abuse Children's Worker	01/10/2019 31/10/2023	£165,463	A specialist Domestic Abuse Children's Worker to support children who are vulnerable due to early exposure to domestic abuse. Providing emotional support through age-appropriate engagement, e.g., play, to address challenges faced by children living at organisation's LBTH Domestic Abuse Service and in the community.	<p>In house Therapy is offered for the women supported by the project. Two Play Therapists support the children.</p> <p>Staff have observed the supported children look happier, engaged, and feel safe and comfortable in their surrounding with a routine in place. They are also interacting with different members of staff and forming a good bond and trust.</p>	<p>GREEN</p> <p>The worker supported families with school applications, school uniform applications and arranges a school visit before child starts school.</p> <p>A new family has been introduced. The project organised an event for International Women's Day that included activities for both the children and women.</p>

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					The project demonstrates continued achievements in progress towards most expected KPIs and funded outcomes.
Newark Youth London / Girls in Action	01/10/2019 31/10/2023	£82,406	Project aims to increase access to regular youth services by girls and young women, so that they develop their confidence and life skills; make them resilient and enable them to participate in a six month social action project and other learning opportunities in order that they can develop their leadership, communication, and organisational skills.	<p>Increase in girls and young women accessing youth services and activities, with:</p> <ul style="list-style-type: none"> • 13 new participants registering for the project during the quarter and 65% of all participants attending each session. • 20 participants delivered social action projects for others, increasing their leadership skills and setting up their own initiatives. • 11 participants increased their accredited qualifications by achieving an Award Scheme Development and Accreditation Network (ASDAN) Leadership course. 	<p>GREEN</p> <p>Project delivered 13 weekly sessions from Hailebury Youth Hub to 20 active participants. During this quarter the focus was on delivery of social action projects focusing on the cost-of-living crisis. The project participants were involved in organising two foodbank days, one on the Isle of Dogs, in partnership with Docklands Community Initiative and Just Smiles, and the other in Stepney, in partnership with Redcoat Community Centre and Just Smiles.</p> <p>The project demonstrates continued progress in achievements towards expected KPIs.</p>
Osmani Trust / Family Mentoring Project (FMP) Early Help	01/10/2019 31/10/2023	£147,000	Project aims to provide through family mentoring a range of Early Help support to children, young people and their families to help them overcome their immediate challenges and meet their needs in order for	<p>Outcomes reported for the eight families actively engaging with the project included:</p> <ul style="list-style-type: none"> • 100% of parents reporting a better understanding of their children/young person. 	<p>GREEN</p> <p>In this period 11 families were referred to the project by social services, school social workers, clinical therapists. Out of the 11 families, eight of them actively engaged with the project.</p>

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			them to thrive in healthy and safe families.	<ul style="list-style-type: none"> • four parents felt more confident with exploring different strategies for dealing with behaviour issues. • eight parents felt they were more confident in dealing with parenting issues as well as knowing where to go for further help. 	<p>Regular weekly mentoring sessions took place for both parents and young people. The total number of young people who had mentoring was 10.</p> <p>The project demonstrates continued progress in achievements towards expected KPIs.</p>
St Hilda's East Community Centre / St. Hilda's Girls Driven Project	01/10/2019 31/10/2023	£67,228	St. Hilda's Girls Driven Project is an inspirational initiative designed to support, inspire, drive girls and young women to reach their full potential and realise their authentic ambitious life goals. It enhances project beneficiaries' core skills, confidence, grit, motivation, and equality.	<p>Staff report weekly sessions have enabled the girls to build confidence and resilience around each other and to build a healthy and strong relationship as a group. The girls feel safe enough to discuss issues and problems with their peers and provide support and help where needed.</p> <ul style="list-style-type: none"> • five participants reported an increase in confidence • five girls and young women have developed skills through activities and workshops to be a support system for others • Participants were involved in an intergenerational activity. 	<p>GREEN</p> <p>In this period the project worked with St Margaret's House on a theatre project whereby the girls have been creating a play to showcase at St Hilda's. They took part in workshops led by expert facilitators that will result in a performance in May.</p> <p>Other activities included an intergenerational International Women's Day event resulting in over 80 participants, including older Tower Hamlets residents and young girls.</p> <p>The project demonstrates continued progress in achievements towards expected KPIs.</p>

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Stifford Centre Limited / Stifford Young Girl's Project	01/10/2019 31/10/2023	£59,470	The Project runs a Young Girl's Club that offers disadvantaged young girls a safe space in which they can socialise, participate in a range of activities that encourage their wellbeing, improve confidence and learn skills that are useful for their future development.	10 girls participated with 100% participants reporting they feel less isolated and happier because of accessing the activities.	GREEN This quarter the girls project ran healthy workshops. 10 girls participated. The project demonstrates continued progress in achievements towards expected KPIs.
The Yard Theatre Ltd / Tower Hamlets Teens	01/10/2019 31/10/2023	£150,729	Free, fortnightly youth leadership workshops, weekly drama workshops, summer masterclasses, and schools' performances for Tower Hamlets teenagers. Delivered at Tower Hamlets assets, Hub67, The Yard, and local schools, it increases access to youth services, improves participants' health and wellbeing through cultural activities, and supports community cohesion through public events.	In this second term of the academic year, the project began a second round of bench marking with participants. When asked to respond to the prompt 'I feel well', the average score was 7.9 in agreement (an increase of 4% from the last quarter) and in response to 'I feel purposeful in everyday life', an average score of 7.8 (an increase of 7% from the last quarter). The five young people supported with employment last year are still in work.	GREEN Yard Youth experimented with a new structure this quarter, working in three session modules exploring different forms of theatre-making, inviting a guest artist who specialises in the form for each module. Feedback has been positive from participants and facilitators. Co-production activities has resulted in drawing up plans for a new theatre programme for 15 - 19-year-olds called The Playground. The project demonstrates continued progress in achievements towards expected KPIs.

Scheme:	1B – Older People
Priorities:	<ol style="list-style-type: none"> 1. Ageing well and reducing social isolation 2. Provision of physical and health-promotion activities for older people
Outcomes:	<ol style="list-style-type: none"> 1. Reduced isolation and loneliness among older isolated adults, particularly those who are housebound, and those facing additional challenges (e.g dementia, disability, limited English); 2. Older people are able to continue making a positive contribution to their communities; 3. Older people feel more included and integrated in their communities and are able to mix with people of different ages and from different backgrounds to increase the sharing of skills, experience and knowledge both amongst older people, and between different generations; 4. People living with dementia are supported to participate as much as, and as long as possible. Carers of people living with dementia are supported.

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Age UK East London / Caxton Hall, a dynamic activity centre led by older people for the whole community.	01/10/2019 31/10/2023	£301,105	Caxton Hall is a dynamic activity centre led by older people. It involves a café, opportunities to meet neighbours and connect to other people, both young and old, in the community.	<ul style="list-style-type: none"> • Number of new older people accessing services at Caxton Hall - 25 • Number of older people contributing to running the Hub Café – 7 • Number of older people feel more included and integrated as a result of participating in a community cohesion project – 31. 	<p>GREEN In February 2023 Age UK and the council agreed a lease for its premises.</p> <p>The project is on track to achieve the desired outcomes.</p>
Age UK East London / Friend at Home	01/10/2019 31/10/2023	£257,677	Matching housebound older people who would like a bit more company at home with volunteers who would like to share an enjoyable hour or two of conversation and company with them.	<ul style="list-style-type: none"> • Number of isolated, housebound older people are matched with a Friend at Home and receive weekly one-hour visits – 14 • Project maintaining 80 matches between beneficiaries and volunteers 	<p>GREEN The project is on track to achieve the desired outcomes.</p>

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				<ul style="list-style-type: none"> 100% of isolated, housebound older people reported an increase or stabilisation of their well-being, as measured by the Warwick-Edinburgh Mental Wellbeing Scale. 	
Community of Refugees from Vietnam - East London / Vietnamese and Chinese Lunch and Social Club	01/10/2019 31/10/2023	£133,639	The Vietnamese and Chinese Lunch and Social Club project provides healthy lunches and social and health promotion activities for people aged over 50, from the Vietnamese and Chinese community in Tower Hamlets.	<ul style="list-style-type: none"> Number of older people participating in diet & healthy cooking habits sessions - 15 Number of people supported to reduce isolation who live on their own or are housebound - 4 Number of social and wellbeing activities held at the centre & online – 49. 	<p>GREEN Activities delivered this quarter include healthy eating sessions, Tai Chi exercise, indoor games and meditation classes.</p> <p>The project is on track to achieve the desired outcomes.</p>
East London Out Project / Tower Hamlets LGBT Support	01/10/2019 31/10/2023	£112,771	LGBT Community Support to enhance peer networks, lessen isolation and provide mental health crisis prevention support. Two facilitated social support groups, for older people, people with mental health needs or other disabilities, Individual mental health crisis prevention support provided. LGBT training	<ul style="list-style-type: none"> Number of LGBT people over 50 accessing new social activity per year and reporting on increased social connections, increased social activity and feeling less lonely – 10 Number of disabled LGBT people or those experiencing mental health concerns attend either group or individual support per year and report better life satisfaction and better quality of life three months after start of service – 40 	<p>GREEN Overall the project is progressing well. The project regularly promotes the groups and the opportunity for training. It has delivered one-to-one work support both in person and remotely.</p> <p>The project has supported 22 new people during this quarter.</p> <p>The project is on track to achieve the desired outcomes.</p>

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			available to other organisations.	<ul style="list-style-type: none"> Number of training sessions delivered to organisations – 3. 	
St Hilda's East Community Centre / Older People's 'Feeling Good!' Wellbeing Project	01/10/2019 31/10/2023	£122,500	'Feeling Good!' wellbeing project is based in Weavers Ward and open to older people from throughout the borough, Monday-Friday. It provides nutritious lunches and invigorating opportunities - from indoor sport, IT learning, singing, art, intergenerational activities with schoolchildren, outings and quizzes.	<ul style="list-style-type: none"> Number of older people attending the varied 'Feeling Good!' activities programme – 40 Number of people reported that they felt less isolated and lonely -34 Number of people reported an improvement in their health & wellbeing – 10. 	<p>GREEN</p> <p>The Sadler's Wells partnership group performed at St Hilda's International Women's Day event, as well as at Sadler's Wells Theatre at their 'Get Into Dance' festival. Staff reported it was amazing to see how much the group have bonded and grown in confidence since starting the project, performing in front of a large audience.</p> <p>The Project is on track to achieve the desired outcomes.</p>
Tower Hamlets Friends and Neighbours (THFN)/ Older Peoples Befriending Project	01/10/2019 31/10/2023	£204,167	THFN provides befriending and advocacy services to older people in the borough. Its team of befriender advocates provides regular one to one support to people in their own homes, assists with making appointments and helps in accessing services. It also organises small group outings locally.	<ul style="list-style-type: none"> Number of isolated older adults are visited by a befriender advocate on a fortnightly basis – 15 Number of older adults with dementia are visited on a regular basis by a Befriender Advocate who is a Dementia Champion –15. Number of older people taking up volunteering opportunities to provide support to other older people - 2 	<p>GREEN</p> <p>Progress towards all targets is going well. This is generally a quiet period as weather restrictions prevent outings. However, clients are still escorted to dementia related activities. The focus is thus on activities that can be undertaken at home with the client, that help stimulate the brain. During this period, THFN distributed over 200 gift packs as many clients live alone and spent Christmas without company.</p>

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					<p>The project find this gives a boost to the beneficiaries’ mental health.</p> <p>The Project is on track to achieve the desired outcomes.</p>
Toynbee Hall / The Wellbeing Centre at Toynbee Hall	01/10/2019 31/10/2023	£169,107	This project offers holistic relational support to older people aged 50+ in Tower Hamlets. It aims to make Toynbee Hall’s existing provision at its Wellbeing Centre more inclusive and responsive to needs and to build stronger networks of information sharing and peer-support between users and those not accessing services.	<ul style="list-style-type: none"> • Number of individuals (older people) attending health promotion sessions at the Wellbeing Centre – 34 (with 274 attendances). • Number of social activities delivered – 54 sessions (with 487 attendances) • Number of user-led activities held at the Wellbeing Centre – 42 (with 299 attendances). 	<p>GREEN</p> <p>The project is progressing well and is exceeding the targets in the areas of health promotion activity, user led activity and social activity.</p> <p>The project is on track to achieve the desired outcomes.</p>

Scheme:	1C – Access, Information and Self-Management
Priorities:	1. Residents better informed/equipped to manage health conditions
Outcomes:	1. Residents of all ages are better informed/equipped to manage health conditions 2. Increased awareness of and access to local services, including crisis support 3. Residents and their families are aware of the benefits of healthy eating and eat more healthily

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Globe Community Project / Take Back Your Life	01/10/2019 31/10/2023	£114,526	A mindfulness-based pain management programme, addressing chronic pain/illness, related social isolation and inactivity delivered by experienced, fully accredited Breathworks trainers.	<ul style="list-style-type: none"> Number of people per quarter report increased knowledge, awareness and confidence to self-manage health condition (through mindfulness, nutrition and exercise) – 8 Number of people per quarter report increase in levels of pain self-efficacy after five week course - 6 Number of people per quarter report decrease in levels of pain catastrophising after five week course - 8. 	<p>GREEN</p> <p>The project has delivered well against the KPIs for this quarter.</p> <p>The project is on track to achieve the desired outcomes.</p>
Real DPO Ltd / Taking Control of Your Life (TCOYL)	01/04/2020 31/10/2023	£255,166	The Taking Control of Your Life project delivers creative planning support alongside a user-led co-production group, harnessing the views of people with lived experience of disability. This project maximises independence, supporting people to make decisions on how they want to	<ul style="list-style-type: none"> Number of action plans produced – 15 90% of clients reported they felt more independent and had a better quality of service 80% reported the new services accessed had a positive effect on their life. <p>The project supports clients through providing high level of support and in-depth time with them to make information accessible. It provides home visits and</p>	<p>RED</p> <p>(For Jan-Mar 2023. Project is currently classified as Red due to premises issue)</p> <p>The project has received positive feedback from beneficiaries.</p>

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			fulfil their ambitions and also help “change the system”.	follows up with hard-to-reach clients who have differing levels of engagement.	The project is on track to achieve the desired outcomes.

Scheme:	1D – Healthy living and healthy choices
Priorities:	<ol style="list-style-type: none"> 1. Residents better informed to make healthier choices 2. Increased engagement in physical activity
Outcomes:	<ol style="list-style-type: none"> 1. Increased participation in a wide range of culture, play, physical activity, leisure and sport that are inclusive of age, gender, disability, race and mobility 2. More social opportunities for reducing isolation through participation in culture, play physical activity and sport. 3. Increased participation from marginalised groups 4. Creating opportunities for intergenerational relationships, shared experience through culture, play, physical activity, leisure and sport for all above

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London Tigers / Exercise for health: BAME women, children and young people	01/10/2019 31/10/2023	£174,522	Exercise for health project delivers a series of sports, physical activities and health-related workshops for women, young people and children to make positive choices about their health and wellbeing. It provides pathways to stay involved, excel in sports, and develop healthier habits for life.	<ul style="list-style-type: none"> • % of Black, Asian and Multi-Ethnic communities’ children and young people attending project’s sport and physical activities, including health workshops, report improved health and wellbeing - 95% • % of Black, Asian and Multi-Ethnic communities’ women attending project’s sport and physical activities report improved health and wellbeing – 92% • % of Black, Asian and Multi-Ethnic communities’ women per year attending the varied sports and physical activities through the project report feeling less isolated and less lonely – 82%. 	<p>GREEN</p> <p>The project has delivered in-person activities on a weekly basis this quarter, with additional online sessions.</p> <p>The key highlight of this quarter was celebrating International Women's Day where the women participating in the project were recognised for the efforts they made to participate in the workout classes and other events.</p> <p>The project is on track to achieve the desired outcomes.</p>

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MUDCHUTE ASSOCIATION / Playing out at Mudchute	01/10/2019 31/10/2023	£81,667	Mudchute’s unique natural facilities provide a range of freely chosen play opportunities in a safe, stimulating environment. Enabling children access to participate in freely chosen, innovative leisure and sporting activities will promote; exercise, healthy eating, social and life skills through the process of ‘Learning through Play’.	<ul style="list-style-type: none"> • Consistent play leisure opportunities for children and young people – 85 hours of play provision delivered this quarter, attracting approximately 1,900 people • Number of children who do not usually interact in social events outside of school or home will participate in the project each year - 25 • Number of participants from those who do not usually take part in social events, Black, Asian & Multi-Ethnic community groups, those with additional needs and girls / women – 50. 	<p>GREEN</p> <p>The project has continued to be extremely popular and very well attended throughout the winter months, despite some very cold and often extremely wet weather. February was an extremely busy month as the project ran a half term play scheme that attracted hundreds of participants each day.</p> <p>Staff have noticed recently how very many neurodivergent children are attending and particularly at half term.</p> <p>The project is on track to achieve the desired outcomes.</p>
Newark Youth London / Healthy-Active-Together (HeAT)	01/10/2019 31/10/2023	£114,799	The Healthy-Active-Together (HeAT) project offers a wide range of sports and physical activities across the borough with the objective of engaging inactive young people (10 to 25) and their families in regular sports and physical activities to improve health and wellbeing and	<ul style="list-style-type: none"> • The Project has worked with 150 children, young people and adults this quarter, with 25 participants registering on the project for the first time • Number of participants report improved health and wellbeing - 25 	<p>GREEN</p> <p>In this quarter the project delivered eight separate sessions from five different locations in the borough. In total the project delivered 64 sports and fitness sessions. Due to exams taking place in St. Pauls Way School Sports Hall and Ramadan 2023, the project had to cancel some of the sessions towards the end of March as majority of the participants were</p>

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			reduce isolation and exclusion.	<ul style="list-style-type: none"> Number of participants report less isolation after enrolling onto the project – 11. 	<p>fasting and did not want to engage in sports and physical activities.</p> <p>The project is on track to achieve the desired outcomes.</p>
Stifford Centre Limited / Healthy Lifestyle Partnership Programme	01/10/2019 31/10/2023	£326,778	A free membership health club with over 20 different classes and groups per week, delivered by a consortium of VCS organisations. The Health Club is suitable for all ages and participants design the activity program alongside providers.	<ul style="list-style-type: none"> Number of people become members per annum – 108 this quarter 90% of members reported higher levels of wellbeing after six weeks of membership 90% of members have reported improved health and wellbeing through adopting a healthier diet 88% of members report having a better understanding of maintaining a healthy lifestyle. 	<p>GREEN</p> <p>The health partnership project has delivered a wide array of health and wellbeing activities, including yoga, aerobics, speed climbing, kayaking, volunteering on the farm and health information workshops in the quarter.</p> <p>The project is on track to achieve the desired outcomes.</p>
The Bangladesh Youth Movement (BYM) / Live Healthy Enjoy Life [the Female Health & Development Project]	01/10/2019 31/10/2023	£87,963	‘Live Healthy, Enjoy Life’ will operate from BYM’s Women’s Centre providing proactive and responsive health development activities which ensure excluded women from Black, Asian & Multi-Ethnic communities and refugee women develop healthy lives	<ul style="list-style-type: none"> Black, Asian and Multi-Ethnic community women to access health support activities – 41 Number of Black, Asian and Multi-Ethnic community /Bangladeshi women raising their awareness to a range of health issues appropriate to leading healthier lives – 41 	<p>GREEN</p> <p>The project is progressing well. It has delivered a wide variety of health and wellbeing sessions that are accessible and tailored for women from Black, Asian and Multi-Ethnic communities. Project participants’ have demonstrated increased personal and social development during this period.</p>

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			and manage their own physical and mental health; peer volunteer befriending and development of social networks alleviate isolation and facilitate inclusion.	<ul style="list-style-type: none"> • Numbers of women accessing the women’s forum – 6. 	The project is on track to achieve the desired outcomes.
The Royal Society for Blind Children / Live Active, Live Well Tower Hamlets	01/10/2019 31/10/2023	£74,040	Live Active, Live Well Tower Hamlets will enable 60 blind and partially sighted young people aged 8-25 to gain the confidence and motivation to participate in physical activities and inform their ability to make healthier choices.	<ul style="list-style-type: none"> • Number of participants report improvements in their self-confidence and resilience – 4 • Number of participants report that their health has improved - 3 • Number of sessions delivered in the borough – 3. 	<p>GREEN</p> <p>In this quarter two new young people enrolled onto the project, which delivered three sessions in the borough. The project continued to carry out regular one-to-one calls with young people, ensuring they are receiving the support they need. It also built on its links within the borough through increased engagement work with Children and Family Centres as well as consultations with young people.</p> <p>The project is on track to achieve the desired outcomes.</p>

Scheme	1E – Improved inclusion, health and well-being outcomes for disabled people and people experiencing mental health issues
Priorities:	<ol style="list-style-type: none"> 1. Improved health outcomes for disabled people 2. People experiencing mental health issues are better supported
Outcomes:	<ol style="list-style-type: none"> 1. More mainstream services are culturally inclusive, welcoming and accessible for disabled people and people experiencing mental health issues from different ethnic backgrounds, different faith backgrounds, and who are LGBTQI 2. Adults with complex needs (i.e who have multiple issues affecting their lives) have better health outcomes 3. Disabled people and people experiencing mental health issues; <ol style="list-style-type: none"> a) are more independent b) are more aware of and more likely to participate in local services c) have a better quality of life 4. People experiencing mental health issues have improved knowledge of where to access support, including peer support, social activities, and activities that build confidence and develop resilience

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deafPLUS / Improving Health and Wellbeing for Deaf and Hard of Hearing people in Tower Hamlets	01/10/2019 31/10/2023	£184,624	A borough wide health and wellbeing project that addresses health inequalities, loneliness and isolation, mental health issues and barriers to employment, lack of confidence and self-esteem by bringing deaf and hard of hearing people together across communities.	<p>Feedback from participants has been positive and demonstrated movement in line with funded outcomes.</p> <ul style="list-style-type: none"> • 10 service users reported an improvement in their feelings of isolation when accessing events. • two families accessed the various half term and school holiday activities. • 10 clients reported a positive increase in their health and wellbeing. 	<p>GREEN</p> <p>11 activities delivered to deaf and hard of hearing people in Tower Hamlets. This quarter the organisation provided its Face Yoga course, three events - one of which targeted families with younger children - and Thursday afternoon Wellbeing sessions that included “What is exercise?” “Breast Cancer Awareness”, “Heart Disease Prevention” and “Weight and Obesity”. The project also delivered a deaf awareness course to Better - a sport and leisure group.</p> <p>The project demonstrates continued progress in achievements towards expected KPIs.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
ICM Foundation CIC / CORE Projects Get Active Newspaper - Promoting Healthy and Active Lifestyles	01/10/2019 31/10/2023	£53,611	People with learning disabilities aged 18+ from Tower Hamlets work in partnership with ICM Foundation. Three times each year they design and deliver 5,000 accessible newspapers on the theme of health and wellbeing, distributed to communities that reflects the borough's diversity.	<p>The spring edition of the newspaper was printed at the end of March and has been distributed. The group are currently working on the summer edition.</p> <ul style="list-style-type: none"> • 100% of the newspaper group report they feel more confident and less socially isolated. • Overall, for all activities, 98% of participants report feeling more informed. 	<p>GREEN</p> <p>The project is continuing co-production activities, including reviewing feedback from other organisations about the videos included in the spring edition of the newspaper and whether people have found them useful, alongside the articles in the newspaper. It will use this information to develop the digital aspect of the newspaper.</p> <p>The project demonstrates continued achievements towards expected KPIs.</p>
Woman's Trust / Therapeutic Support Groups for Women Affected by Domestic Abuse	01/10/2019 31/10/2023	£78,724	Therapeutic Support Groups providing a safe, moderated space for female survivors of domestic abuse to share experiences and support each other. Groups help women recover their mental health by reducing isolation, learning from shared experiences, being empowered by supporting others and thereby gaining confidence and independence.	<p>80% of the five participants completing questionnaires reported improvements in stress and anxiety levels.</p> <p>One woman said: "I feel more confident, less alone, more able to talk about things, not as sad." One woman said: "Having someone else to talk to and not feeling so alone was really positive for me." Another said: "Sharing my feelings and thoughts with others that are like me was so helpful."</p>	<p>GREEN</p> <p>Three groups completed their sessions this quarter and a new group was started, helping existing women that would benefit from ongoing support. Other reported positive impacts of the provision include participants taking up new career pathways and significant increases in confidence levels</p> <p>The project demonstrates continued progress in achievements towards expected KPIs.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
Working Well Trust / Upskill	01/10/2019 31/10/2023	£442,981	Improve the wellbeing of people with lived experience of mental health by supporting them to achieve their goals by accessing new opportunities and including support from their peers, enabling to reconnect with the local community.	<ul style="list-style-type: none"> • Number of residents with mental health support needs accessing one to one support per quarter – 47 • Number of over 50s residents with mental health support needs offered access to peer support, following initial engagement with Upskill- 23 • Number of over 50s residents with mental health support needs to access one to one support towards achieving short term goals – 14. 	<p>GREEN</p> <p>This quarter has seen continued increase in beneficiary engagements with Upskill. Upskill have also continued with partnerships in the community, including Age UK, supporting over 50s back into various opportunities and activities, including volunteering in their local area. Referrals have also continued across a range of organisations, both primary and secondary care organisations and other voluntary partners.</p> <p>The project is on track to achieve the desired outcomes.</p>

Theme / Scheme:	2 – Digital Inclusion and Awareness 2A – ICT Skills and Digital Careers
Priorities:	<ol style="list-style-type: none"> 1. Access to ICT support and training for older people 2. Digital skill development for children and young people <ol style="list-style-type: none"> a) Increase awareness of careers in the digital sector, and b) Provide children and young people with the opportunity to develop the skills for the digital sector.
Outcomes:	<ol style="list-style-type: none"> 1. Residents with limited digital/ICT skills, particularly older residents, disabled residents, those with English as a second language or other barriers to digital inclusion: <ol style="list-style-type: none"> a) Have increased confidence in using ICT, especially around security; b) Are able to use digital methods to access services, find information, and communicate with others, and do so more regularly; c) Have increased digital skills. 2. Working age residents have greater awareness of digital careers, have increased digital skills, and have increased access to work and work placements in the digital sector

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
Limehouse Project / DigiTIES	01/10/2019 31/10/2023	£72,680	The aim of DigiTIES workshops is to prevent digital exclusion in older adults in order to prevent social isolation and increase their ability to access online health related support. The content of the workshop includes how to use social media, managing email accounts, and accessing online health related support services.	<ul style="list-style-type: none"> • Number of older people have learned to use at least three ICT platforms – 8 • Number of older people made new friends and learned how to use communication platforms, such as Skype and WhatsApp - 8 • Number of older people have learned to use a search engine to find health information on NHS websites - 8 	<p>GREEN</p> <p>The project continues to develop co-production partnerships to provide supplementary support to its beneficiaries, enabling them to get on-line support during the cost of living crisis. In January 2023 it secured 16 refurbished smartphones from the Good Thing Foundation for socially excluded beneficiaries, including data bundles of 40GB data and free calls and texts for six months.</p> <p>The project is on track to achieve the funded outcomes.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
Newham New Deal Partnership / @online club network Tower Hamlets	01/10/2019 31/10/2023	£79,707	@online club network will build the confidence of older residents (over 50s) to go online using tablet devices, learning in small friendly groups, through taster sessions and eight-week or longer programmes of practical activities based on the needs and interests of participants.	<ul style="list-style-type: none"> • Number of older residents’ report increased confidence going on-line – 5 • Number of older residents report able to go online to do more things – 6 • Feedback sessions with hosting/referral organisation – 1. 	<p>GREEN</p> <p>Project commenced a new programme at St Hilda’s East Community Centre on Thursday afternoons.</p> <p>Organisation has been successful in securing external funding for follow-up lifeskills training for residents who may have participated in the project.</p> <p>The project is on track to achieve the funded outcomes.</p>
Wapping Bangladesh Association / Digital First	01/10/2019 31/10/2023	£19,254	Digital First engages socially isolated older adults from Black, Asian & Multi-Ethnic communities aged 55+, but not exclusively, living in Wapping and Shadwell, who are not computer literate and are digitally excluded. The Project delivers ICT and internet training that will help older adults to cope with facing key life transitions or challenges.	<ul style="list-style-type: none"> • Number of older adults develop a better understanding and appreciation of the potential benefits of learning to use computers and how to navigate around the internet – 11 • Number of older adults report increase social contacts and community involvement as a result of accessing the project – 9 • Number of older adults on the project report being able to use 	<p>GREEN</p> <p>The project has delivered seven sessions with 11 participants. There has been a 98% success rate in terms of beneficiaries gaining digital knowledge.</p> <p>The project is on track to achieve the funded outcomes.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
				online services to manage daily life tasks – 10.	

Scheme:	2B – Online Safety
Priorities:	1. Children and young people online safety
Outcomes:	1. Residents are aware of potential dangers online and implement suitable prevention measures 2. Children, young people and their families know how to report online bullying and abuse 3. Older people are aware of how to identify online scams and how to keep themselves safe

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
SocietyLinks Tower Hamlets / E-Safety Champions	1/10/2019 31/10/2023	£23,675	The E-Safety Champions project trains local women to become ‘champions’ for e-safety in the community. Weekly workshops cover all areas of online safety. Once trained, the project’s champions go into schools and community groups to spread their knowledge to young people and parents/carers through presentations and workshop	<ul style="list-style-type: none"> • Number of women training to become e-safety champions, including completing test required for certificate - 8 • Number of project participants reported taking a specific action at home to improve online safety - 13 • 100% of adults and young people participating in project reported improved ability to report cyber bullying and on-line abuse. 	<p>GREEN</p> <p>The project developed a new focus in the quarter on app security, enabling individual locks to be placed on apps on mobile phones. This enabled mothers on the project to prevent their children from accessing particular social media platforms.</p> <p>The project is on track to achieve the funded outcomes.</p>
Sporting Foundation / Building Digital Resilience	01/10/2019 31/10/2023	£35,946	Sporting Foundation build the digital resilience of children and young people and raise the awareness of online safety with parents, so that as families they are safe from risk and able to utilise digital resources, managing them effectively and reducing harm.	<ul style="list-style-type: none"> • Number of parents have increased confidence in understanding the relationship between social media and online grooming – 22 • Number of children and young people have increased confidence in understanding the relationship 	<p>GREEN</p> <p>Equality, diversity, safeguarding and mental health wellbeing is discussed in project sessions. The negative influence of “Youtube Influencers” on young people was discussed in project sessions this quarter.</p> <p>The project is on track to achieve the funded outcomes.</p>

				between social media and online grooming – 31	
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Theme / Scheme:	3 - Advice and Information
Priorities:	This theme has a single priority, Social Welfare Advice and Information.
Outcomes:	<p>Reduce poverty across the spectrum of social welfare advice and information activity:</p> <ol style="list-style-type: none"> 1. Increased access to social welfare advice and income from benefits 2. Improved personal budgeting, financial stability and reduction in personal debt 3. Reduction in the number of people negatively impacted by welfare reforms and housing repossessions 4. Individuals are more informed about their legal rights 5. Individuals are more informed about their housing rights 6. Increased employment security 7. Increased access to immigration/asylum advice and casework 8. Increased engagement of older people with social welfare advice services <p>Capacity building and training within the sector:</p> <ol style="list-style-type: none"> 1. Improved coordination and cooperation between advice providers 2. Increased integration of service both within the VCS advice sector and with services in other sectors 3. Increased number of local volunteers achieving a recognised advice training accreditation 4. Improved liaison and co-ordination with public sector agencies 5. Improved access to information for providers

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
East End Citizens Advice Bureaux / Advice Tower Hamlets	01/10/2019 31/10/2023	£3,773,417	Advice Tower Hamlets provides free, confidential, independent, quality-assured advice services to help Tower Hamlets residents resolve the problems they face, including welfare benefits, housing, money/debt, employment, immigration, consumer, education, community care, family, personal issues. This service is led by Citizens Advice Tower Hamlets, in	<ul style="list-style-type: none"> • 5,351 clients have been assisted with social welfare advice • 1,514 clients have been supported to increase/maximise incomes • £4,543,298 of clients’ income has been increased/or backdated 	GREEN Most project partners are now working from their main offices or from member of staffs’ home, as most have adopted a hybrid system of working. This has allowed most partners to now meet clients in the office on a face-to-face basis, as well as attending outreach projects. All partners are

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
			partnership with twelve local advice agencies.	<ul style="list-style-type: none"> £1,190,861 debt reduction/write offs resulting in reduction in amounts of personal debt. 	facing high demands due to the cost-of-living crisis. The project is on track to achieve the funded outcomes.
Island Advice Centre / Tower Hamlets Advice Training and Capacity Building Project	01/10/2019 31/10/2023	£204,167	The project improves capacity, training, quality and access to the borough’s advice services. It develops coordination and cooperation between advice and other sectors, providing recruitment and training for volunteers, facilitation of the Tower Hamlets Community Advice Network, updated website of advice provision and information / factsheets, coordination of meetings, delivering formal training.	<ul style="list-style-type: none"> 11 Advice work training workshops were delivered 174 participants attended the sessions. 	GREEN The project continues to successfully deliver Learning to Advise training and advice work training workshops, plus send monthly welfare rights information emails to over 500 professionals. The project is on track to achieve the funded outcomes.

Theme / Scheme:	4 – Employment and Skills 4A - Developing and embedding good practice in the workplace for people with disabilities, learning difficulties and physical and mental health barriers to work
Priorities:	1. Promoting ethical employer practices to focus on improving employment and progression opportunities for people with additional needs, with an emphasis for employers on sustaining or improving business productivity.
Outcomes:	1. More disabled people and people with mental health issues access work experience placements and employment opportunities 2. Disabled employees feel more comfortable and better supported in sustainable roles in the workplace 3. Disabled people have access to meaningful, relevant training and skills development 4. Tower Hamlets employers are more inclusive and employ more disabled people and people with mental health issues and are more aware of how to support them.

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Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
REAL DPO / THEN & NOW	01/04/2020 31/10/2023	£473,351	A holistic package of services, underpinned by coproduction, to support Tower Hamlets companies develop the confidence and capacity to be excellent employers of disabled people, and increase levels of employment amongst them. The project creates communities of current and potential workers and employers, to drive positive change.	<ul style="list-style-type: none"> Number of organisations engaged by the project in the quarter – 23 The project has provided 118 hours of one-to-one support to eight employers and has achieved 100% satisfaction rate from them. 	<p>RED (For January-March 2023 project is currently classified as Red due to premises issue)</p> <p>During this quarter, the project delivered a record-breaking 118 hours of advice work through its one-to-one service to employers, which surpasses its previous highest figure of 78 hours.</p> <p>The project is on track to achieve its lifetime targets.</p>

Scheme:	4B - Reducing barriers to employment for disadvantaged groups
Priorities:	<ol style="list-style-type: none"> 1. Reducing barriers to employment for disadvantaged groups 2. Employment and volunteering opportunities for older people 3. Employment skills for vulnerable young people and those who are NEET (not in education, employment or training) 4. Employment and skills for young people at risk of achieving poor outcomes
Outcomes:	<ol style="list-style-type: none"> 1. Young people have increased life skills, employability skills, communication /presentation and interview skills and confidence, and have access to mentoring, work experience and internships 2. Older people gain life skills and secure employment and/or voluntary roles 3. Potential entrepreneurs/business founders have access to independent support and advice and increased knowledge of business and financial planning 4. Increased opportunities for women who are far from the labour market or on a low salary to develop their confidence, soft skills, and work ready skills to access employment or start their own business.

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
Limehouse Project / Developing Potential	01/10/2019 31/10/2023	£205,372	An integrated programme of personal skills development, designed to enable women to make informed choices on their futures, supporting them into training, volunteering and work. This project links with existing provision and acts as a progression route forwards for new opportunities for women in Tower Hamlets.	<p>Women who attend the business start-up workshop/1:1 support session will go on to register as self-employed – 5.</p> <p>The project continued partnership working with East London Advanced Technology Training to provide in-house ESOL/functional skills courses. It delivered CPD-accredited course in Food Hygiene for six clients to support them to be job ready and to foster their aspirations to start up their own food/cooking business.</p>	<p>GREEN</p> <p>The project has continued to see many individuals further affected by the widening skills, social, employability, and digital skills gap. It has been flexible in supporting clients’ journeys for their own personal and professional development. The project has also ensured that health and well-being/safeguarding checks took place for clients and adapted support where necessary.</p> <p>The project is on track to achieve its lifetime targets.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
SocietyLinks Tower Hamlets / Job Club	01/10/2019 31/10/2023	£62,459	This project delivers two weekly job club sessions run by its experienced employment support worker. The sessions will include access to computers and tailored employment support, including creating a CV, accessing emails, job searching, applications and using Universal Job Match.	<p>The number of people that have gained accredited outcomes (Level 2) through training courses - 5</p> <p>The number of people that access employment after attending the job club - 2</p>	<p>GREEN</p> <p>Job club has had a steady flow of service users this quarter, including a higher number of female beneficiaries. Many of these women have joined SocietyLinks’ pre-ESOL or childcare classes. Two of the beneficiaries on the second course have secured support work positions in schools and nurseries.</p> <p>The project is on track to achieve its lifetime targets.</p>
St Giles Trust / Choices Tower Hamlets	01/10/2019 31/10/2023	£231,933	Supporting NEET Young people who are facing multiple disadvantages to access education, skills development and employment. The project delivers credible, consistent and holistic work, via individualised one-to-one support, supporting the young person to address and overcome barriers to raise their aspirations and towards reaching their potential.	<p>Five young people showed improved levels of mental health and wellbeing due to reduction of barriers to employment, increased confidence in their future and access to specialist mental health support as required.</p> <p>Number of young people progress into and complete training and education courses – 1</p>	<p>GREEN</p> <p>The project has seen a drop in the number of referrals this quarter, in comparison to last quarter. The project caseworker has continued to advocate the service to potential referral partners, as well as reminding existing ones of the support available to their clients, as an offset for the lack of outcomes and decreased number of referrals.</p> <p>The project is on track to achieve its lifetime targets.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
Stifford Centre Limited / BAME Women's Employment Support Programme	01/10/2019 31/10/2023	£124,044	This project runs a training programme to help long-term unemployed and economically inactive, isolated and disenfranchised women from Black, Asian and Multi-Ethnic communities and improve their job prospects. The focus is on carers and single parents of Bengali, Somali and Black, Asian and Multi-Ethnic community heritage with limited English language, confidence and secondary education for community learning.	Socially and economically disenfranchised BAME Women complete ESOL training and feel able to communicate in English - 14 BAME women gain volunteering experience by the end of the year and report that they have gained confidence - 4	GREEN This quarter the project has started with a new group of women. Following assessments and 1-2-1s, beneficiaries have shown an interest in Skills Development Training, in addition to their regular courses. The main aim of the programme is to facilitate the integration of BAME women into the community, whilst empowering them to identify their own needs, create their own solutions and make their own choices so that they have lasting improvements to the quality of their life. The project is on track to achieve its lifetime targets.

Scheme:	4C - Support focused on increasing access to art and cultural industries
Priorities:	1. Support focused on increasing access to art and cultural industries
Outcomes:	1. Increased opportunities in the arts and cultural industries for people from Black, Asian and Multi-Ethnic communities, women, disabled people, working class people, older people; 2. Increased access to industry relevant training; 3. Increase in people participating in arts projects for the first time

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
Auto Italia South East / Learning Live!	01/10/2019 31/10/2023	£44,917	Learning Live! is a training and mentoring programme designed to support young people in Tower Hamlets progress into higher education courses, with the aim to increase access into the art and cultural industries.	Workshops/sessions delivered this quarter – 5	GREEN This quarter the project continued with its Creatives Futures sessions with students in order to upskill them in regard to the creative industries sector. The project is on track to achieve its lifetime targets.
Four Corners Ltd / ZOOM Film School	01/10/2019 31/10/2023	£332,274	ZOOM Film School works with 90 disadvantaged residents - particularly people from Black, Asian and Multi-Ethnic communities, women and disabled people - to nurture their creative talent, increase confidence and self-esteem, and enable them to acquire the practical skills, experience and industry knowledge needed to move into work in the creative industries.	Number of participants successfully completed their accredited training programme - 6 Number of participants who can demonstrate knowledge of key entry-level jobs in the creative media industry - 4	GREEN This quarter seven beneficiaries began their training at Four Corners and started pre-production for their shoot with the charity Poplar Union. This training covered production, camera, composition, lighting editing and sound. Beneficiaries were assigned tasks to support the concepts and theory of the training and shot a promotional video for Poplar Union.

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
					The project is on track to achieve its lifetime targets.
Magic Me / Artworks	01/10/2019 31/10/2023	£112,685	Artworks is a new traineeship delivered by arts charity Magic Me, identifying and supporting talented Tower Hamlets residents from Black, Asian and Multi-Ethnic communities and working-class backgrounds to gain the knowledge, skills and confidence to access careers in community arts coordination and producing.	<p>Number of trainees recruited/selected for work placements – 7</p> <p>Number of trainees have increased knowledge of community arts administration and coordination – 4</p> <p>Number of people report increased confidence and skills in applying for jobs in the arts and cultural industries - 5</p>	<p>GREEN</p> <p>This quarter, three trainees were recruited and onboarded. They will be completing their traineeship at the end of April 2023.</p> <p>The project is on track to achieve its lifetime targets.</p>
The Bromley by Bow Centre / Creative Communities	01/10/2019 31/10/2023	£235,943	The project will equip at least 180 people from under-represented communities to increase their participation and readiness for employment in the creative sector. It will do this through a flexible community-based programme of engagement, needs assessment, practical group work and 1:1s, combining personal and core skills development, with individual support.	<p>Number of participants from target groups are enrolled and assessed – 22</p> <p>Number of participants identified as having not previously engaged in an arts/culture activity state they have now participated in such an activity. – 22</p> <p>Number of local people from target groups secure an arts related work</p>	<p>GREEN</p> <p>In this quarter, the project’s alumni were offered to deliver some creative taster sessions including bracelet making, botanical flowers water colour painting and block printing.</p> <p>The project is on track to achieve its lifetime targets.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
				placement within 3 months of completion – 1	

Theme / Scheme:	5 – Community Safety 5A – Reduction in the exploitation of children, young people and other vulnerable groups
Priorities:	1. Reduction in the exploitation of children and young people, and vulnerable groups
Outcomes:	1. Children, young people and other vulnerable people: <ul style="list-style-type: none"> a) Have increased confidence and critical thinking skills; b) Have an increased understanding of what a safe relationship is, what exploitation is, and how to spot the signs of abuse and exploitation; c) Have an emotional and actual vocabulary to articulate what is happening to them; d) Are better able to challenge and support each other around relationships.

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
Kazzum Arts / Build	01/10/2019 30/09/2023	£72,631	Build supports young people excluded from mainstream education, currently educated at a pupil referral unit (PRU) in Tower Hamlets. Students in this setting are at risk of exploitation and coercion into criminal activity. Through a programme of creative activities, the project develops participants' confidence, emotional, literacy and interpersonal skills.	There were no planned weekly sessions this quarter in line with application and project funding.	GREEN During this quarter co-production activities took place with students and other key stakeholders to develop sessions taking place up to the end the end of July. In addition, the project has worked with the head of the inclusion unit and facilitators to develop its offer in order to meet the needs of autistic young people and those identifying as non-binary. The project demonstrates continued progress on achievements towards expected KPIs.
Osmani Trust / Schools and Community Resilience Programme	01/10/2019 31/10/2023	£146,817	This project: <ul style="list-style-type: none"> 1. transforms and changes the attitudes and behaviour of secondary school children; improving their confidence, critical thinking skills and emotional intelligence. 	<ul style="list-style-type: none"> • 26 young people received education and mentoring support from the project • 100% show an improvement in attitudes and outlook on life 	GREEN The project worked in two secondary schools with two new cohorts and successfully completed the programme by providing workshops, 1-2-1 mentoring, supporting families and conducting detached work outside

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
			<p>2. delivers a peer programme engaging young people as ambassadors to their peers, changes attitude, promotes understanding, increase community cohesion, and ultimately empowers young people.</p>	<ul style="list-style-type: none"> 81% demonstrated they can make positive life choices when they leave the project 81% demonstrated they have a basic understanding on personal and legal consequences of violent crime / Anti-Social Behaviour when they leave project. 	<p>the school facilities during home times.</p> <p>Work also took place with the two peer groups from last quarter, providing youth activities, youth residential and community social action projects.</p> <p>The project demonstrates continued progress on achievements towards expected KPIs.</p>
Streets of Growth / Young Influencers Programme	01/10/2019 31/10/2023	£105,415	<p>The programme is an innovative, impactful initiative led by and for young people (15-19 years) to enable them to build skills and capacity to feel safe, confident, and responsible when demonstrating the community safety and positive change they want to see in their neighbourhoods.</p>	<ul style="list-style-type: none"> 100 young people are actively involved in the programme, working on initiating social action projects, supporting each other to maintain positive lifestyles, including 25 new participants this quarter. 80 young people received leadership and life skills support and training, such as exploitation awareness, healthy relationships etc 100% of participants have made positive progression over the last 12 months of the leadership programme, with demonstrated 	<p>GREEN</p> <p>Increased work with schools resulted in 80 referrals of new young people to the organisation. All the young people received coaching and assessment sessions and training. 25 progressed onto the project and completed intensive leadership skill training this quarter. Ten of the new young leaders are co-producing a social action project to take place in April.</p> <p>Six young leaders planned and led on a leadership scholarship exchange trip to Belfast and the development of a young people-led film to explore the issues and consequences of exploitation and harm.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
				<p>reduced harm and positive progression</p> <ul style="list-style-type: none"> 15 young people completed a Healthy Relationships training course, which they will be able to train/ facilitate with their peers. 	<p>The project demonstrates continued progress in achievements towards expected KPIs.</p>

Scheme:	5B – Improving the perception of young people in the community
Priorities:	1. Improving the perception of young people in the community
Outcomes:	1. Children and young people are, and are seen to be, a positive part of the community 2. Increased community cohesion and sense of belonging 3. Residents, especially older people, people feel less wary of children and young people

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
Four Corners Ltd / Into Focus photography project	01/10/2019 31/10/2023	£67,718	Into Focus offers an intergenerational photography project for 24 people each year (12 young people aged 14-25 years and 12 over-50s). Groups will create work for a final exhibition, focusing on social perceptions and misconceptions between older and younger people to promote positive attitudes and increasing mutual understanding.	Between 9 February and 30 March, all 12 participants attended eight Thursday afternoon workshops. They learnt camera skills and lighting techniques during two portrait studio workshops, plus photograms, picture editing and exhibition printing during six darkroom workshops. Tracking of outcomes is due to take place next quarter.	GREEN Project 7 started on 9 February 2023 and 13 workshops will run until 4 May, with an exhibition scheduled between 11-20 May 2023. 12 participants were selected with equal numbers of older and younger participants. The project demonstrates continued progress in achievements towards expected KPIs.
Leaders in Community / Project Connect	01/10/2019 31/10/2023	£79,790	A group of young people recruited by LiC collaborate with older people to design a programme of activities and celebrations, which enable long-term social connections to be made, and ideas and points of view to be exchanged. The outcomes of the activities are shared with the wider community.	The project successfully promoted inter-generational connections and fostered a sense of community, with both older and young people benefitting from the joint experiences. One of the older people stated “We’re really enjoying using the new words the young people have been teaching us!” Younger participants fed back that they learned a lot from the elders and	GREEN 430 beneficiary attendances at project events and activities this quarter. Younger participants volunteered in elders’ group in exercise and coffee morning sessions. Overall, the project successfully promoted intergenerational connections and fostered a sense of community.

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
				<p>appreciated the opportunity to connect with a different generation.</p> <p>In addition, the young people also heard that the elders were unhappy with some littering around the area. They acted and spent a few hours cleaning the area.</p>	<p>The project demonstrates continued progress in achievements towards expected KPIs.</p>

Scheme:	5C - Services for people affected by domestic violence or other unsafe circumstances
Priorities:	1. Services for people affected by domestic violence
Outcomes:	1. More residents, particularly families and young people, are aware of the different forms that domestic violence and sexual abuse (DVSA) can take, know how to report it, and where to access support. 2. Young victims and witnesses of Domestic Violence & Sexual Assault (DVSA) are supported to recognise and report it.

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
Hestia Housing and Support / Families Safe and Secure in Tower Hamlets	01/10/2019 31/10/2023	£94,325	This project supports families who have experienced DVSA and who are living in a local refuge to address the trauma they have faced and to learn about what a healthy relationship looks like. It also raises awareness amongst the Tower Hamlets community of DVSA and how to report it.	<p>The Freedom programme continues to be delivered to women living in the refuge. With former residents moving on from the refuge the project has enabled a new group of families to flee to the refuge and to safety.</p> <ul style="list-style-type: none"> 94% of the children participating in the project activities this quarter demonstrate improved levels of self-confidence. 100% of attendees at community awareness events reported greater understanding of domestic abuse. 	<p>GREEN</p> <p>As well as the work in the refuge there were 11 community awareness events on Domestic Violence Survivor Assessment this quarter, attended by 184 adults and 26 children.</p> <p>The community element of the project has also been active at promoting the work on social media.</p> <p>The project demonstrates continued progress in achievements towards expected KPIs.</p>

Fund:	Infrastructure and Capacity Building Support
Priorities:	<ol style="list-style-type: none"> 1. Skills exchange and accessible training 2. Making organisations ready to respond to new funding opportunities 3. Fundraising support for smaller, volunteer led organisations without staff 4. Developing quality assurance 5. Managing assets for community benefit 6. Developing resilience and supporting organisations through periods of transition
Outcomes:	<ol style="list-style-type: none"> 1. Broader pool of organisations accessing public service funding 2. Increased proportion of organisations achieving recognised quality assurance standards 3. VCS more resilient with more sustainable funding base 4. Organisations supporting each other

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
Tower Hamlets Council for Voluntary Services (THCVS) / Infrastructure and Capacity Building Project	01/10/2019 31/10/2023	£1,040,000	<p>THVCS Infrastructure Partnership brings together the main Voluntary and Community Sector (VCS) infrastructure support agencies in Tower Hamlets to increase the range and number of VCS organisations that are well-run, resilient and sustainable; and to strengthen the VCS as a key Public Sector Strategic Delivery Partner in Tower Hamlets.</p> <p>Partner: Tower Hamlets Council for Voluntary Service Volunteer Centre Tower Hamlets.</p>	<ul style="list-style-type: none"> • Number of VCS organisations supported – 43 • Number of volunteer managers being trained – 26 • Number of VCS organisations with improved volunteering practices – 7 • Number of VCS organisations advertised their volunteering roles through the Volunteering Hub - 49 • Number of volunteering roles advertised on behalf of VCS organisations on the Hub - 83 	<p>GREEN</p> <p>The partnership project is making good progress against its KPIs.</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Jan 23 – Mar 23	RAG Rating / Comments
				<ul style="list-style-type: none">• Number of new registrations on the Volunteering Hub: 173.	