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| Cabinet |  TOWER HAMLETS |
| 18 December 2019 | |
| Report of: Debbie Jones, Corporate Director, Children and Culture | Classification: Unrestricted |
| Physical Activity and Sport Strategy 2019-2024 | |

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| Lead Member | Councillor Sabina Akhtar, Cabinet Member for Culture, Arts and Brexit |
| Originating Officer(s) | Lisa Pottinger, Head of Sport and Physical Activity and Tracy Stanley, Strategy & Policy Officer, Children and Culture |
| Wards affected | All wards |
| Key Decision? | No |
| Forward Plan Notice Published | 1 October 2019 |
| Reason for Key Decision | N/A |
| Strategic Plan Priority / Outcome | 1. People are aspirational, independent and have equal access to opportunities |

Executive Summary

The Physical Activity and Sport Strategy aims to provide the strategic direction for the delivery of sport and physical activity in Tower Hamlets, in alignment with directorate, council and partner priorities. The strategy sets out how we can increase levels of physical activity and sport in the borough, make the most of the local environment, harness the community engagement opportunities and ensure children and young people develop a positive relationship with being active.

Recommendations:

The Mayor in Cabinet is asked to:

1. Consider the contents of the strategy and provide any feedback on the proposed priorities, outcomes and actions.

1 REASONS FOR THE DECISIONS

- 1.1 This is a report for consultation.

2 ALTERNATIVE OPTIONS

- 2.1 The Council could choose not to have a Physical Activity and Sport Strategy (PASS) that provides a framework for delivering on priorities for improving health through increased levels of physical activity and sport in the borough. Without a strategy stakeholders would not have an agreed vision and outcomes with which to steer their work in partnership over the next five years which may put progress at risk.

3 DETAILS OF THE REPORT

- 3.1 The PASS has been developed to provide a strategic response to local challenges in relation to sport and physical activity, with a view to improving health outcomes for children and adults across Tower Hamlets. The strategy has been developed in alignment with a number of local strategies (as highlighted below):

- Child Obesity Plan (currently under development)
- Mental Health Strategy (currently under development)
- Transport Strategy 2019 - 2041
- Children and Families Strategy 2019 – 2024
- Draft Local Plan 2031
- Health and Wellbeing Strategy 2017-2020
- Indoor Sports Facilities Strategy 2017-2027
- Open Space Strategy 2017-2027
- Ageing Well Strategy 2017-2020

- 3.2 Some of the key issues in relation to the development of the strategy are highlighted below:

- 22.3% of the population classified as inactive – London average 23.7%
- Female residents (27.7%) are more likely to be inactive than Male residents (17.3%) (Active Lives Survey, Sport England Nov 2017/18)
- Levels of inactivity are highest in the east of the borough (Active Lives Survey London Sport GIS data 2019)
- There are more than 200 parks and open spaces in the borough, however they will come under increasing pressure in the future (Tower Hamlets Open Space Strategy 2017-2027)
- There are some parts of the borough currently without a sports hall or swimming pool within a 15 minute walk (Indoor Sports Facilities Strategy 2017 -2027)
- CO2 emissions are the 3rd highest in London

- 3.3 The PASS seeks to provide a strategic direction by bringing together local drivers in health and wellbeing to look at how we can use assets in the borough to enable residents to better access and engage in physical activity and sport.

3.4 A broad spectrum of discussion and engagement has taken place to build a strong foundation of knowledge and understanding around the key issues for sport and physical activity in Tower Hamlets.

3.5 The development of the strategy during 2019 has been guided by input from partnership boards and council management teams, as set out below. The final strategy is scheduled to go back to the Health and Wellbeing Board in January 2019.

- Tower Hamlets Health and Wellbeing Board – 16.07.19
- Children’s Services Directorate Leadership Team - 07.10.19
- Governance Senior Management Team – 16.10.19
- Place Directorate Leadership Team - distribution for feedback on 17.10.19
- Health, Adults and Communities Directorate Leadership Team - distribution for feedback on 17.10.19
- Corporate Leadership Team – 22.10.19
- Mayor’s Advisory Board – 27.11.19

3.4 A wide range of consultation activities have been undertaken for the development of the strategy, including:

- A series of themed workshops (Health & Wellbeing and Sports Focused) with the voluntary and community sector - Oct 2017
- Workshop with council officers – Oct 2017
- Focus groups with REAL Disability Forum, Create Day Centre, Carers Forum, Inter Faith Forum, LGBT Community Forum and Caxton Hall Older People’s Health & Wellbeing Day - Sep & Oct 2017
- Online survey for stakeholders from all sectors – Oct 2017
- Initial interviews with key stakeholders – during Mar & Apr 2019
- Workshop with Members – 10th Jul 2019
- Inter-active online consultation with stakeholders from a wide range of sectors – 14th to 23rd May 2019
- Further consultation activities are planned to seek feedback on the final draft strategy. – taking place in Nov/Dec 2019.

4 EQUALITIES IMPLICATIONS

4.1 An evidence base was developed to inform the development of the strategy and includes data and insight about the protected characteristic groups wherever possible. Where gaps are recognised, work has been identified to address them. For example, results from Sport England Active Lives Survey cannot be accessed for certain sub groups as the sample size is not big enough. We will address this by using data from our leisure management contractor with local population statistics. The Strategy includes actions to address inequalities such as ensuring that ‘getting the most inactive people active to improve their health’ is a core component of the new Leisure

Management Contract. An Equality Assurance Checklist has also been completed and found that no further action was required at this stage.

5 OTHER STATUTORY IMPLICATIONS

5.1 This section of the report is used to highlight further specific statutory implications that are either not covered in the main body of the report or are required to be highlighted to ensure decision makers give them proper consideration. Examples of other implications may be:

- Best Value Implications,
- Consultations,
- Environmental (including air quality),
- Risk Management,
- Crime Reduction,
- Safeguarding.
- Data Protection / Privacy Impact Assessment.

5.2 There are no further specific statutory implications.

6 COMMENTS OF THE CHIEF FINANCE OFFICER

6.1 There are no financial implications identified at this stage. This strategy will support the delivery of work to improve health outcomes for children and adults in the borough.

7 COMMENTS OF LEGAL SERVICES

7.1. Section 11 of the Children Act 2004 which places duties on a range of organisations, including local authorities and health to ensure their functions, are discharged having regard to the need to promote the welfare of children, including preventing impairment of children's health or development

7.2. Section 2B of the National Health Service Act 2006 places a duty on the council to take steps for improving the health of the people in its area and the related regulations include duties in respect of the weighing and measuring of children and health visiting functions.

7.3. In carrying out its functions, the council must comply with the public sector equality duty set out in section 149 Equality Act 2010, namely it must have due regard to the need to eliminate unlawful conduct under the Equality Act 2010, the need to advance equality of opportunity and to foster good relations between persons who share a protected characteristic and those who do not.

Linked Reports, Appendices and Background Documents

Linked Report

- NONE.

Appendices

- Appendix 1 - Draft Physical Activity and Sport Strategy 2019 - 2023

Background Documents – Local Authorities (Executive Arrangements)(Access to Information)(England) Regulations 2012

- NONE.

Officer contact details for documents:

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