



TOWER HAMLETS

# Children Living & Leaving Care Council (CLICC)

9<sup>th</sup> September 2021



# Introductions



## The CLICC Team

- Hasan Faruq, Participation & Engagement Manager
- Farhan Hoque, Young People's Coordinator (Apprentice)
- Samantha Anderson, CLICC Participation Officer
- Shihad CLICC Plus Chair
- Hamida CLICC Plus Deputy Chair

## Items to discuss

- Care Leaver App
- CLICC Plus Residential to Wales – Thursday 9<sup>th</sup> to Sunday 13<sup>th</sup> Sept
- Wish List from CLICC Plus
- Recruitment to Junior (8 to 12) & Teen (13 plus) CLICC



# KNOW NOW

Support for Tower Hamlet's Care Leavers  
as you move in to independent living



Information  
and Advice



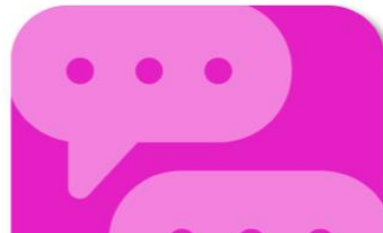
Key Contacts



Apprenticeships



Events



# KNOW NOW

- Home
- Information and Advice
- Messaging
- Favourites
- VIPs
- Organisations
- Apprenticeships
- Events
- Settings and More

Update the default language

English



# Residential – 9<sup>th</sup> to 11<sup>th</sup> Sept 21

## Denbighshire in Wales



Activity: 11 young people & 3 staff

- Archery - This activity is to develop communication, self belief and personal achievement
- Coasteering - Concentration, following instructions
- Canoeing - Water safety and communication skills
- Leadership Development - Discovering the inner skills through experiential learning
- Assault Course - Team working, push-ing self to the limit, supporting others
- Caving - Going into unfamiliar places and pushing self to do things unusual



# Wish List from Young People



We asked the young people to come up with some key actions they would like to be taken up by the CPB and they came back with the following:

1. Wrap around Service – young people want a lead professional (social worker or personal advisor) to make sure all services come together for the young person (e.g. housing, benefits, immigration)
2. Smooth Transition – services don't work together and so transitioning from one place/situation to another doesn't always go smoothly and can cause lots of stress and anxiety



# Wish List from Young People



3. Creating CLICC Ambassadors – a big campaign should be run to get these young people recognised as representatives for others in care so they can advocate on their behalf and become real voices for them

4. Training and Development for social workers – social workers aren't always trained up adequately in the services that young people need so they need regular refreshers so that they help young people promptly and offer the right services at the right time



# Wish List from Young People



5. Oyster cards (free travel) – some young people have free travel and others don't. Could this be escalated so that all young people in care are offered free travel
6. Local Offer – needs to be refreshed and updated so that it is clear to ALL what is expected and what is delivered
7. Staff Rapport – Young people want staff consistency as they are frustrated by constant changes of professionals meaning they have to repeat their story and build another new relationship



# Wish List from Young People



8. Referral Fatigue – Young people want to stop the constant referrals from one agency to another without support. They get worried about what the new person will think of them and it builds up their anxiety. They avoid going to new places or making new contacts as its intimidating and always very stressful

9. Mindfulness – MH Support/Counselling. Young people don't like to go to CAMHS because of the stigma attached to mental health. They'd rather focus on the positives through mindfulness or mind and body workshops. The word 'mental' can put some of them off





# How can the CLICC support YOU?



1. A space to share your voice – You can help shape council activity through your feedback.
2. Support accessing services – Dedicated support staff will help you access other services you need.
3. Activities and respite – You can attend fun activities and sessions at Haileybury Youth Centre.
4. A peer support network – You will have the chance to meet with and learn from other young people.

## Join a group:

1. Junior CLICC for young people aged 8 to 12
2. Teen CLICC for young people aged 13 to 17
3. Young Adult CLICC for young people aged 18 to 25

