

Equality Analysis (EA)

Mainstream Grant 2015-18 – Prevention Health and Wellbeing

Section 1 – General Information (Aims and Objectives)

The theme's key priority is to bring about improved health and wellbeing outcomes for vulnerable adults, including older people, and those with disabilities including mental ill health and carers living in Tower Hamlets.

The following target outcomes have been specified;

- Improved health, (including mental health and dementia), and wellbeing in adults, including older adults
- Reduced loneliness and social isolation
- Greater sense of community cohesion
- Increased knowledge about where to go for information and advice.

Funding

The theme is broadly split into three key areas; the budget breaks down as follows;

Lunch club projects - £328,000 per annum

Prevention, health and wellbeing - £242,000 per annum

Sports and Lifelong Learning - £209,000

Financial Year

2015/16

See
Appendix A

Current decision
rating



Conclusion - To be completed at the end of the Equality Analysis process

No adverse impact has been identified. The programme is tightly mapped to identified need and offers significant targeted provision for older people, women and residents with disabilities (including mental ill health). There is also greater proportion of inclusive projects recommended for funding under this programme. Lunch clubs in particular maps well across geographic need (e.g. proportion of older residents in the borough). There are a number of projects offering borough wide provision.

Name:

(signed off by)

Date signed off:

(approved)

Service area: Commissioning and Health

Theme Lead: Barbara Disney, Service Manager, Strategic Commissioning

Name and role of the officer completing the EA: Stephanie Ford, Programme Manager, D&R

Section 2 – Evidence (Consideration of Data and Information)

Identified Need

Target beneficiaries for this theme are vulnerable adults, including older people, and those with disabilities, including mental ill health and carers.

Demand for adult social care services from older people is predicted to continue to increase between now and 2020. Preventive services, like lunch clubs, befriending services and activity groups for example are a key way of reducing and delaying the need for formal care and support. According to the Joint Strategic Needs Assessment 2011, there are 242,000 people living in Tower Hamlets, 193,116 of whom are over the age of 20. Of these, it is known that 6,164 accessed Social Care services between September 2011 and September 2012 including:

- 645 with a learning disability
- 878 with a Mental Health issue
- 4109 with physical disability, frailty or sensory impairment
- 3,900 are over the age of 65
- At least 1,926 are from BME communities

(data to be updated).

The services offered under the PHW priority are preventative services, largely complimenting mainstream provision, with the aim to improve health and wellbeing of those who use the services to reduce requirement for higher-need Social Care Packages. The services offered under MSG are implicitly linked to mainstream provision and the wider third sector. Not least referral and recommendations offered via LinkAge plus.

In 2012, 13.6% of adults were classified as obese, which is better than the England average. However, despite this, over half of the borough's adult population is physically inactive (54.2%) (Public Health England Tower Hamlets Unitary authority Health Profile 2015). Physical inactivity is a key contributor to obesity and MSG projects which engage adults in regular sustained physical activity is addressing a key borough health need by using preventative measures which lower the risk and incidences of obesity, CVD, diabetes and hypertension.

Section 3 – Assessing the Impacts of the proposed Programme on the 9 Groups

Target Groups	Impact – Positive or Adverse What impact will the proposal have on specific groups of	Reason(s) <ul style="list-style-type: none">• Please add a narrative to justify your claims around impacts and,• Please describe the analysis and interpretation of evidence to support your conclusion as this will inform decision making Please also how the proposal will promote the three One Tower Hamlets objectives?
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	service users or staff?	<ul style="list-style-type: none"> - Reducing inequalities - Ensuring strong community cohesion - Strengthening community leadership
Race	Positive	<p>Despite the focus on inclusion provision, the theme retains significant targeted provision. 12 projects out of 35 offer targeted support for black and minority ethnic communities within the borough;</p> <p>Lunch Clubs</p> <ul style="list-style-type: none"> • Ensign Youth Club – Unity • Wapping Bangladesh Association - Wapping Senior Citizen's Lunch Club • Chinese Association of Tower Hamlets - Chinese and Vietnamese Elderly Luncheon Club • Community of Refugees from Vietnam - East London - Vietnamese/Chinese Elderly Luncheon Club • Wadajir Somali Community Centre - Wadajir Poplar Elderly Lunch Club Two • Somali Senior Citizens Club - Somali Senior Citizens Club <p>Prevention Health and Wellbeing</p> <ul style="list-style-type: none"> • Family Action - Somali Mental Health Promotion • Praxis Community Projects Ltd -Praxis Health Check • Bangladesh Youth Movement - "Live Healthy - Enjoy Life" (Bangladeshi women Health & Development Project <p>Sports and Lifelong Learning</p> <ul style="list-style-type: none"> • Limehouse Project Limited -Limehouse Project's 'First Steps for Women Learning English and ICT' • Black Women's Health and Family Support - BWHAFS Lifelong Learning programme: Textile & Designs Project, ESOL Classes, and ICT Drop-in Project • London Tigers - London Tigers Healthy Living Project
Disability	Positive	<p>The following projects recommended for grant funding target residents with a disability, learning disability or mental health issue. This is in line with the overall objective of the theme and offer or preventative services, and increase participation in sports and activities by underrepresented groups, including disabled residents.</p> <p>Prevention Health and Wellbeing</p>

		<ul style="list-style-type: none"> • DeafPLUS - Breakthrough Deaf and Hearing Integration - Deaf+Positive Wellbeing Project • Mind In Tower Hamlets - Wellbeing Service - Coping with Life Recovery Training Programme • Tower Hamlets Friends and Neighbours - Older People's Befriending Project • Toynbee Hall - Wellbeing in Tower Hamlets • Ability Bow - Keep Moving • Breathing Space - Breathing Space <p>Sport and Lifelong Learning</p> <ul style="list-style-type: none"> • Royal London Society for Blind People - Health and Wellbeing Group • Vallance Community Sports Association Limited - SEN Health Development Programme
Gender	Positive	<p>Women are specifically targeted under the Sports and Lifelong Learning priority as they are underrepresented in this area. There are 5 projects with a specific 'women's' offer under this priority;</p> <ul style="list-style-type: none"> • Limehouse Project Limited -Limehouse Project's 'First Steps for Women Learning English and ICT' • Limehouse Project Limited - Fit4Life Women In Sport Programme • Black Women's Health and Family Support - BWHAFS Lifelong Learning programme: Textile & Designs Project, ESOL Classes, and ICT Drop-in Project • London Tigers - London Tigers Healthy Living Project • Bethnal Green Weightlifting Club - Bethnal Green Weightlifting Club <p>There is also one project under Prevention Health and Wellbeing targeting Bangladeshi women in a range of health development activities.</p> <p>One Lunch Club offers separate lunch club provision for men and women.</p>
Gender Reassignment	Neutral	<p>None of the projects recommended for funding primarily focus on residents who are transitioning or have undergone gender reassignment; however there is significant universal provision within the programme. All projects will be required to demonstrate how they involve residents from diverse backgrounds and provide equalities information on service users. All providers will also be required to demonstrate due regard in service delivery and mitigate adverse impact</p>

		on any particular group.
Sexual Orientation	Positive	One project in the prevention health and wellbeing priority specifically targets LGBT residents; Toynbee hall, Wellbeing in Tower Hamlet. It offers Boroughwide support. There is also significant universal provision within the programme. All projects will be required to demonstrate how they involve residents from diverse backgrounds and provide equalities information on service users. All providers will also be required to demonstrate due regard in service delivery and mitigate adverse impact on any particular group.
Religion or Belief	Neutral	None of the projects recommended for funding specifically focus on faith. All projects will be required to demonstrate how they involve residents from diverse backgrounds and provide equalities information on service users. All providers will also be required to demonstrate due regard in service delivery and mitigate adverse impact on any particular group.
Age	Positive	The theme's key beneficiary target is vulnerable adults and older people, and the majority of projects have a key focus on our residents aged 55+. There are also some projects targeting young adults, particularly those underrepresented (e.g. participation in sports), and intergenerational projects, e.g. The Rooted Forum (TRF) - Bridging The Gap; recognising the positive impact such approaches can have on outcomes.
Marriage and Civil Partnerships.	Neutral	None of the projects recommended for funding primarily focus on married residents or those in civil partnerships, however there is significant universal provision within the programme. All projects will be required to demonstrate how they involve residents from diverse backgrounds and provide equalities information on service users. All providers will also be required to demonstrate due regard in service delivery and mitigate adverse impact on any particular group.
Pregnancy and Maternity	Neutral	None of the projects recommended for funding primarily focus on pregnant residents or those on maternity. All projects will be required to demonstrate how they involve residents from diverse backgrounds and provide equalities information on service users. All providers will also be required to demonstrate due regard in service delivery and mitigate adverse impact on any particular group.

Other Socio-economic	Neutral	None of the projects recommended for funding primarily has a specific socio-economic focus. All projects will be required to demonstrate how they involve residents from diverse backgrounds and provide equalities information on service users. All providers will also be required to demonstrate due regard in service delivery and mitigate adverse impact on any particular group.
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Section 4 – Impact Summary

Older People's Lunch Clubs

There is little difference between the aims and objectives of the 2013 Older People Lunch Club strand and the 2015 priority within the Prevention Health and Wellbeing theme. The primary purpose of Lunch Clubs is to enhance the lives of older people (50+), who may be at risk of social isolation or gradually losing their independence, through the provision of a range of practical and social activities.

In the 2013 programme there were 33 Lunch Club projects originally funded by MSG, although the number of projects still in receipt of MSG at this point is 16. It is proposed to fund 12 projects in 2015. Funding levels for projects have increased; the average funding per annum of a project under the 2013 programme was approximately £9,000, however the average for this round is approximately £16,000. This will enable a better offer to our residents to combat social isolation and increase health and wellbeing by the provision of additional activities as well as the lunch offer. The 2015 programme is also characterised by a greater proportion of projects with a universal offering, or targeting all community groups, and there is much more Boroughwide provision under this programme.

This is in line with overall objectives for the 2015 MSG programme; increasing viability of individual projects and ensuring value for money via larger project grants, and increasing 'potential' beneficiaries through an increased universal offer. The strategic focus of the specification for this round was to ensure that projects were viable, which has meant that fewer organisations are funded but the award of larger grant to deliver to more beneficiaries.

MAP A¹ shows the geographical location of project delivery for proposed 2015 projects (a dot indicates delivery within the ward). Historically, there has been an over-provision, e.g. provision not tailored to need, of lunch clubs in some parts of the borough due, in large part, to additional funding made available to them in the last couple of years.

There is no longer funding available to enable this concentration of provision. Also quality of applications submitted did not enable provision in all wards. It is not necessarily true that service users will no longer have provision available however, as there should be suitable alternate provision offered via Boroughwide services and not being awarded MSG grant will not necessarily lead to the closure of lunch clubs. That said it is likely that some existing services users may be affected by the reduction in number of lunch clubs. Where this is apparent, service users will be referred to alternative provision (via LinkAge plus).

However, as MAP A (2015 Lunch Club provision) and Map B (Population of 50 Plus in Tower Hamlets as a Percentage per Ward, GLA 2014 - Round of Demographic Projections), the 2015 programme much more closely aligns to need within the borough. There is a gap in provision on

¹ Please note both Map A show the delivery area (ward) for each project.

the Isle of Dogs, and the service has noted the intention to discuss adding a lunch club element to a proposed PHW project in this area.

Prevention Health and Wellbeing

As with the lunch club priority, there is little key difference between the Prevention Health and Wellbeing priority in terms of aims and objectives. The priority remains targeted at vulnerable adults, including older people, those with disabilities including sensory and learning disabilities, and mental health and dementia.

The key difference between the 2013 programme and the 2015 is the amount and size of projects recommended for funding. In 2013 the average project award per annum was £6,000 in 2015 it is £25,000 (note this is an average figure, there is big difference between individual project awards).

MAP C² ward delivery of projects recommended for delivery in 2015.

Provision remains largely targeted; three projects have a universal offering (all vulnerable adults or those at risk of isolation or developing health needs; one is targeted at women, six target those with a disability or mental health needs; three are specifically targeted at the black and minority ethnic community; one at the LGBT community and four are targeted at older people (NB, projects can target more than one protected characteristic, please see section 4.2 for further detail).

Given the changes under the theme, there may be service users adversely affected by closure of existing provision. However, there is a good geographic spread of projects under this priority, with projects in each cluster and the majority offering Boroughwide provision, well mapped to identified need. There is a wide range of activities offered under this priority, intended to be more extensive than those offered under the last programme, and provision is intended to be more inclusive. Therefore there should be sufficient alternate provision available.

Sports and Lifelong Learning

Map D delivery of projects recommended for delivery in 2015. A key characteristic of the 2015 programme is fewer projects with a bigger award offering more inclusive delivery; this is true for Sports and Lifelong Learning. In 2013 the average project award per annum was £5,000; in 2015 it is £23,000.

There is a much smaller Lifelong Learning offer under this programme than previous MSG programme. This is due to the number of applications for Lifelong Learning received (4), but also an intent not to duplicate mainstream service provision which is accessible to all. The two Lifelong Learning projects recommended for funding offer targeted (women and black and minority ethnic) and specialist provision that should complement the mainstream offer.

² Please note both Map C and Map D show the delivery area (ward) for each project.

Projects recommended for funding address the Council's strategic sporting priorities regarding:-

- Getting inactive people active contributing to improved health and wellbeing
- Increasing opportunities for under-represented groups: - women and girls, BME communities, the disabled and older people
- Increasing / improving / enhancing provision in the borough's focus sports

Under the proposed programmed these groups are well represented; two projects have a universal offering; five targeted at women, two target those with a disability; three are specifically targeted at the black and minority ethnic community; three at young people and two are targeted at older people (NB, projects can target more than one protected characteristic, please see section 4.2 for further detail).

Lunch club projects

4.1 Overall summary of projects recommended for funding

Organisation and Project Name	Description	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
St Hilda's East Community Centre - St Hilda's Lunch Club Plus	St.Hilda's Lunch Club Plus service provides health and wellbeing opportunities to older people from Weavers Ward and throughout Tower Hamlets. Open to all our service offers activities enabling users to stay active, including group exercises, Computer classes, nutritious lunches, opportunities to meet others in a friendly setting, and much more.	Weavers Boroughwide	Older people - 50+
Ensign Youth Club - Unity	The project is intended to provide social interactive service for local elderly people 50+ from Bangladeshi and Somali by providing weekly structure coffee morning and healthy affordable meal with health and recreation activities base on their need and abilities.	St Katherine's and Wapping	local elderly people 50+ from Bangladeshi and Somali
Wapping Bangladesh Association - Wapping Senior Citizen's Lunch Club	The lunch club will enable WBA to increase socialisation to reduce loneliness, social isolation and promote a healthier lifestyle through improved healthy lives activities that will encourage and engage older people. The Lunch Club will give them the chance to socialise while enjoying a hot, healthy balanced and nutritious meal.	St Katherine's and Wapping	Bangladeshi and Minority Ethnic Older Men and Women aged 50+ I
Chinese Association of Tower Hamlets - Chinese and Vietnamese Elderly Luncheon Club	CATH's Luncheon Club is aimed primarily, but not exclusively, at Chinese and Vietnamese Elders who wish to improve their physical and mental wellbeing. Through our programme of fun and informative activities, and exercise classes, we wish to give attendees the awareness and knowledge to work on raising their own health.	Boroughwide	Chinese Elders - (all)

Toynbee Hall - Wellbeing Centre	The Wellbeing Centre is a welcoming community space for any person over 50 to meet, learn, socialise, get fit and stay healthy. It offers a wide variety of health, fitness, learning and social activities, support planning, translation skills and a light lunch Tuesday -- Thursday.	Spitalfields and Banglatown Whitechapel	Older people - 50+
Community of Refugees from Vietnam - East London - Vietnamese/Chinese Elderly Luncheon Club	The Elderly Luncheon Club opens twice a week on Monday and Thursdays from 9am - 3pm, providing a Vietnamese healthy hot meal and different activities including monthly health talks, tai chi, table tennis and indoor games, to enhance the lives of Vietnamese/Chinese people reducing social isolation, loneliness and promoting independence.	Boroughwide	Vietnamese elderly refugees (who are ethnically Vietnamese and Chinese) aged 60
Wadajir Somali Community Centre - Wadajir Poplar Elderly Lunch Club Two	Wadajir's Poplar Lunch Club for older women meets 5 days a week from Monday to Friday 10 am--2pm to share freshly cooked halal meals. Women are also welcome to join in traditional Somali dance sessions, craft workshops for improved physical and mental health as well as regular health talks.	Canary Wharf Lansbury Limehouse Mile End Poplar	Older people - 50+, a majority of Somali heritage
Dorset Community Association - Older People Lunch Club	The projects to provide older people per week aged fifty and over the opportunity to attend a locally lunch club provision. To enhance the lives of older people who may be at risk of social isolation or gradually losing their independence, through the provision of a range of activities.	Weavers	Older people 50+; 1 male only session, 1 female only session and 1 mixed
Age UK East London - Appian Court Activity Centre & Lunch Club	Appian Court Health Activity Centre and Lunch Club is a vibrant community Hub for older people based in Bow, open to all Tower hamlets residents. A wide range of activities are offered five days a week. The centre is led and shaped by service users.	Bow East Bow West	Older people 50+
Somali Senior Citizens Club -	Our project aims to promote health and wellbeing of vulnerable local community (Tower hamlets).This project is to support and	Boroughwide	Somali men and women

Somali Senior Citizens Club	enhance the lives of elderly individuals who suffer from social isolation, economic deprivation and lack of independence by providing luncheon club and supplementary activities, social and cultural integration.		
Children Education Group - Harkness Luncheon Club	CEG Harkness Luncheon club provide freshly cooked Meal on site for over fifties; 7 years' experience chef maintaining food safety rating 5. Serve fresh meal, health and social activities and support for older people, as well as the opportunity to meet up with other people who share similar interests	Whitechapel	Older people - 50+
Limehouse Project Limited - Limehouse Luncheon Club for Elders	The LLCE brings people aged 55+ together to enjoy a healthy meal, socialise and partake in group activities such as gentle exercises and games. With general advisers on hand to assist with any worries being faced, it aims to help relieve loneliness, increase self-confidence and enhance each elder's quality of life.	Limehouse St Dunstan's	Older people - 50+

4.2 Target Beneficiary Groups

4.2.1 Universal services general population (all communities)

Organisation and Project Name	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
St Hilda's East Community Centre - St Hilda's Lunch Club Plus	Weavers Boroughwide	Older people - 50+
Toynbee Hall - Wellbeing Centre	Spitalfields and Banglatown Whitechapel	Older people - 50+
Dorset Community Association - Older People Lunch Club	Weavers	Older people 50+; 1 male only session, 1 female only session and 1 mixed

Age UK East London - Appian Court Activity Centre & Lunch Club	Bow East Bow West	Older people 50+
Children Education Group - Harkness Luncheon Club	Whitechapel	Older people - 50+
Limehouse Project Limited - Limehouse Luncheon Club for Elders	Limehouse St Dunstan's	Older people - 50+

4.2.2 Projects targeting users by protected characteristic

a) Women

Organisation and Project Name	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
Dorset Community Association - Older People Lunch Club	Weavers	Older people 50+; 1 male only session, 1 female only session and 1 mixed

b) Men

Organisation and Project Name	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
Dorset Community Association - Older People Lunch Club	Weavers	Older people 50+; 1 male only session, 1 female only session and 1 mixed

c) BME

Organisation and Project Name	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
Ensign Youth Club - Unity	St Katherine's and Wapping	local elderly people 50+ from Bangladeshi

		and Somali
Wapping Bangladesh Association - Wapping Senior Citizen's Lunch Club	St Katherine's and Wapping	Bangladeshi and Minority Ethnic Older Men and Women aged 50+
Chinese Association of Tower Hamlets - Chinese and Vietnamese Elderly Luncheon Club	Boroughwide	Chinese Elders - (all)
Community of Refugees from Vietnam - East London - Vietnamese/Chinese Elderly Luncheon Club	Boroughwide	Vietnamese elderly refugees (who are ethnically Vietnamese and Chinese) aged 60
Wadajir Somali Community Centre - Wadajir Poplar Elderly Lunch Club Two	Canary Wharf Lansbury Limehouse Mile End Poplar	Older people - 50+, a majority of Somali heritage
Somali Senior Citizens Club - Somali Senior Citizens Club	Boroughwide	Somali men and women

4.3 Projects by Geographical Area

NW Ward Cluster	NE Ward Cluster
1.) Toynbee Hall – Wellbeing Centre	1.) Wadajir Community Centre – Wadajir Poplar Elderly Lunch Club
2) Dorset Community Association – Older People Lunch Club	2) Age UK East London – Appian Court Activity Centre and Lunch Club
3) St Hilda's East Community Centre - St Hilda's Lunch Club Plus	
SW Ward Cluster	SE Ward Cluster
1) Ensign Youth Club – Unity	1.) Wadajir Community Centre – Wadajir Poplar Elderly Lunch Club
2) Wapping Bangladesh Association – Wapping Senior Citizen's Lunch Club	2). Limehouse Project limited – Limehouse Luncheon Club for Elders
3) Toynbee Hall – Wellbeing Centre	
4) Children Education Group – Harkness Luncheon Club	
5) Limehouse Project limited – Limehouse Luncheon Club for Elders	
Boroughwide	
1) St Hilda's East Community Centre - St Hilda's Lunch Club Plus	
2) Chinese Association of Tower Hamlets – Chinese and Vietnamese Elderly Luncheon Club	
3) Community of Refugees from Vietnam, East London – Vietnamese/Chinese Elderly Luncheon Club	
4) Somali Senior Citizen Club – Somali Senior Citizen Club	

Prevention, health and wellbeing

4.1 Overall summary of projects recommended for funding

Organisation and Project Name	Description	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
Green Candle Dance Company - Dance for Health at Oxford House –	Dance for Health at Oxford House is for older people aged 55 +, and delivers two, thirty week workshops a year from 10.30 - 12.30. The Tuesday sessions are aimed at more active older people, whilst the Friday sessions are specifically aimed at participants with mild - moderate dementia.	Boroughwide	Older people aged 55+
Island House Community Centre - HEALTH & WELLBEING Project 2015-18	The Island House Health & Wellbeing project delivers a full and varied holistic programme of activities to promote health awareness, encourage healthy lifestyles, reduce isolation and improve mental health & wellbeing for adults in the SE ward cluster of Tower Hamlets. We're helping you build a better quality of life.	Blackwall and Cubitt Town, Bromley North, Bromley South, Canary Wharf, Island Gardens, Lansbury Limehouse, Poplar	Vulnerable, isolated, inactive and over 50's
The Rooted Forum (TRF) - Bridging The Gap	Bridging The Gap (BTG) intergenerational project brings together the elderly and younger residents of the Borough from diverse cultures and faiths to overcome prevalent distrust, stereotypes and prejudices often held between people of varied ages. BTG enables digital inclusion, independence, wellbeing, shared learning of life lessons and transferable skills.	Boroughwide	All LBTH residents
DeafPLUS - Breakthrough Deaf and Hearing	This project will tackle health inequalities and social isolation amongst deaf and hard of hearing people by	Boroughwide	Deaf and hard of hearing residents

Integration - Deaf+Positive Wellbeing Project	providing lipreading classes, accessible mental health workshops and accessible walking tours. This project will also provide free Deaf Awareness Training to GPs and health professionals to crucially improve access for deaf people.		
Family Action - Somali Mental Health Promotion	This project will provide vital mental health information to members of Tower Hamlet's Somali community, a group that experiences poor health outcomes. This will be achieved through the delivery of Information Workshops directly to members of the community, and training Volunteer Ambassadors to disseminate information within their personal networks.	Boroughwide	Somali adults
Bromley By Bow Centre - Fit for All	Fit for All a peer-lead physical activity programme enhancing the lives of older Tower Hamlets residents aged 50+ to be well and live life to the full, focusing on the North East Cluster, Fit for All engages those experiencing social isolation who want to increase independence while having fun.	Bethnal Green, Bow East, Bow West, Bromley North, Bromley South, Spitalfields and Banglatown	Older people who are isolated and who are at risk of developing health needs
Mind In Tower Hamlets - Wellbeing Service - Coping with Life Recovery Training Programme	Coping with Life Recovery Training programme - A 6 week course of workshops based on a person's individual Wellness Recovery Action Plan (Wrap). Designed to support participants to gain knowledge, skills and coping strategies to make positive life changes. This will include the option of accessing the peer-facilitator training.	Boroughwide	Adults - mental health issues
Tower Hamlets Friends and Neighbours - Older People's Befriending Project	This project will focus on older people, many whom have depression or dementia, and aim to reduce loneliness and social isolation and improve their health and well-being through targeted interventions. We will	Boroughwide	Older people with complex physical and mental health problems with limited mobility

	work throughout the borough providing one to one befriending and advocacy support to people in their own homes.		
Praxis Community Projects Ltd -Praxis Health Check	A holistic health & wellbeing service for Tower Hamlets residents including initial assessment, advice & casework to resolve practical & legal issues, health & wellbeing group work, workshops & activities, & onward referral to health screening, counselling & therapy services, and other wellbeing activities in the borough.	Boroughwide	Vulnerable adult migrant and refugee residents
Toynbee Hall - Wellbeing in Tower Hamlets	Wellbeing in Tower Hamlets (WITH) delivers workshops to vulnerable clients including older people, people with mental health issues and people with learning disabilities around wellbeing, staying safe, mental health awareness and stigma, and memory. WITH comes to your site and facilitates discussions and conversations to increase wellbeing.	Boroughwide	Older people <ul style="list-style-type: none"> • Mental health service users • People with learning disabilities • LGBT community groups
Ability Bow - Keep Moving	Keep Moving supports people with long-term health conditions or disabilities to take part in exercise and improve their self-management of health. This borough-wide project offers one:one gym sessions, small exercise groups and empowers participants to make healthy choices including improved activity, nutrition and taking a fuller part in the community.	Bow East Boroughwide	Adults with disabilities
Bangladesh Youth Movement - "Live Healthy - Enjoy Life" (Bangladeshi women Health & Development Project	"Live Healthy -- Enjoy Life" will operate from BYM's Women's Centre providing a programme of proactive and responsive health development activities ensuring women stay healthy and attend to their own health needs. Added value will be achieved by engaging	Bethnal Green, Limehouse, Poplar Shadwell, Spitalfields and Banglatown Stepney Green	Women 16+ - Bangladeshi target

	volunteers to build capacity and foster self-help .	Whitechapel	
Breathing Space - Breathing Space	Breathing Space teaches Mindfulness Based Approaches (MBAs) to help people look after their mental health. We use MBA's for preventing relapse into depression, addiction and to manage stress and anxiety. Our teachers are trained and supervised by an NHS consultant psychiatrist and have extensive experience of mindfulness practice and teaching.	Bethnal Green, Spitalfields and Banglatown, St Peter's Weavers	People across Tower Hamlets on a low income and suffering from depression, addiction or stress and anxiety.
Age UK East London - Friend at Home	Funded by the London Borough of Tower Hamlets, Age UK East London Befriending Service brings together socially isolated older people with volunteers living or working in Tower Hamlets to share experiences and enhances each other's lives by providing social and emotional support through linking generations within the local community.	Boroughwide	Adults at risk social isolation

4.3 Target Beneficiary Groups

4.2.1 Universal services general population (all communities)

Organisation and Project Name	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
The Rooted Forum (TRF) - Bridging The Gap	Boroughwide	All residents
Bromley By Bow Centre - Fit for All	Bethnal Green, Bow East, Bow West, Bromley North, Bromley South, Spitalfields and Banglatown	Older people who are isolated and who are at risk of developing health needs
Age UK East London - Friend at Home	Boroughwide	Adults at risk social isolation

4.2.2 Projects targeting users by protected characteristic

a) Women

Organisation and Project Name	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
Bangladesh Youth Movement - "Live Healthy - Enjoy Life" (Bangladeshi women Health & Development Project	Bethnal Green, Limehouse, Poplar, Shadwell, Spitalfields and Banglatown, Stepney Green, Whitechapel	Women 16+ - Bangladeshi target

b) Disability

Organisation and Project Name	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
DeafPLUS - Breakthrough Deaf and Hearing Integration - Deaf+Positive Wellbeing Project	Boroughwide	Deaf and hard of hearing residents
Mind In Tower Hamlets - Wellbeing Service - Coping with Life Recovery Training Programme	Boroughwide	Adults - mental health issued
Tower Hamlets Friends and Neighbours - Older People's Befriending Project	Boroughwide	Older people with complex physical and mental health problems with limited mobility
Toynbee Hall - Wellbeing in Tower Hamlets	Boroughwide	Older people

		<ul style="list-style-type: none"> • Mental health service users • People with learning disabilities • LGBT community groups
Ability Bow - Keep Moving	Bow East Boroughwide	Adults with disabilities
Breathing Space - Breathing Space	Bethnal Green, Spitalfields and Banglatown, St Peter's, Weavers	People across Tower Hamlets on a low income and suffering from depression, addiction or stress and anxiety.

c) BME

Organisation and Project Name	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
Family Action - Somali Mental Health Promotion	Boroughwide	Somali adults
Praxis Community Projects Ltd -Praxis Health Check	Boroughwide	Vulnerable adult migrant and refugee residents
Bangladesh Youth Movement - "Live Healthy - Enjoy Life" (Bangladeshi women Health & Development Project	Bethnal Green, Limehouse, Poplar, Shadwell Spitalfields and Banglatown, Stepney Green Whitechapel	Women 16+ - Bangladeshi target

d) LGBT

Organisation and Project Name	Geographic Area/s of Proposed Delivery	Beneficiary Target Group

	(Ward Cluster & Ward)	
Toynbee Hall - Wellbeing in Tower Hamlets	Boroughwide	Older people <ul style="list-style-type: none"> • Mental health service users • People with learning disabilities • LGBT community groups

e) Older People

Organisation and Project Name	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
Green Candle Dance Company - Dance for Health at Oxford House –	Boroughwide	Older people aged 55+
Island House Community Centre - HEALTH & WELLBEING Project 2015-18	Blackwall and Cubitt Town, Bromley North, Bromley South, Canary Wharf, Island Gardens, Lansbury, Limehouse, Poplar	Vulnerable, isolated, inactive and over 50's
Bromley By Bow Centre - Fit for All	Bethnal Green, Bow East, Bow West, Bromley North, Bromley South, Spitalfields and Banglatown	Older people who are isolated and who are at risk of developing health needs
Tower Hamlets Friends and Neighbours - Older People's Befriending Project	Boroughwide	Older people with complex physical and mental health problems with limited mobility

4.3 Projects by Geographical Area

NW Ward Cluster	NE Ward Cluster
1) Bromley By Bow Centre – Fit for All	1) Island House Community Centre – health and Wellbeing Project 2015-18
2) Bangladesh Youth Movement – ‘Live Healthy – Enjoy Life’ Bangladesh Women and Health Development Project	2) Bromley By Bow Centre – Fit for All
3) Breathing Space – Breathing Space	3) Ability Bow – Keep Moving
SW Ward Cluster	SE Ward Cluster
1) Bangladesh Youth Movement – ‘Live Healthy – Enjoy Life’ Bangladesh Women and Health Development Project	1.) Island House Community Centre – health and Wellbeing Project 2015-18
	2) Bangladesh Youth Movement – ‘Live Healthy – Enjoy Life’ Bangladesh Women and Health Development Project
Boroughwide	
1) Green Candle Dance Company – Dance for Health at Oxford House	
2) The Rooted Forum (TRF) – Bridging the Gap	
3) DeafPLUS Breakthrough Deaf and Hearing Integration – Deaf+Positive Wellbeing Project	
4) Family Action – Somali Mental Health Promotion	
5) Mind in Tower Hamlets – Wellbeing Service Coping with Life Recovery Training Programme	
6) Tower Hamlets Friends and Neighbours – Older People’s Befriending Project	

7) Praxis Community Projects Ltd – Praxis Health Check
8) Toynbee Hall – Wellbeing in Tower Hamlets
9) Ability Bow – Keep Moving
10) Age UK East London – Friend at Home

Sports and Lifelong Learning

4.1 Overall summary of projects recommended for funding

Organisation and Project Name	Description	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
Magic Me - Intergenerational Arts Programme	Magic Me will run a programme of intergenerational arts projects bringing together older people 55+ and young people 9-16. Working with specialist creative artists, in weekly sessions, younger and older participants will learn new skills, share existing experience, exchange ideas and create performances, exhibitions etc for public audiences.	Bethnal Green Bromley North Bromley South Shadwell	Older people and young people
Royal London Society for Blind People - Health and Wellbeing Group	Health and Wellbeing Groups to provide VI young people aged 11-25 with the opportunity to participate in physical activity sessions that develop their resilience, confidence and independence. The sessions allow children to learn about healthy lifestyles and the fundamentals of movement and signpost them to other opportunities in their community.	Boroughwide	Young 11-25 visually impaired young people
Tower Hamlets Youth Sport Foundation - Active Families	A project aimed at improving understanding of health, increasing levels of physical activity, reducing obesity and improving knowledge of borough sporting opportunities amongst parents and families at schools focussed on by Tower Hamlets' National Child Measurement Programme.	Boroughwide	Families
London Tigers - London Tigers Healthy Living Project	London Tigers Healthy Living Project runs sessions in badminton, cricket, football and aerobics for men, women and children to support those people into developing healthier lifestyles.	Bow East Island Gardens Mile End Poplar St Dunstan's Stepney Green	Inactive or currently involved in low levels of physical activities and those who are hard to reach e.g. BME women

		Weavers Whitechapel	
Limehouse Project Limited -Limehouse Project's 'First Steps for Women Learning English and ICT'	Limehouse Project runs 38-week pre-entry ESOL and ITC courses in the autumn of each year from 2015 for women aged 20+ who can benefit from spoken, reading and written English skills for practical every day communication.	Lansbury Limehouse Poplar St Dunstan's Stepney Green	Women - BME
Vallance Community Sports Association Limited - SEN Health Development Programme	The aim of our project is to the improve health and wellbeing of people with disabilities through healthy lives activities, weekly physical activity and annual sporting events. We aim to work with our partners including LBTH Sport Development Team, Attlee Centre and 10 Disabled Groups	Boroughwide	Disabled people with long or limiting illness who attend Disability Day Care Centres
Limehouse Project Limited - Fit4Life Women In Sport Programme	The LHP Fit4Life Women in Sports programme aims to reduce barriers to, and increase participation in, fitness and group sports activities for young women aged 18-25 and women aged 45+ through the delivery of scheduled keep-fit sessions, team sports activities, walking excursions, and swimming opportunities.	Limehouse	Women
Bethnal Green Weightlifting Club - Bethnal Green Weightlifting Club	Strength training classes for all. We offer Open Session training in Weightlifting and Powerlifting and special classes for the over 55s, 14-18 Year Olds and Female Beginners.	Boroughwide	All with a specific offer for those over 55+, women and girls, and young people.
Black Women's Health and Family Support - BWHAFS Lifelong Learning programme: Textile & Designs Project, ESOL Classes, and ICT Drop-in Project	BWHAFS weekly Textile & Designs project, ESOL Classes, and ICT Drop-in Project during term-time is open to women seeking basic English language and digital skills for improved communication, access to services and wellbeing. Learners are welcome to join us for Sewing, our Lunch Club, fitness classes, health talks and outings.	Bethnal Green Bow East Bow West Spitalfields and Banglatown St Peter's Boroughwide	Women, predominantly of BAME, African, Somali and Asian heritage

4.4 Target Beneficiary Groups

4.2.1 Universal services general population (all communities)

Organisation and Project Name	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
London Tigers - London Tigers Healthy Living Project	Bow East, Island Gardens, Mile End, Poplar, St Dunstan's, Stepney Green, Weavers, Whitechapel	Inactive or currently involved in low levels of physical activities and those who are hard to reach e.g. BME women
Bethnal Green Weightlifting Club - Bethnal Green Weightlifting Club	Boroughwide	All residents with a specific offer for those over 55+, women and girls, and young people.

4.2.2 Projects targeting users by protected characteristic

a) Women

Organisation and Project Name	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
Limehouse Project Limited -Limehouse Project's 'First Steps for Women Learning English and ICT'	Lansbury, Limehouse, Poplar, St Dunstan's, Stepney Green	Women - BME
Limehouse Project Limited - Fit4Life Women In Sport Programme	Limehouse	Women
Black Women's Health and Family Support - BWHAFS Lifelong Learning programme: Textile & Designs Project, ESOL Classes, and ICT Drop-in Project	Bethnal Green, Bow East, Bow West, Spitalfields and Banglatown, St Peter's Boroughwide	Women, predominantly of BAME, African, Somali and Asian heritage

London Tigers - London Tigers Healthy Living Project	Bow East, Island Gardens, Mile End Poplar, St Dunstan's, Stepney Green, Weavers, Whitechapel	Inactive or currently involved in low levels of physical activities and those who are hard to reach e.g. BME women
Bethnal Green Weightlifting Club - Bethnal Green Weightlifting Club	Boroughwide	All residents with a specific offer for those over 55+, women and girls, and young people.

b) Older People

Organisation and Project Name	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
Magic Me - Intergenerational Arts Programme	Bethnal Green, Bromley North, Bromley South, Shadwell	Older people and young people
Bethnal Green Weightlifting Club - Bethnal Green Weightlifting Club	Boroughwide	All residents with a specific offer for those over 55+, women and girls, and young people.

c) Young People

Organisation and Project Name	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
Magic Me - Intergenerational Arts Programme	Bethnal Green, Bromley North, Bromley South, Shadwell	Older people and young people
Royal London Society for Blind People - Health and Wellbeing Group	Boroughwide	Young 11-25 visually impaired young people
Bethnal Green Weightlifting Club - Bethnal Green Weightlifting Club	Boroughwide	All residents with a specific offer for those over 55+, women and girls, and young people.

d) BME

Organisation and Project Name	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
Limehouse Project Limited -Limehouse Project's 'First Steps for Women Learning English and ICT'	Bethnal Green, Bromley North, Bromley South, Shadwell	Women - BME
Black Women's Health and Family Support - BWHAFS Lifelong Learning programme: Textile & Designs Project, ESOL Classes, and ICT Drop-in Project	Bethnal Green, Bow East, Bow West Spitalfields and Banglatown, St Peter's Boroughwide	Women, predominantly of BAME, African, Somali and Asian heritage
London Tigers - London Tigers Healthy Living Project	Bow East, Island Gardens, Mile End Poplar, St Dunstan's, Stepney Green, Weavers, Whitechapel	Inactive or currently involved in low levels of physical activities and those who are hard to reach e.g. BME women

e) Disability

Organisation and Project Name	Geographic Area/s of Proposed Delivery (Ward Cluster & Ward)	Beneficiary Target Group
Royal London Society for Blind People - Health and Wellbeing Group	Boroughwide	Young 11-25 visually impaired young people
Vallance Community Sports Association Limited - SEN Health Development Programme	Boroughwide	Disabled people with long or limiting illness who attend Disability Day Care Centres

4.3 Projects by Geographical Area

NW Ward Cluster	NE Ward Cluster
1) Magic Me – Intergenerational arts Programme	1) Magic Me – Intergenerational arts Programme
2) London Tigers – London Tigers Healthy Living Project	2) London Tigers – London Tigers Healthy Living Project
3) Black Women's Health and Family Support - BWHAFS Lifelong Learning programme: Textile & Designs Project, ESOL Classes, and ICT Drop-in Project	
SW Ward Cluster	SE Ward Cluster
1) Magic Me – Intergenerational arts Programme	1) London Tigers – London Tigers Healthy Living Project
2) London Tigers – London Tigers Healthy Living Project	2) Limehouse Project Limited – Limehouse Project's First Steps for Women Learning English and ICT
3) Limehouse Project Limited – Limehouse Project's First Steps for Women Learning English and ICT	3) Limehouse Project Limited – Fit4Life women in Sport Programme
Boroughwide	
1) Royal London Society for Blind People – Health and Wellbeing Group	
2) Tower Hamlets Youth Sport Foundation – Active Families	
3) Vallance Community Sports Association – SEN Health Development Programme	
4) Bethnal Green Weightlifting Club – Bethnal Green Weightlifting Club	
5) Black Women's Health and Family Support - BWHAFS Lifelong Learning programme: Textile & Designs Project, ESOL Classes, and ICT Drop-in Project	

Section 5 – Mitigating Impacts and Alternative Options

From the analysis and interpretation of evidence in section 2 and 3 - Is there any evidence or view that suggests that different equality or other protected groups (including staff) could be adversely and/or disproportionately impacted by the proposal?

Yes? No?

If yes, please detail below how evidence influenced and formed the proposal? For example, why parts of the proposal were added / removed?

Section 6 – Quality Assurance and Monitoring

Have monitoring systems been put in place to check the implementation of the proposal and recommendations?

Yes? No?

How will the monitoring systems further assess the impact on the equality target groups?

All projects will be required to demonstrate how they involve residents from diverse backgrounds and provide equalities information on service users. All providers will also be required to demonstrate due regard in service delivery and mitigate adverse impact on any particular group

Does the policy/function comply with equalities legislation?
(Please consider the [OTH objectives](#) and [Public Sector Equality Duty](#) criteria)

Yes? No?

If there are gaps in information or areas for further improvement, please list them below:

N/A

How will the results of this Equality Analysis feed into the performance planning process?

Via regular monitoring of service user data.




Section 7 - Action Plan

As a result of these conclusions and recommendations what actions (if any) **will** be included in your business planning and wider review processes (team plan)? Please consider any gaps or areas needing further attention in the table below the example.

Recommendation	Key activity	Progress milestones including target dates for either completion or progress	Officer responsible	Progress
Example				
1. Better collection of feedback, consultation and data sources	1. Create and use feedback forms. Consult other providers and experts	1. Forms ready for January 2010 Start consultations Jan 2010	1.NR & PB	
2. Non-discriminatory behaviour	2. Regular awareness at staff meetings. Train staff in specialist courses	2. Raise awareness at one staff meeting a month. At least 2 specialist courses to be run per year for staff.	2. NR	

Recommendation	Key activity	Progress milestones including target dates for either completion or progress	Officer responsible	Progress

1 (Sample) Equality Assessment Criteria

Decision	Action	Risk
As a result of performing the analysis, it is evident that a risk of discrimination exists (direct, indirect, unintentional or otherwise) to one or more of the nine groups of people who share <i>Protected Characteristics</i> . It is recommended that the use of the policy be suspended until further work or analysis is performed.	Suspend – Further Work Required	Red 
As a result of performing the analysis, it is evident that a risk of discrimination exists (direct, indirect, unintentional or otherwise) to one or more of the nine groups of people who share <i>Protected Characteristics</i> . However, a genuine determining reason may exist that could legitimise or justify the use of this policy.	Further (specialist) advice should be taken	Red Amber 
As a result of performing the analysis, it is evident that a risk of discrimination (as described above) exists and this risk may be removed or reduced by implementing the actions detailed within the <i>Action Planning</i> section of this document.	Proceed pending agreement of mitigating action	Amber 
As a result of performing the analysis, the policy, project or function does not appear to have any adverse effects on people who share <i>Protected Characteristics</i> and no further actions are recommended at this stage.	Proceed with implementation	Green: 