Non-Executive Report of the: Tower Hamlets Health and Wellbeing Board 26 th July, 2022	VODOCO Tower Hamlets Health and Wellbeing Board
Report of: Richard Fradgley, Director of Integrated Care, East London Foundation Trust	Classification: Open
Issue Title: Mental Health Strategy – Community Connectors case study	

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REASONS FOR LATENESS AND URGENCY

This report is late owing to the developing nature of the situation and the time needed to collate as much information as possible so as to provide the Board with the most up to date detail possible.

Executive Summary

The Adult Mental Strategy 2019-2024 has three themes:

- 1. To raise awareness and understanding of the importance of mental health and wellbeing
- 2. To ensure early help is available particularly in times of crisis
- 3. To ensure the provision of high-quality mental health care and treatment

The strategy highlights that people from black and minority ethnic group are more likely to be diagnosed with mental health problems, experience a poor outcome from treatment and to disengage from mainstream mental health services. The pandemic has impacted adversely on levels of mental health issues in the borough.

The purpose of this agenda item is to update new members of the Board on the Mental Health strategy and hear from the Community Connector programme commissioned by East London Foundation Trust from the Women's Inclusive Team as an example of the strategy in action. Community Connectors provide person-centred support, working alongside clinical and other statutory and voluntary sector services. They support people in achieving better mental health and wellbeing, while increasing independence and the reliance on services.

The service cross cuts all three themes of the adult mental health strategy and is presented as a case study of an approach to addressing health inequalities through the engagement of local people to improve access to mental health services and achieve better outcomes.

Recommendations:

The Health and Wellbeing Board is recommended to:

1. Discuss the wider lessons of the Community Connector approach for the health and care system in Tower Hamlets

1. REASONS FOR THE DECISIONS

1.1 The purpose of the agenda item is for the board to learn from a community based approach to supporting the mental health of residents

2. <u>ALTERNATIVE OPTIONS</u>

2.1 Not relevant

3. DETAILS OF THE REPORT

- 3.1 The Adult Mental Health strategy is attached for reference
- 3.2 The Board will have an opportunity to hear from those involved in the Community Connector service

4. EQUALITIES IMPLICATIONS

4.1 The Adult Mental Health Strategy is focussed on addressing health inequalities and Community Connector services is an approach to addressing inequalities that is particularly targeted at black and minority ethnic groups

Linked Reports, Appendices and Background Documents

Linked Report

• NONE

Appendices

• Appendix 1 Adult Mental Health Strategy 2019-2024

Local Government Act, 1972 Section 100D (As amended) List of "Background Papers" used in the preparation of this report

NONE

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