| Theme / | 1- Inclusion, Health & Wellbeing |
|-------------|---|
| Scheme | 1A - Children, Young People & Families |
| Priorities: | Increase access to Youth Services Provision of Early Help support to families Support for young carers |
| Outcomes: | Children and young people, in particularly girls and young women: have more confidence in themselves; are more resilient, and are able to, and do, access a range of spaces, activities and social opportunites across Tower Hamlets. Girls and young women feel included, are able to participate in any service, and are more likely to train to become youth leaders and/or develop their own initiatives. Children and young people who may feel excluded from participating in mainstream services and activities (e.g from minority groups, who are disabled, who are LGBTQI, or who are carers for others) can participate in a range of activities and experiences. Children, young people and their families are listened to and their input is considered and included in decision making. Young carers are supported and included; their needs and concerns are understood and are taken into account at local and strategic levels. Children under 5 grow up in positive family environments and are supported to thrive. |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct | |
|------------------|-------------|----------|---|-----------------------------------|---|
| Project | Date | Amount | Project Description | 21– Mar 22 | RAG Rating / Comments |
| Canaan Project / | 01/10/2019 | £100,835 | Canaan Project provides activities for | Number of young women who | GREEN |
| Canaan Project - | 31/03/2023 | | young women aged 11-19 on the Isle of | demonstrated increased | The project is adapting to the challenges |
| Isle of Dogs | | | Dogs. Working with George Green's | confidence in one or more | of COVID-19 and expects to achieve its |
| | | | school and Café Forever we offer | dimensions – 112 | milestones. It regularly sees 65 young |
| | | | activities including cooking, craft, | | women a week and is developing links |
| | | | sports, and inspirational workshops at | Number of young women who | between beneficiaries, getting them |
| | | | our weekly lunch and after school clubs | demonstrated increased | increasingly involved in the project. |
| | | | as well as opportunities to join us for | knowledge of how to build and | |
| | | | regular trips. | maintain positive relationships – | The project is on track to achieve the |
| | | | | 30 | desired outcomes. |
| | | | | Number of young women have | |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct | |
|--|-----------------------|----------|--|---|---|
| Project | Date | Amount | Project Description | 21– Mar 22 | RAG Rating / Comments |
| | | | | increased hopes and aspirations for their futures – 41 | |
| Half Moon Young People's Theatre / Professional Theatre and Inclusive Participatory Drama for Young People | 01/10/2019 31/03/2023 | £133,746 | Professional theatre shows and inclusive participatory drama opportunities in an accessible and welcoming venue. The activity is for children and young people from 0-18 (or 25 for disabled young people) from all backgrounds and abilities from across Tower Hamlets, providing free access support to anyone who needs it. | In October-December 2021 191 young people from Tower Hamlets participated in Youth Theatre sessions at Half Moon. 84% of them attended at least 80% of sessions a term. For January-March 2022 196 young people participated, with 77% attended at least 80% of sessions a term. 64 young people participated in Theatre's end of term shows for October-December 2021 term, with 175 participating in similar | GREEN The project has adapted well to the challenges of COVID-19. The theatre groups have had positive terms, resuming live performances and there has been good attendances at the Theatre's professional performances. The project is on track to achieve the desired outcomes. |
| | | | | shows for January-March 2022 quarter. | |
| | | | | 500 people attended the Theatre's Fun Palaces Family Fun Day in October 2021, exploring the importance of the world's oceans and the creatures. The Theatre delivered its Creative Play sessions in Wapping One O'Clock Club and Mowlem Children and Family Centre in January-March 2022 working with 45 families in | |
| | | | | total. | |
| Look Ahead Care | 01/10/2019 | £141,825 | A specialist Domestic Abuse Children's | October-December 2021 | GREEN |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct | |
|---|--------------------------|---------|---|--|--|
| Project | Date | Amount | Project Description | 21– Mar 22 | RAG Rating / Comments |
| and Support / Domestic Abuse Children's Worker | 31/03/2023 | | Worker to support children who are vulnerable due to early exposure to domestic abuse. Providing emotional support through age-appropriate engagement, e.g. play, to address challenges faced by children living at our LBTH Domestic Abuse Service and in the community. | During the October-December 2021 quarter Look Ahead supported 14 mothers and 17 children. It also supported 19 women and 6 single women. 6 mothers and 8 children had moved on from the project and there was an intake of 4 new mothers and 5 children. Staff have been trained in delivering the Hope 2 Recovery programme for better awareness around the patterns of domestic violence and its effects on mothers and their children. January-March 2022 Project supported children to apply for schools, obtain school uniforms and register with GPs, Children's Centre and Family Support Worker. Referrals were also made to health visitor. | Project is making good progress against its outcomes. |
| Newark Youth London / Girls in Action | 01/10/2019 31/03/2023 | £70,634 | Our project aims to increase access to regular youth services by girls and young women so they develop their confidence and life skills; make them resilient and enable them to participate in a six month social action project and other learning opportunities so they develop their leadership, | Number of girls and young women registering onto the project (contacts) – 17 Number of girls and young women attending five or more sessions – 11 in Jan-Mar 2022 | GREEN Physically based services have resumed at Haileybury Youth Centre. Girls on the project have taken part in a range of physical activities such as table football and pool. They have also participated in workshops to gain job application skills, including producing CVs, and learned |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct | |
|---|--------------------------|----------|---|--|--|
| Project | Date | Amount | Project Description | 21- Mar 22 | RAG Rating / Comments |
| | | | communication and organisational skills. | Number of girls and young women state they are able to cope with things better after gaining knowledge and understanding and getting advice and guidance - 32 | film-making and media skills. The girls have explored the theme of young people and mental health, along with services for young people in Tower Hamlets. The project is on track to achieve the |
| | | | | | desired outcomes |
| Osmani Trust / Family Mentoring Project (FMP) Early Help | 01/10/2019 31/03/2023 | £126,000 | Project aims to provide through family mentoring a range of Early Help support to children, young people and their families to help them overcome their immediate challenges and meet their needs in order for them to thrive in healthy and safe families. | Number of families supported through Early Help - 19 Increase in confidence in young people and families – 16 Increase in resilience in young people and families - 10 Parents Improvement in parenting skills – 13 | GREEN The project has adapted well to the challenges of COVID-19. The Project reports positive feedback from families and statutory providers. The project is on track to achieve the desired outcomes. |
| St Hilda's East Community Centre / St. Hilda's Girls Driven Project | 01/10/2019 31/03/2023 | £57,624 | St. Hilda's Girls Driven Project is an inspirational initiative designed to support, inspire, drive girls and young women to reach their full potential and realise their authentic ambitious life goals. Enhance core skills, confidence, grit, motivation, equality and leadership by building on current and long heritage of successful girls work. | Number of girls and young women who report an increase in confidence - 10 Number of girls and young women have developed skills through activities and workshops to be a support system for others – 10 | GREEN The project has adapted well to the challenges of COVID-19. Participants have participated in several activities to develop their mental health and confidence with the easing of the pandemic. The project is on track to achieve the desired outcomes. |
| Stifford Centre Limited / Stifford Young | 01/10/2019 31/03/2023 | £50,974 | The Project will run a Young Girl's Club that will offer disadvantaged young girls a safe space in which they can | Number of young girls report feeling less isolated and happier as a result of accessing a range of | GREEN The project has adapted well to the challenges of COVID-19. Participants' |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct | |
|--|-----------------------|----------|--|--|---|
| Project | Date | Amount | Project Description | 21– Mar 22 | RAG Rating / Comments |
| Girl's Project | | | socialise, participate in a range of activities that encourage their wellbeing, improve confidence and learn skills that are useful for their future development. | activities – 23 Number of young girls attending a range of workshops and reporting increased levels of self-esteem - 23 Number of girls who report having improved social, personal and educational development as a result of completing accredited training - 16 | report feeling less isolated and happier as a result of accessing a range of activities. The project is on track to achieve the desired outcomes. |
| The Yard Theatre Ltd / Tower Hamlets Teens | 01/10/2019 31/03/2023 | £129,196 | Free, fortnightly youth leadership workshops, weekly drama workshops, summer masterclasses, and schools' performances for Tower Hamlets teenagers. Delivered at Tower Hamlets assets, Hub67, The Yard, and local schools, it increases access to youth services, improves participants' health and wellbeing through cultural activities, and supports community cohesion through public events. | Project held an event, Facing Black, in November 2021, attended by 75 people that created space for young Black people and their (chosen) families to come together to address issues in the family units and their separate and collective histories. 10 workshops took place in schools to deepen engagement and understanding, unpacking the themes of "An unfinished man", introducing young people to ways of depicting mental health on stage in non-traditional and safe ways, and learning how to use distancing techniques for ways of talking about yourself on stage. A vast majority of young people | GREEN Overall, the Yard Theatre has made great progress in engaging with its young people and giving them a voice and the space to develop their confidence and self-esteem. The project is on track to achieve the desired outcomes. |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct | |
|----------------|-------------|--------|---------------------|------------------------------------|-----------------------|
| Project | Date | Amount | Project Description | 21- Mar 22 | RAG Rating / Comments |
| | | | | regularly report a sense of pride, | |
| | | | | positive self-regard, maturity and | |
| | | | | self-purpose, health, vitality and | |
| | | | | mobility from taking part in | 1 |
| | | | | activities. | |

| Scheme: | 1B – Older People |
|-------------|--|
| Priorities: | Ageing well and reducing social isolation Provision of physical and health-promotion activities for older people |
| Outcomes: | Reduced isolation and loneliness among older isolated adults, particularly those who are housebound, and those facing additional challenges (e.g dementia, disability, limited English); Older people are able to continue making a positive contribution to their communities; Older people feel more included and integrated in their communities and are able to mix with people of different ages and from different backgrounds to increase the sharing of skills, experience and knowledge both amongst older people, and between different generations; People living with dementia are supported to participate as much as, and as long as possible. Carers of people living with dementia are supported. |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct 21 – | |
|--|-----------------------|----------|---|---|---|
| Project | Date | Amount | Project Description | Mar 22 | RAG Rating / Comments |
| Age UK East London / Caxton Hall, a dynamic activity centre led by older people for the whole community. | 01/10/2019 31/03/2023 | £258,090 | Caxton Hall is a dynamic activity centre led by older people. Come and enjoy a warm welcome, healthy snack at our cafe, meet your neighbours and connect to others young and old in your community. | Number of new older people accessing services at Caxton Hall – 16 Number of older people contributing to running the Hub Café – 46 Number of older people feel more included and integrated as a result of participating in a community cohesion project – 86 | RED Though the project is on track to achieve the desired outcomes; the project is classed as Red because the organisation does not have a satisfactory premises agreement with the council. Agreeing/negotiating a lease with Age UK has been a lengthy process; discussions have been ongoing without conclusion. |
| Age UK East | 01/10/2019 | £220,866 | Matching housebound older people who would like a bit more company at | Isolated, housebound older people are matched with a Friend at Home | RED Though the project is on track to |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct 21 – | |
|--|--------------------------|----------|---|--|---|
| Project | Date | Amount | Project Description | Mar 22 | RAG Rating / Comments |
| London / Friend at Home | 31/03/2023 | | home with volunteers who would like to share an enjoyable hour or two of conversation and company with them. | and receive weekly one-hour visits - 22 newly matched - 135 active clients 88% of isolated, housebound older people reported an increase (or stabilisation | achieve the desired outcomes; the project is classed as red because the organisation does not have a satisfactory premises agreement with the council. Agreeing/negotiating a lease with Age UK has been a lengthy process; discussions have been ongoing without conclusion. |
| Community of Refugees from Vietnam - East London / Vietnamese and Chinese Lunch and Social Club | 01/10/2019 31/03/2023 | £114,548 | The Vietnamese and Chinese Lunch and Social Club project provides healthy lunches and social and health promotion activities for people aged over 50, from the Vietnamese and Chinese community in Tower Hamlets. | Number of older people supported by providing appropriate health and social care information, safe access to nutritious food, basic supplies, money and medicine- 41 Number of people supported to reduce isolation who live on their own or are housebound -8 Number of social and wellbeing activities held at the centre & online - 85 | GREEN The Project is on track to achieving the desired outcomes. The project has delivered the majority of services inperson and some on-line and through telephone. |
| East London Out Project / Tower Hamlets LGBT Support | 01/10/2019 31/03/2023 | £96,661 | LGBT Community Support to enhance peer networks, lessen isolation and provide mental health crisis prevention support. Two facilitated social support groups, for older people, people with mental health needs or other disabilities, Individual mental health crisis prevention support provided. LGBT training available to other organisations. | Number of LGBT people over 50 accessing new social activity per year and report on increased social connections and increased social activity and feeling less lonely – 17 Number of disabled LGBT people or those experiencing mental health concerns attend either group or individual support per year and report better life satisfaction and | GREEN The Project is on track to achieving the desired outcomes. The Project is still running groups remotely due to COVID and looking at options for returning to face to face delivery in 2022 and exploring bringing all their services into the borough. |

| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary – Oct 21 – Mar 22 | RAG Rating / Comments |
|---|--------------------------|-----------------|--|--|---|
| rioject | Date | Amount | Project Description | better quality of life three months after start of service – 57 Number of training sessions delivered to organisations - 2 | rad rating / comments |
| St Hilda's East Community Centre / Older People's 'Feeling Good!' Wellbeing Project | 01/10/2019 31/03/2023 | £105,000 | 'Feeling Good!' wellbeing project is based in Weavers Ward and open to older people from throughout the Borough, Monday-Friday. Providing nutritious lunches, it is more than an ordinary Lunch Club, providing invigorating opportunities from indoor sport, IT learning, singing, art, intergenerational activities with schoolchildren, outings and quizzes, and much more! | Number of older people attending the varied 'Feeling Good!' activities programme report feeling less isolated and lonely – 71 Number of older people report improved wellbeing - the regular nutritious lunch they have improves their health - 15 | GREEN The Project is on track to achieving the desired outcomes. The Project has continued to deliver a hybrid service of in-person, remote and on-line activities. |
| Tower Hamlets Friends and Neighbours (THFN)/ Older Peoples Befriending Project | 01/10/2019 31/03/2023 | £175,000 | THFN will be providing befriending and advocacy services to older people in the borough. Our team of befriender advocates will provide regular one to one support to people in their own homes and assist with making appointments and help in accessing services, as well as organising small group outings locally. | Due to the corona virus, THFN has adapted services to support beneficiaries by combining face to face visits when safe with a remote tele befriending service. 50 isolated older adults have been visited and called by a befriender advocate on a weekly basis during the period of COVID- 19 restrictions. Some mobile clients have met in outdoor community spaces on a 1-1 basis. More than 85% of adults the project interacts with report improved outcomes; reduced isolation, less anxiety and are more | GREEN The Project is on track to achieving the desired outcomes. The Project continues to support beneficiaries remotely and in-person, ensuring that clients' welfare and health issues are being met/addressed. |

| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary – Oct 21 – Mar 22 confident. | RAG Rating / Comments |
|--|-----------------------|-----------------|--|--|--|
| Toynbee Hall / The Wellbeing Centre at Toynbee Hall | 01/10/2019 31/03/2023 | £144,949 | This project will offer holistic relational support to older people aged 50+ in Tower Hamlets. It aims to make Toynbee Hall's existing provision at our Wellbeing Centre more inclusive and responsive to needs and to build stronger networks of information sharing and peer-support between users and those not accessing services. | Number of individuals attending health promotion sessions per year held at the Wellbeing Centre per year – 64 Number of user led activities held at the Wellbeing Centre – 81 Number of new befriending matches - 20 | GREEN The Project is on track to achieving the desired outcomes. The project is progressing well and is exceeding the targets in the areas of health promotion activity, user led activity, and social activity. |

| Scheme: | 1C – Access, Information and Self-Management |
|-------------|--|
| Priorities: | 1. Residents better informed/equipped to manage health conditions |
| Outcomes: | Residents of all ages are better informed/equipped to manage health conditions Increased awareness of and access to local services, including crisis support Residents and their families are aware of the benefits of healthy eating and eat more healthily |

| Organisation | Start / End | Grant | | | RAG Rating / |
|---|--------------------------|----------|--|---|---|
| / Project | Date | Amount | Project Description | GDSC Progress Summary – Oct 21 – Mar 22 | COMMENTS |
| Globe Community Project / Take Back Your Life | 01/10/2019 31/03/2023 | £98,165 | A mindfulness-based pain management programme, addressing chronic pain/illness, related social isolation and inactivity delivered by experienced, fully accredited Breathworks trainers. | 19 people were supported during Oct 21-Mar 22. Two online courses were delivered, alongside weekly online follow-on sessions for participants who have completed courses. 1:1 phone support sessions held for 15 participants who do not have access to zoom technology. Weekly follow-on "meditation and connection" group has been in operations, open to previous Take Back Your Life course attendees, with attendance of 10 to 12 participants per week. A 5 week face-to-face interpreted course for 3 Bangladeshi | GREEN The Project is on track to achieving the desired outcomes. The Project has been delivering largely online/remote services. It will offer increased face-to-face services in the next quarter. |
| | | | | men, including pre-course 1:1 'Discovery' sessions & post-course 1:1 'What Next? sessions', was delivered. The project recruited three participants for this course and had 100% attendance and retention. | |
| Real DPO Ltd / Taking control of your life | 01/04/2020 31/03/2023 | £218,714 | The "Taking control of your life" project delivers creative support planning support alongside a user-led co-production group harnessing the views of people with lived experience | In this period the project has supported 24 clients through completing 24 actions plans. Project supported clients who are isolated/excluded, either physically by the lack of accessible infrastructure or by their lack of English, their impairments and lack of accessible information and being | GREEN The Project has met all, and in some cases exceeded targets |

| Organisation | Start / End | Grant | | | RAG Rating / |
|--------------|-------------|--------|---|--|---|
| / Project | Date | Amount | Project Description | GDSC Progress Summary – Oct 21 – Mar 22 | Comments |
| (TCOYL) | | | of disability. This project maximises independence, supporting people to make decisions on how they want to fulfil their ambitions and also help 'change the system'. | digitally excluded. Their isolation has been heightened by the pandemic. Many beneficiaries have complex needs and some would be classified as hard to reach. The project supports clients through providing high level of support and in-depth time with the client to make information accessible, providing home visits and following up with the hard-to-reach clients who have differing levels of engagement. The TCOYL services have received a satisfaction rate of 100% on the action plans produced. | set for the period, and is therefore likely to achieve the overall outcome of the project. |

| Scheme: | 1D – Healthy living and healthy choices |
|-------------|--|
| Priorities: | |
| | 1. Residents better informed to make healthier choices |
| | 2. Increased engagement in physical activity |
| Outcomes: | |
| | 1. Increased participation in a wide range of culture, play, physical activity, leisure and sport that are inclusive of age, gender, disability, race and mobility |
| | 2. More social opportunities for reducing isolation through participation in culture, play physical activity and sport. |
| | 3. Increased participation from marginalised groups |
| | 4. Creating opportunities for intergenerational relationships, shared experience through culture, play, physical activity, leisure and sport |
| | for all above |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct | |
|--|--------------------------|----------|--|---|--|
| Project | Date | Amount | Project Description | 21– Mar 22 | RAG Rating / Comments |
| London Tigers / Exercise for health: BAME women, children and young people | 01/10/2019 31/03/2023 | £149,590 | Exercise for health project delivers a series of sports, physical activities and health-related workshops for women, young people and children to make positive choices about their health and wellbeing. It will provide pathways to stay involved, excel in sports, and develop healthier habits for life. | Oct-Dec 2021 A key highlight during October half term were the workshops focusing on knee and back pain issues and exercises that will strengthen the health of affected beneficiaries. Participants in their feedback indicated that the workshops were very much appreciated. Through outreach work, the project has been able to engage with more people (children and women) within the local community and encourage families to participate in its sessions. This | GREEN The Project is on track to achieving the desired outcomes. It has delivered mostly in-person activities with some online sessions. |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct | |
|----------------|-------------|---------|--|---------------------------------|--|
| Project | Date | Amount | Project Description | 21- Mar 22 | RAG Rating / Comments |
| | | | | has resulted in the | |
| | | | | recruitment of new | |
| | | | | participants (70 new women | |
| | | | | and 62 new children). | |
| | | | | , | |
| | | | | Jan-March 2022 | |
| | | | | During this period the project | |
| | | | | has registered 58 new women | |
| | | | | into the activities and 51 new | |
| | | | | children. This quarter's main | |
| | | | | highlight was the International | |
| | | | | Women's Day, which involved | |
| | | | | a celebration event in which | |
| | | | | women (project participants) | |
| | | | | were recognised with the | |
| | | | | efforts they have put in to be | |
| | | | | part of the exercise sessions | |
| | | | | and activities. | |
| | | | | Most participants have | |
| | | | | reported positive feedback on | |
| | | | | improvements in both their | |
| | | | | health and wellbeing. | |
| | | | | | |
| MUDCHUTE | 01/10/2019 | £70,000 | We will use Mudchute's unique natural | Oct-Dec 2021 | GREEN |
| ASSOCIATION / | 31/03/2023 | | facilities to provide a range of freely | The project has been able to | The Project is on track to achieving the |
| Playing out at | | | chosen play opportunities in a safe, | provide face to face sessions | desired outcomes. The Project has |
| Mudchute | | | stimulating environment. Enabling | at weekends and has run | resumed in-person sessions that has |
| Maderiale | | | children access to participate in freely | several daily sessions during | attracted large numbers of families |
| | | | chosen, innovative leisure and sporting | the October half term as well | and children. |
| | | | activities will promote; exercise, healthy | as at weekends during this | |
| | | | eating, social and life skills through the | period. The project held two | |
| | | | process of 'Learning through Play' | community events over the | |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct | |
|--|--------------------------|---------|--|--|--|
| Project | Date | Amount | Project Description | 21– Mar 22 | RAG Rating / Comments |
| - | | | | Christmas period that involved participation by 400 people, of which 240 were children. | <u>.</u> |
| | | | | Jan-Mar 2022 The project delivered 70 sessions during this quarter. There was regular attendance from a group of 12 children, who are home-schooled, during February Half term. | |
| Newark Youth London / Healthy-Active- Together (HeAT) | 01/10/2019 31/03/2023 | £98,399 | The Healthy-Active-Together (HeAT) project will offer a wide range of sports and physical activities across the borough with the objective of engaging inactive young people (10 to 25) and their families in regular sports and physical activities to improve health and wellbeing and reduce isolation and exclusion. | Oct-Dec 2021 In this quarter, the project worked with 203 children, young people and adults. The project delivered 58 sessions, totalling 116 hours of delivery. In this quarter the project successfully continued to deliver the five sessions as per the grant agreement. | GREEN The project is on track to achieving the desired outcomes. It has resumed inperson sessions and has exceeded its targets |
| | | | | Jan-Mar 2022 In this quarter, the project has worked with 74 new participants (with a total of 277 children, young people and adults who have participated this year); 66 attended 5 or more sessions. The project delivered 56 sessions, totalling 105 hours of delivery. The project | |

| Start / End | Grant | | GDSC Progress Summary – Oct | |
|--------------------------|------------|--|--|---|
| Date | Amount | Project Description | 21– Mar 22 | RAG Rating / Comments |
| | | | successfully continued to deliver the existing five sessions and introduced two new sessions, over 50's Coffee Morning and Disability Football session. 44 participants have reported significant improvement to their health and wellbeing. 44 participants have reported feeling less isolated and excluded after enrolling onto the programme. | |
| 01/10/2019 31/03/2023 | £280,095 | A free membership health club with over 20 different classes and groups per week, brought to you by seven different organisations working together. Build points, beat your personal best and feel your health improve. Health Club is suitable for all ages, and participants will design the activity program alongside providers. | Oct-Dec 2021 - This partnership continued to deliver a blended range of face to face and online activities. Participants have provided positive feedback in their confidence, health, and wellbeing. Jan-March 2022 - This quarter the partnerships delivered a full face to face service. Participants have provided positive feedback in their confidence, health, and wellbeing. | GREEN The project is on track to achieving the desired outcomes. The partnership activities have been delivered largely in-person. |
| 0 | 01/10/2019 | 01/10/2019 £280,095 | A free membership health club with over 20 different classes and groups per week, brought to you by seven different organisations working together. Build points, beat your personal best and feel your health improve. Health Club is suitable for all ages, and participants will design the activity program alongside | successfully continued to deliver the existing five sessions and introduced two new sessions, over 50's Coffee Morning and Disability Football session. 44 participants have reported significant improvement to their health and wellbeing. 44 participants have reported feeling less isolated and excluded after enrolling onto the programme. A free membership health club with over 20 different classes and groups per week, brought to you by seven different organisations working together. Build points, beat your personal best and feel your health improve. Health Club is suitable for all ages, and participants will design the activity program alongside providers. Successfully continued to deliver the existing five sessions, over 50's Coffee Morning and Disability Football session. 44 participants have reported feeling less isolated and excluded after enrolling onto the programme. Oct-Dec 2021 - This partnership continued to deliver a blended range of face to face and online activities. Participants have provided positive feedback in their confidence, health, and wellbeing. Jan-March 2022 - This quarter the partnerships delivered a full face to face service. Participants have provided positive feedback in their confidence, health, and |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct | |
|---|--------------------------|---------|--|---|--|
| Project | Date | Amount | Project Description | 21– Mar 22 | RAG Rating / Comments |
| | | | | various sessions. Sessions including: healthy activity sessions; sit fit classes, aerobics, yoga, healthy walk, sailing, canoeing, kayaking, climbing, high ropes, Greencare support volunteering; planting, gardening and animal care; helping people to experience the therapeutic benefits of interacting with nature and the outdoors. October to December 2021: 115 participants January to March: 103 participants. | |
| The Bangladesh Youth Movement (BYM) / Live Healthy Enjoy Life [the Female Health & Development Project] | 01/10/2019 31/03/2023 | £75,397 | 'Live Healthy, Enjoy Life' will operate from BYM's Women's Centre providing proactive and responsive health development activities which ensure excluded BAMER women develop healthy lives and manage their own physical and mental health; peer volunteer befriending and development of social networks will alleviate isolation and facilitate inclusion. | Oct-Dec 2021 - The BYM Women Health & Development project has delivered in person sessions. The Project Manager reports that the sessions are progressing well, and activities provided have ensured positive outcomes. Jan-Mar 2022 59 people accessed BYM services this quarter | GREEN The project is on track to achieving the desired outcomes. It has resumed inperson activities. |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct | |
|---|--------------------------|-----------|--|---|---|
| Project | Date | Amount | Project Description | 21– Mar 22 | RAG Rating / Comments |
| - | | | | 32 - Bangladeshi females accessed a range of health development programmes | |
| | | | | 12 exercise classes/sessions delivered - 50 Bangladeshi females attended exercise classes | |
| | | | | 32 users attended one to one support in health matters. | |
| | | | | 18 users attending sexual health workshops | |
| | | | | 14 individuals attended domestic violence awareness workshop. | |
| The Royal Society for Blind Children / Live Active, Live Well Tower Hamlets | 01/10/2019 31/03/2023 | 63,463.00 | Live Active, Live Well Tower Hamlets will enable 60 blind and partially sighted young people aged 8-25 to gain the confidence and motivation to participate in physical activities and inform their ability to make healthier choices over the next three years. | Oct – Dec 2021 - The project delivered three Face to Face sessions and engaged two new people from the borough. At these face-to-face sessions young people took part in the following activities: FUNdamentals of movement, football drills, and goalball. | GREEN The project is on track to achieve their lifetime targets. The project has delivered a mix of online and face to face sessions. |
| | | | | Jan-Mar 2022 - In this period the project delivered one face to face session with the rest remaining online, whilst young people are still tentatively | |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct | |
|----------------|-------------|--------|---------------------|--------------------------------|-----------------------|
| Project | Date | Amount | Project Description | 21– Mar 22 | RAG Rating / Comments |
| | | | | returning back to face to face | |
| | | | | activity. In January the | |
| | | | | sessions remained online due | |
| | | | | to parents' concerns over the | |
| | | | | new variant of COVID-19 over | |
| | | | | the Christmas period. The | |
| | | | | project delivered two virtual | |
| | | | | sessions where one new | |
| | | | | young person was engaged | |
| | | | | and joined the project. 15 | |
| | | | | check-in calls were made over | |
| | | | | this period, ensuring that | |
| | | | | young people on the project | |
| | | | | were still receiving their 121 | |
| | | | | support. | |
| I | | | | '' | |

| Scheme: | 1E – Improved inclusion, health and well-being outcomes for disabled people and people experiencing mental health issues |
|-------------|--|
| Priorities: | |
| | 1. Improved health outcomes for disabled people |
| | 2. People experiencing mental health issues are better supported |
| Outcomes: | |
| | 1. More mainstream services are culturally inclusive, welcoming and accessible for disabled people and people experiencing mental health issues from different ethnic backgrounds, different faith backgrounds, and who are LGBTQI |
| | 2. Adults with complex needs (i.e who have multiple issues affecting their lives) have better health outcomes |
| | 3. Disabled people and people experiencing mental health issues;a) are more independent |
| | b) are more aware of and more likely to participate in local servicesc) have a better quality of life |
| | 4. People experiencing mental health issues have improved knowledge of where to access support, including peer support, social activities, and activities that build confidence and develop resilience |

| Organisation / | Start / End | Grant | | | |
|--|--------------------------|----------|---|---|---|
| Project | Date | Amount | Project Description | GDSC Progress Summary – Oct 21– Mar 22 | RAG Rating / Comments |
| deafPLUS / Improving Health and Wellbeing for Deaf and Hard of Hearing people in Tower Hamlets | 01/10/2019 31/03/2023 | £158,249 | A borough wide health and wellbeing project that will address health inequalities, loneliness and isolation, mental health issues and barriers to employment, lack of confidence and self-esteem by bringing deaf and hard of hearing people together across communities. | Number of deaf and hard of hearing adults report improved health and wellbeing - 23 Number of deaf and hard of hearing adults report improved mental health – 15 Number of deaf and hard of hearing adults and families report feeling less isolated – 24 | GREEN The project is on track to achieve their lifetime targets, KPIs and outcomes. The project has resumed inperson services |
| ICM Foundation CIC / CORE Projects Get Active Newspaper - Promoting Healthy and | 01/10/2019 31/03/2023 | £45,952 | From October 2019 to March 2023, 20 people with learning disabilities aged 18+ from Tower Hamlets will work in partnership with ICM Foundation. Three times each year we will design and deliver 5000 accessible newspapers, on the | Oct-Dec 2021 The group have worked extremely hard during this quarter. It produced two editions of the newspaper, working towards extremely tight deadlines despite the continued disruption of COVID upon the project. There were issues with consistent attendance of | GREEN The project is on track to achieve outcome targets. |

| Organisation / | Start / End | Grant | | | |
|---|--------------------------|---------|---|--|---|
| Project | Date | Amount | Project Description | GDSC Progress Summary – Oct 21– Mar 22 | RAG Rating / Comments |
| Active Lifestyles | | | theme of health and wellbeing, distributed to communities that reflects the borough's diversity. | beneficiaries between October-December 2021 due to COVID, but in spite of this the project's trainees have picked up their workload to ensure the impact of COVID was minimal and deadlines were reached. Autumn, winter and spring editions of the newspaper have been distributed. Feedback on the newspapers has been extremely positive and complimentary. The group are working to involve other organisations in the borough to attend some of the trips, so that more people can benefit from being out and about in the community. | 3 , |
| St Hilda's East Community Centre / St. Hilda's Surjamuki Disabled Youth Project | 01/10/2019 31/03/2023 | £45,231 | Surjamuki disabled youth project supports young people with learning and physical disabilities across Tower Hamlets, offering a range of educational and recreational opportunities and free wheelchair accessible minibus transport. | The Project has supported nine young people in October-December 2021. Project worker transitioned above beneficiaries to over-25 services before she left, so that they are properly supported. St Hilda's East decided not to continue with the Project beyond Dec 2021. The project has been working together with young people and their families to support them to obtain access to different projects where it will be better for the young person. Most of the young person have started new projects and are settling into them. | RED The Project has supported disabled young people to develop the skills and confidence to lead full and independent lives. The Project delivered sessions mainly through on-line (Facetime calls) and some face-to-face sessions. The project has been suspended/discontinued. |
| Woman's Trust / Therapeutic | 01/10/2019 31/03/2023 | £67,478 | Our Therapeutic Support Groups provide a safe, moderated space | Oct-Dec 2021 | GREEN The project is on track to |

| Organisation / | Start / End | Grant | | | |
|--|-------------|----------|---|--|--|
| Project | Date | Amount | Project Description | GDSC Progress Summary – Oct 21– Mar 22 | RAG Rating / Comments |
| Support Groups for women affected by Domestic Abuse | Date | Amount | for female survivors of domestic abuse to share experiences and support each other. Groups help women to recover their mental health by reducing isolation, learning from shared experiences, being empowered by supporting others and thereby gaining confidence and independence. | The group was scheduled to have six women attend. Two were unable to attend due to personal circumstances. Four women attended the group (with three completing it; the fourth person was unable to complete the group due to personal circumstance, but organisation offered her alternative evening provision commencing in March 2022). Most members liked that the group was delivered online. Jan-Mar 2022 - Two groups completed this quarter, supporting nine women, with all reporting positive outcomes. Ongoing contact has been maintained with participants. Outcomes of their client evaluation demonstrated: | achieve its lifetime targets and outcomes. |
| | | | | 100% of participants reported moderate – significant improvements for reduced stress and anxiety and increased confidence and self-esteem. Seven out of the eight women reported mid-significant improvements in reduction of isolation. | |
| | | | | The organisation is introducing evening groups to meet the needs of women unable to attend during the day and catch up on outcomes where progress was limited because of COVID restrictions. | |
| Working Well | 01/10/2019 | £379,698 | Improve the wellbeing of people | Oct-Dec 2021 | GREEN |
| Trust / Upskill | 31/03/2023 | | with lived experience of mental | | The project is on track to |

| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary – Oct 21– Mar 22 | RAG Rating / Comments |
|------------------------|---------------------|-----------------|--|---|--|
| | | | health by supporting them to achieve their goals by accessing new opportunities and including support from their peer, enabling to reconnect with the local community. | The project has continued to exceed engagement targets and has seen an increasing number of referral agencies using the Upskill service. Project has been increasingly well used by the local GP and social prescribing networks. Jan-Mar 2022 The project continues to exceed engagement targets for the quarter. The target of 60 referrals per quarter was surpassed with 72 referrals secured, with many more referrals coming via both social prescribers and secondary care providers. The project has extra capacity to target a small | achieve its lifetime targets and project outcomes. |
| | | | | shortfall in referrals from the over 50s community. Upskill has established networks in the community, including being part of the Tower Hamlets Community Advice Network, attending at E1 E2 E3 and E14 breakfast meetings. | |

| Theme / | 2 – Digital Inclusion and Awareness | | | | | | |
|-------------|---|--|--|--|--|--|--|
| Scheme: | 2A – ICT Skills and Digital Careers | | | | | | |
| Priorities: | Access to ICT support and training for older people Digital skill development for children and young people Increase awareness of careers in the digital sector, and Provide children and young people with the opportunity to develop the skills for the digital sector. | | | | | | |
| Outcomes: | Residents with limited digital/ICT skills, particularly older residents, disabled residents, those with English as a second language or other barriers to digital inclusion: a) Have increased confidence in using ICT, especially around security; b) Are able to use digital methods to access services, find information, and communicate with others, and do so more regularly; c) Have increased digital skills. Working age residents have greater awareness of digital careers, have increased digital skills, and have increased access to work and work placements in the digital sector | | | | | | |

| Organisation / | Start / End | Grant | | | |
|----------------|-------------|---------|---|--|---------------------------------|
| Project | Date | Amount | Project Description | GDSC Progress Summary – Oct 21 – Mar 22 | RAG Rating / Comments |
| Limehouse | 01/10/2019 | £62,297 | The aim of DigiTIES workshops is to | Number of older people have learned to use | GREEN |
| Project / | 31/03/2023 | | prevent digital exclusion in older | at least three ICT platforms – 10 | The Project provided one-to- |
| DigiTIES | | | adults in order to prevent social | | -one support remotely |
| | | | isolation and increase their ability to | Number of older people have learned to use a | through different methods |
| | | | access online health related support. | search engine to find health information on | such as face time, telephone |
| | | | The content of the workshop includes | NHS websites - 5 | calls/social distance visits to |
| | | | how to use social media, managing | | drop materials/tablet and |
| | | | email accounts, and accessing online | Number of older people report greater | phone donations. |
| | | | health related support services. | confidence using ICT - 6 | |
| | | | | | The project is on track to |
| | | | | | achieve the funded |
| | | | | | outcomes. |
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| Organisation / | Start / End | Grant | | | |
|--|--------------------------|---------|--|--|---|
| Project | Date | Amount | Project Description | GDSC Progress Summary – Oct 21 – Mar 22 | RAG Rating / Comments |
| Newham New Deal Partnership / @online club network Tower Hamlets | 01/10/2019 31/03/2023 | £68,320 | @online club network will build the confidence of older residents (over 50s) to go online using tablet devices, learning in small friendly groups, through taster sessions and eightweek or longer programmes of practical activities based on the needs and interests of participants. | Number of older residents' report increased confidence going on-line- 15 Number of older residents report able to go online to do more things – 15 Number of local residents' have increased skills due to engagement in the project as volunteers – 2 | GREEN The project delivered a mix of one-to -one digital buddy tuition and small group work. The project is on track to achieve the funded outcomes. |
| Wapping Bangladesh Association / Digital First | 01/10/2019 31/03/2023 | £16,503 | Digital First will engage socially isolated BME older adults aged 55+ but not exclusively living in Wapping and Shadwell, who are not computer literate and are digitally excluded. The Project will deliver ICT and Internet training that will help older adults to cope with facing key life transitions or challenges. | Number of older adults develop a better understanding and appreciation of the potential benefits of learning to use computers and how to navigate around the internet – 15 More than 75 % of older adults report increase social contacts and community involvement as a result of accessing the project - 11 More than 40% of the older adults on the Project report able to use online services to manage daily life tasks. The project has delivered 25 sessions this year - 9 | GREEN The project has delivered on-line and face-to-face group sessions. Clients have benefitted from food and medicine drops, ensuring their physical and mental health are supported. The project is on track to achieve the funded outcomes. |

| Scheme: | 2B | 2B – Online Safety | | | | | |
|-------------|----|--|--|--|--|--|--|
| Priorities: | 1. | Children and young people online safety | | | | | |
| Outcomes: | 1. | Residents are aware of potential dangers online and implement suitable prevention measures | | | | | |
| | 2. | 2. Children, young people and their families know how to report online bullying and abuse | | | | | |
| | 3. | Older people are aware of how to identify online scams and how to keep themselves safe | | | | | |

| Organisation | Start / End | Grant | | | |
|---|--------------------------|---------|--|---|--|
| / Project | Date | Amount | Project Description | GDSC Progress Summary – Oct 21 – Mar 22 | RAG Rating / Comments |
| SocietyLinks Tower Hamlets / E- Safety Champions | 1/10/2019 31/03/2023 | £20,293 | The E-Safety Champions project will train local women to become 'champions' for e-safety in the community. Weekly workshops will cover all areas of online safety. Once trained, our champions will go into schools and community groups to spread their knowledge to young people and parents/carers through presentations and workshop | Number of Project Champions reported feeling confident enough to make a change and tell others to do so too – 22 Number of project participants reported taking a specific action at home to improve online safety - 33 100% of adults and young people who partook in workshops were able to relay the information learnt back to the staff and group which confirmed that they understood how to report and identify cyber bullying – 100 | GREEN The project continued with online sessions as well as face to face group delivery during the summer period. The project is on track to achieve the funded outcomes. |
| Sporting Foundation / Building Digital Resilience | 01/10/2019 31/03/2023 | £30,811 | Sporting Foundation will build the digital resilience of children and young people and raise the awareness of online safety with parents so that as families they are safe from risk and able to utilise digital resources and managed effectively and reduces harm. | Number of parents and young people report being more confident in understanding the relationship between social media and online grooming – 39 Number of parents and young people report increased awareness of risks pertaining to on-line activity- 61 Number of parents report being more | GREEN The project has progressed steadily despite the challenge of COVID-19, delivering online and face-to-face workshops. The project is on track to achieve the funded outcomes. |

| Appendix | 2 |
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| | | confident of safeguarding procedures and can communicate safety messages to young people – 63 | |
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| | 3 - Advice and Information |
|-------------|--|
| Theme / | |
| Scheme: | |
| Priorities: | This theme has a single priority, Social Welfare Advice and Information. |
| Outcomes: | Reduce poverty across the spectrum of social welfare advice and information activity: |
| | 1. Increased access to social welfare advice and income from benefits |
| | 2. Improved personal budgeting, financial stability and reduction in personal debt |
| | 3. Reduction in the number of people negatively impacted by welfare reforms and housing repossessions |
| | 4. Individuals are more informed about their legal rights |
| | 5. Individuals are more informed about their housing rights |
| | 6. Increased employment security |
| | 7. Increased access to immigration/asylum advice and casework |
| | 8. Increased engagement of older people with social welfare advice services |
| | Capacity building and training within the sector: |
| | Improved coordination and cooperation between advice providers |
| | 2. Increased integration of service both within the VCS advice sector and with services in other sectors |
| | 3. Increased number of local volunteers achieving a recognised advice training accreditation |
| | 4. Improved liaison and co-ordination with public sector agencies |
| | 5. Improved access to information for providers |

| Organisation / | Start / End | Grant | | | |
|-------------------|-------------|------------|-------------------------------------|--|-----------------------------|
| Project | Date | Amount | Project Description | GDSC Progress Summary – Oct 21 – Mar 22 | RAG Rating / Comments |
| East End Citizens | 01/10/2019 | £3,234,357 | Advice Tower Hamlets provides | 10,477 clients have been assisted with social | GREEN |
| Advice Bureaux | 31/03/2023 | | free, confidential, independent, | welfare advice | The advice provision is |
| / Advice Tower | | | quality-assured advice services to | | transitioning back to face- |
| Hamlets | | | help Tower Hamlets residents | 2,170 clients have been supported to | to-face advice for |
| | | | resolve the problems they face, | increase/maximise incomes | vulnerable clients, whilst |
| | | | including welfare benefits, | | continuing to provide |
| | | | housing, money/debt, | £25,455,375 of clients' income has increased/or | telephone and online |
| | | | employment, immigration, | backdated | services. |
| | | | consumer, education, community | | |
| | | | care, family, personal issues. This | £11,497,000 debt reduction/write offs resulting in | The project is on track to |
| | | | service is led by Citizens Advice | reduction in amounts of personal debt. | achieve the funded |

| Organisation / | Start / End | Grant | | | |
|--|--------------------------|----------|---|---|--|
| Project | Date | Amount | Project Description | GDSC Progress Summary – Oct 21 – Mar 22 | RAG Rating / Comments |
| | | | Tower Hamlets, in partnership with twelve local advice agencies. | | outcomes. |
| Island Advice Centre / Tower Hamlets Advice Training and Capacity Building Project | 01/10/2019 31/03/2023 | £175,000 | The project improves capacity, training, quality and access to the borough's advice services. We will develop coordination and cooperation between advice and other sectors providing recruitment and training for volunteers, facilitation of the THCAN network, updated website of advice provision and information / factsheets, coordination of meetings, delivering formal training. | The project has delivered- 24 Advice Workshops to 247 participants on a range of issues, such as benefits, housing, homelessness, employment and immigration. 16 Learning to Advise certificates (8 to volunteers and 8 for staff) achieved by beneficiaries 1 volunteer found paid work | GREEN The staff on this project are working in a hybrid style of office and home delivery. Service delivery is slowly adapting to pre-COVID ways, with telephone advice, Zoom training and face-to-face sessions. The project is on track to achieve the funded outcomes. |

| Theme / | 4 – Employment and Skills | | | | | | | | |
|-------------|---|--|--|--|--|--|--|--|--|
| Scheme: | A - Developing and embedding good practice in the workplace for people with disabilities, learning difficulties and physical and mental | | | | | | | | |
| | health barriers to work | | | | | | | | |
| Priorities: | 1. Promoting ethical employer practices to focus on improving employment and progression opportunities for people with additional | | | | | | | | |
| | needs, with an emphasis for employers on sustaining or improving business productivity. | | | | | | | | |
| Outcomes: | 1. More disabled people and people with mental health issues access work experience placements and employment opportunities | | | | | | | | |
| | 2. Disabled employees feel more comfortable and better supported in sustainable roles in the workplace | | | | | | | | |
| | 3. Disabled people have access to meaningful, relevant training and skills development | | | | | | | | |
| | 4. Tower Hamlets employers are more inclusive and employ more disabled people and people with mental health issues and are more | | | | | | | | |
| | aware of how to support them. | | | | | | | | |

| Organisation / | Start / End | Grant | | | RAG Rating / |
|----------------|-------------|----------|---------------------------------|--|----------------------|
| Project | Date | Amount | Project Description | GDSC Progress Summary – Oct 21 – Mar 22 | Comments |
| REAL DPO / | 01/04/2020 | £405,729 | A holistic package of services, | Number of organisations engaged in each quarter and the | GREEN |
| THEN & NOW | 31/03/2023 | | underpinned by coproduction, | nature of the engagement – 27 | The project is still |
| | | | to support Tower Hamlets | | delivering virtually |
| | | | companies develop the | The project has provided one-to-one support to 24 | due to additional |
| | | | confidence and capacity to be | beneficiaries and has achieved 100% satisfaction rate from | challenges faced by |
| | | | excellent employers of | them. | their service users. |
| | | | disabled people, and increase | | |
| | | | levels of employment amongst | The project had 24 employers attending across three | The project is on |
| | | | them. The project creates | Inclusive Employment workshops | track to achieve |
| | | | communities of current and | | their lifetime |
| | | | potential workers, and | | targets. |
| | | | employers, to drive positive | | |
| | | | change. | | |
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| Scheme: | 4B - Reducing barriers to employment for disadvantaged groups |
|-------------|--|
| Priorities: | Reducing barriers to employment for disadvantaged groups |
| | 2. Employment and volunteering opportunities for older people |
| | 3. Employment skills for vulnerable young people and those who are NEET |
| | 4. Employment and skills for young people at risk of achieving poor outcomes |
| Outcomes: | 1. Young people have increased life skills, employability skills, communication /presentation and interview skills and confidence, and have access to mentoring, work experience and internships |
| | 2. Older people gain life skills and secure employment and/or voluntary roles |
| | 3. Potential entrepreneurs/business founders have access to independent support and advice and increased knowledge of business and financial planning |
| | 4. Increased opportunities for women who are far from the labour market or on a low salary to develop their confidence, soft skills, |
| | and work ready skills to access employment or start their own business. |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct 21 – | |
|---|--------------------------|----------|--|---|---|
| Project | Date | Amount | Project Description | Mar 22 | RAG Rating / Comments |
| Limehouse Project / Developing Potential | 01/10/2019 31/03/2023 | £176,033 | Developing Potential is an integrated programme of personal skills development designed to enable women to make informed choices on their futures, supporting them into training, volunteering and work. This project will link with the existing provision and act as a progression route forwards new opportunities for women in Tower Hamlets | Women engaged and assessed to attend the 4-week personal development course - 72 Women report feeling confident and job ready following a volunteer placement or employer engagement taster session - 18 | GREEN The project managed to secure 20 laptops which were distributed to individuals with no devices and who were from low-income families. The project continues delivering training to regular cohorts on Childcare, Teaching Assistant role, plus functional skills Level 1 and 2 courses. The project is on track to achieve its lifetime targets. |
| SocietyLinks Tower Hamlets / | 01/10/2019 31/03/2023 | £53,536 | This project will deliver two weekly job club sessions Mondays and Wednesdays 9- | The number of people who are NEETs and/or from workless | GREEN On top of providing face-to-face |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct 21 – | |
|--|-----------------------|----------|--|--|--|
| Project | Date | Amount | Project Description | Mar 22 | RAG Rating / Comments |
| Job Club | | | 12 pm run by our experienced employment support worker. The sessions will include access to computers and tailored employment support with creating a CV, accessing emails, job searching, applications and using Universal Job Match. | households) who access employment support to assist their employment prospects - 61 The number of people that have an updated CV - 46 | services, the job club has been reaching out to more people through forms of online interactions than ever before. They have managed to secure their clients jobs through various apps which offer better work-life balance. |
| | | | | | The project is on track to achieve its lifetime targets. |
| St Giles Trust / | 01/10/2019 | £198,800 | We will support NEET Young people who | Number of young people engaged | GREEN |
| Choices Tower Hamlets | 31/03/2023 | | are facing multiple disadvantages to access education, skills development and employment. The project will deliver credible, consistent and holistic work via individualised one-to-one support, supporting the young person to address and overcome barriers to raise their aspirations and towards reaching their potential. | on a consistent voluntary basis, minimum of one face to face intervention per week - 13 Number of young people show improved levels of mental health and wellbeing due to reducing barriers to employment, increased confidence in their future and access to specialist mental health support as required – 12 | The project has returned to hybrid working and outreach activity has continued with staff meeting at least four clients per day in Tower Hamlets. The project continues to receive clients from various sources such as youth clubs, Department for Work and Pensions, National Probation Service and other charities and social enterprises from Tower Hamlets. The project is on track to achieve their lifetime targets. |
| Stifford Centre Limited / BAME Women's | 01/10/2019 31/03/2023 | £106,323 | This project will run a training programme to help long-term unemployed and economically inactive, isolated and | Beneficiaries will have gained volunteering experience and report that they have gained confidence – | GREEN The project is on track to achieve its lifetime targets. |

| Organisation / | Start / End | Grant | | GDSC Progress Summary – Oct 21 – | |
|----------------|-------------|--------|---|--------------------------------------|-----------------------|
| Project | Date | Amount | Project Description | Mar 22 | RAG Rating / Comments |
| Employment | | | disenfranchised BAME women and | 5 | |
| Support | | | improve their job prospects. The focus is | The project continues to offer face- | |
| Programme | | | on carers and single parents of Bengali, | to-face support to those most | |
| | | | Somali and BAME heritage with limited | impacted by economic inequality in | |
| | | | English language, confidence and | the borough through their women's | |
| | | | secondary education for community | programme. The programme offers | |
| | | | learning. | ESOL, Child Care, Digital Literacy | |
| | | | | training and one-to-one reading | |
| | | | | support. | |
| | | | | | |

| Scheme: | 4C - St | C - Support focused on increasing access to art and cultural industries | | | | | | |
|-------------|--|--|--|--|--|--|--|--|
| Priorities: | 1. | Support focused on increasing access to art and cultural industries | | | | | | |
| Outcomes: | 1. | Increased opportunities in the arts and cultural industries for BAME people, women, disabled people, working class people, older | | | | | | |
| | people | | | | | | | |
| | 2. Increased access to industry relevant training; | | | | | | | |
| | 3. | Increase in people participating in arts projects for the first time | | | | | | |

| Organisation / | Start / End | Grant | | | |
|---|--------------------------|----------|--|--|--|
| Project | Date | Amount | Project Description | GDSC Progress Summary – Oct 21– Mar 22 | RAG Rating / Comments |
| Auto Italia South East / Learning Live! | 01/10/2019 31/03/2023 | £38,500 | Learning Live! is a training and mentoring programme designed to support young people in Tower Hamlets progression into higher education courses, with the aim to aim to increase access into the art and cultural industries. | Technology workshops at Auto Italia are attended by young people from Tower Hamlets - 60 Young people in Tower Hamlets, in particular BAME and working class young people, attend and benefit from portfolio review and mentoring workshops per annum exploring creative careers and university courses, feedback on coursework and sketchbooks, university portfolio workshops and practice interviews for GCSE students enrolling onto A Level courses – 96 | GREEN The project set up several workshops to keep young people engaged and improve their digital skills as well as explored a range of career possibilities with schoolchildren. The project is on track to achieve its lifetime targets. |
| Four Corners Ltd / ZOOM Film School | 01/10/2019 31/03/2023 | £284,806 | ZOOM Film School will work with 90 disadvantaged residents particularly BAME communities, women and people with disabilities to nurture their creative talent, increase confidence and self-esteem, and enable them to acquire the practical skills, experience, and industry knowledge needed to move into work in the creative industries. | Number of trainees completed their ZOOM film school training in camera, production and editing and undertook their OCN accreditation tests in person- 7 Number of trainees gained paid employment - 4 | GREEN The project provided the January 2022 cohort with 8 weeks of online training in camera, production, and editing skills and produced a promotional film for Island House Community Centre. The project is on track to |

| Organisation / Project | Start / End Date | Grant Amount | Braiast Description | CDSC Disagrans Summers. Oct 21. May 22 | BAC Beting / Comments |
|---|--------------------------|-----------------|--|---|---|
| rioject | Date | Amount | Project Description | GDSC Progress Summary – Oct 21– Mar 22 | achieve their lifetime targets. |
| Magic Me / Artworks | 01/10/2019 31/03/2023 | £96,587 | Artworks is a new traineeship delivered by arts charity Magic Me, identifying and supporting talented Tower Hamlets Residents from BAME and working-class backgrounds to gain the knowledge, skills and confidence to access careers in community arts coordination and producing. | Number of community partners identified/contacted for recruitment pathways – 3 Number of trainees completed work placement – 1 | GREEN The project had to change its delivery plan due to changing government restrictions. The organisation had formed a new plan in August 2021 to take on 7 new trainees and ensure they received meaningful and supported work experience. The project is on track to achieve their lifetime targets. |
| The Bromley by Bow Centre / Creative Communities | 01/10/2019 31/03/2023 | £202,237 | Our project will equip at least 180 people from under-represented communities to increase their participation and readiness for employment in the creative sector. We will do this through a flexible community-based programme of engagement, needs assessment, practical group work and 1:1s, combining personal and core skills development, with individual support. | Number of participants from target groups are enrolled and assessed – 46 Number of participants identified as having not previously engaged in an arts/culture activity, state they have now participated in such an activity. – 44 Number of local people from target groups secure an arts related work placement within 3 months of completion - 5 | GREEN The project worked on participants' action plans and got them involved in a range of different creative activities such as mosaic classes, embroidery workshops and creative skills sessions. The project is on track to achieve its lifetime targets. |

| Theme / | 5 – Community Safety | | | | | | | | |
|-------------|---|--|--|--|--|--|--|--|--|
| Scheme: | 5A – Reduction in the exploitation of children, young people and other vulnerable groups | | | | | | | | |
| Priorities: | 1. Reduction in the exploitation of children and young people, and vulnerable groups | | | | | | | | |
| Outcomes: | Children, young people and other vulnerable people: a) Have increased confidence and critical thinking skills; b) Have an increased understanding of what a safe relationship is, what exploitation is, and how to spot the signs of abuse and exploitation; c) Have an emotional and actual vocabulary to articulate what is happening to them; d) Are better able to challenge and support each other around relationships. | | | | | | | | |

| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary – Oct 21 – Mar 22 | RAG Rating / Comments |
|------------------------|--------------------------|-----------------|---|--|--|
| Kazzum Arts / Build | 01/10/2019 31/03/2023 | £63,552 | Build supports young people excluded from mainstream education, currently educated at a pupil referral unit (PRU) in Tower Hamlets. Students in this setting are at risk of exploitation and coercion into criminal activity. Through a programme of creative activities, the project develops participants confidence, emotional, literacy and interpersonal skills. | Project had a large number of new referrals in January-March 2022, with 11 young people joining its boys' group and Inclusion (Communication) group. Eight young people returned from the autumn term. The project had been able to maintain contact with them since October 2021. The boys' group has focused on supporting mental health and masculinity and the intersection between the two. The girls' group has been exploring areas of wellbeing and common interests and considering what helps them to feel respected in relationships, through group discussion, games and visual arts activities. | The project has been able to progress more effectively in January-March 2022, with new referrals and beneficiaries returning. It has been able to re-convene its Communications group, which focuses on beneficiaries with speech, language and communication needs. Project will be working with four groups in the summer term, with 28 sessions scheduled. Remote activities will also be produced for the summer holidays The project is on track to achieve its aims. |
| Osmani Trust / | 01/10/2019 | £125,843 | This project: | The project continued to support young | GREEN |

| Organisation / | Start / End | Grant | Project Description | GDSC Progress Summary – Oct 21 – Mar 22 | RAG Rating / Comments |
|---|-----------------------|---------|---|---|--|
| Project | Date | Amount | | | |
| Schools and Community Resilience Programme | 31/03/2023 | | transforms and changes the attitudes and behaviour of secondary school children; improving their confidence, critical thinking skills and emotional intelligence. delivers a peer programme engaging young people as ambassadors to their peers, changes attitude, promotes understanding, increase community cohesion, and ultimately empowers young people. | people who have been identified as at risk of exclusion and violence through school sessions, community workshops, digital workshops, and mentoring. Number of young people engaged in the project that accessed education and mentoring support35 Number of face to face, phone or online education and mentoring sessions provided - 57 20 workshops delivered to 27 young people in January-March 2022, with 23 young people graduating from the programme. | New developments include project working with a group of young people from the Somali community and work with a large group of youths from the Stepney area. Project recently secured the Haileybury youth centre as an alternative to bringing the youth back to Osmani Centre. It was also in the process of starting another peer group from the Bethnal Green area, having already secured a local youth club space in recent weeks. Project is on track to meet its targets. |
| Streets of Growth / Resilient Young Leaders Programme | 01/10/2019 31/03/2023 | £90,356 | The Resilient Young Leaders Programme is an innovative, impactful initiative led by and for young people (15-19 years) to enable young people to build skills and capacity to feel safe, confident, and responsible when demonstrating the community safety and positive change they want to see in their neighbourhoods. | Number of young people have engaged in training workshops- 33 Number of young people registering for ASDAN leadership accreditation- 7 Number of crisis intensive interventions with highest risk young people in the Young Influencers programme - 28 | GREEN Project is making good progress an is on track to achieve its aims. It has a core group of 23 young leaders of which 5 are now in paid roles are Senior Young Leader Ambassadors |

| Scheme: | 5B – Improving the perception of young people in the community |
|-------------|---|
| Priorities: | Improving the perception of young people in the community |
| Outcomes: | 1. Children and young people are, and are seen to be, a positive part of the community |
| | 2. Increased community cohesion and sense of belonging |
| | 3. Residents, especially older people, people feel less wary of children and young people |

| Organisation | Start / End | Grant | Project Description | GDSC Progress Summary – Oct 21 – Mar 22 | |
|---|--------------------------|---------|--|---|---|
| / Project | Date | Amount | | | RAG Rating / Comments |
| Four Corners Ltd / Into Focus photography project | 01/10/2019 31/03/2023 | £58,044 | Into Focus offers an intergenerational photography project for 24 people each year (12 young people aged 14-25 years and 12 over-50s). Groups will create work for a final exhibition, focusing on social perceptions and misconceptions between older and younger people to promote positive attitudes and increasing mutual understanding. | Number of beneficiaries participating in the project - 23. Project ran a variety of experimental photography workshops to produce artworks for the third project's public exhibition, which opened between 14 - 17 December 2021 and 4 - 7 January 2022 at Four Corners gallery. Participants enjoyed a very successful exhibition reception for family and friends on 11 December 2021. Participants have attended 29 darkroom workshops and four studio photography workshops, supported by an artist. | Project is making good progress and is progressing successfully towards its outcomes. It has established good external relationships, including with education and culture organisations, photography companies and professional photographers and artists. |
| Leaders in Community / Project Connect | 01/10/2019 31/03/2023 | £68,391 | A group of young people recruited by LiC will collaborate with older people to design a programme of activities and celebrations, which enable long-term social connections to be made, and ideas and points of view to be exchanged. The outcomes of the activities will be shared with the wider community. | Project continues to have its coffee mornings every Tuesday to bridge the gap between elderly and young people. Project's young people support these sessions by initiating conversations and making hot drinks for the elders, while also encouraging them to participate in games such as bingo Young people supported elders with Christmas | GREEN Project is on schedule to meet its targets. |

| Organisation | Start / End | Grant | Project Description | GDSC Progress Summary – Oct 21 – Mar 22 | |
|--------------|-------------|--------|---------------------|---|-----------------------|
| / Project | Date | Amount | | | RAG Rating / Comments |
| | | | | activities, including Tree decorating, card designing, and a Christmas dinner complete with a Santa Claus. | |
| | | | | Main event of January-March 2022 was a quiz event between project's young people, who hosted the event, and elders, to provide a fun, interactive and competitive space to continue building project's intergenerational links. | |

| Scheme: | 5C | - Services for people affected by domestic violence or other unsafe circumstances |
|-------------|----|--|
| Priorities: | 1. | Services for people affected by domestic violence |
| | | |
| Outcomes: | 1. | More residents, particularly families and young people, are aware of the different forms that domestic violence and sexual abuse |
| | | (DVSA) can take, know how to report it, and where to access support. |
| | 2. | Young victims and witnesses of DVSA are supported to recognise and report it. |

| Organisation / | Start / End | Grant | Project Description | GDSC Progress Summary – Oct 21– Mar 22 | RAG Rating / Comments |
|--|-----------------------|---------|---|--|---|
| Project | Date | Amount | | | |
| Hestia Housing and Support / Families Safe and Secure in Tower Hamlets | 01/10/2019 31/03/2023 | £80,850 | This project supports families who have experienced DVSA and who are living in a local refuge to address the trauma they've faced and to learn about what a healthy relationship looks like. It also raises awareness amongst the Tower Hamlets community of DVSA and how to report it. | Project continues to increase awareness of domestic abuse in the borough through our Safe Spaces and Online Safe Spaces initiatives. Project has been able to develop its on-line activities and has been developing a Safe Spaces e-learning package. Project delivered five workshops in the community and five workshops in Hestia's domestic abuse refuge in the borough. Topics addressed have included healthy relationships, types of domestic abuse and mindfulness sessions for children in the refuge. | GREEN There has been some staff changes within the project but it is on schedule to meet its outcomes. |

| Fund: | Infrastructure and Capacity Building Support | | | | | | |
|-------------|---|--|--|--|--|--|--|
| Priorities: | Skills exchange and accessible training | | | | | | |
| | 2. Making organisations ready to respond to new funding opportunities | | | | | | |
| | 3. Fundraising support for smaller, volunteer led organisations without staff | | | | | | |
| | 4. Developing quality assurance | | | | | | |
| | 5. Managing assets for community benefit | | | | | | |
| | 6. Developing resilience and supporting organisations through periods of transition | | | | | | |
| Outcomes: | 1. Broader pool of organisations accessing public service funding | | | | | | |
| | 2. Increased proportion of organisations achieving recognised quality assurance standards | | | | | | |
| | 3. VCS more resilient with more sustainable funding base | | | | | | |
| | 4. Organisations supporting each other | | | | | | |

| Organisation / | Start / End | Grant | | | |
|---|-----------------------|----------|---|--|---|
| Project | Date | Amount | Project Description | GDSC Progress Summary – Oct 21– Mar 22 | RAG Rating / Comments |
| Tower Hamlets Council for Voluntary Services (THCVS) / Infrastructure and Capacity Building Project | 01/10/2019 30/09/2022 | £780,000 | THVCS Infrastructure Partnership brings together the main Voluntary and Community Sector (VCS) infrastructure support agencies in Tower Hamlets to increase the range and number of VCS organisations that are well-run, resilient and sustainable; and to strengthen the VCS as a key Public Sector Strategic Delivery Partner in Tower Hamlets. Partners: Tower Hamlets Council for Voluntary Service Volunteer Centre Tower Hamlets | Number of VCS organisations supported – 85 Number of volunteer managers being trained – 48 Number of VCS organisations with improved volunteering practices – 16 Number of VCS organisation staff attending training/peer learning workshops – 71 | GREEN The partnership project has adapted well to the challenges of COVID-19 and THCVS and VCTH have made good progress towards planned outcomes, over-performing against a number of KPIs. THCT had to suspend its services due to the COVID-19 pandemic. Funding designated for THCT has been allocated within the project to a VCTH-delivered matching and training programme for BAME trustees within local VCS organisations, which commenced in spring 2022. |