

Applicants Recommended for a MSG PHW award

Ref. #	Organisation Name	Project Title	Requested amount (£ per annum pro rata)	Recommended award (£ per annum pro rata)	Service Delivery Area/s	Brief description of project (inc. proposed target group)
1	Toynbee Hall	Dignify	29,145	7,500	Boroughwide	Raising awareness around abuse of older people
2	Tower Hamlets Friends and Neighbours	Befriending services for older, isolated and vulnerable people	42,888	10,500	Boroughwide	Befriending service for housebound vulnerable adults, predominantly older people
3	Women's Health and Family Services	Somali Elders' Health Project	29,970	9,000	Boroughwide	Social and health-related activities for older Somali residents
4	MIND in Tower Hamlets	Wellbeing Service	34,357	10,000	Boroughwide	A range of services, including work placements, for users with Mental Health needs
5	Family Action	Somali Adult Mental Health Promotion	29,928	7,500	Boroughwide	Workshops and 1:1 support for young Somali adults with Mental Health needs.
6	Ability Bow	Fitness for All	28,631	10,000	Boroughwide	Gym-based exercise sessions for users with disabilities.
7	Black Women's Health and Family Support	BWHAFS' Older Women and Carers' Health and Fitness Programme	9,040	7,500	Boroughwide	Series of health-related events for older Somali women
8	Bromley by Bow Centre	Healthy Lifestyles	22,546	5,000	LAP6 - Bromley-by-Bow LAP6 - Mile End East LAP5 - Bow East LAP5 - Bow West	Health-related activities and outreach for older people

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9	Wapping Bangladesh Association	The 60+ Better Health Project	25,740	7,500	LAP4 - St Katharine's and Wapping	Health advice support for older BME residents
10	London Buddhist Arts Centre	Breathing Space free places scheme	24,614	15,000	Boroughwide	Free places on Breathing Space courses and retreat for users with Mental Health issues
11	St Peter's Bengali Association	St Peter's BME Older People's Healthy Living Project	20,675	7,500	LAP1 - Bethnal Green North LAP2 - Bethnal Green South	Social and health-related activities for older BME residents
12	Alzheimer's Society	Tower Hamlets Dementia Inclusion Project	30,000	15,000	Boroughwide	Dementia awareness raising amongst BME communities
13	Osmani Trust	Shaati	29,609	18,000	Boroughwide	Befriending project, including 1:1 and health and social activities, for women
14	Praxis Community Projects Ltd	Praxis Health Check	29,976	7,500	Boroughwide	Advocacy, health workshops and peer support for vulnerable adult migrants/refugees
15	Green Candle Dance Company	Dance for Health for Older People	30,083	9,000	LAP1 - Weavers LAP1 - Mile End and Globe Town LAP1 - Bethnal Green North LAP2 - Bethnal Green South LAP3 - Whitechapel LAP8 - Blackwall and Cubitt Town	Dance sessions for older people
16	Community of Refugees from Vietnam – East London	Promoting independence and enhancing emotional, psychological and physical wellbeing in Vietnamese and Chinese elderly people	29,761	5,000	Boroughwide	Befriending and outreach for older Vietnamese and Chinese residents
17	Age UK East London	Potential	30,109	10,000	Boroughwide	Peer support and combatting stigma around Mental Health issues

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18	Island Neighbourhood Project	The John Tucker Club	28,131	14,000	LAP8 - Millwall LAP8 - Blackwall and Cubitt Town	Social and health-related activities for older people
19	DeafPLUS - Breakthrough Deaf and Hearing Integration	Tower Hamlets Deaf Health & Wellbeing	20,589	15,000	Boroughwide	A range of services for deaf residents and their carers
20	Bangladesh Youth Movement	"Live Healthy, Enjoy Life" [The Bangladeshi Female Health Development & Volunteer Project]	27,372	15,000	LAP2 - Spitalfields and Banglatown LAP3 - Whitechapel LAP3 - St Dunstan's and Stepney Green LAP4 - Shadwell LAP4 - St Katharine's and Wapping	Health activities and volunteering opportunities for Bangladeshi women
21	Social Action For Health	Peer Support Network	29,500	12,500	Boroughwide	Peer support for users with disabilities, including Mental Health issues.
22	Jagonari Women's Educational Resource Centre	Out and About (OAA)	30,000	7,500	LAP2 - Spitalfields and Banglatown LAP3 - Whitechapel LAP4 - Shadwell	Drop-in sessions and health-related activities for older BME (chiefly Bangladeshi) women
23	Rainbow Hamlets	LBGT Adult Health and Wellbeing	29,987	10,500	Boroughwide	Outreach for older LGBT residents
24	Golden Moon Youth Project	Healthy Transitions	22,820	7,500	LAP4 - Shadwell LAP4 - St Katharine's and Wapping	Volunteering opportunities for young Bangladeshi adults to deliver a range of health-related activities
25	The Royal London Society for Blind People	Cooking for Life	9,890	7,500	Boroughwide	Cookery/nutrition lessons for Blind or Partially Sighted (BPS) residents
26	Weavers Community Forum (WCF)	Resilient	27,826	10,000	LAP1 – Weavers LAP1- Bethnal Green North LAP2 – Spitalfields and Banglatown	Lunch club, with social and health-related activities, for older Bangladeshi and Somali residents

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27	Brick Lane Women and Girls Project	Senior Leader	21,374	7,500	LAP2 - Spitalfields and Banglatown LAP3 - Whitechapel	Coffee mornings, with social and health-related activities, for older Bangladeshi and Somali women.
28	Ensign Youth Club	Unity	26,037	6,000	LAP4 - St Katharine's and Wapping LAP4 - Shadwell	Coffee mornings, with social and health-related activities, for older Bangladeshi and Somali residents.
29	Ocean Women's Association	Ocean Women Helping Women	35,628	9,000	LAP3 - St Dunstan's and Stepney Green	Drop-in-sessions offering support and advice to older BME women.
30	Bijoy Youth Group	Hope for Vulnerable	16,800	6,000	LAP4 - Shadwell LAP7 - Limehouse	Coffee mornings with social and health-related activities for older BME residents.
31	The Rooted Forum (TRF)	Bridging The Gap	30,060	12,000	LAP4 - St Katharine's and Wapping LAP4 - Shadwell	Intergenerational project, running IT training sessions for older people.
32	Neighbours in Poplar	Silver Hamlets	Not specified	7,500	LAP7 - East India and Lansbury LAP7 - Limehouse LAP8 - Blackwall and Cubitt Town LAP8 - Millwall	Healthy eating/cooking sessions, ICT training and online surgeries for older people.
33	Our Base LTD	HealthWorks	30,000	10,500	LAP2 - Spitalfields and Banglatown	Service including befriending, welfare advice and health-related activities for older people and young adults.
34	Isle of Dogs Bangladeshi Association and Cultural Centre	IoD Bangladeshi Pensioners Club.	11,620	6,000	LAP8 - Blackwall and Cubitt Town	Advice sessions and users group for older Bangladeshi residents
35	MENCAP Tower Hamlets	Tower Hamlets Mencap / Gateway Club	41,992	10,000	Boroughwide	Club for users with learning disabilities
TOTAL			916,698	335,500		

Key Project is currently in receipt of MSG funding from this funding stream

¹ Ref # 20, 22 and 23 are funded by Public Health. All others are funded by Mainstream Grants Prevention Health and Wellbeing funding.