


<p align="center"><b>Health &amp; Adults Scrutiny Sub-Committee</b></p> <p align="center">Thursday 16<sup>th</sup> September 2021</p>	 <p align="center"><b>TOWER HAMLETS</b></p>
<p><b>Report of: Denise Radley, Corporate Director Health, Adults and Community</b></p>	<p><b>Classification:</b> Unrestricted</p>
<p align="center"><b>Mental Health: Understanding the Impact of the Covid-19 Pandemic</b></p>	

<b>Originating Officer(s)</b>	Carrie Kilpatrick - Deputy Director Mental Health and Joint Commissioning
<b>Wards affected</b>	All wards

## Summary

The presentation provides a high-level summary of the impact of the pandemic on the mental health of our residents alongside the experience of local mental health services as they have rapidly adapted and developed new ways of working to address the various emerging pandemic trends and look to transform services going forward to meet the ongoing demands and opportunities.

The presentation has a specific focus on local community, crisis and talking therapies services, which demonstrate the impact across the full spectrum of mental health experiences from common mental health disorders to severe mental illness.

## Recommendations:

The Health & Adults Scrutiny Sub-Committee is recommended to:

1. Note and participate in open discussion on the challenges and opportunities the Covid-19 pandemic has had on local mental health service provision, including the new ways of working to support the wellbeing of our local residents and the future strategic approach to address the forecasted ongoing increasing demand.

## **1 REASONS FOR THE DECISIONS**

1.1 N/A For information / discussion only

## **2 ALTERNATIVE OPTIONS**

2.1 N/A For information / discussion only

## **3 DETAILS OF THE REPORT**

3.1 As summary above.

## **4 EQUALITIES IMPLICATIONS**

4.1 Impact on health inequalities outlined in the presentation. System work underway to address these through the 'shaping our future' programme.

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### **Linked Reports, Appendices and Background Documents**

#### **Linked Report**

- None

#### **Appendices**

- None

#### **Background Documents – Local Authorities (Executive Arrangements)(Access to Information)(England) Regulations 2012**

- None

#### **Officer contact details for documents:**

N/A