

Appendix B- Small Grants Programme Grants Awarded Round 1 2022-2023

Themes 1 to 5					
No	Organisation	Theme	Project Title and Summary	Estimated Number of Beneficiaries	Grant Award (£s)
1	Aip Community	Innovation	<u>Music and Mental Health</u> - 25-week piano project upskilling 20 (11–16-year-old) individuals to compose music, play the piano and become mental health ambassadors	25	£5,000
2	London Jaguars Community Association	Prevention	<u>Women's Only Fitness and Nutrition programme</u> - 45-week programme of various activities including Zumba and other fitness-based activities. Nutrition and well-being, seminars, and discussions.	40	£5,000
3	The Tower Hamlets Volunteer Police Cadets	Prevention	<u>Duke of Edinburgh Award scheme</u> - The Tower Hamlets Volunteer Police Cadets (VPC) aims to empower young people to develop their skills through activities like the Duke of Edinburgh Scheme.	40	£5,000
4	Olive Tree Education (OTE)	Prevention	<u>Sukoon Elderly Project</u> - The project is aimed at older people to improve physical and mental health where a range of services are available including advice, advocacy, counselling, low level exercise and social activities over a 3-month period.	25	£4,999
5	Canaan Project	Prevention	<u>Canaan Project</u> - The Canaan Project aims to deliver a youth club specifically for young women and girls between 5-18 to deliver weekly lunch clubs and after school clubs with a female-only space offering craft activities, games, snacks, and opportunities to make new friends. The project will set up Forums, trips and provide 1:1 mentoring support.	200	£5,000

Themes 1 to 5					
No	Organisation	Theme	Project Title and Summary	Estimated Number of Beneficiaries	Grant Award (£s)
6	Al-Huda FC	Prevention	<u>Somali Youth Engagement</u> - The project offers free football sessions to young people aged 12-18 from disadvantaged backgrounds.	200	£5,000
7	Green Candle Dance Company	Prevention	<u>Remember 2 Dance</u> - The project aims to deliver online seated dance classes for older adults with dementia and their carers.	40	£5,000
8	Woodwork for Wellbeing	Prevention	<u>Woodwork for Wellbeing</u> - The project aims to deliver woodwork workshops for those facing mental health issues. The sessions (particularly men) engage in social, productive activities once a week supporting them to overcome mental health issues.	100	£4,256
9	YOUTH IN SPORT CIC	Prevention	<u>Estate- based Engagement</u> - Weekly sports activities on the Collingwood estate to improve the health and wellbeing of young people	80	£3,540
10	Bromley by Bow Community Organisation	Community Cohesion	<u>Made in Bromley by Bow</u> -The Project aims to capture the history of the local area and present through a photography project to showcase the diversity in the area. The activities will include research sessions, use of Camera Equipment, editing skills, group activities, creating collages and video stills with a week of celebratory presentation of work to the local community.	20	£3,150

Themes 1 to 5					
No	Organisation	Theme	Project Summary	Estimated Number of Beneficiaries	Grant Award (£s)
11	Theatreship C.I.C.	Community Cohesion	Hear Here -The Organisation is looking to deliver an audio-based story-telling and music installation on the Docklands Art Ship's top deck. The organisation will work with professional story-tellers and local residents to craft stories and soundscapes about features of the local environment, encouraging local pride and belonging. Working in partnership with other local organisations that support older people to share oral histories of life in the Docklands area and the perspectives of different communities.	2500	£4,740
12	InCommon Foundation	Community Cohesion	Connecting generations in Stepney -An Intergenerational project in Stepney Green at Lady Micro's Almshouses with St Mary and St Michael's Catholic Primary School. The project aims to deliver 10 intergenerational workshops throughout the year. Coffee/Information events for older volunteers and seasonal celebrations will also take place.	30	£5,000
13	Trapped in Zone One	Community Cohesion	Black History Month- Wapping Mural - This project is for Black History Month to create new cultural theme murals in Wapping and promoting a diverse borough. A short film will be created by young film makers from Wapping to showcase the creative talent of the borough's young people, with 2 hour creative workshops in October. Design will be created and painted in Wapping Woods.	30	£4,986
Totals				3,330	£60,671

Theme 6- Loneliness					
No	Organisation	Theme	Project Summary	Estimated Number of Beneficiaries	Grant Award (£s)
1	SKILLSPOOL TRAINING CIC	Loneliness	Connect Up- A digital befriending service offering practical activities and information on technology to 24 disadvantaged members of the community. People aged 50-75 who have never used the internet and lack basic IT skills to take part in the programme. Participants will learn to create an E-mail account or social media account, how to use Zoom, Facetime to help them to keep in touch with friends and family.	24	£4,488
2	Thames Bengali Association	Loneliness	Thames Families Together- the project is designed to rebuild their lives through building parenting capacity and providing workshops to Bengali families on a range of topics including social integration, employment, housing, income, etc.	30	£5,000
3	Ocean Regeneration Trust	Loneliness	Ocean Walkers & Cycling Hub- Culturally appropriate walk and cycle hub for Ocean Estate residents. The organisation will train 5-6 residents to become volunteer walk leaders and lead weekly walks. There will also be weekly cycling sessions in partnership with Tower Hamlets Cycling Club. The organisation will train outdoor befrienders who will provide befriending service.	100	£4,976
4	Island House Craft Club	Loneliness	Craft Club / Day Trips- for older women who are interested in various crafts. The organisation is applying for funding to enjoy days, e.g., seaside's, garden centres. There will be social gatherings once a week for residents to socialise.	11	£800
	Totals		Totals	165	£15,264

Theme 7: Access & Participation

No	Organisation	Theme	Project Summary	Estimated Number of Beneficiaries	Grant Award (£s)
1	Wapping Bangladesh Association	Access & Participation	Wapping Community Access Point- Weekly online Public Service Access Training programme to support residents to improve their basic keyboard and IT skills. Residents will learn how to access benefits, book a GP appointment online, etc. There will be drop-in surgery and participants will have access to organisation's devices.	70	£4,984
	Totals			70	£4,984

Theme 8: Older People's Services Fund

No	Organisation	Theme	Project Summary	Estimated Number of Beneficiaries	Grant Award (£s)
1	Weavers Community Forum	Older People	<u>Weavers' Health Project</u> - The organisation aims to provide Yoga, light movement, a walking group, exercise sessions, coffee, and refreshments twice a week. The project will also include healthy eating workshops, workshops on managing chronic health conditions, advise and signposting	35	£14,990
2	The Ensign Youth Club	Older People	<u>UNITY</u> - Social services for local BAME elderly people through activities to promote physical and mental wellbeing to improve knowledge of nutrition, engaging older people in structured sports activities, increasing engagement amongst peers and wider community.	37	£14,995
3	Dorset Community Association	Older People	<u>Holistic Health</u> - Well-being support to 60 older residents through discussion sessions and advise on topics related to health and well-being. Home-visits, doorstep chats and regular check ins with participants.	60	£13,040
4	Aishah Help	Older People	<u>Mind the Gap</u> - Befriending programme for older people to connect the older and younger generation	18	£15,000
5	Wapping Bangladesh Association	Older People	<u>Wapping Bangladeshi Older Women and Pensioners Club</u> - The project aims to reengage vulnerable and disadvantaged Bangladeshi older women and pensioners aged 60 and over through social activities, information session, fitness/exercise classes and confidence building activities.	50	£14,418
Totals				200	£72,443

Theme 9: Cohesion Events

No	Organisation	Theme	Project Summary	Estimated Number of Beneficiaries	Grant Award (£s)
1	London Jaguars Community Association	Cohesion events	<u>Jaguars Health and Wellness Festival-</u> The London Jaguars Community Association will host a one-day community event addressing aspects of the health, fitness and wellness including talks, workshops and practical classes concerning mental health and wellbeing.	117	4,840
2	Knock The Door Down	Cohesion events	<u>Community Theatre Experience-</u> Residents to work with residents with 5 professional artists on the organisations' upcoming theatre production, which is part of the Season of Bangla Drama Festival. The programme will give participants work experience on a stage show dealing with issues of race and equality.	117	3,985
Totals				234	£8,825