'Healthy Tower Hamlets: Building the Vision Together'

Health & Wellbeing Strategy 2020-25

Covid-19 Progress Update

Issue for Board discussion

- Pre-Covid we were on a pathway for developing the new health and wellbeing strategy
- The key principles were coproduction, a locality focus and delivery
- We looked at health data, reviewed strategies, conducted workshops with providers and service users and completed a resident conversation
- We had planned a summit to bring all this together and think through priorities
- However, COVID-19 happened
- The experience of COVID-19 has both changed the landscape, highlighted strengths and weaknesses of the system and also transformed how we think about delivery
- **The issue for today is to discuss how we want to develop the new strategy in the light of the impact of COVID-19 and what we want to achieve together**

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Background slides

Key principles for new strategy

Everyone's health

Population health is an approach aimed at improving the health of an entire population. It requires working with communities & partner agencies. How all these contribution connect & work together defines a population health system

Working together

Building on the excellent work that already exists, we want coproduction to be the central part of how we improve health and wellbeing in the borough: essentially working in partnership with people and communities to improve health and wellbeing
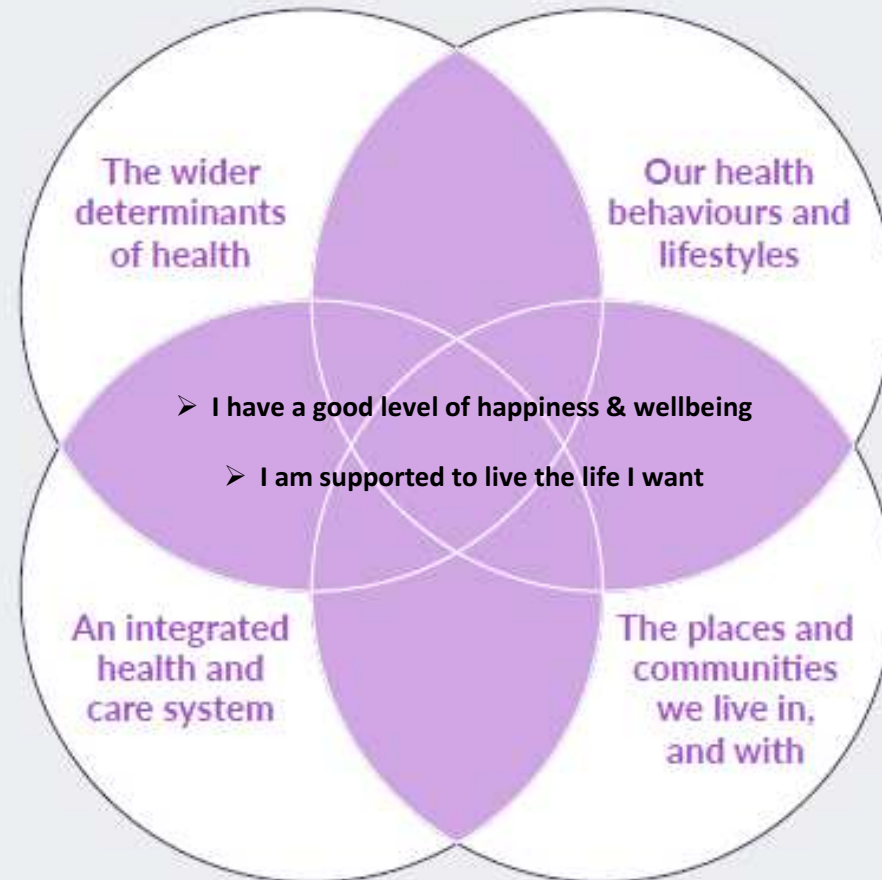
Neighbourhood focussed

It is proposed that the Health & Wellbeing Strategy has a local focus, potentially looking at health and wellbeing issues in four areas (or 'localities') in the borough. Neighbourhoods should frame our engagement work and be the locus of our implementation.

Results

Partners are increasing our emphasis on outcomes, keeping the focus on what we want the impact of an action to be, rather than the action itself . The Health and Wellbeing Strategy will aim to lead on some of these outcomes, and to shape and influence others

How to achieve good health & wellbeing?

- I am able to support myself and my family financially
- I am satisfied with my home and where I live
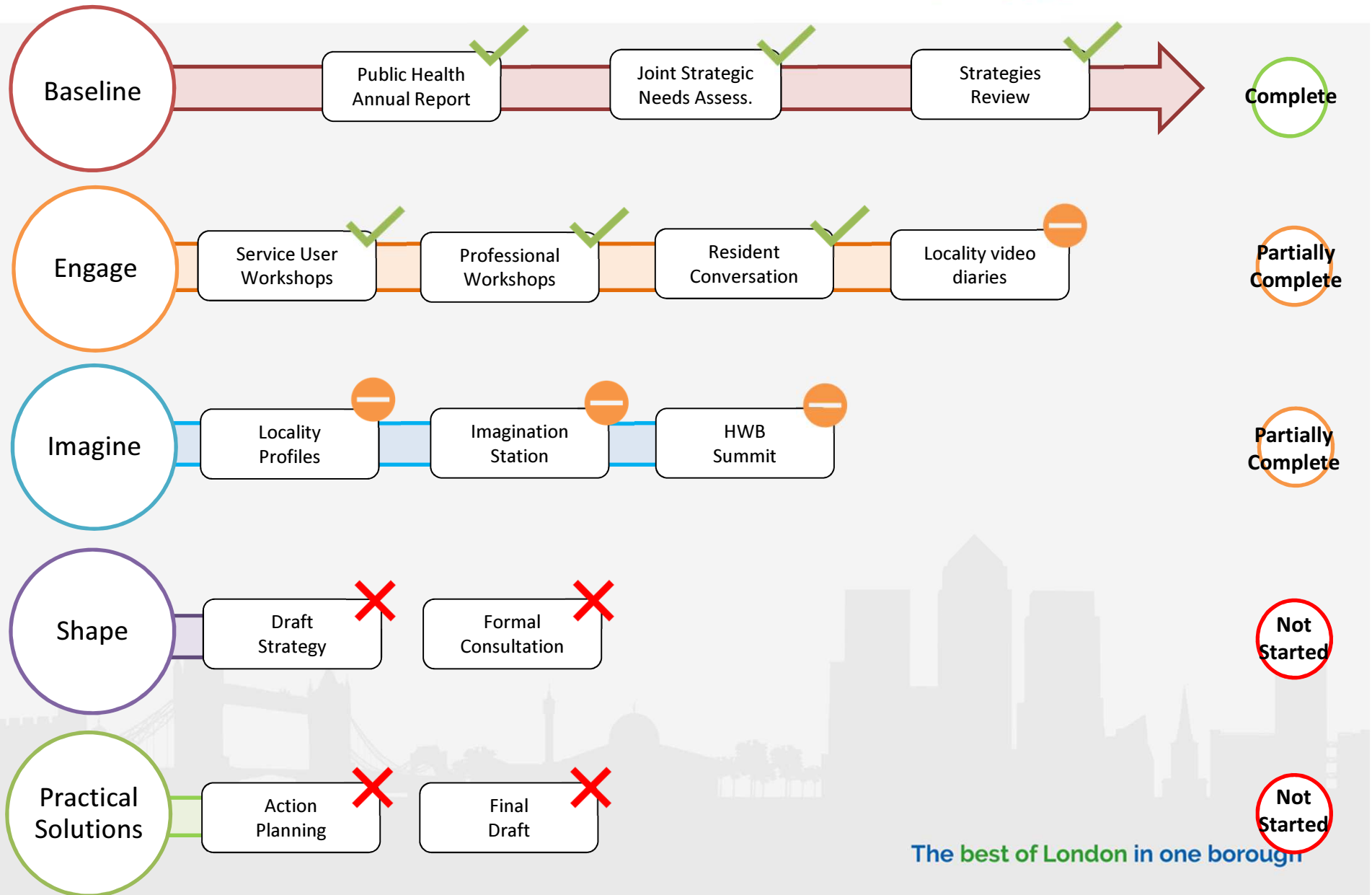- My children get the best possible start in life

- I understand the ways to live a healthy life
- I am supported to make healthy choices
- I play an active part in my community

The wider determinants of health

Our health behaviours and lifestyles

➤ **I have a good level of happiness & wellbeing**

➤ **I am supported to live the life I want**

An integrated health and care system

The places and communities we live in, and with

- I feel like services work together to provide me with good care
- I want to see money being spent in the best way to deliver local services
- I believe the trust, confidence and relationships are in place to work together with services to decide the next steps for us as whole community

- I am able to breath cleaner air in the place where I live
- I feel safe from harm in my community

Where did we get to?

Tower Hamlets Health and Wellbeing Board

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Baseline
- Public Health Annual Report ✓
- Joint Strategic Needs Assess. ✓
- Strategies Review ✓

Complete

Engage
- Service User Workshops ✓
- Professional Workshops ✓
- Resident Conversation ✓
- Locality video diaries ⊖

Partially Complete

Imagine
- Locality Profiles ⊖
- Imagination Station ⊖
- HWB Summit ⊖

Partially Complete

Shape
- Draft Strategy ✗
- Formal Consultation ✗

Not Started

Practical Solutions
- Action Planning ✗
- Final Draft ✗

Not Started

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Impact of Covid-19

- Reinforcement of existing patterns of health inequality - social gradient of Covid-19 mortality similar to 'all cause' gradient suggesting same set of social determinants

- Risk of further damage to most vulnerable due to economic fallout

- "Build Back Better" challenge including link between health equity and climate change

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