

Theme 1 - Tackling Cost of Living Crisis

Scheme A - Advice, information and crisis support

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG Rating
8662	The Felix Project	Supporting residents of Tower Hamlets who are in Crisis to get access to nutritious food	Boroughwide	£30,000	Monitoring returns for this period demonstrates that the organisation is on track in achieving expected outcomes.	<b>Green</b>
Short Description	Providing nutritious food and meals for 40,000 people in Tower Hamlets – each year – who are currently facing food insecurity and hunger. Working with 80 community partners in the borough to help people in crisis.					
Progress Update	The Felix Project has had a successful quarter in terms of food supply and distribution, the increase in fresh produce supply and the expansion of outreach efforts are positive developments reported in this periods monitoring returns. The Felix Project rescued and redistributed a total of 172,696 kg of surplus food in the period April through June 2024, providing 412,743 meal equivalents. There was an increase in the supply of fresh produce this quarter.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officer’s Notes	RAG rating
8705	East End Citizens Advice Bureau	Advice Tower Hamlets	Boroughwide	£720,000	Project has made very good progress this quarter. It surpassed all of its quarterly KPI targets. This included one target being overachieved by 144.6%, one by 70.1% and one by 56.7%.	Green
Short Description	Advice Tower Hamlets provides free, confidential, independent, quality assured-advice to help Tower Hamlets residents resolve their cost-of-living issues relating to welfare benefits, housing, money/debt, employment, immigration, consumer, education, community care, family and personal issues at a generalist/specialist level. Citizens Advice Tower Hamlets leads the partnership with 12 local advice agencies.					
Progress Update	<p>Extract from Monitoring Return: "All partners are in agreement with the MCGP target numbers and KPI and we have informed all the partners we must all continue to work very hard to achieve our targets.</p> <p>We have again achieved great outcome for the residence of Tower Hamlets, over 5 million benefit entitlements including in work benefits and under claiming benefits. Written off debts over 600,000. MCGP project has helped over 2612 clients improve their income through claiming benefits. All the partners are also working very hard with clients on the move to universal credit which has and will affect most Tower Hamlets residence.</p> <p>The rise in the cost of living is becoming evident as client are seeking debt advice concerned by their ability to pay ongoing liability, especially utility bills. The overall demand for debt advice is for support with a mixtures of priority debts (council tax rent arrears and utility) as well as non-priority such as credit cards, loans and overpayments.</p> <p>Universal Credit, PIP and Housing issues continue remains top enquiry especially regarding entitlement to additional Elements and financial implication of missing out on certain Element which may become retrospectively due following reconsiderations and appeals. We continue to see a demands from residents requiring help with applications to disability benefits (PIP, DLA, Aa and Limited Capability for Work). Partners have seen an increase in the number of people needing more support than we can offer. Due to lack of resources some of the partners can’t take on complex case work and partners are reporting a large number people who have enduring mental health problems who need ongoing help and support with a range of issues, such as housing, welfare benefits and general wellbeing issues. It appears that people are not getting the support they need from other services such as NHS, Local Authority etc, so organisations such as ours are having to pick up the pieces.</p> <p>We should all be able to confidently signpost or refer people to these statutory services in the knowledge they will get the help and support they need, but this is not the case. Overall the MCGP project is working well and will continue to get stronger all the partners are engaged and working very hard to provide help and support to all residence of Tower Hamlets although demand and need of advice is outstretching actual what we can truly provide , all partners unmet needs are higher than MGCP targets most partners are booked up 4 to 5 weeks in advance and we are not sure how sustainable this is in the current cost of living crisis."</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8854	First Love Foundation	Foundation Advice and Advocacy Service	Boroughwide; Poplar	£30,000	Project made good progress against its KPIs in the quarter.	Green
Short Description	Tower Hamlets residents will have access to our AQS-accredited welfare rights advice and advocacy service in person, by telephone and through community outreach. We will explore why each individual and their household is in financial difficulty, what other challenges or crisis they face, and work with them to effect solutions.					
Progress Update	<p>Extract from Monitoring Return: "Over the course of the past three months, the grant has continued to make a significant impact on our service. During this period, we have not only welcomed a new member into our team, but we have also reopened our referral pathways.</p> <p>As mentioned in the previous quarterly report, we decided to close our referrals so that our team could offer the dedicated work necessary to every client seen. This allowed us to prioritise our clients as well as prioritise our staff's well-being. Since then, we significantly reduced the backlog of cases and moved all referrals off the waiting list. Due to this effective working, all referral pathways, including our agency and self-referral forms, opened at the end of April.</p> <p>During this timeframe, we have additionally welcomed our new Assistant Community Advocate. By introducing such a role, we have been able to curate a smoother referral to triage process. The Assistant Community Advocate is now the first point of contact within our service. This lets us ensure we are capturing and understanding the client’s and household’s wider needs so that we may work with the client in the most effective way possible. This is even noted in the graphs and statistics we are presenting this quarter. In comparison to last quarter, we are now witnessing Mental Ill Health to be the leading health issue across our clients. In addition to this, our data is showing a rise in the number of clients who are unfit for work alongside an increase in the percentage of clients who have a physical disability.</p> <p>Such work has awarded our clients £180,787.28 in backdated and ongoing outcomes.</p> <p>While we emphasize the impact of increasing our client’s disposable income, we strive to place equal weight across our unquantifiable soft outcomes. Over the past year, we have advocated on our client’s behalf and have successfully been awarded a variety of soft outcomes, particularly associated with housing and debt-related cases. Outcomes related to housing were showcased as prevention of homelessness, rehousing, and preventing bailiff actions. While soft outcomes across debt cases include, but are not limited to, debt managed, and debt payments negotiated. A full list of outcomes is stated further in our attached report."</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8998	Stifford Centre Limited	Advice and Crisis Support Project	Poplar; Limehouse; Mile End; St Katherine's and Wapping; Shadwell; Whitechapel; Stepney Green; St Dunstan's	£30,000	Project has made good progress this quarter and surpassed all of its KPIs.	<b>Green</b>
Short Description	The Stifford Centre will deliver a comprehensive 'Advice and Crisis Support Project', offering welfare benefit, debt, housing, employment & financial advice, emotional support, and peer-mentoring to local residents. Additionally, the project will manage a 'Crisis Support Fund' for emergency assistance, actively addressing the cost-of-living crisis.					
Progress Update	Extract from Monitoring Return: “This quarter we have delivered advice/interventions and were open to all who need advice but have tailored the service to meet the needs of the BAME community by delivering culturally sensitive services (e.g., segregated drop-in session) in mother-tongue languages. We had spread the hours of operation across weekdays/evenings/weekends, ensuring everyone has a chance to access support, and dedicated telephone/email time with the capacity for over-the-phone consultations for those who have mobility/social anxiety issues. This quarter we have seen a rise in Universal Credit new claim applications as residents are been given dates to move from legal benefits. Also, a steady rise in housing applications.”					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9072	Community of Refugees from Vietnam - East London	Support and Advice for Older People in Vietnamese and Chinese Communities	Boroughwide; Island Gardens; Blackwall and Cubitt Town; Poplar; Limehouse; Lansbury; Mile End; Bromley South; Bromley North; Bow West; Bow East; St Katherine's and Wapping; Shadwell; Whitechapel; Stepney Green; Bethnal Green West (formerly St Peter's); Bethnal Green East (formerly Bethnal Green)	£20,000	Project has met all of its KPI targets for April-June 2024, overachieving on three of them.	<b>Green</b>
Short Description	The "Older People Vietnamese and Chinese Project" offers crucial support and guidance to the Vietnamese and Chinese communities in Tower Hamlets. We provide comprehensive assistance to individuals aged over 50, delivering valuable advice and information. Our services are available five days a week at Old Poplar Library, London E14 6RN.					
Progress Update	<p>Extract from Monitoring Return: “The Advice Service project is dedicated to offering comprehensive support and assistance to individuals from Chinese and Vietnamese communities in Tower Hamlets. Our primary focus is on elderly individuals, providing free, confidential, and independent services covering various welfare benefits advice, housing guidance, referral for debt assistance, access to healthcare, and education on debt management, bereavement, and End of Life support. Additionally, we offer IT classes and befriending services.</p> <p>Our Drop-in advice sessions are held:</p> <ul style="list-style-type: none"> <li>• Every Monday from 10 a.m. to 12 p.m. at Dockland Settlement, 4 Saunders Ness Road, E14 3PS (except on Bank Holidays, Christmas, and New Year's Day).</li> <li>• Every Friday from 10 a.m. to 12 p.m. at Old Poplar Library, 45 Gillender Street, Poplar, London, E14 6RN (except on Good Friday, Christmas, and New Year's Day).</li> </ul> <p>We also provide advice by appointment, with specialist assistance available for welfare benefits and housing. For inquiries about local health clinic and hospital appointments, please contact our telephone line to arrange transportation and interpreting services. We offer an escort service for users with limited mobility to hospitals and home visits for housebound individuals. Our volunteers conduct weekly befriending visits to alleviate isolation.</p> <p>Our digital and IT classes cater specifically to elderly service users, offering guidance on phones, laptops, and digital accounts to enhance their digital literacy. We host drop-in sessions twice a year for eight weeks at Dockland Settlement, where users can seek assistance with technology and devices anytime between 1 p.m. and 3 p.m.”</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9054	Wapping Bangladesh Association	Tower Hamlets Bangladeshi & BAME-Led Advice Forum	St Katherine's and Wapping; Shadwell; Whitechapel; Spitalfields and Banglatown; Weavers	£70,000	Project has made good progress this quarter, surpassing all of its KPIs.	<b>Green</b>
Short Description	Tower Hamlets Bangladeshi & BAME-Led Advice Forum is a consortium of trusted and embedded local charities, led by Wapping Bangladesh Association, working together to bring quality information, advice, guidance and support to people at risk during the Cost-of-Living Crisis. Our work focuses in the south-west locality of Tower Hamlets.					
Progress Update	<p>Extract from Monitoring Return: "The Bangladeshi &amp; BME Advice Forum is running very well. We have been successfully delivering the advice and information services for people living in Tower Hamlets to improve their lives since November 2023. As a consortium we have delivered the services collectively as follows for this period of April 2024-June 2024:</p> <p>As a consortium collectively we have seen total number of individual clients 275 with resolving the case matters of 321 and ensured income maximization of £165,249.11 towards addressing the cost of living for the vulnerable people living in the borough.</p> <p>Wapping Bangladesh Association: We delivered services to 115 individual clients with resolving 130 case matters on welfare benefits, housing, debt, utility, employment, education, immigration, family and other matters. We have ensured total income maximization of £76,227.61 with ongoing confirmed £12,708.80 and one off confirmed £6151.89, estimated income £57,366.92. The service has been delivered by experienced advisers and records are kept electronically through advice pro.</p> <p>Bangladesh Youth Movement: They delivered services to 135 individual clients with resolving 143 case matters on welfare benefits, housing, debt, utility, employment, education, immigration, family and other matters. They have ensured estimated income maximization of £89,021.50 with ongoing confirmed £16,340.90 and one off confirmed £8,230.20 and estimated income £64,450.40. The service has been delivered by experienced advisers and records are kept electronically through advice pro.</p> <p>Parent Centre: They have provided service to 16 clients dealing with 21 matters. The Advice worker who constantly receiving training and guideline from WBA has progressed well. They are working hard to gain AQS mark. They undertook 2 awareness sessions and 3 outreach work to reach out the community about the service they are providing for the local community.</p> <p>Boundary Community School: They delivered service to 10 clients with resolving 15 matters. They have carried out 3 outreach sessions introducing their services to local community and have been doing regular publicity since November to ensure advice facility available for the local community. They are also working hard to achieve AQS quality for the organisation.</p> <p>Wapping Noorani Masjid &amp; Cultural Centre: Noorani Cultural Centre delivered service to 9 clients with resolving 12 matters. At present Trainee Advice worker is learning and shadowing with WBA advice worker. She has volunteered 6 sessions under direct supervision of WBA staff at WBA. They are in the process of improving their service as they are also working hard to gain quality mark."</p>					

Theme 2 – Accelerate Education

Scheme A - Education Attainment and Development of Children and Young People

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9020	Ashaadibi Education and Cultural Centre	Aim Higher ~ Edify	Boroughwide	£20,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	The Aim-Higher Edify project aims to promote community-based study support and language development for children and young people in Tower Hamlets, delivering boroughwide. This project will accelerate education and growth through after-school clubs, language classes, and youth-work opportunities, leading to improved academic achievement and future success for participants in LBTH.					
Progress Update	<p>Overall, project monitoring demonstrates the project has been successful in relation to meeting KPI’s.</p> <p>This quarter, their 12-week Somali language program supported 15 children and young people aged between 8 to 14. The class teacher assessed that all participants have progressed in spoken language proficiency and confidence, particularly in vocabulary, pronunciation, and sentence construction. The project reports the highlight of this quarter is that the children performed a presentation on singing a Somali song.</p> <p>“Parents felt that the learning activities were tailored to the students and experienced significant improvements with their Somali usage at home”. Quote from case study.</p> <p>Additionally, the project delivered 6 workshops benefiting 40 young local people. Sessions included a CV writing workshop for boys that engaged 12 young people over the age of 15. Their Hate Crime Workshop for girls and young women engaged 18 participants.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8807	Conductive Music CIC	Music Beyond Imagination	Boroughwide	£30,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	<p>Music Beyond Imagination (MBI), is a cutting-edge music-technology-led educational project for 1475 Y4-Y8 SEN students across 8 Special, Mainstream and Alternative Provision schools and in Tower Hamlets. MBI supports music creation by empowering children, bridging educational gaps, showcasing career pathways, and enabling growth for Tower Hamlets' youth.</p>					
Progress Update	<p>During this quarter continuous development of project activities has taken place to respond to codesign activities. At Beatrice Tate, the project created a setup where students can explore various activities with less structured lessons, resulting in the students starting to explore peer composition. Ian Mikardo and Phoenix Upper engaged thirty-one students in creating their Arts Award portfolios, recording their compositions, drawing, and crafting their instruments. At Phoenix, they introduced the students to more accessible music software and motion-tracking apps to inspire them to compose their creations in diverse ways.</p> <p>Project feedback from teachers involved shows positive outcomes and impact including 75% of teachers recording students' motivation as being "way better" or "improved" since previous sessions. They scored the average student enjoyment of the sessions as 92%, and teachers' satisfaction as 95%.</p> <p>At Stephen Hawking School, they moved the data collection method to qualitative data, which shows improvement from the previous term. The teacher takes notes of each pupil's reactions to project activities for every session, recording their engagement and well-being.</p>					

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8896	Four Corners	Cameraworks: Young People’s Photography Workshops	Boroughwide	£20,000	Monitoring demonstrates the project is on track to achieve KPI objectives	<b>Green</b>
Short Description	“Cameraworks” provides young Tower Hamlets residents with the opportunity to take part in photography workshops and creative projects, improving their educational attainment, and also supports their wider personal development.					
Progress Update	<p>Between 10 April – 25 June 2024, ten new participants engaged in the project, with ninety-three percent attendance. Activities included codesign of project activities, darkroom workshops and sessions, pin hole photography workshops, and picture editing, colour darkroom sessions and framing sessions, resulting in an exhibition installation on 25 June. The participants included eight females and two males, ranging in age from 16 to 25.</p> <p>The project programme is already over-subscribed for next year. Places are also reserved for the final grant year. Participant achievements and outcomes included:</p> <ul style="list-style-type: none"> <li>• One participant selected to take part in the Hayward Gallery’s Touring Exhibition “British Working Class Photography 1989-2024”. His work is being exhibited alongside fourteen established international artists/photographers.</li> <li>• All participants reporting new skills and knowledge acquired during the project.</li> <li>• Positive engagement with the project resulting no drop out.</li> <li>• All participants reporting enhanced well-being and ability to develop relationships with others because of the project activities."</li> </ul>					

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9035	Hornafrik Integration Projects Ltd	E14 BAME Children and Young People Educational Attainment Project	Island Gardens; Blackwall and Cubitt Town; Poplar; Lansbury	£13,250	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	E14 BAME Children and Young People Educational Attainment Project will support Children and Young people from disadvantaged households for timely intervention in access to extracurricular activities and after school provision.					
Progress Update	<p>Last quarter organisation reported that 48 children enrolled on to the programme. This quarter the total registered number stands at 65, surpassing planned yearly figure of 55. Organisation reported that second quarter has been marked by significant achievements and positive feedback.</p> <p>For KPI 2 of “Parents reporting they have better understanding about their children’s performance and behaviour at school”, the target was “At least 5 parents report that they have better understanding about their children’s performance and behaviour at school.” Organisation reported 9 parents participated in workshop and provided feedback forms which indicated that they have better understanding of UK’s education system.</p> <p>Organisation reported that five young people under 19 years of age and six under the age of 25 were registered for the SIA course. 9 of these participants successfully gained SIA qualifications. This is particularly noteworthy as some participants had learning disabilities or had left secondary school without good qualifications.</p> <p>Organisation reported that in this quarter they gathered comprehensive feedback from project users (children and young people), their parents, and tutors.</p> <p>Project monitoring demonstrates engagement of participants in line with application expectations on geographical and equalities monitoring.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9024	Limehouse Welfare Association	LWA Community Language Bengali and Arabic Support Programme	Poplar; Limehouse; Lansbury; Mile End Shadwell; Stepney Green; St Dunstan's	£22,400	No classes delivered in this period so expected delivery and outcomes not achieved	<b>Red</b>
Short Description	Provides Community Language, Bengali and Arabic classes, in term time, enhancing the achievement of students in Key Stages 1,2 and 3. These classes improve students’ self-confidence, cognitive development, educational attainment and Community cohesion.					
Progress Update	<p>The project continued to undertake outreach work and reports it successfully recruited and enrolled 25 children. They also recruited staff and volunteers, communicated with parents, and arranged premises. Additionally, they have formed a network with Tower Hamlets Parents Centre and Stifford Centre to obtain peer support on project delivery and development.</p> <p>Project classes delivery started on the 3rd of July. Details will be reported in the Grants Determination (Cabinet) Sub-Committee Mayor’s Community Grants Programme (MCGP) 2023-27 Performance Report covering this period. Progress and options for this grant is also provided as a separate options report as part of the overall report going to the Grants Determination (Cabinet) Sub-Committee on the 18 September.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8990	Newark Youth London	Girls in Action	Boroughwide	£20,000	Monitoring demonstrates the project has met KPIs and is predicted to achieve expected outcomes.	<b>Green</b>
Short Description	Girls in Action widens access to extracurricular activities for girls and young women, so they develop their confidence and life skills and increase their resilience. The project enables participants to participate in social action projects and other learning opportunities to enable them to develop their leadership, communication and organisational skills.					
Progress Update	<p>During April 2024-June 2024, the project delivered fourteen workshop/sessions engaging fourteen girls and young women. The project provided opportunity for participants to identify, what they wanted to learn and achieve resulting in them codesigning and delivering their social action project - raising awareness of genocide in the Democratic Republic of Congo, as well as shaping future project activities.</p> <p>Project workshops in this period focused on wellbeing and career development. They included workshops delivered by expert organisations on Mental Health Resilience, Violence Against Women &amp; Girls, and Anti Bullying.</p> <p>100% of participants said they had a positive experience from participating in the project. Their outcomes included:</p> <ul style="list-style-type: none"> <li>• All fourteen participants completed an ASDAN Accredited Leadership course.</li> <li>• Ninety percent said that participating in project activities will help them bolster their CV.</li> <li>• All participants reported that they feel more confident to be themselves.</li> <li>• Seventy percent stated they had been attending youth club/sports sessions more often in the last 3-6 months.</li> </ul>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9028	SocietyLinks Tower Hamlets	Rainbow Links	Boroughwide	£30,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	A SEND focused programme of activities providing stimulating activities for children and young people, support and peer network for parents, and family trips to enhance the opportunities available for SEND children.					
Progress Update	<p>During this period, 19 participants have participated in the project either through webinars or attendance at sessions where they were supported by additional SEND staff. Highlights from this quarter include:</p> <ul style="list-style-type: none"> <li>• Supporting individuals to integrate and attend activities such as taekwondo, boxing, homework club and youth club.</li> <li>• Two well attended webinars with guest speakers from Talking Therapies, Tower Hamlets Assisted Travel and a British Transport Police officer.</li> </ul> <p>The project is also attracting siblings of SEND children who have more opportunities to fully engage in sessions as their sibling is supported by SEND staff.</p> <p>The Rainbow Links project now has a dedicated webpage to advertise upcoming events such as webinars and the team plan to continuously update this with further information for parents and carers.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8866	St Hilda's East Community Centre	Young People’s Development Programme	Whitechapel; Spitalfields and Banglatown; Weavers; Bethnal Green West (formerly St Peter's); Bethnal Green East (formerly Bethnal Green)	£33,180	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	St Hilda’s East Young People’s Programme is an inspirational initiative designed to support children and young people to reach their full potential. Through weekly activities including sports, arts, and reflective sessions; the programme focuses on improving young people’s mental health, resilience and steering them away from anti-social behaviour and crime.					
Progress Update	<p>"During this period, new youth group members were welcomed following recent outreach seeing 25 participants across all clubs in this quarter and an additional 15 individuals attending the ‘Big Help Out’. Highlights from this quarter include:</p> <ul style="list-style-type: none"> <li>• Dance sessions in partnership with London Sport, sportswear brand Sweaty Betty and Sadlers Wells exploring various dance styles and the barriers girls face in accessing dance. The girls group also had the opportunity to try different cultural snacks, have a pizza and movie night and a skincare and beauty session.</li> <li>• Sports day with the boys’ group for Wellbeing Week where the boys competed in teams enhanced their communication and teamwork skills. The boys also created a team song using a looper in a music session, enjoyed a pizza and movie night and made sweets in celebration of International Sweet Day.</li> <li>• Architectural tour of the City of London during which, the boys group enjoyed learning about the different types of building design which will influence future design and technology sessions for the group.</li> </ul> <p>The Level Up/Mixed youth group is a co-produced and user led group and had a successful pilot which will be developed further by young people over the summer holidays with a view to commence in the next quarter.</p> <p>In addition to their regular youth groups, St Hilda’s East hosted the youth council from a local primary school who volunteered to help make items such as candle holders to sell at St Hilda’s fundraising event.</p> <p>St Hilda's East have recruited a new Children and Young People Programme Manager and are in the process of completing recruitment checks for a Youth Development Worker to support the boys group."</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8862	St Margaret's House	The Children’s Making Tree	Boroughwide; Weavers; Bethnal Green West (formerly St Peter's); Bethnal Green East (formerly Bethnal Green)	£5,156	Monitoring demonstrates the project is slightly under on the number of unique participants participating this year. However, the organisation has plans in place to address this and is confident it is on track to achieve KPI objectives.	<b>Green</b>
Short Description	The project empowers Tower Hamlets children to take part in enriching holiday activities in a variety of arts disciplines (circus, art, drama, spoken word). Sessions improve children’s confidence in their abilities and increase their cultural capital to help them pursue diverse activities outside of school to support their academic achievement.					
Progress Update	<p>Three sessions took place in the Easter 2024 Holiday. These sessions explored drama and comedy skills with the participating children, helping them explore writing material to make people laugh and feeling confident performing in front of others. Three sessions took place in the May 2024 Half Term. These sessions explored crafting and visual arts with the children, helping them to make beautiful pieces of art and items to wear from junk materials.</p> <p>90% participants stated that they felt more confident at the end of the session showing their positive engagement with the project activities. Evaluation demonstrates most participants also reported that during the session they were focused and concentrating, and if they found something difficult, they tried again.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8937	Tower Hamlets Parents Centre	THPC Saturday Study Support Programme	St Katherine's and Wapping; Whitechapel; Stepney Green; St Dunstan's; Spitalfields and Banglatown; Weavers	£10,369	During this reporting period, the project delivered, a 3 hourly Study Support Session per week, for 9 weeks, providing educational support in English and Maths. Monitoring demonstrates the project will achieve expected outcomes	<b>Green</b>
Short Description	This Project delivers weekly Study Support Session on a Saturday morning in term times that help improve the attainment of disadvantaged local young people at Key Stages 1 and 2.					
Progress Update	<p>During this reporting period, the project delivered, a three-hourly Study Support Session per week, for 9 weeks, providing educational support in English and Maths, at Key Stages 1 and 2. There were 20 children on the roll and 17 attended regularly and who reported they had a positive engagement with project activities. The sessions were led by a qualified Tutor, who was supported by a Classroom Assistant. The Tutor prepared a termly Scheme of Work, in agreement with the young people.</p> <p>The lessons were activity orientated and participative. The sessions involved single and group work, giving children the opportunity to lead groups. The weak children in the group were given one-to-one support, engaging the Classroom Assistant with them, being supervised by the Tutor. The children were also given support in their Homework. The children were allowed to work on Laptops once a month, to improve their ICT Skills.</p> <p>The children were asked to give feedback, at the end of each session, on the activities undertaken to-date. The children completed an evaluation Form, which asked questions on the outcomes of the project, at the end of the Term. In response to the questions asked, the children confirmed that they improved their performance and attainment in mainstream schools, they improved their mental wellbeing, having made some friends. They improved their confidence, resilience and self-esteem, having developed relationships and aspirations through participating in the sessions.</p>					

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9009	Toyhouse Libraries Association of Tower Hamlets - Toyhouse	Accelerating Education for Pre-School aged children via Community Toy Library involvement.	Boroughwide	£14,992	Monitoring demonstrates the project is on track to achieve KPI objectives.	<b>Green</b>
Short Description	Toyhouse supports a network of community-based Toy Libraries facilitated by a mix of parent volunteers and staff, that enables parents and pre-schoolers to benefit from weekly Play Learn sessions, enabling children to develop speech, communication, social interaction and Early Learning skills before they enter formal educational settings.					
Progress Update	<p>Service began in this period towards the end of April. Twelve Toy Libraries were supported through two visits in this reporting period. A Basic Introduction to Toy Libraries workshop was held and attended by 6 Toy Library representatives new to their post. Evaluation demonstrates 100% found it relevant and useful. During the evaluation session participants were given an opportunity to codesign future elements of what the project offers.</p> <p>100% of member groups have engaged in activities indicating a positive engagement with project services. This will be further evaluated in the organisation’s Annual Returns “snapshot” that will be concluded at the end of the academic year and reported in the next monitoring report.</p> <p>The project supported St Francis Family Centre relaunch their Toy Library as a Toy Loan Toy Library. The launch happened in June. It was so successful with parents and children they have decided to continue the service right through the summer period.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9063	Udichi Shilpi Gosthi	Bengali Mother	Boroughwide; Island Gardens; Canary Wharf; Limehouse; Mile End; Bow East; St Katherine’s and Wapping; Shadwell; Whitechapel; Stepney	£18,768	Monitoring demonstrates the project will achieve expected outcomes	<b>Green</b>

		Tongue Project	Green; Spitalfields and Banglatown; Weavers; Bethnal Green West (formerly St Peter's); Bethnal Green East (formerly Bethnal Green)			
Short Description	Project provides mother tongue study support and community education for 300 disadvantaged Bengali children and young people in Tower Hamlets who will learn to read, write and speak Bengali and achieve Tower Hamlets Community Language Certificate. Boosts community cohesion via arts and cultural activities broadcast on Bengali media (TV, radio)					
Progress Update	Udichi have delivered the Bengali Mother Tongue project for children and young people at the Idea Store in Whitechapel and is now fully subscribed, with a waiting list in operation. During this period, there were 75 participants with 70 reporting positive engagement with project activities. During this quarter the engagement with the project has exceeded targets.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9056	Wapping Bangladesh Association	A Bright Future - Wapping After-School	St Katherine's and Wapping	£25,000	During this reporting period, the project has supported 27 academically underachieving children from disadvantaged backgrounds in study support and mother tongue provision	Green

		Children Education Project			Monitoring demonstrates the project will achieve expected outcomes	
Short Description	After School Children’s Education Project raising the educational achievements of academically underachieving Bangladeshi children from poorer and disadvantaged backgrounds through a programme of activities and learning interventions that includes Mother Tongue Education and Study Support Learning.					
Progress Update	<p>During this period, the project has delivered a total number of 29 sessions for Mother tongue class, and 8 sessions for the Supplementary homework support class. The project has registered 20 students for the mother tongue class and 10 for the supplementary home-work support sessions.</p> <p>The project supports students coming from disadvantaged backgrounds who mostly reside in the Wapping area while few students come the St Katherine area and Shadwell ward.</p> <p>In the mother tongue sessions students learn to read, write and recite poems in Bangla including participating in storytelling and group study performance. For the Supplementary sessions, teachers support students in preparing for their homework and provide extra support for Math, English and Science lessons.</p> <p>The project organised a parents evening on 21st of May 2024 and has overwhelmingly received positive feedback from the parents; feedback about the project was very satisfactory,</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
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9044	Weavers Community Forum (WCF)	Active Youth Project	Weavers; Bethnal Green West (formerly St Peter's); Bethnal Green East (formerly Bethnal Green)	£21,903	Monitoring demonstrates the project will achieve expected outcomes	<b>Green</b>
Short Description	Active Youth Project is to help inspire, activate & motivate young people to learn about themselves, others, and Society, through non-formal education activities which combine enjoyment, challenge and learning.					
Progress Update	<p>Organisation stated that their KPI for participation rate measures the number of young people actively engaged in the program relative to our target audience. 24 registered participants took part in regular project activities in this period. Organisation stated that they are confident that they will meet the target of having 42 youth participating in the project. Since the beginning of July, they have been planning to increase outreach sessions to attract more participants. Additionally, they started weekly boxing sessions this month.</p> <p>They are also organising a Community Fun Day event on 10th August 2024 and are confident that these initiatives will help them reach goal of recruiting 42 participants by the end of the quarter four.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8758	Westferry Community Organisation	Education Matters	Canary Wharf	£20,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	Education Matters is a community-based initiative, which will deliver educational/learning activities to children and young people in the Canary Wharf area. This will consist of after-school/evening and/or weekend clubs for children, to assist in reading/writing, maths/arithmetic, and other curriculum/extra-curriculum-based learning. Also, weekend sessions for young adults providing life skills.					
Progress Update	<p>In terms of our KPIs, organisation has achieved 79% success rate in reading level attainment, 71% success in writing levels, 75% success in soft/life skill attainment, and career development, and 85% success in wellbeing improvement. They have now achieved 87% (26) of their target participation rate (30) so they will be looking to improve this as the project proceeds.</p> <p>Organisation reported that they are getting more interest during weekend. The outcomes are on target. They have been speaking to parents, doing poster and leaflet campaign over the summer period. They said during the summer holidays they will get more interests, and this will lead to more referrals. They have also approached certain centres such as youth club and speaking to them about the project. They are tracking budget through a spreadsheet. In terms of feedback, they have been speaking to parents and children on regular basis and checking the participant’s individual work. They will share sample at next quarter.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8913	Women’s Inclusive Team	Maangaar (Young People - SEN Support)	Boroughwide	£20,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	This project will target children aged 6 to 10 with Special Educational Needs and Disabilities (SEND) in LBTH boroughwide, who have limited after-school provisions. Maangaar (meaning 'unique child' in Somali) will create positive learning opportunities to enrich their development and their parents, ultimately improving their education and mental well-being.					
Progress Update	<p>Last quarter the organisation reported that, the Maangaar project reached its full number of target registered participants. Organisation reported that during this quarter, they achieved one of their targets: at least 70% of participants reported a better understanding of the needs of children with Special Educational Needs and Disabilities (SEND). Out of the 9 parents who completed both pre and post surveys, 76% of parents reported an improvement in their understanding of SEND and supporting their child. This quarter, 57 families participated in project activities.</p> <p>The highlight this quarter was the Autism Supported Training, an 8-week course delivered in Somali by an experienced SEND advocate and autism ambassador. The training was tailored to meet the needs of Somali parents and caregivers and provided parents with an insight into understanding and supporting their loved ones. Organisation undertook an evaluation survey during weeks two and seven, where they asked parents to rate their understanding of SEND and their ability to support their child/children on a scale from 1 to 5. The statistics showed parents had significant increased understanding of SEND and their ability to support their child/children.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9013	Young and Talented Ltd	Triple Talent Enrichment Programme	Bethnal Green West (formerly St Peter's)	£25,000	Monitoring demonstrates that the project is mostly on track, but additional support is planned	<b>Amber</b>
Short Description	Weekly, high-quality, performing-arts training for 6-16-year-olds. The free sessions will enable children from marginalised backgrounds to have long-term engagement with activities which support good mental health and wellbeing; develop personal and practical skills; enrich curriculum learning; and provide access to the infrastructure required to progress into arts/culture-related education and employment.					
Progress Update	<p>Last quarter organisation reported 28 students attended masterclasses in Musical Theatre, Dance and acting. This quarter Y&amp;T worked with 34 students. Overall target is 45 per annum. Oxford House has contacted organisation to offer a better room arrangement from September to improve quality of delivery of the project. They are awaiting to have a meeting with them. For next year Y&amp;T to see if more students can be recruited, so the overall target number of students for the 3-year programme isn't impacted. They will work with VCS officer to promote the project more.</p> <p>Highlight for this quarter is the organisation celebrated its 20-year anniversary. They held 20 Years Anniversary Gala held at Hackney Empire, on Sunday 30th June. 32 current students and 11 past students and creatives performed in 20 Anniversary Gala event. In attendance were family members, past families/students, special guests, past tutors/creatives, Y&amp;T Board members, as well as VCS officer from TH.</p> <p>Following advice from TH officer’s organisation did apply to the Canary Wharf Group Community Grant Programme and BlueSpark Foundation. Unfortunately, on both applications were unsuccessful. But TH officers will continue to seek other external funding opportunities for Y&amp;T and provide them with information.</p>					

**Scheme B – Lifelong Learning**

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8967	Age UK East London	Digital Buddy	Boroughwide	£39,997	In this period the project has supported 83 beneficiaries who took part in regular project activities. The project has demonstrated progress made toward achieving the target KPIs and outcomes.	<b>Green</b>
Short Description	Digital Buddies will build the skills, confidence and motivation of digitally excluded older people, using a proven model, enabling them to get to grips with new technologies and use them safely and skilfully. It represents the best opportunity to build their confidence, skills and ultimately resilience in a digital-first world.					
Progress Update	In this reporting period the project has reported: <ul style="list-style-type: none"> <li>- 91% of participants (75 people) report that they are more confident using digital technology and getting online.</li> <li>- 93.4% of participants (79 people) report that they have developed at least one skill to use digital technology</li> <li>- 92.2% of participants (81 people) report that they have greater awareness of risks and feel better able to manage them</li> <li>- 77.3% of participants (62 people) feel better able to manage cost of living pressures.</li> </ul>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9021	Ashaadibi Education and Cultural Centre	Aim Higher Adult Lifelong Learning	Boroughwide	£20,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	The e-Adult Lifelong Learning project aims to promote digital inclusion, language skills, and lifelong learning in Tower Hamlets to the BAME community. Through English language classes and digital skills training, it will reduce digital exclusion and improve the confidence and aspirations of marginalized and underrepresented residents of LBTH.					
Progress Update	<p>The project continues to excel with all three KPIs exceeding original targets. This includes an impressive 100% of learners reporting that they have gained practical skills for navigating daily life in an English-speaking environment. This is particularly impressive as due to high demand from students, Ashaadibi recruited a second cohort of women to start the 12-week ESOL programme with 33 clients.</p> <p>Key achievements during this quarter include:</p> <ul style="list-style-type: none"> <li>• Successful completion of a 12-week course for cohort two.</li> <li>• Integration of digital skills with language learning (e.g., using City mapper, online shopping)</li> <li>• Incorporation of real-life scenarios for practical application of language skills.</li> </ul>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8906	Bromley By Bow Centre	BOOST North East	Mile End; Bromley South; Bromley North; Bow West; Bow East	£25,000	The project has supported 49 learners this quarter. The project is making good progress toward achieving the target KPIs and outcomes.	<b>Green</b>
Short Description	Through Boost North East, the Bromley by Bow Centre is providing non-accredited English for Speakers of Other Languages (ESOL), and digital inclusion classes alongside social mixing activities. The project will support people to become confident engaging with the local community, and services using English. 280 learners will be supported.					
Progress Update	<p>The Boost Project has been successful in attracting the hard-to-reach group of Bengali men and women in their 50s and 60s. The project had four groups of learners who have enthusiastically engaged in learning and social mixing activities over the 15 weeks of their course. Two of the groups have had a health focus and two have focused on living in Tower Hamlets. It has been a very active term with varied activities, which staff believe have stretched and challenged all concerned. There has been much learned by those returning to education after many years. There has been a great deal learned by the teacher about learner needs at this level. Key activities that took place this quarter include the following:</p> <ul style="list-style-type: none"> <li>• Staff recruited on programme (April)</li> <li>• 52 Enrolments took place with 2 withdrawals due to health issues. 49 retained on the 30 GLH ESOL BOOST programme.</li> <li>• Regular social mixing activities have been taking place with activities such as Yoga, food session, word games and language share</li> </ul> <p>The project had to adapt the programme as it received some match funding (25k) from Bromley by Bow Health practice. This has enabled the project to reach and engage greater numbers this quarter; able to provide an additional two cohorts to work alongside the BOOST Programme, thus doubling up on all numbers and KPI’s this year.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8929	deafPLUS	Improving deaf and hard of hearing residents English, Maths and digital skills	Boroughwide	£30,000	The project has successfully supported 7 beneficiaries with Maths, English and IT sessions; helping beneficiaries to apply the learning in 'real world' situations impacting daily activities such as paying bills or writing emails positively.	<b>Green</b>
Short Description	A borough wide lifelong learning project that will improve deaf and hard of hearing residents English and Maths and digital skills, reducing socio-economic deprivation in Tower Hamlets					
Progress Update	<p>During this quarter, the project delivered learning sessions on Maths, English, and IT. The project has supported 7 beneficiaries this quarter. A key aspect of the course is to ensure sessions are focused on demonstrating how the sessions would provide tools for developing 'skills for life,' by applying them to 'real world' situations such as budgeting, bills and writing emails.</p> <p>There have been requests for one-to-one sessions, as clients have expressed anxiety around learning Maths and English. They feel uncomfortable making mistakes in front of others or asking for help, fearing it could "slow down the session."</p> <p>While feedback from attending clients has been encouraging. The coordinator observed positive outcomes, particularly in increased confidence in the subjects explored. The project plans to incorporate refresher sessions, as clients appreciate covering the same topic multiple times to ensure understanding. This highlights their desire to learn and upskill, impacting daily activities such as paying bills or writing emails positively.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8700	East London Advanced Technology Training	BOOST (Building On Our Skills Together) South West	Shadwell; Whitechapel; Stepney Green; St Dunstan's	£40,000	<p>In this reporting period the project has delivered ESOL sessions to 36 refugees and migrant participants. The KPI data will be available end of July and end of Sep 2024.</p> <p>Monitoring demonstrates the project will achieve expected outcomes.</p>	<b>Green</b>
Short Description	<p>BOOST South West provides accessible, entry-level ESOL classes to develop English language skills, digital inclusion, and preparation for lifelong learning for 300 migrants and refugees in SW Tower Hamlets, 2023-2027. Courses will be tailored to learners’ lives and include classroom activities, visits to places of interest and community engagement activities.</p>					
Progress Update	<p>The Boost (Building On Our Skills Together) project teaches entry-level English for Speakers of Other Languages (ESOL) to refugees and migrant participants. Recognizing the critical role language plays in integration, the program aims to equip learners with essential English skills, facilitating smoother transitions into their communities.</p> <p>The course is structured to not only provide language instruction but also to prepare participants for real-world applications of their skills. Throughout the program, students engage in practical exercises that mirror everyday scenarios, from navigating public transport to engaging in workplace conversations.</p> <p>Beyond language acquisition, the program emphasizes the importance of progression. Staff actively guide participants in identifying and pursuing further opportunities, be it volunteering, employment, or continued education. At the course’s conclusion, participants take part in an End of Course Review with their tutors and report increased knowledge of identifying progression routes, demonstrated by their ability to articulate clear, realistic plans for their future, whether they choose further study, volunteering or employment. 100% of our learners’ progress, either to further study (at ELATT or another provider) or to volunteering or work.</p> <p>Students have given positive feedback about the course, such as ‘Many things improved... (the tutor) pushes them to speak and learn and makes them confident.’ Another student says: ‘I love volunteering and helping other people... I go to ELATT and learn about printing and photocopying, paperwork etc. I met many people – everyone is friendly.’ Another student said, ‘their main priority was getting a job’. A third student wanted to ‘improve their job’. One stated: ‘My goal is to get a job. I am looking for one now... We are doing CVs next week.’</p> <p>The project is not just about teaching English; it is about empowering refugees and migrants, fostering their independence, and helping them build a brighter future in their new home.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8934	ICM Foundation CIC	CORE News Community Newspaper	Boroughwide	£30,000	During this reporting period the project has supported 13 trainees. All trainees continue to report and display increased levels of confidence. Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	Adults with learning disabilities will develop skills and work towards a qualification to design and produce a tri-annual community newspaper, informing people of and reviewing activities to be distributed to community groups in London with the focus on reducing social isolation and increased participation through low cost or free activities.					
Progress Update	<p>All trainees continue to report and display increased levels of confidence especially during group work, everyone participates more equally whereas before there would be only a few who would be vocal, staff have now seen an increase in everyone wanting to express their opinions and contribute to discussions.</p> <p>The group have been working on a variety of skills this quarter, such as using email and creating learning resources and next quarter they will be able to add training other people into the lists of skills they are either improving upon or learning to develop.</p> <p>During this quarter the project have been putting together the summer edition of CORE News Paper which is due to be printed mid-July. The focus this quarter has been to finish the summer edition of CORE News so that the trainees can focus on the assessments of units for the qualification. The trainees did amazingly well with research on the trips for the newspaper especially searching for affordable places that they had not been to or tried before. Most of the articles for this edition have been written and the trainees have become increasingly efficient in writing and typing the articles. The Project has been able to distribute CORE News throughout the Ideas Stores in the borough including the Town Hall.</p> <p>The group have also been working on their presentation to be delivered to another learning disability group - they chose the theme of how to produce a newspaper and have completed most of the content for the slides. The only part left is for them to practice what they are going to say during the presentation. The trainees have displayed immense confidence in creating the content for the presentation and indicating which parts they would like to deliver and present. The group will be ready to present in August but will most likely deliver the training at the beginning of September.</p>					

	The group have taken part in several activities arranged by other disability groups and to show their support a couple of articles in the newspaper will feature some of these projects/organisations. The group have also organised a couple of events for people with learning disabilities for groups during the summer.
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8974	Island House Community Centre	DIGITAL DAY	Boroughwide	£25,000	During this reporting period the project has supported 86 beneficiaries. Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	Digital Day will develop the existing SKILLS project, providing 3 levels of support to digitally excluded clients. Teaching basic digital skills and providing computer/internet access for necessary for life tasks that have moved online, supporting the digitally excluded, improving skills, reducing digital exclusion, and enabling access to health and social care.					
Progress Update	During this reporting period, the project has seen a real increase in demand and attendance at the weekly sessions. Average attendance has increased from 6 people to 9 people per session, with highs of 13 being reached twice.  The project has supported 86 beneficiaries this quarter. 80 beneficiaries have reported reduced digital exclusion as a result of participating in the sessions.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8677	LifeLine Community Projects	Creative English	Poplar; Mile End; Shadwell; Whitechapel	£25,000	During this reporting period, the project had 64 registered participants who took part in regular project activities. Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	Creative English is a volunteer-led English language programme that teaches everyday English speaking to people from marginalised and minority groups who do not speak English as a first/main language. Delivered by faith and community groups, Creative English uses applied drama techniques to engage learners in a fun and welcoming environment.					
Progress Update	During this reporting period the volunteer training of the 2 hubs have been completed and East London Mosque and Wapping Community Centre are now delivering Creative English classes. Between them they have more than 60 participants. The outcome data will be shared after participants have completed the 10 weeks course. This will be included in the next report.					

	The feedback from those participants is that they are both enjoying the course and their confidence level is increasing as they use English on a day-to-day basis in the community. The class from East London Mosque are going on day visits to Canary wharf and Spitalfields market in order to practise their English. The English classes will take a break over the summer as neither venue can provide childcare and will start up again in September.
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8715	Limehouse Project	ESOL & Digital Training	Poplar; Limehouse; Mile End; Stepney Green; St Dunstan's	£25,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	Limehouse Project’s ESOL & Digital Training programme is a supportive coaching initiative funded by the Council which helps residents improve their command of the English language and basic digital skills. We hope to empower residents to improve their lives by learning new skills for life and life-long learning.					
Progress Update	<p>During the 1st quarter of the 24/25 FY, the Limehouse Project continue to meet and exceed KPI targets for their Lifelong Learning MCGP project. Last quarter, 14 participants registered and 100% of learners reported improvements in confidence and self-esteem including 100% of participants reporting improvements in digital skills. During this period, the first 16-week pre-entry and Digital skills course was completed. The second cohort is currently running with 14 participants and will be delivered using an in-house and hybrid model.</p> <p>The Cyber Cafe commenced on April 17, 2024, with the devices - tablets and laptops - donated from ELBA. The Cyber Cafe programme covered a range of topics and will continue improving with feedback from the participants and will cover a range of subjects from managing health online, basic IT skills and managing their money and benefits online are identified priority needs from feedback received. A planned trip to Tower of London at the end of July will help incorporate aspects of student learning. The Limehouse Project also continues to promote progression route activities and work with our partners from THCVS, WIT, Praxis, the council, Ethnic Minority Network, and other external partners at the NHS to incorporate and provide additional positive health outcomes through consultation and workshop sessions to the groups.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8652	Quaker Social Action	Made of Money - helping carers to increase their resilience to online financial scams.	Boroughwide	£25,000	Monitoring demonstrates that the project continues to face a few challenges with staffing and partnerships which continue to cause some disruption, however, staff are confident of achieving annual target/KPIs from July 2025.	<b>Amber</b>
Short Description	Quaker Social Action’s ‘Made of Money’ financial education and financial wellbeing team, partnering with Carers Centre, Tower Hamlets, will devise and deliver digital inclusion sessions for local people, predominantly carers, focussing specifically on helping people be aware of and have a much-reduced risk of falling victim to online scams/fraud.					
Progress Update	<p>Due to Covid and planned annual leave for the summer, the Money Matters programme manager was unable to complete the report but has provided information below and confirmed that annual targets/KPIs are on track.</p> <p>Challenges affecting delivery: We note that there is a wide range of knowledge and experience in the groups – not everyone will need every item of learning and there is a balance between keeping it engaging for more experienced participants, while still meeting needs for a more foundation level learning. We aim to give everyone helpful tools or learning to take away with them. Our main challenge has been scheduling. Unfortunately, the delivery staff member at CCTH was suddenly taken ill in April resulting in the need to take a period of time off, resulting in the temporary pause of the workshops. Although we now have sessions scheduled for the rest of the year, commencing in July, they were unable to schedule any with CCTH this quarter. We anticipate reaching the year’s target before its end in March 2025.</p> <p>Achievements: To reach the overall target, this quarter, as previously updated, QSA have been busy having conversations and establishing working relationships with a range of local organisations to deliver groups with other partners in the borough. So far, we have met with staff from Island House, Age UK &amp; Caxton Hall, Toynbee Hall, the Zaccheus project, and met the Bromley by</p>					

Bow Centre in early July. In addition to the sessions delivered at Island House this summer, we have booked sessions in at Island House, Bromley By Bow centre, with tentative dates at Zaccheus and Caxton Hall. We have appreciated the support of John Bardens, Digital Inclusion Officer for Tower Hamlets in making links and connecting with other organisations, to support delivery. This approach of working slightly more and earlier with external partners has worked well and we see this adaptation as an achievement. Given the lead in times for scheduling, this has meant less delivery this quarter. Quarter two includes the summer holidays and we anticipate running a set of sessions in the third quarter (at CCTH). Extra group bookings from our approach will mostly be in quarter four. This quarter we delivered the first sessions with Island House, and groups were characterised by surprise at new information and laughter during activities. When we projected live demonstrations online, e.g., refusing cookies, or checking the security of a site, participants responded enthusiastically.

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8803	Social Action For Health	Bengali Women's ESOL Walking Group	Whitechapel; Spitalfields and Banglatown; Bethnal Green West (formerly St Peter's)	£24,945	The project has supported 32 women this quarter demonstrating progress made toward achieving the target KPIs and outcomes.	<b>Green</b>
Short Description	This project brings together Bengali women for a weekly walking group to enjoy some gentle movement, and practice conversational English, thus reducing isolation, improving physical and mental wellbeing and enabling more positive interaction with the wider community and services such as GPs and other health professionals.					
Progress Update	<p>The project continues to be very well received by the local community. In this quarter the project has supported 32 women from the target demographic group which puts them in line to meet their target of supporting 40 women over a delivery year.</p> <p>The project holds groups on a Tuesday and Wednesday morning in Collingwood Children’s Centre. Tutors are supported in session delivery by Social Action for Health trained volunteers some of whom are themselves taking the opportunity to build their confidence in spoken English. Such is the success of the sessions that some attendees like to come to both sessions.</p> <p>On June 25th participants were hosted by Spitalfields Farm to a tour of the farm, potting activity and lunch. The women took the opportunity to learn English words for fruit, vegetables and animals and enjoyed visiting a (new for some) local free resource which they can walk to and take friends and family.</p> <p>Significant achievements:</p> <ul style="list-style-type: none"> <li>• 32 women have attended so far, with some women wishing to attend both sessions as they enjoy it so much.</li> </ul>					

<ul style="list-style-type: none"> <li>• About 10-15 people usually attend each session.</li> <li>• Second group established and in demand.</li> <li>• Social Action for Health volunteers supporting tutor delivery.</li> </ul> <p>Local walks or on-site gentle exercise featuring across all sessions.</p> <p>Impact</p> <ul style="list-style-type: none"> <li>• Establishing a regular meeting space enabling women who may not otherwise get out and about to meet and support each other</li> <li>• Increasing physical exercise – when the group has not gone for a walk (for example because of poor weather), the group has nevertheless completed indoor exercises.</li> <li>• Regular attendance – which indicates satisfaction and engagement</li> <li>• People reporting that their confidence using English has increased.</li> </ul>
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8996	Stifford Centre Limited	BAME Women’s Empowerment Programme	St Katherine's and Wapping; Shadwell; Whitechapel; Stepney Green; St Dunstan's	£29,000	<p>During this reporting period, the project has successfully supported 49 participants. The project has demonstrated progress it is making against its KPIs.</p> <p>Monitoring demonstrates the project will achieve expected outcomes.</p>	<b>Green</b>
Short Description	Stifford Centre's BAME Women’s Empowerment Programme empowers BAME women in Tower Hamlets through comprehensive ESOL classes, employability work and digital skills training. Our goal is to bridge socio-economic gaps and boost integration, confidence, and participation in the local economy.					
Progress Update	During this reporting period, the project has continued delivering the BAME Women’s Empowerment Programme. The project supports BAME women who are long-term unemployed and economically inactive, a pathway toward employment with support at every step.					

<p>The project activities included ESOL Classes, Lifelong Learning Confidence Building workshops, Employability course and Digital Literacy course. Additionally, during this quarter the women’s group visited the local Idea store to explore what the Idea Store had to offer and meet Idea Store staff.</p> <p>The project provides a space where BAME women feel safe and welcome. The project provides additional support to overcome other barriers that they may face, for example around advice provision or around housing or health and wellbeing.</p>
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8936	Tower Hamlets Parents Centre	THPC Digital Inclusion Programme for BAME Women	St Katherine's and Wapping; Whitechapel; Stepney Green; St Dunstan's; Spitalfields and Banglatown; Weavers	£12,000	<p>During this period, the project has supported 20 women. Participants report improved level of digital skills and an increase in confidence to accessing online services.</p> <p>Monitoring demonstrates the project will achieve expected outcomes.</p>	<b>Green</b>
Short Description	This Project will deliver a 36-hour Computer Training Programme that will improve the Skills, Employment Readiness and Inclusion of 140 local disadvantaged women from BAME Communities.					
Progress Update	During this reporting period, the project has delivered in total 50 hours of Computer Training to 20 women. The beneficiaries consisted of 2 cohorts: 11 in one Cohort and 9 in the second Cohort. The Sessions were delivered assessing the abilities and aptitudes of the beneficiaries and aimed at improving the skills, employment readiness and digital inclusion of the beneficiaries.					

	<p>Beneficiaries have reported that they have learnt the use of ICT equipment and that they were feeling less isolated having made friends within the sessions.</p> <p>Participants have stated they would like to improve their ICT Skills further to be able to access online services as well as improve their word processing skills. They further stated that they enjoyed attending the sessions and they were satisfied with the improvements made.</p> <p>The project will undertake a survey by the end of July 2024 to evaluate the progress of all the participants.</p>
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Theme 3 – Culture, Business, Jobs, and Skills

Scheme A - Employment and Skills Opportunities for Socially Excluded Residents

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9080	Account3 Ltd	Jobs for the Girls - Employability for Marginalised Women of Tower Hamlets	Boroughwide	£20,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	This project will provide unemployed women including returners with multilingual support to plan their futures through offer of MATRIX accredited career guidance, training and support to better understand the jobs market and make the right decisions to get into paid work that offers career progression and stable employment.					
Progress Update	<p>In the period from April - June 2024 IAG was continued with LBTH residents as per the project plan for Jobs for the Girls. Have registered 16 new clients (total to date 48 women). Have provided advice and guidance and supported them to access training, volunteering CV workshops and support into employment</p> <p>Progression from the last quarter Nov 2023- March 2024</p> <ol style="list-style-type: none"> <li>1. One studied English, ESOL Entry 3/ Level 1 in Jan 2024 &amp; started an agency job in April 2024</li> <li>2. One studies Functional Skills Level 2 Maths starting Feb 2024</li> <li>3. One is volunteering and ESOL classes starting 16th April</li> <li>4. One completed TA L2 course in April 2024</li> </ol> <p>Of the new Registrations: April- June 2024</p> <ol style="list-style-type: none"> <li>1. 16 IAG sessions</li> <li>3. 16 Individual action plans created</li> <li>4. One Welfare &amp; IT volunteer started April</li> <li>5. One volunteering primary school started May</li> <li>6. One started a part time job"</li> </ol>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8816	Circle Community	Circle Community's Back Your Future @ Canary Wharf employability programme for young people	Boroughwide	£20,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	Back Your Future @ Canary Wharf will provide holistic employability support to 495 NEET young people. Access to work experience, job-seeking skills, sector knowledge, wellbeing support and entry level jobs with Canary Wharf employers will provide them with the knowledge, networks and confidence to find, sustain, and progress in work.					
Progress Update	In the past quarter the project has moved their delivery site from Unit 76 in Jubilee Place Mall to Unit 4 on the floor of the mall above which is in a higher footfall area. The project was only closed for 2 days and have continued to deliver throughout with no disruption to the young people on programme. They have increased their employers due to their relationship with Canary Wharf Group and have interviews and trials going on with 4 new employers including 2 new restaurants and a new retailer with exclusive roles for their young people. This will impact and increase the job outcomes for their young people and give them more control over the way recruitment is run in these companies					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8701	East London Advanced Technology Training	Tower Hamlets Community Works	Poplar; Limehouse; Shadwell; Whitechapel; Stepney Green; St Dunstan's; Weavers; Bethnal Green West (formerly St Peter's)	£30,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	TH Community Works is an innovative, holistic programme of employability skills training, personal development, one-to-one support, volunteering and work experience to support unemployed refugees and migrant residents of Tower Hamlets into work. It will empower participants to build a career and navigate the UK job market independently.					
Progress Update	During this quarter, Community Works project focused on enhancing the job readiness and placement success of participants through a series of structured activities. Key achievements included improving the confidence of participants to apply for jobs online, successful completion of in-person career workshops and group and individual mentoring sessions.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9036	Hornafrik Integration Projects Ltd	E14 BAME Skills Development and Employment Project	Island Gardens; Blackwall and Cubitt Town; Poplar Lansbury	£20,670	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	Our project aims to work with the hard-to reach, excluded BAME, mainly Somali and other African communities who live in 3 wards in Tower Hamlets, who are long-term unemployed and/or economically inactive, including individuals with no formal or limited educational qualifications					
Progress Update	In this quarter, the project carried out a number of accredited SIA and CSCS training. They also organised weekly employability workshops designed to improve the employability chances of the local BAME communities. The past 3 months were significant because they had the opportunity to monitor the project and get direct feedback from the project users. Apart from their practical project support is including the One2One and group workshops on CV-building, job hunting & interview skills, creating links, job brokerage aspect of the project. Therefore the project were able to capture comprehensive monitoring data which indicated that they were successful in achieving a significant positive impact on the disadvantaged users who had been previously distant from the labour/job market; they also built the users’ confidence to go out there and not only get trained but apply jobs, this had become widespread among their project users.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8742	Leaders in Community	Youth and Community Social Action Hub	Poplar; Lansbury	£20,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	The project will create a safe and inclusive hub for youth and community social action work placements, which will help develop campaigns on equity and employment by addressing barriers to progress and raising aspirations for young people and older community members, particularly for people from Black, Asian, and Multi-Ethnicity backgrounds.					
Progress Update	<p>In this quarter the project successfully expanded their reach by recruiting more young people into their programme. Additionally, their partnerships with corporate entities led to numerous successful events and workshops that greatly benefited their participants. These include: Recruitment Initiatives, increased recruitment of young people, corporate partnerships and events and much more. The project conducted several insight days and workshops with esteemed corporate partners including BNP Paribas, London Stock Exchange, and Brands2Life. These events provided invaluable opportunities for their young people to gain firsthand exposure to professional environments and the functioning of top-tier businesses.</p> <p>The collaboration with corporate partners played a crucial role in the successful delivery of their project activities this quarter. The support and resources provided by these organisations enabled them to offer high-quality experiences and learning opportunities to their young people. Additionally, the enthusiastic participation and feedback from the young people encouraged them to continually improve and adapt their programmes to better meet their needs and aspirations.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG ratings
8716	Limehouse Project	More New Horizons	Poplar; Limehouse; Mile End; Stepney Green; St Dunstan's	£25,000	Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	Limehouse Project’s ‘More New Horizons’ project seeks to support local women to gain the skills to get into work and/or to begin to run their own online businesses which can be managed around a work-life balance and household responsibilities.					
Progress Update	<p>During this quarter, a further 17 women were recruited and registered to the More New Horizons course, thus overachieving their target and receiving more interest. The project has also sought additional supplement workshop sessions for those engaged to understand managing their money and having improved health outcomes and understanding.</p> <p>A cohort of 12 individuals for the E-Commerce and Digital Skills course took place on the 5th and 7th of June and a second session with 15 participants on the waiting list for July the 19th will be taking place in-house and online. 2x Employability workshops, one-to-ones, and supplement workshop support have taken place and additional signposting and referrals for additional support courses for individuals to overcome barriers have continued.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9017	Mind in Tower Hamlets, Newham and Redbridge	Mindful Barista Project	Boroughwide	£20,000	Monitoring demonstrates the project will achieve expected outcomes	Green
Short Description	The Mindful Barista Project will support people living with mental health to access employment training and experience to become a Barista and gain work experience in local cafes. We will support up to 20 people per year to gain experience of working in a cafe and becoming a Barista.					
Progress Update	<p>Organisation reported that 3 participants are currently attending training. Of the 3 clients reported last quarter 2 have completed the training and are working in the hospitality industry. The remaining one continues their training despite deteriorating health conditions and living conditions. Of the two who have completed the training, 100% of them have reported increase in self- esteem and understanding of coping mechanisms. All 5 clients have completed level 2 food safety training and barista training. Organisation reported that all clients have been supported to access services including support groups, support with employability and supported to develop meaningful connections with services. All 5 participants have access other internal services such as navigation, WB or groups. Of the two who have completed the project 100% said they are less isolated and more confident to access services.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8885	Osmani Trust	Pathway to Employment	Boroughwide	£20,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	To deliver an education, employment and training-focused project to reduce barriers to employment for NEET young people in Tower Hamlets. To develop their confidence and employability skills, help them gain qualifications and work experience and support them with progressing into education, employment or training.					
Progress Update	This quarter, the Osmani Employability project has supported and provide IAG to 42 Individuals who have been engaging pro-actively with 1-2-1 engagement sessions. They have been supported via OT programs by reinforcing learning and development. During their IAG sessions, referrals to peers at Osmani Centre and other local professional organisations have been discussed and explored with suitable courses, education & employment identified. The OT team then have been proactive in supporting the young person with individual CV development, advice with interviews and support with motivation while the individual undertakes training and placements. Referring them towards tailored training, employment and or voluntary work to steer and empower them into a positive direction by utilising all opportunities as well as the internal Osmani Trust Directory of service which includes Professionals across sectors and services which has been developed by the OT team. Thus far 12 young people have achieved L3 emergency first aid Certification, 3 young people are Certificated First responders with St Johns Ambulance and 2 young people are Food Hygiene Certificate, 3 young people have started a CBT course with Ride to Motors and 3 Young people have gained licenses by passing both theory and provision testing, 2 young people have been supported to up skill with Math & English L2.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8671	Providence Row	Employability & Progression (E&P) programme helping homeless people get closer to, or into, employment	Boroughwide; Spitalfields and Banglatown	£25,000	Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	Our Employability & Progression (E&P) project will support 110 extremely vulnerable, disadvantaged and excluded homeless people in Tower Hamlets, annually. Through our numerous tried-and-tested learning, training, peer mentoring, work-placement and employment opportunities we will help people get off, and stay off, the streets and begin leading more independent, self-sustaining lives.					
Progress Update	The project managed to provide their Employability & Progression (E&P) project to 39 homeless people in Tower Hamlets. The project received 44 client referrals, 39 of whom engaged in a more meaningful way through their numerous learning, training and work-readiness activities. As well as self-referrals and referrals from Providence Row's many homeless support teams, the project received client referrals from seven homeless hostels in the borough. The project continued providing elements of their E&P project delivery through four of these homeless hostels in order to boost client engagement with some of their hardest to reach clients.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8952	Stepney Community Trust (SCT)	“Employment Pathways”	Boroughwide; Whitechapel; Stepney Green; St Dunstan's; Spitalfields and Banglatown	£25,000	Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	“Employment Pathways” will develop training and support programmes for local people, farthest away from the job market, to improve employability and become better able to compete for jobs; the programme will comprise skills training, 1-1 mentoring, practical job search activities and work experience to progress along ‘employment pathways’.					
Progress Update	In this quarter, the project registered 32 beneficiaries (26 females and 6 males) onto the project.  The project delivered 20 One-to-One (IAP - individual action plan) sessions in which each client received personalised careers advice and/or guidance; support with job search, job application, writing up personal statements, and preparation for job interviews.					

	The project also delivered their first motivational workshop entitled 'My 10 Year Plan' which aimed to empower clients to create a positive holistic 10 year vision for their life which includes personal development, finances, mental and physical health and personal relationships.
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9077	Streets of Growth	Inspire Talent: Youth employability programme	Boroughwide	£20,000	Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	We will support 16-25s Young adults who face complex barriers to work – showcasing their abilities and ensuring successful employment/training transitions. Engaging participants through outreach, we will develop their skills through strategic employer partnerships and a vibrant programme of life skills/work training, career mentoring, work experience and viable career pathways.					
Progress Update	This quarter Streets of Growth delivered thirty-one workshops to forty-four young people aged 14-27. All participants were high-risk individuals from vulnerable backgrounds. All forty-four young people engaged in various activities aimed at developing key employability skills, including CV sessions, mock interviews, career insights, one-on-one mentoring, speed mentoring, work experience placements, and support for transitioning into employment and apprenticeships. Eight young people participated in social action initiatives, spent 24 hours in total in activities/workshops like breaking fasts with the local community and running an enterprise production for Berkeley Homes' Pride Event, highlighting inclusivity and community engagement. A total of 95 young people currently registered and allocated to Mayor Grant. With two quarters remaining in the first year, organisation is confidently on track to achieve our Key Performance Indicator (KPI) of engaging 100 young people. Organisation also highlighted that they have actually exceeded their engagement targets. Regarding the reporting of numbers, they have been submitting the count of new young people engaged/registered into the programme each quarter, with 51 new YP in Q1 and 44 in Q2. They are, working with all of them throughout the entire funded period.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8957	The Bangladesh Youth Movement (BYM)	“Opening Doors” [The Ethnically Diverse Women’s Engagement Initiative]	St Katherine's and Wapping; Shadwell; Whitechapel; Stepney Green; St Dunstan's; Spitalfields and Banglatown; Weavers	£20,000	Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	“Opening Doors” is an initiative customised to support those residents furthest from the labour market i.e. females from Bangladeshi and ethnically diverse communities who are regularly excluded from development opportunities; they will build confidence, work-related skills and experience through employment-driven training and work development activities to become ready for work.					
Progress Update	Organisation reported that they are continuing to deliver range of activities such as Skills training courses i.e. ESOL, ICT job search, CV preparation, 1-1 support, AIG on employment and personal development training activities and volunteering. Organisation reported that a total 40 participants took part regular in the project and activities over 2 quarter. Their yearly target is 30. Therefore, they are on track. Financial reporting shows spend on track with budget. Project monitoring demonstrates engagement of BAME female participants over the age of 21 in line with application expectations on geographical and equalities monitoring.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9047	Volunteer Centre Tower Hamlets	Improving Employability Through Volunteering	Boroughwide	£39,250	Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	Our project will support socially excluded residents from across the borough, including those who are further away from the labour market, to volunteer in local voluntary, community and statutory organisations, where they will gain workplace experience, training, references and improve their employability, skills and confidence.					

Progress Update	<p>Since the project received their signed grant agreement from TH in May, their project's major activity this quarter was planning, publicising and delivering the first large-scale Volunteering Fair. This was held on 3 June 2024, in partnership with LBTH Workpath at The Grocer’s Wing of the Town Hall. It was open to all Tower Hamlets residents interested in finding out about volunteering, but targeted people who were unemployed. LBTH helped them to promote the event and they received 425 bookings from individuals. Security recorded 430 attendees (367 sign-ins). 28 VCS organisations held stalls to recruit volunteers, with Workpath and Idea Stores Learning also in attendance to promote their services.</p> <p>During the quarter, 251 individuals registered with VCTH to express an interest in volunteering. They are contacting them to assess their eligibility to join the IETV programme (participants will be unemployed, under-employed or in unsatisfactory employment). The project will then enrol them, implement baseline questionnaires, identify any barriers, and tailor support to help them secure and start in suitable volunteering roles.</p>
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8964	Working Well Trust	Upskill Works	Boroughwide	£25,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	We will support people with lived experience of mental health, learning disabilities and/or neurodiversity to address the barriers to progressing towards employment, to improve their employment prospects, to achieve and sustain their employment goals.					
Progress Update	Upskill Works has continued to exceed targets for referrals this quarter as over 20 Tower Hamlets residents received one to one support to action plan and take steps towards employment goals. This quarter 2 clients who had been working with Upskill secured paid employment in total 5 clients have started paid employment over two quarters making progress towards yearly total of 7. Upskill Works has continued to work in the community running workshops at Look Ahead Supported Housing and joining The Family Hub Network to market the project. This quarter Upskill has also started to survey clients to gather feedback and evaluation data from clients. Clients have accessed several activities including CV reviews and individual support with applications. Courses have included free SIA security courses, community money advisor courses, locksmith course IT and Functional skills maths and English courses. Several clients were supported onto The Pathways to Health initiative giving Tower Hamlets residents preferential access to vacancies within the NHS.					

**Scheme B – Sports and Local Culture and Heritage**

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9086	Bromley By Bow Community Organisation	BBBCO Sporting Community	Bromley South	£15,000	Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	BBBCO Sporting Community will provide sporting sessions to young people to improve their physical and mental health; develop their personal skills and social connections; act as a diversionary hook away from negative activities.					
Progress Update	Fitness and Sports Sessions plans maintained at full capacity with overall group BMI readings still at a healthy range with individuals given a personal target where they have not met the healthy range. The group have bonded well and have suggested new activities that will be introduced next quarter to increase competition in the group and maintain participation.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8897	Four Corners	East End Stories	Boroughwide	£20,000	Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	“East End Stories” will provide seventy-two Tower Hamlets residents with the opportunity to participate in a programme of training and cultural activities which will culminate in them making films about their local community’s history and culture.					
Progress Update	<p>Extract from Monitoring Return: "We recruited 4 volunteers (3 from LBTH) for our collaboration with Oxford House, with the aim being to produce 2-minute films using material from the OH archives to celebrate the 140th anniversary of the community centre. Oxford House has a rich history of working with many different community groups and the volunteers really enjoyed looking through the archival material and choosing a theme or 'character' to create their narrative around. The films are being screened as part of the 140th anniversary celebrations until December 2024. Activity included archival research, storyboarding and 9 days Premiere Pro editing training, using archival imagery and oral history recordings to create the films.</p> <p>We also recruited 7 volunteers (2 from LBTH) as part of the Bengali Photo Archive project to make short films, to be screened for the duration of the BPA exhibition. Volunteers also learned how to co-curate a photographic exhibition of over 300 images. The volunteers learned how to curate artefacts in display cases and caption the items in an accessible way for all audiences. Alongside all this activity, volunteers also scanned and digitised images and transcribed oral history recordings to use in their films."</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9050	Half Moon Young People's Theatre	Professional Theatre and Inclusive Participatory Drama for Young People	Boroughwide	£25,000	Monitoring demonstrates the project has achieve expected outcomes.	<b>Green</b>
Short Description	Professional theatre shows and inclusive participatory drama opportunities in an accessible venue and in Children and Family Centres around the borough. Activity is for ages 0-18 (or 25 for disabled young people) from all backgrounds and abilities from across Tower Hamlets, with free access support for anyone with needs/disabilities.					
Progress Update	<p>TMYPT are having a good start to the 24/25 financial year. In the first quarter of the year, 105 YP registered and took part in activities, with 71 feedback form completed for KPI 1 (increased confidence) and KPI 2 (increased communications skills). Both of these KPIs exceeded their original target (70) by 1. A full analysis of the feedback will be provided by next quarter. For the 3rd KPI, a written update was provided on activities throughout the 1st quarter, During the period April 2024 to June 2024, professional productions at the theatre were attended by 1,815 people. 112 new people registered on our box office based on data provided by bookings forms and on average each person booked 3 tickets (either 1 adult and 2 children, or 2 adults and 1 child). TMYPT estimate they attracted around 336 new attendees to the Half Moon to see shows during this period.</p> <p>In other updates, Martha Lloyd-Evans, Theatre &amp; Programmes Administrator left in May and was replaced by Emily Richelle joined at the beginning of June and has settled in really well. No disruption was caused during the turnover of staff. In terms of co-design, the HMYPT reported that each term every Youth Theatre group elects two members to represent them at the Youth Forum, which is attended by a Trustee, who reports back to the full Board. The Youth Forum is one of the ways in which they allow young people to have a voice, not only in how their Youth Theatre sessions are run, but also in the ethos of the whole organisation. HMYPT provided minutes from the June Forum meeting as evidence of co-production.</p> <p>Further to examples of co-production, the HMYPT trialled a new way of working: one of the groups for young people aged 8 to 11 will be presenting short plays which were written especially for them last term by the older group (11 to 14 year olds). The older group will come to the dress rehearsal of the younger group in July, to see how their pieces have been developed to become staged productions. This is the first time they have worked in this way and the HMYPT report that the two groups were very pleased to be working on such a collaboration together.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8860	Kayd Somali Arts & Culture	Tower Hamlets in Focus: Somali Arts Project	Boroughwide; Canary Wharf; Blackwall and Cubitt Town; Poplar; Limehouse; Mile End; Bromley South; Bromley North; Bow West; Bow East; St Katherine's and; Wapping; Shadwell; Whitechapel; Stepney Green; St Dunstan's; Spitalfields and Banglatown; Bethnal Green West (formerly St Peter's); Bethnal Green East (formerly Bethnal Green)	£20,000	Monitoring demonstrates that the project is on track to meet project outcomes	<b>Green</b>
Short Description	Celebrate and showcasing Somali arts and culture in Tower Hamlets through a series of engaging events during the Somali Week Festival. Featuring a family weekend, a captivating documentary highlighting the historical significance of Somalis in East London, and a commissioned British-Somali play. Preserving cultural heritage & promoting artistic expression and storytelling.					
Progress Update	<p>During this period, the project focused on collaborating with a local charity Women’s Inclusive Team (WIT), to organise two meetings for the documentary steering group committee. The first meeting took place in June with 14 people from different parts of Tower Hamlets, many of whom arrived in the United Kingdom in the late 1960s and early 1970s. Majority of the steering group were women, and they were the wives of late Somali seamen and members of the navy. Hence, they welcomed the idea of producing a documentary which highlights the lives and long history of Somalis in Tower Hamlets.</p> <p>Conducting this steering group meeting has brought a profound impact on the community of Tower Hamlets by allowing insightful discussions and elaborating engaging conversations about the experiences and challenges of some of the first and second generations of Somalis who arrived in the UK. This platform (steering group) allowed these groups to come together and share their stories, which will be showcased in the documentary.</p> <p>The primary achievement so far was the formation of a committed and enthusiastic steering group. By the end of the first meeting, they selected five steering group members who agreed to take part in the production of “Untold Stories” of Somaliland Community in East London. This selection process was a significant achievement as it ensured the involvement of key community members who have firsthand knowledge of the Somali community experience in Tower Hamlets.</p> <p>In July, the director of the documentary and Kayd’s staff met the documentary crew and explained their roles in the documentary. The filming day was on the 13th of July and the production of the documentary will be finalised by the end of August 2024. The documentary will be 30 minutes long and it will highlight different aspects of the rich history of Somali presence in Tower Hamlets and their contributions. It will be screened during the Somali Week Festival 2024 on Saturday, October 19th, from 6.00 PM - 8.00 PM at Oxford House.</p> <p>The impact of these activities extends beyond the immediate production of the documentary. By engaging community members in the steering group meetings, they facilitated a space for intergenerational dialogue and connection.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8983	Magic Me	CREATIVE MIX	Weavers; Bethnal Green West (formerly St Peter's); Bethnal Green East (formerly Bethnal Green)	£39,958	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	CREATIVE MIX: a year-round programme of relationship building, arts workshops and creative events in and around Bethnal Green that will bring older and younger residents together, increasing individuals’ confidence and wellbeing, building connections across different faiths, cultures and backgrounds, through creativity and the arts.					
Progress Update	<p>During this quarter Creative Mix gone from delivering sessions in local sheltered housing schemes to regular sessions at their base in Pott Street. This move was to allow participants involved and other local residents who may potential be interested to feel like they are coming into a new space which holds no connects.</p> <p>In this quarter they have achieved the following:</p> <ul style="list-style-type: none"> <li>- Bringing both groups of participants into a new space regularly for the first time since the project started</li> <li>- Bringing on board a new co-lead artist</li> <li>- Relationships forming between students and older adults at regular sessions</li> <li>- Delivering a small celebration gathering in the lead up to summer to celebrate and showcase all the group had created at sessions</li> <li>- Mulberry UTC headteacher seeing the value in the project for his students and expressing 'I think it's [the project] a brilliant idea and is perfect for our students.'</li> </ul>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9087	Ocean Youth Connexions	Physical Health and fitness programmes	St Dunstan’s	£20,000	Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	We want to continue deliver a Taekwondo Session for young girls from the BAME communities, a BAME men’s cycling activity and a weekend football programme that addresses social exclusions					
Progress Update	In this quarter, the project delivered Saturday football at George Green School, they entered a summer league and came runners up which has given their confidence a great boost. They have also delivered Men’s Fortnightly cycling which has led to 11 males registering and on average 5 people attending each session. This has led to new cycles routes planned to increase participation and explore different areas.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8882	Osmani Trust	OC Active – Community Sports & Health Project	Boroughwide	£40,000	Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	Our project will provide access to regular sports provision for BAME communities including young girls, women, young adults and men over 45; meeting their family, cultural and religious needs and enabling them to participate fully. The programme will support local people to become Volunteer Champions promoting sports and healthy living.					
Progress Update	<p>The OC Active Sports project has been very well received and welcomed across Tower Hamlets and beyond Tower Hamlets.</p> <p>Women in particular have identified substantial gaps in provisions In sport in there local areas and as a result the project has also engaged 16 Women interested &amp; attended an OT Active taster session. The LBTH OC Active Sport club's sessions has seen a strong uptake from across Tower Hamlets and from across all demographics of the community. The project has seen rapid development within the Build -up and first quarter, with 67 service users registered and attending a sports club session regularly. On average each participant has attend 3/4 sessions with the intentions to attend 5/or as many sessions as are available to attend.</p> <p>OC Active project is planning developing further sessions with Local volunteer Health champions, with the introduction of Mental Health champions and a sport survey from the whole community to support identifying the demand/need/type of sports</p>					

provision wanted locally. The project shall have volunteers supporting the summer Tower Hamlets cup and also hope to host a number of collaborations to incorporate health & sport in the community.
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8875	Outside Edge Theatre Company	East London Drop-in Drama and Write Now	Boroughwide; Spitalfields and Banglatown	£25,000	Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	East London Drop-in Drama and East London Write Now will provide free, accessible arts-based activities for vulnerable Tower Hamlets residents affected by addiction that will help improve their health and wellbeing and prevent relapse.					
Progress Update	<p>From April-June 2024, they delivered 13 sessions of East London Drop-in Drama for 31 Service Users who attended 153 times. These weekly 2-hour sessions offered fun, fast improvisation games and drama activities that help people to build confidence, reduce loneliness, improve wellbeing and develop commitment.</p> <p>On 15th June, they ran our annual summer BBQ Service User social event at the Brady Arts Centre. This event was attended by 54 Service Users and guests. During this event, service users performed songs, monologues, scenes and pieces that had been written and devised during sessions, including 5 Service Users who regularly attend East London Drop-in Drama. This event is a wonderful occasion for Service Users to socialise outside of weekly drop-ins and grow their recovery community.</p> <p>8 participants of East London Drop-in Drama who have attended consistently for at least three months took part in the April-June module of our intermediate acting group Edge Two, which this term focussed on the techniques of Michael Chekhov. At the end of June, the group performed their devised piece Body Talks to an audience of 40 at the Brady Arts Centre in Tower Hamlets. For 2 of these participants who had been attending East London Drop-in Drama consistently, it was their first time participating in this intermediate group.</p> <p>The organisation has improved the uptake of female services users who have been attending more regularly in this first quarter of the year. They will continue on focusing attention on forming links with more women’s services in the borough to increase engagement from female Service Users.</p> <p>In addition to ongoing communication with our established network of drug and alcohol treatment service providers (e.g. Tower Hamlets RESET), to recruit more participants into our Tower Hamlets groups, they delivered 3 Drama/Drama and Creative Writing Taster Sessions in 3 services in the borough including MIND Tower Hamlets and Consortium50. These 1-hour long</p>					

sessions use fun exercises that target improvements in the Five Ways to Wellbeing (connect, take notice, keep learning, be active, give) to demonstrate to participants how arts activities can help to improve wellbeing. These Taster Sessions were co-facilitated by East London Drop-in Drama service users who are offered volunteering opportunities as part of their Participation Pathway engagement with us. Between April-June 2024, they delivered 3 of these sessions for 32 people who would not otherwise have access to arts-based interventions.

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8644	Platform Cricket (Tower Hamlets Youth Sport Foundation)	Platform Cricket Hubs: Bethnal Green, Bow, Isle of Dogs, Poplar, Stepney, Wapping & Whitechapel	Boroughwide	£25,000	Have not submitted Apr-Jun 24 Monitoring Return as at 26 August 2024	<b>Amber</b>
Short Description	Establish "pop up" cricket clubs at 7 locations across the borough, providing access for all children but particularly under-represented groups such as girls, ethnic minorities, and those from low-income backgrounds. Sessions will utilise cricket to support personal and social development outcomes.					
Progress Update	To follow					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9016	Shadwell Basin Outdoor Activity Centre (Also Known as ELMV Shadwell Basin Project)	Discover Adventure Sport Project	Boroughwide	£9,294	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	The ‘Discover Adventure Sports Project’ will use outdoor and adventure activities as a vehicle to, both increase the engagement of girls in sports and improve health outcomes for inactive young people. It will target under-represented communities to address the inequalities that exist in the access to adventure sports.					
Progress Update	<p>This quarter for the Girls Sessions, 6 new members were enrolled onto the programme in this quarter, so there are now 16 girls on this programme in total. There were 10 sessions that took place on Wednesday evenings over the three-month period. Activities included climbing, high ropes, raft building, stand up paddleboarding, open canoeing, indoor bouldering and kayaking.</p> <p>For the Inactive/Healthy Choices there were 7 new enrolments this quarter so there are now 8 boys and 9 girls engaged in this programme, and 10 spaces were offered in a total of 8 sessions. There were 63 attendances in total over the 8 sessions, with an average attendance of just under 8 young people per session. A mixed activity programme took place, varying from week to week depending on the weather. Activities included climbing, high ropes, indoor bouldering, open canoeing, kayaking and raft building. Over the period there were 18 awards gained in total by the participants.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8703	South Poplar and Limehouse Action for Secure Housing (SPLASH)	SPLASH Sports and Play clubs	Poplar: Limehouse	£20,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	In England's most densely populated borough, where 41.8% of kids face weight challenges, and 88% live in flats. SPLASH Play offers free supervised play and sport provisions for children aged 5-13. Our dedicated playworkers nurture creativity, empowering kids to explore their imagination, learn, and flourish in a safe, friendly space.					
Progress Update	<p>In this quarter, children cleared the garden for both centres and prepared the soil to grow vegetables and sunflower seeds. Due to heavy rain, many of the plants did not survive, and the coriander leaves were eaten by slugs. However, the mint and other plants survived. The children continued watering them during the sessions.</p> <p>The project also received eight flower plants from a local nursery, which the children planted in the back garden. They made bird feeding boxes using recycled plastic bottles and posters to prevent local people from throwing rubbish in the garden.</p> <p>As the weather gets warmer, more children are playing games outdoors such as cops and robbers, cricket, and football. The project also visited Poplar Park, where the children played on the swings and used the obstacle frame. On rainy days, they made cakes, soup, and lots of hot drinks, with younger children helping with the cooking. They really enjoyed cooking and would like to do it again. New members played pool and other games in the club for the first time with help from older children. The project used a scoring system to measure their confidence.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9064	Udichi Shilpi Gosthi	Udichi Performing Arts and Festival Project	Boroughwide; Island Gardens; Poplar; Limehouse; Mile End; Bromley North; Bow East; Shadwell; Whitechapel; Stepney Green; Spitalfields and Banglatown; Weavers; Bethnal Green East (formerly Bethnal Green)	£19,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	UDICHI Performing Arts/Festival Project works with Tower Hamlets Bangladeshi community increasing access and participation in cultural events focusing on Bengali & other cultures/heritages. Project provides quality teaching in music, dance, literature to 420 children/young people over 3.5 years and also delivers X 18 Festivals for 7,000 Tower Hamlets residents.					
Progress Update	In this quarter, the project has successfully delivered, music, drama, literature classes and creative workshops including arts, crafts and visual arts. The children and young people attended classes, workshops and cultural events. The participants developed new skills in creative sector such as music, dance, literature and visual arts as well as performance skills. The project has developed local people's understanding of arts, culture and heritage through attending their cultural events during this quarter.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8673	Vallance Community Sports Association	SEND Health & Wellbeing Project (Adults)	Boroughwide	£25,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	A programme of weekly sports and physical activities and a social club for Adults (18 years and above) with special educational needs and disabilities for the purpose of increasing sports participation, improving health and wellbeing (including mental health), and reducing loneliness, isolation and exclusion.					
Progress Update	During this quarter, the Physical and Mental Health programme for adults with disabilities participating in sports activities has made substantial progress and achieved significant outcomes. Here are some key highlights: Achievements: 1. Increased Participation: The project saw a noticeable increase in participant engagement, with more adults with disabilities actively taking part in physical activities. 2. Skill Development: Participants demonstrated improvements in physical fitness,					

<p>sports skills, and overall well-being through regular training and sessions. 3. Community Integration: The program played a crucial role in fostering social connections and community integration for individuals with disabilities. 4. Positive Feedback: Continuous positive feedback from participants, indicating high satisfaction levels and the beneficial impact of the program on their physical and mental health.</p>
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8752	Wapping Youth Services	FitLife: Wellness Through Sports	Limehouse; Mile End; St Katherine's and Wapping; Shadwell; Whitechapel; Stepney Green; St Dunstan's; Spitalfields and Banglatown; Weavers; Bethnal Green West (formerly St Peter's); Bethnal Green East (formerly Bethnal Green)	£25,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	FitLife: Wellness Through Sports initiative is a project that promotes improved health and well-being of residents. Through targeted activities, the project aims to foster engagement, physical and mental wellness, and a sense of pride in the diverse cultural community for all the residents of Tower Hamlets.					
Progress Update	<p>In this quarter, the project delivered 1 Mountain Trek session and 12 weekly football sessions.</p> <p>The project achieved significant milestones in engaging youth from their local community through various physical activities aimed at promoting health, teamwork, and personal development. The Mountain Trek session consisted of 60 youth from their local community and the football sessions consisted of 24 young people weekly.</p> <p>The mountain trek session led to enhanced physical fitness, improved teamwork and a better mental health. The football sessions led to improved football skills and knowledge, improved community ties and an improved sense of discipline and routine.</p>					

**Scheme A - Physical and Mental Health Wellbeing of Older People**

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8969	Age UK East London	Activity Buddy	Boroughwide	£25,000	<p>In this reporting period the project has supported 19 clients matched to date.</p> <p>Monitoring demonstrates the project will achieve expected outcomes.</p>	<b>Green</b>
Short Description	Our tried and tested, volunteer-led Activity Buddy scheme uses both 1:1 and group sessions to support older people to build the trust and confidence to get out into the community, connect with others and become more active and informed.					
Progress Update	<p>In this reporting period the project has supported 19 clients matched to date.                      88.2% of clients report feeling less isolated and lonely from the 19 matched.                      78.9% on average state that they feel that they feel more included and integrated in their community from the 19 matched.                      89.4% of all participants access wider support and services                      76.4% of all participants are more physically active</p> <p><b>Outcomes/Case study</b>                      As a result of the successful match and the plans for regular outings with her matched volunteer, the client MC feels much more positive about the future. She is now looking forward to participating in social activities again and is particularly excited about the prospect of attending the activity club.                      The client MC mentioned that having volunteer EC visit breaks up the week and as Volunteer EC is retired is more flexible with visits.                      There has been a marked improvement in the client’s MC overall wellbeing. She reports feeling less isolated and more connected to her community. The anticipation of social interactions and regular outings has significantly lifted her spirits. Both the client MC and her family have noticed a positive change in her mood and the MC continues to give positive feedback.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
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8826	Asian People's Disability Alliance	Can you See Us - Standing Up for Older People	Spitalfields and Banglatown; Weavers; Bethnal Green West (formerly St Peter's); Bethnal Green East (formerly Bethnal Green)	£20,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	This is a Daycare & Development Project for Older women with Disabilities and long-term Health Conditions. By supporting their physical, emotional, social, and environmental needs, we may improve the quality of life for older persons with impairments and health issues.					
Progress Update	<p>The APDA's project relating to the physical and mental wellbeing of older people continues to thrive, with 62 participants registered during the last quarter of the 24/25 FY. Key highlights include 45 people (target at least 18) reporting an increase in understanding their health conditions, and an increase in their ability to make health choices including 50 participants reporting (target at least 18) reporting improved physical and mental health.</p> <p>During this period the organisation provided:</p> <ul style="list-style-type: none"> <li>* Culturally specific dance and movements exercises</li> <li>* Arts and crafts sessions</li> <li>* Disseminated information and advice for residents attending sessions</li> <li>* Held an information stall at Mile End Stadium for Disabled residents</li> <li>* Provided 2 sessions per week for Women to improve their health and wellbeing</li> </ul> <p>No challenges or barriers to delivery reported and organisation provided a:</p> <ul style="list-style-type: none"> <li>* Provided a budget monitoring report</li> <li>* Monitoring evaluation form with photos</li> <li>* Photo of event</li> </ul>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9073	Community of Refugees from Vietnam - East London	Vietnamese and Chinese Lunch and Social Club	Boroughwide; Island Gardens; Blackwall and Cubitt Town; Poplar; Limehouse; Lansbury; Mile End; Bromley South; Bromley North; Bow West; Bow East; Shadwell; Whitechapel; Stepney Green; Bethnal Green West (formerly St Peter's); Bethnal Green East (formerly Bethnal Green)	£25,000	<p>During this reporting period the project has supported 53 members, improving their health and wellbeing and reducing their isolation.</p> <p>Monitoring demonstrates the project will achieve expected outcomes.</p>	<b>Green</b>
Short Description	The Vietnamese & Chinese Lunch Club (VCLC) provides healthy food, a lunch club, a range of social activities and promotes healthy living in all forms for older people in the London Borough of Tower Hamlets.					
Progress Update	<p>During this reporting period the Vietnamese and Chinese Elderly Luncheon Club has provided a variety of activities from gentle dexterity games to invigorating Tai Chi sessions, table tennis, and ballroom dancing which promote health and wellbeing; helping members stay active and energized.</p> <p>The project emphasises the importance of healthy eating and lifestyle choices and strives to empower members to take charge of their well-being and embark on a journey towards improved health.</p> <p>In the past three months, the club has witnessed a surge in engagement because of warmer weather, with approximately 52 members actively participating in activities.</p> <p>The project provides opportunities for members to learn about the health conditions that affect them and how best to deal with them through arranging informative sessions, health screenings and workshops.</p> <p>The project reduces isolation for those living on their own or who are housebound through its volunteer outreach programs, engaging them in social activities, transportation services, technology training, and home visits to ensure that no member feels alone or disconnected.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9004	East London Mosque Trust	The Senior Citizens Project	Whitechapel; Bethnal Green East (formerly Bethnal Green)	£25,000	In this period the project has supported 64 participants in regular project activities which have included onsite activities and trips to external venues. Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	The Senior Citizens Project at East London Mosque supports elderly men and women over 50 to tackle loneliness and isolation and improve their health and well-being through social activity, exercise, and awareness sessions in a culturally sensitive space and gives access to a healthy meal through a health cafe.					
Progress Update	<p>During this reporting period, the activities that took place for both groups (men &amp; women) were co-produced with them. Participants wanted to do more outings and be with nature. As a result, trips to Key Gardens, Holland Park, Sky Gardens in Canary Wharf and Victoria Park were arranged. For some of the women it was their first time travelling on trains and using the DLR.</p> <p>These outdoor trips and outings have helped the mental and physical wellbeing of the beneficiaries by improving their mood, improving their confidence, helping them to be more active and reducing feelings of stress.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8868	English National Ballet	Dancing East	Canary Wharf; Blackwall and Cubitt Town; Poplar; Limehouse; Lansbury; Shadwell; Whitechapel; Spitalfields and Banglatown; Weavers; Bethnal Green East (formerly Bethnal Green)	£25,000	Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	Dancing East is English National Ballet’s programme of creative ballet classes for participants aged over 50 living in Tower Hamlets and is designed to improve physical and mental wellbeing through dance in community centres across the borough.					

Progress Update	Extract from Monitoring Return: "- Dancers from the Sundial Centre presented their creative work that they had developed over the 8-week spring term, inspired by Rhapsody in Blue. This was the first time that participants had requested a sharing opportunity, highlighting the growth in confidence of the dancers.- Feedback from across our Dancing East community centres has continued to demonstrate the need for this activity. Participants describe our programme as ""a lifeline"", and ""a chance for them to meet and speak to likeminded people"". Where appropriate, we have streamlined activity to meet the demands of each centre’s timetables and we have looked at artistic content and set-up to ensure the programme remains relevant, artistically challenging for the participants and creatively innovative."
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8942	Globe Community Project	Wellbeing for Elders	Bethnal Green West (formerly St Peter's)	£39,903	<p>During this reporting period the project has supported 30 registered participants who reported positive feedback as a result of participating in project activities.</p> <p>Monitoring demonstrates the project will achieve expected outcomes.</p>	<b>Green</b>
Short Description	A powerful mindfulness-based programme serving over-60s at risk of severe loneliness and isolation in Tower Hamlets supporting them to increase connection with others and themselves and lead richer, more active and fulfilling lives. Participants improve their resilience using proven tools to improve awareness and agency over thoughts, emotions and behaviour.					
Progress Update	<p>During this quarter the project delivered a Level 2 course at the Sundial centre, held its first steering group meeting at Create Place, and held a special day for older Bangladeshi women. Level 2 course: it was small with 5 attendees, but saw 100% attendance, and all met the KPIs with 100% positive feedback.</p> <p>Steering Group: a diverse group of six, kept small to allow space for future graduates to join. The group discussed ToR, hopes, ideas for activities. They were happy to have a budget to plan fun activities. They discussed how they could be ambassadors for the programme and how the project could support them. They also would like better communication and sense of next steps when they finish a course; for GCP to keep in touch, and let them know what else is available from GCP.</p> <p>Bangladeshi older women’s special day: this day was highly successful. The project hired a female outreach worker, an interpreter, and the event took place at the Harford Multicentre which was best located. The project put a lot of resource into outreach and recruitment, materials, a hot lunch, and giving plenty of space to share about their lives and connect. 25 women came, most were widows whose children are out working, don’t speak much English and are very isolated. Their whole life has</p>					

<p>been about other people, and they loved having the space for themselves. All engaged fully in discussing ups and downs of ageing, wellness, and making wellbeing boxes.</p> <p>Of the 21 who completed an evaluation form, all marked their experience as a 10 (loved it). There was considerable enthusiasm for more, and the project intends to run a 6-week course for them in the future.</p>
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8973	Island House Community Centre	SENIORS	Boroughwide	£25,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	The Seniors Project addresses loneliness and isolation in older people within Tower Hamlets through regular initiatives covering physical and mental health, social needs, and practical skills. Extending our existing programme will increase the range of social and health activities available to improve mental and physical health amongst the over-fifties.					
Progress Update	<p>The project continues to excel with some KPIs exceeding targets e.g. 25 attendees reported improved health (original target 12) and 35 people reporting reduced isolation (original target 27).</p> <p>Overall, the report indicates that the organisation is really pleased that attendances across the activities have increased from 260 to 338 this Q. Sessions were slightly up from 42 to 46 and all activities are going well and meeting their key indicators.</p> <p>No concerns raised by monitoring officer and a finance report, a case study, and sample evaluation forms were submitted as evidence.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8903	Neighbours In Poplar	Bengali Women’s Holistic Project	Island Gardens; Canary Wharf; Blackwall and Cubitt Town; Poplar; Limehouse; Lansbury	£25,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	Following extensive research by NIP, we have discovered that there is a lack of community provision for local elderly Bengali women. We therefore, propose to outreach to local elderly Bengali women residing in the E14 area to attend and take full advantage of the many services and activities from NIP.					
Progress Update	<p>During this quarter, the Bengali Women's Holistic Project engaged with 14 Bengali women over 50 years old residing in E14, with 5 from Isle of Dogs and 9 from Poplar. Our primary focus was reducing isolation, enhancing digital inclusion, and improving mental ill-being.</p> <p>They hosted an Eid Party for over 25 Bengali women, featuring free massages, henna, and a catered lunch. This event fostered community spirit and provided a culturally significant celebration, which enhanced social wellbeing and mental health for the attendees. The women expressed immense joy and gratitude, highlighting the event’s success in reducing feelings of isolation.</p> <p>The digital support and inclusion efforts were extensive, with 17 instances of digital assistance:</p> <ul style="list-style-type: none"> <li>- Claiming carer's allowance, resulting in a weekly benefit of £81.90.</li> <li>- supported 5 clients with housing issues by liaising with local authorities and housing associations to resolve bidding, adaptation, and repair issues.</li> <li>- completed 8 housing benefits and council tax reduction forms.</li> <li>- supported 3 individuals in claiming pension credit.</li> <li>- Assistance was also provided for 2 Freedom Pass and 60+ applications, which enabled better mobility and access to services.</li> <li>- supporting 3 clients migrating from legacy benefits to Universal Credit, including ongoing digital support to manage their online journals. This support was crucial due to the language barriers and lack of digital literacy among the clients.</li> </ul> <p>Financial support and benefits provided this quarter included</p> <ul style="list-style-type: none"> <li>- helping 2 clients with Attendance Allowance applications, one of whom has been awarded the lower rate of £72.65 per month.</li> </ul>					

<ul style="list-style-type: none"> <li>- completed a successful Blue Badge application</li> <li>- two medical priority forms for clients with mobility issues.</li> <li>- Conducting 4 Turn2us benefit checks ensured that clients received all entitled benefits.</li> <li>- assisted 3 clients in obtaining a 50% reduction in their water bills and priority listing for additional support from their supplier.</li> <li>- supported individuals with parking permit and passport applications, facilitating greater independence and mobility.</li> </ul>
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8632	Shadwell Trust	Bridging the Gap	St Katherine's and Wapping; Shadwell; Whitechapel; Stepney Green	£25,000	The project has supported 43 beneficiaries this quarter improving peoples' health and wellbeing and reducing peoples' isolation and loneliness. Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	Bridging the Gap will provide access to physical activity and mobility sessions to older people. The activities will be delivered from Tarling East Community Centre in partnership with Sonali Gardens, Linkage Plus and Tower Hamlets Community Housing. We also plan to run social club and activity classes for older people.					
Progress Update	During this reporting period, the project has delivered art classes for older people (primarily attend by older women from Bangladeshi backgrounds), walking football sessions for 50+ at Marner School and social club drop-in sessions at Sonali Gardens. Outcomes and KPIs achieved during this period include: <ul style="list-style-type: none"> <li>- 43 older people who participated on the project reported improved mental wellbeing</li> <li>- 32 older people who participated on the project reported improved physical wellbeing</li> <li>- 43 older people who participated on the project reported feeling less socially isolated.</li> </ul>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9032	SocietyLinks Tower Hamlets	Growing Together	St Katherine's and Wapping; Shadwell; Whitechapel	£40,000	Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	A health and mental wellbeing improvement programme targeting older people through tackling loneliness, inactivity and isolation. The project will reduce digital isolation to give older people greater access to services and convenience and imbed strategies to improve intergenerational relations through a volunteering scheme with local young students.					

Progress Update	SocietyLinks are exceeding targets, and the project continues to excel with 23 beneficiaries (target 21) reporting increased participation in physical activities and 21 beneficiaries (target 18) reporting having confidence to use basic features on a digital device independently. In addition to this, according to the report the Digital Divide project has been extremely successful following a change in their approach to delivery. Initially, the project attempted to teach the older people technological fluency and computer literacy, however, following initial hesitation from users, the project now focuses on assisting with any problems they have with technology. Instead of being able to teach them new things they do not want to learn, they approach the charity with problems they face using digital devices and staff assist them by fixing their problem and demonstrating the solution, so they can solve the issue themselves independently if the issue occurs again.
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8956	Somali Senior Citizens Club	“Granby Hall Seniors’ Club”	Boroughwide; Bethnal Green West (formerly St Peter's); Bethnal Green East (formerly Bethnal Green)	£25,000	During this reporting period, the project has supported 98 Somali older residents by providing them a mixture of cultural, social and health and wellbeing activities. Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	Granby Hall Seniors’ Club will promote health and well-being of vulnerable local elders, particularly, but not exclusively, from the Somali community living in Tower Hamlets experiencing social isolation, economic deprivation and reduced independence by providing a programme of health and developmental activities at our Granby Hall Centre.					
Progress Update	<p>During this reporting period, the project has helped Somali elders who are most vulnerable to adverse health outcomes to gain more control over their health and to live a healthy lifestyle. The project removes the barriers that prevent people from engaging in self-management behaviours by providing them with the knowledge and resources they need to make informed decisions. This includes outreach, access to health information, including emotional and mental well-being, communicating living well post Covid, social connection through social and cultural events. In collaboration with local community organizations and NHS health, the project delivers culturally sensitive series of sessions for all elderly participants.</p> <p>During this reporting period, the project has provided assistance and signposted participants who want to get extra support such as housing and benefit advice. The weekly advice sessions were held to assist participants with their inquiries and to provide advice and information to assist them with any concerns or questions they may have regarding the cost of living. The project has assisted eligible beneficiaries in claiming government assistance for their cost of living, including assistance with utility bills such as gas and electricity, as well as directing and advocating on their behalf to relevant organizations in order to eliminate debt.</p>					

<p>The project has delivered cultural activities: The Somali designed mind game has always been a popular part of culture, rituals, and socialising for men. The traditional social story and peer to peer support is also a popular session for ladies also some of Somali dancing was done for enjoyment and self-expression. This has brought people together in an effort to stay fit while also having fun and enjoying themselves.</p> <p>The Good Moves Weekly exercise sessions were delivered in the community centre. The course supports people with long term health conditions to give them practical skills and knowledge on healthy eating, portion size and keeping fit. This was delivered by a partner organisation, with the aim of improving physical and mental benefits including: improved heart and lung condition as well as increased muscular strength.</p>
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8864	St Hilda's East Community Centre	Over 50's Feeling Good	Boroughwide; St Katherine's and Wapping; Shadwell Weavers	£25,000	During this reporting period, the Feeling Good project has continued to offer older residents a variety of activities including, Chit, Chat Chai, seated exercise and yoga. Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	The aim of Over 50s Feeling Good is to provide a programme of activity for older people which allows them to experience joy through taking part in exciting and challenging activity, fostering social connections, and improving their physical and mental health in an environment that is comfortable, safe and inclusive.					
Progress Update	<p>During this reporting period, the Feeling Good project has continued to offer older residents a variety of activities across the week including; Chit, Chat Chai, seated exercise, dancercise, yoga, bingo, walking group and strength training. This quarter also included further work through the successful partnership work with Sadler’s Wells. This involved 12 weeks of rehearsals leading up to a spectacular performance at Sadlers Wells Theatre. Feeling Good participants also got the chance to showcase their performance at St Hilda’s East 135th Anniversary event in April, and again at the Sadlers Wells Take over of Queen Elizabeth Park in Stratford.</p> <p>Feeling Good are part of a 6 week well-being programme, run by Globe Community Centre. Weekly sessions at St Hilda’s East, are designed to give participants the tools and methods for better management of the ups and downs of life over 60. Participation levels are good with 10-12 people attending each week.</p> <p>Feeling Good took part in a free health clinic provided by Tower Hamlets Public health team as part of the spring covid booster campaign. People were able to chat with a GP, have a free blood pressure checks and a covid boosters if eligible. Also, a 'Falls,</p>					

<p>trips and accidents’ discussion took place, where service users had a detailed chat with NHS staff about what kind of challenges they face when travelling.</p> <p>Feeling Good's collaboration with Gateway housing continues to blossom, with Bingo and Karaoke sessions gaining more members. Feeling Good hopes to expand this to other schemes within the Gateway Housing service.</p> <p>The Feeling Good project has a small group of local volunteers, that continue to help out with coffee mornings, organising the physical space and some admin support/data input.</p> <p>Outcomes achieved include:                  100% of the 33 people who participated in the focus group reported improved physical health                  100% of the 33 people who participated in the focus group reported improved social connections and sense of community.                  100% of the 33 people who participated in the focus group reported improved wellbeing "</p>
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9002	Tower Hamlets Friends and Neighbours	Befriending for Isolated Older People	Boroughwide	£25,000	During this reporting period the project has supported 167 beneficiaries. Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	A free befriending and advocacy service for older people experiencing loneliness and social isolation in Tower Hamlets through one-to-one befriending visits in people’s homes, group outings enabling people to meet others in a similar situation, and telephone befriending for additional support particularly at times of crisis.					
Progress Update	<p>During this reporting period the project has supported 167 beneficiaries who have broadly experienced a reduction in loneliness and increased social connections and participation, as a result of project activities and outings.</p> <p>37 isolated older people who took part in project outings this quarter report that the outings have made a positive difference to their outlook.</p> <p>30 older people reported feeling more confident in dealing with everyday situation.</p> <p>There has been significant developments in professionalisation and development of the organisation. THF&amp;N have secured additional funding from the Postcode Lottery for one year as well as Mercers Company for three years.</p>					

<p>THF&amp;N have introduced a new monthly Get Together for Older People at the Bernie Cameron Centre, which has on average between 20-30 attendees. These are proving very popular. Transport and lunch is provided and has been fundraised for separately. As a result 2 individuals have been referred to the monthly Get Together, instead of having them wait a long-time for a Befriender. The waiting list for assessments has shortened, and a new protocol has been established of new referrals being responded to within 10 working days.</p> <p>The biggest challenge during the quarter has been the migration of THF&amp;N database from a bespoke provider to Beacon. This is now complete, but has resulted in delays in back office management including reporting to funders.</p>
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9052	Wapping Bangladesh Association	Active Plus - Wapping BME Older Person's Day Club	St Katherine's and Wapping; Shadwell	£25,000	The Wapping active plus project has supported 80 older beneficiaries this qtr. Project has improved their health and wellbeing and has reduced peoples' isolation and loneliness. Monitoring demonstrates the project will achieve expected outcomes.	Green
Short Description	WBA’s Older Person’s Healthy Living Club is a community-based day club run at the Wapping’s Youth Club that will a Lunch Club Programme and a variety of social and cultural socialisation activities that bringing improvements to the physical and emotional well-being to vulnerable Bangladeshi and BME older people.					
Progress Update	<p>Wapping active plus project has 80 people registered which include 40 males and 40 females. The project delivers three lunch club sessions (health &amp; wellbeing sessions) every week. Activities include running machine exercises, walking sessions, health awareness sessions including complementary therapy sessions.</p> <p>The project carried out a feedback survey at the end of June 2024 to complete the 3 months (April 2024-June 2024) project evaluation. The following outcomes were achieved:                      _ 95% reported improved physical health</p>					

<ul style="list-style-type: none"> <li>_ 96% reported improved mental health and not feeling isolated as much</li> <li>_ 95% reported increased knowledge on health awareness and healthy eating</li> <li>_ 85% reported making new friends as a result of attending lunch club/health &amp; wellbeing sessions.</li> </ul>
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8979	Zacchaeus - Methodist Church in Tower Hamlets	Zacchaeus Health and Wellbeing for Older People	Bow East; Bethnal Green East (formerly Bethnal Green)	£25,000	During this reporting period, the Zacchaeus project has delivered a range of health and wellbeing activities to reduce isolation and promote healthier lifestyles. Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	Zacchaeus aims to provide a range of wrap around/holistic offers of advice, information, access to benefits, support groups and health, social and therapeutic sessions to reduce isolation for older people. Aiming to promote healthy lifestyles, increase opportunities for physical activity participation, working towards a better mutual understanding of different cultures.					
Progress Update	During this reporting period, the Zacchaeus project has supported 98 beneficiaries. The project has delivered a range of health and wellbeing activities to reduce isolation and promote healthier lifestyles. Sessions delivered in this quarter include Exercise to Music (26 members) and Creative Art sessions (18 members) have been held at the premises in Bow Road. At the premises in Bethnal Green, Zacchaeus delivered Chair Based Exercise sessions (27 members), Garden Project (3 members) and Complementary Therapy sessions (31 members). The sessions were advertised through local networks including the social prescribing teams, E2, E3, E1 breakfast meetings, and through project newsletters which were emailed and posted to over 550 members in June 2024.					

	<p>During this time the project has supported older people, some of whom suffer poor levels of physical and mental health, have limited access to services and are vulnerable and isolated. Through the provision of physical activity sessions and health information workshops, members are able to develop an understanding of their health needs as a group but also as individuals.</p> <p>The work of the project has made a real difference to the individuals attending by reducing isolation, increasing social networks and promoting wellbeing. The users have shown increased self-esteem and confidence and now recognise the benefits of physical activity as well as healthy eating.</p> <p>KPIs achieved this quarter include:</p> <ul style="list-style-type: none"><li>- 37 people/members reported improvements to their physical and mental health wellbeing.</li><li>- 13 members have engaged in more than 1 physical activity session in the reported period.</li></ul>
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**Scheme B - Physical and Mental Health of Residents**

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8857	Body & Soul	You Are Not Alone	Boroughwide	£25,000	This project contributes towards the scheme 4B outcome of residents being in a better position to manage health conditions and make healthy choices. Monitoring demonstrates the project is on track to achieve KPI objectives.	<b>Green</b>
Short Description	A suicide-prevention programme for young people (aged 16-30) most at risk of suicide in Tower Hamlets, addressing increasing demand and complex needs, particularly among marginalised communities that have been disproportionately affected by the pandemic and rising cost of living.					
Progress Update	<p>This quarter the project supported 21 young people from Tower Hamlets. 10 of these are new members that joined in the reporting period. They have all accessed Pre-Commitment Sessions and engaged in the first stage 24-week Dialectical Behaviour Therapy (DBT) skills group. It is too early in their YANA journey to claim an improvement in their mental health. Seven participants who joined before this quarter continue to be engaged in their DBT skills group.</p> <p>Four Tower Hamlets participants have completed this stabilising phase of YANA have gone on to benefit from all aspects of the project. These participants are engaging in workshops and volunteering opportunities. None of them are receiving therapeutic support through the project at this stage. 100% of these have already achieved 60% or more of their life worth living goals. 100% of these participants report:</p> <ul style="list-style-type: none"> <li>• improved wellbeing.</li> <li>• more skills to cope when life gets hard.</li> <li>• reduced self-harm.</li> <li>• improved emotional regulation.</li> </ul> <p>No Tower Hamlets participants have died of suicide in this period. However, one participant did attempt suicide in the early stage of engagement on the project.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8905	Bromley By Bow Centre	Connect for Health	Mile End; Bromley South; Bromley North; Bow West; Bow East	£25,000	The project is on track towards the annual target of supporting 50 unique people in the April 2024 to March 2025 year.	<b>Green</b>
Short Description	Working alongside local self-employed sessional leads (physical activity coaches, artists, and facilitators) to support residents to participate activity sessions. Sessions are designed to improve health and connection and include both broad open access activities and those targeted at specific audiences.					
Progress Update	<p>In this quarter this project provided 16 unique people opportunities to try new things to support their health and wellbeing, resulting in 119 attendances. Sessions ranged from physical activities, wellbeing and social sessions and included opportunity to co-design future activities. Venues include local GP practices, Mile End Stadium, and the Bromley by Bow Centre. To date the project has supported 47 people with 40 group sessions, resulting in 374 attendances.</p> <p>Participant quotes:</p> <p>“The only time I get peace is when I come here. I forget everything else. When I walk out the gates, I start remembering this and that. In here, I put my phone on silent, it’s protected time.”</p> <p>“Since I've been coming to this group, I’ve felt more settled. “</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8947	Canaan Project	Canaan Project: Young Women's Mentoring	Island Gardens; Canary Wharf; Blackwall and Cubitt Town; Mile End	£25,000	Monitoring demonstrates the project has met KPIs and is predicted to achieve expected outcomes.	<b>Green</b>
Short Description	A mentoring programme offering 1-1 support for young women with the aim of seeing them flourish, have broadened horizons and raised aspirations.					
Progress Update	<p>During this period, the project worked with fourteen different young women in a mentoring capacity. Five young women received 1:1 mentoring, and the remainder attended group mentoring at Canary Wharf college. Two regular mentees gave a short presentation at the organisation’s annual showcase with eighty guests. A flexible approach to sessions enabled the project to accommodate work experience, school trips and exam revision. Two participants are being prepared to end sessions as they are moving on to different educational establishments, on to university, the other, who has not been in school for the past 8 months, accepted a college place to study for her GCSEs from September 24.</p> <p>Positive participant feedback demonstrates:</p> <ul style="list-style-type: none"> <li>• Eighty percent reported an increase in confidence.</li> <li>• Eighty percent reported feeling better about themselves.</li> <li>• Seventy percent said they felt more able to ask for help.</li> <li>• Ninety percent reported feeling more positive about their future.</li> </ul> <p>Staff training on Adverse Childhood Experiences to be a more trauma informed organisation. Staff also attended a workshop on developing reflective practice. The organisation secured funding to send one mentor on a therapeutic mentoring training course.</p> <p>The organisation has been awarded a Silver Quality Mark by London Youth demonstrating the high quality of the services they deliver.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8858	Carers Centre Tower Hamlets	Building Resilience and Resourcefulness for Unpaid Carers	Boroughwide	£25,000	Monitoring demonstrates KPIs need more clarification and scope to predict the project will achieve expected outcomes in terms of unique users benefitting. No concerns with delivery. Officer to meet with organisation to achieve this.	<b>Green</b>
Short Description	Carers provided with a range of therapies, respite, and learning opportunities including, wellness days; art and creative activities; practical workshops on how to maintain a healthy lifestyle; and courses delivered by professionals to develop the skills required to effectively manage their caring role; and look after themselves.					
Progress Update	<p>Between 1st April and 30th June 2024 21 12 sessions took place at the London Buddhist Centre, resulting in ninety-six attendances from twenty-one unique unpaid carers. Sessions included meditation, peer support, socialising and connecting, and community eating. Sadly, a regular carer who attended passed away and the carers with the London Buddhist Centre facilitator co designed a special tea lighting remembrance session to reflect on their friendship with this much-loved carer. Nineteen out of twenty-one carers completed the journey of change evaluation and stated they are highly satisfied with the provision. Evaluation from participants demonstrates:</p> <ul style="list-style-type: none"> <li>• Carers stress was reduced by 10%.</li> <li>• The feeling of being less isolated and less lonely increased by 22%</li> <li>• Carers physical wellbeing increased by 67%.</li> <li>• Carers emotional wellbeing increased by 50%.</li> <li>• Carers felt that they had more me time increased 7%.</li> </ul> <p>Although most project indices had a positive outcome the importance of wellbeing decreased by 5% and talking to carers, they acknowledged that they are far more aware of what to do around wellbeing improvement and they are aware this is a work in progress.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8736	Council Of Mosques - Tower Hamlets	Council of Mosque Healthy Mind, Healthy Lifestyle Reach	Boroughwide	£25,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	This healthy living project aims to improve the physical and mental health and wellbeing of BAME residents through a programme of community events, practical workshops and one-to-one health support, advice and information that will raise awareness of health risks, illnesses and diseases most profound amongst the borough’s BAME communities.					
Progress Update	<p>The Council of Mosque Healthy Mind, Healthy Lifestyle Reach Project ran the following health orientated activities for this quarter:</p> <p>To improve the physical and mental health of residents in May 2024. The new programme of physical activities with a purpose of promoting the uptake of physical activities for residents who never engaged in physical activities, to provide a taster sessions to demonstrate the physical and emotional benefits of undertaking in physical activities. They ran taster sessions focused around exercise and fitness, badminton, indoor football, light running and some team activities.</p> <p>Output: During Quarter 2 we delivered a total of 17 sessions providing 34 hours of physical activities and 255 Participants took part in the programme.</p> <p>Outcomes and Impact - The participants taking part reported: Increased in self-esteem and gave a boost to their mood, improved their sleep quality and energy; Enjoyed taking part in the exercise and fitness - some for the first time; Participants said they felt happier and wanted to do physical activities more regularly in their own time.</p> <p>They facilitated a Healthy Living Workshop and Coffee Club Sessions through 7 Mosques in Tower Hamlets. The 7 Mosques engaged in the programme were: Baitul Aman Mosque; Shahporan Mosque; Darul Ummah Mosque; Collingwood Street Mosque; Ford Square Mosque; Bishops Way Mosque</p> <p>The Health Project Adviser provided presentations on different aspects of having a healthy life focused on healthy diet and nutrition, benefits of physical activities, hygiene and personal care, raising awareness of mental health illness and some of the detriments of poor health such as effects of smoking, drugs, alcohol, lack of physical activities. The sessions had a question and answer session with participants raising queries, matters impacting their health and emotional wellbeing.</p> <p>To better understand the health conditions, the Project ran a Health Feedback Questionnaire Survey amongst the participants taking part in the Healthy Living Workshop and Coffee Session. Over 85% who responded o the survey cited type 2 diabetes as the most significant or common health conditions faced by the local residents followed by hypertension (55%) and Chronic Heart Disease (40%). The participants raised growing concerns around cancer and that more residents were being diagnosed now compared to 10 years ago.</p>					

	They used Diabetes as a discussion theme during this quarter as it was more commonly raised by the residents and provided bilingual Diabetic Information (in both Bengali and English) distributed through small group works through the mosque, also sent digitally through WhatsApp and other social Media apps including email as well. The information provided was easy to follow and easily understood by the residents.
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8932	deafPLUS	Improving the Health and Wellbeing of the deaf and hard of hearing community	Boroughwide	£40,000	Monitoring demonstrates the project is on track to achieve KPI objectives.	<b>Green</b>
Short Description	A borough wide health and wellbeing project that addresses health inequalities for deaf and hard of hearing residents, addresses their mental health issues and enables them to make healthy lifestyle choices.					
Progress Update	<p>Twenty-one people took part in an enhanced range of regular project activities in the period, benefitting from a variety of wellbeing workshops. There has been no dropout rate this quarter, as the project saw an increase of client engaging with the services since March, demonstrating an increased positive engagement with project activities. Co-design activities have taken place to inform project activities from September. This quarter the project focused on participants rights as deaf individuals, including information on seeking help if needed. Feedback highlights that participants consistently have feelings of relief and belonging.</p> <p>100% of the 11 participants who engaged in Horizon22 activities in this period, reported improved health and wellbeing. Participant quote - ""Riveting experience. Fully uplifting and enhancing"".</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8940	elop (East London Out Project)	Tower Hamlets LGBT+ Support	Boroughwide	£25,000	Monitoring demonstrates the project is on track to achieve KPI objectives.	Green
Short Description	LGBT+ Community Support to enhance peer networks, lessen isolation and provide mental health crisis prevention support. Two facilitated social support groups targeting older people, people with mental health needs or other disabilities, and LGBT asylum seekers, and one to one mental health support providing individual mental health crisis prevention support.					
Progress Update	<p>Thirty-two unique participants took part in regular project activities in the period, benefitting from the project groups at Toynbee Hall, and for eight individuals’ mental health support. The project has promoted both groups and have had four new members attend the social support group. A new project worker started on the 24th of June. Sessions of both groups included opportunities to review activities and co-design future sessions. Four volunteers continue to be involved in supporting the groups.</p> <p>Sixteen people attended the social support group that provided 13 sessions this quarter. The over 50's group continued to have had eight people engaged with between 2-6 people attending the 13 sessions provided in this period. Sessions included LGBTQ+ pride awareness days that took part in this period as well as general social activities. Quote from user: 'I really enjoyed the session and enjoyed the opportunity to be with other LGBTQ+ people like me, as I do not have many LGBTQ+ friends outside of the group'.</p> <p>Twelve participants provided feedback this quarter with 100% reporting increased wellbeing and mental health, and increased confidence and empowerment.</p> <p>All those receiving mental health support reported improved confidence in managing their mental health. Each service user who completed a plan provided positive feedback about how they found the experience. "</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8966	Mind in Tower Hamlets, Newham and Redbridge	Our Voices Sakinah	Boroughwide	£25,000	Monitoring demonstrates the project is on track to achieve the overall aim and objectives for the lifetime of the project. KPIs to be reviewed at the monitoring meeting 18 July.	<b>Green</b>
Short Description	A co-produced, community-based project for diverse Muslim women to come together to support each other’s mental health and wellbeing through creating a network of safe spaces. The project supports women to have a greater voice and access services that promote positive mental health.					
Progress Update	<p>In this reporting period Our Voices Sakinah has continued to run two groups benefitting seventy-two women, one located in Whitechapel and the other in Bow. In response to co-designed events with participants activities have been expanded to include trips, walks, and creative workshops. External partners have been approached to provide clients with a richer, more diverse experience. The project has also supported clients access welfare benefits, support with DV, other social activities, employment support and volunteering opportunities.</p> <p>70% of participants engaged in project evaluation activities. This demonstrated:</p> <ul style="list-style-type: none"> <li>• 100% had not accessed mental health services prior to accessing the project.</li> <li>• 100 had a positive engagement with project activities.</li> </ul>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8663	Positive East	One-to-one counselling for residents living with HIV and poor mental health	Boroughwide; Whitechapel	£16,222	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	People living with HIV in the UK are at increased risk of anxiety and depression compared to the general public. Poor mental health can lead to non-adherence to antiretroviral therapy and reduced retention in HIV care. We will provide one-to-one counselling supporting people living with HIV in Tower Hamlets.					

Progress Update	Currently, 10 Tower Hamlets residents are undertaking one-to-one counselling. They have 10 qualified counsellors who are available to support people living with HIV (PLWHIV). During the past quarter, counsellors were given access to training on HIV: Discrimination in the workplace, Chemsex, and Overdose Awareness Training.
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8843	Sister Circle	Healing Conversations	Boroughwide	£36,403	Monitoring demonstrates the project is on track to achieve annual KPI objectives.	<b>Green</b>
Short Description	Healing Conversations provides minoritised mums of pre-school children/survivors of gender-based violence with complex needs with specialist, culturally competent, trauma-informed counselling delivered in community settings, in multiple languages. The project improves mental health, connects women to wider sources of support essential to health and wellbeing, and reduces health inequalities.					
Progress Update	<p>Fifty-eight one to one counselling sessions have been delivered this quarter benefitting seven clients. Both new bilingual trainee counsellors are now matched and actively engaged in therapy sessions with clients. Both are supported in their role and receive fortnightly supervision from our Clinical Lead Counsellor.</p> <p>Nine new referrals received. Two comprehensive assessments have been completed leading to two beneficiaries starting therapy. One referee decided not to engage at this stage. The remaining are still part of the assessment process. Outreach to engage with more referring organisations has taken place.</p> <p>The organisation has invested in developing the project by creating a safe and welcoming space conducive the therapeutic experience in their premises to deliver sessions and engaging a bilingual Admin &amp; Support Worker to be the first port of contact for women seeking to access counselling. This worker has undertaken some outreach work with potential vulnerable clients.</p> <p>Six of the seven women actively engaged in counselling completed base line KPI’s.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8747	The Shadwell Community Project	Grow, Eat, Cook! Children's Café Project	Shadwell	£25,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	We will provide access to free healthy meals for children especially from low income and ethnic minority backgrounds in Tower Hamlets. We will provide weekly sessions where children grow, cook and eat meals together in a supportive, active environment and increase their health, fitness and wellbeing.					
Progress Update	<p>In this period they delivered 13 full activity sessions with 233 visits by registered children and young people at the adventure play ground. These sessions included gardening, arts and crafts, bush crafts, fire pit cooking and free play on the structures. They provided freshly 233 cooked meals for 145 different children. 7 children visited regularly, at least 10 times over this period. It has been a very challenging time due to staff absence due to illness and the compulsory demolition of several structures by Tower Hamlets after a playground inspection which led to repairs needing to be completed with some demolition and closures of the site due to health and safety issues. They have done their best to open as best we could under very difficult circumstances.</p> <p>The allotment is looking brilliant this quarter and is producing plenty of food for the young people and they have done three consultation exercises since November which are feeding into our future plans and activities. They have also received new funding and produced a short film to promote our services which is attached to this report and helps describe the impact we have on participants from their point of view to gain more public support.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8939	Tower Hamlets Parents Centre	Women’s Health Matters	St Katherine's and Wapping; Whitechapel; Stepney Green; St Dunstan's; Spitalfields and Banglatown; Weavers	£25,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	The Women’s Health Matters Project in Tower Hamlets will improve the Physical and Mental Health of over 1050 disadvantaged Women in Tower Hamlets, by developing their knowledge, providing Fitness and Nutrition Activities and enhancing their Access to Services.					
Progress Update	<p>During the Quarter, they delivered the following services as follows;</p> <p>A) Tea/Coffee Morning - a two-hourly Session per week for 12 weeks (attended by 12 beneficiaries)</p> <p>B) Walking Club - a one and half hour to two hourly Session for 12 weeks (attended by 15 beneficiaries)</p> <p>C) Advice and Information Service Drop-In Session - a three hourly Session per week for 12 weeks (attended by 20 beneficiaries)</p> <p>D) Healthy Eating Workshop - a one hourly two Workshops, attended by 25 women.</p> <p>The Drop-in Sessions delivered aimed at improving understanding of the beneficiaries of Health Issues and to sign post them to other Services of the Parents Centre and other Agencies. The Workshops delivered discussed and explained the issues like eating plate, portion sizes and how to read food packaging labels to make healthier choices, eating more carbohydrates, proteins and less sugar and salt.</p> <p>The Health Worker had continued to undertake Outreach within the locality; Local Schools, outside School Gates and distributing Leaflets to local Agencies, the Idea Store and other local Community Centres in order to maintain an increase the attendance of beneficiaries in the Services provided.</p> <p>The Activities delivered were evaluated through a Questionnaire and sometimes verbally, which showed that the Provisions were successful and effectively impacting the lives of the beneficiary women. The beneficiary women reported, having attended these Provisions, they improved their Physical and Mental Health, by exercising more and eating Healthy food. They also reported that they were managing their Health conditions like Diabetes, Obesity and Hypertension and were able to access Statutory Health Services. They reported that they were better informed of negative impacts of harmful behaviours and more able to manage their Health.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8667	Toynbee Hall	Playful Tower Hamlets - Nurturing Bodies and Minds	Spitalfields and Banglatown	£25,000	Monitoring demonstrates the project is on track to achieve KPI objectives.	<b>Green</b>
Short Description	Creating edible gardens in underused areas of East London, the project connects children to nature, tackles food poverty, and improves physical and mental wellbeing. The project provides outdoor play activities, forest school and weekend gardening sessions for children and their families.					
Progress Update	<p>During this reporting period the project engaged with 180 participants, (155 children, 25 parents, and 5 carers), through delivering the following activities:</p> <ul style="list-style-type: none"> <li>• Weekly direct access Play sessions at Christchurch Gardens, Spitalfields working with Christchurch School, Brick Lane and the local community benefitting children, parents, or carers, as well as the local community.</li> <li>• Thursdays Art, Play and Gardening workshops in partnership with Canon Barnett School working with a variety of children in school.</li> <li>• Weekly art club at Toynbee Hall, E1 for children of parents who attend and volunteer at the Food Bank with a regular attendance from 10 children aged 2-11years.</li> </ul> <p>In this period 43 children were surveyed.</p> <ul style="list-style-type: none"> <li>• 100% of children asked strongly agreed with the statement ""I enjoy the activities we do here.""</li> <li>• 100% of children asked agreed with the statement ""I am more active and play more now.""</li> <li>• 88% of children asked agreed with the statement ""I feel stronger and healthier since I started coming here.""</li> <li>• 84% of children asked strongly agreed with the statement ""I feel happier and less worried now.""</li> </ul> <p>30 children engaged in evaluation activities about improved family relationships. 81% agreed with the statement ""We talk more and get along better at home now.""</p> <p>""This is such an important offer for our school and community. It really helps with community cohesion and is an offer we hope will continue into the future because it gets more and more families out and playing together and is an inspiration. We never really know what you will bring and do each week and it's just great, our families and children get so much from it"" - Parent.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8850	Vallance Community Sports Association	SEND Health & Wellbeing Project (Young People)	Boroughwide	£25,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	A programme of weekly sports and physical activities and a social club for young people (8-25 years) with special educational needs and disabilities for the purpose of increasing sports participation, improving health and wellbeing (including mental health), and reducing loneliness, isolation and exclusion.					
Progress Update	<p>During this quarter, the Physical and Mental Health program for young people with disabilities participating in sports activities has made substantial progress and achieved significant outcomes. Here are some key highlights:</p> <p><b>Achievements:</b>1. Increased Participation: A noticeable increase in participant engagement, with more young people with disabilities actively taking part in sports activities. 2. Skill Development: The young participants demonstrated improvements in physical fitness, sports skills, and overall well-being through regular training and sessions.3. Community Integration: The program played a crucial role in fostering social connections and community integration for individuals with disabilities.4. Positive Feedback: Continuous positive feedback from the participants, indicating high satisfaction levels and the beneficial impact of the program on their physical and mental health.</p> <p><b>Significant Outcomes and Impact:</b>1. Improved Physical Health: The young participants showed enhanced physical health indicators, such as increased strength, stamina, and flexibility.2. Boosted Mental Well-being: Positive impacts on mental health were observed, including reduced stress, anxiety, and improved mood among participants.3. Enhanced Self-esteem: The program contributed to boosting self-confidence and self-esteem among individuals with disabilities.4. Empowerment: The young participants reported feeling empowered, motivated, and more independent as a result of their engagement in sports activities.</p> <p><b>Influences on Project Delivery:</b>1. Staff Training: Ongoing staff training and development played a crucial role in ensuring high-quality program delivery and participant support.2. Community Support: Collaborations with local organisations, volunteers, and community partners provided additional resources and assistance for effective project delivery.</p> <p>These achievements, outcomes, and influences have collectively contributed to the success and positive impact of our Physical and Mental Health program for young people with disabilities engaged in sports activities during this quarter.</p>					

<p>Project Description and Service Delivered this quarter: The SEND Health &amp; Wellbeing Project (Young people) offered a weekly tailored multi-sports and physical activities sessions across the spectrum of needs (low/medium to high/complex). The purpose of this initiative was to enable those with learning disabilities to live healthier and active lives.</p> <p>The Weekly activities: (i) Dedicated weekly Multi-sports sessions for young people (10-16 years) with disabilities (Wednesday 10m to 12pm) at Beatrice Tate Specialist School. (ii) Inclusive* Football Session for 8–15-year-olds – (Fridays 5:30pm to 7pm) at Mile End Leisure Centre &amp; Stadium. (iii) Inclusive* Indoor healthy activities session for 8–16-year-olds – (Sundays 10am to 12pm) at the Hason Raja Centre</p> <p>*disabled and non-disabled young people participating together. On Wednesday 5th June 2024 was the 14th Annual Disability Sports Day Festival at the Mile End Stadium. Over 150 participants with SEND young and Old attended.</p>
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ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8962	Working Well Trust	Upskill Choices	Boroughwide	£25,000	Monitoring demonstrates the project has met KPIs and is predicted to achieve expected outcomes.	Green
Short Description	The project engages and supports people who have been affected by emotional or mental health issues to take steps towards improving their own health wellbeing and community involvement. Clients will work with project staff to identify pathways within the community to wellbeing, training and volunteering opportunities and to develop skills essential for wellbeing and future employment.					
Progress Update	<p>120 support sessions have been provided engaging 50 Upskill Choices participants from Tower Hamlets to access education on self-care, healthy lifestyles peer support crises and cost of living support. Twelve residents accessed wellbeing activities and other support this quarter. In addition, this quarter thirteen residents have accessed lifelong learning opportunities and a further eight people have secured volunteering opportunities.</p> <p>Of the twenty people surveyed this quarter 90% reported a positive engagement with the project with 65% reporting improvement in wellbeing, and 75% reporting improved community connection. Twelve clients surveyed reported improved mental health via client feedback and evaluation survey.</p> <p>A survey looking at exclusivity was conducted by participants via face to face, telephone, and electronic means and feedback in general was positive. Project development ideas to increase access to project activities included access to translation and interpreting services, and access to face-to-face support from other sites in the borough.</p>					

Theme 5 - Empower Communities and Fight Crime

Scheme A - Inequalities Experienced by People and Communities Reflecting Different Equality Groups and Socio-economic Backgrounds

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8722	Account3 Ltd	Dare to Lead - leadership development for Minoritized women of Tower Hamlets	Boroughwide	£25,000	The project is on track in achieving its targets for this period.	<b>Green</b>
Short Description	Dare to Lead is a customised and approved BAME Women focused leadership programme, which is accredited and externally verified and validated by the national examination board OCN, London. The leadership programme is designed to support BAME women who are in or aspire to leadership roles through a development programme.					
Progress Update	<p>Dare to Lead's 12-week leadership course celebrated 16 women graduates. Participants gave positive feedback, reporting significant personal growth. The comprehensive curriculum covered leadership, communication, planning, and community engagement. Accomplished female leaders shared insights, inspiring a new generation of community leaders.</p> <p>Other notable activities during this quarter included:</p> <ul style="list-style-type: none"> <li>• Witnessed a mayoral debate - Participants observed firsthand the political process and the candidates' visions for the city.</li> <li>• Established strategic partnerships to help bolster opportunities for participants on the programme, ranging from resources, tailored support, and training opportunities.</li> <li>• A quarter of the women graduates have moved on to join boards at local organisations.</li> </ul> <p>The organisation exceeded some of its KPI targets. They are currently in the process of applying for additional funding to help support shortfall in project funding as they were not awarded the full amount. They will report on resident led cohesion events for the next monitoring period. The organisation exceeded some of its KPI targets. They are currently in the process of applying for additional funding to help support shortfall in project funding as they were not awarded the full amount. They will report on resident led cohesion events for the next monitoring period.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8631	Council Of Mosques - Tower Hamlets	CoM Community Empowerment Project	Boroughwide	£25,000	Monitoring returns for this period demonstrates that the organisation is on track in achieving expected outcomes.	<b>Green</b>
Short Description	CoM’s Community Empowerment Project is new structured service designed and developed by CoM to address racism, faith-based abuse such as Islamophobia and discrimination faced by particularly by the borough’s Muslim Communities areas of health, the criminal justice system, education, employment, immigration and politics experienced by the borough’s BAME communities.					
Progress Update	The Council Of Mosques engagement with seven Mosques aimed to strengthen the Mosque Network, improve relationships between Mosques, the community, and local authorities, and build capacity within Mosque leadership. Key Activities delivered this period included: Information events on hate crime, racism, and Islamophobia were conducted to raise awareness, increase reporting, and empower residents to challenge discrimination. Capacity building training was provided to Mosques to equip them to address racism and support their communities. Additionally, engagement with the Tower Hamlets Interfaith Forum and exploration of partnerships with Family Hubs began.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8994	East London Advanced Technology Training	Tower Hamlets Voices	Limehouse; Mile End; Shadwell; Whitechapel; Stepney Green; St Dunstan's; Spitalfields and Banglatown; Weavers; Bethnal Green West (formerly St Peter's); Bethnal Green East (formerly Bethnal Green)	£25,000	Tower Hamlet's Voices is on track in achieving its expected objectives and is rag rated Green.	<b>Green</b>
Short Description	Tower Hamlets Voices will foster community cohesion by bringing together people from diverse backgrounds in six local West Tower Hamlets hubs. The project aims to improve inclusion, access to support, and overall equality and will support 220 participants, mostly from Black, Asian, and multi-ethnic backgrounds and other marginalised groups annually.					
Progress Update	The Tower Hamlets Voices project continued to enhance social integration for refugees and migrants from BAME communities during the past quarter. Participants demonstrated increased social engagement through participation in a range of activities, including workshops on UK democracy, a Thames Foreshore walk, and a Love ESOL event. Ongoing support through conversation clubs, employability workshops, and wellbeing activities further contributed to participants' overall well-being and integration.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8908	Real DPO Ltd	All Inclusive Advice	Boroughwide	£30,000	Monitoring returns for this period demonstrates that the organisation is on track in achieving expected outcomes.	<b>Green</b>
Short Description	Tailored and evidence-based advice and support for disabled individuals in Tower Hamlets. Offering holistic assistance, including guidance on independent travel, financial independence, community engagement, and access to local services. It will cater to clients from diverse ethnic, cultural, and faith backgrounds and collaborate with other organizations for referrals.					
Progress Update	This quarter, the project has engaged with eight clients representing a diverse cross-section of the borough's population, including individuals with multiple disabilities. This demonstrates the project's capacity to reach a wide range of clients with complex needs. Collaborative efforts with Tower Hamlets Community Advice Network (THCAN) have established referral pathways, expanding the project's reach through partnerships with Real advocacy, THCAN, and social prescribers. Information officers have enhanced their professional development by completing safeguarding and learning disability awareness training. Regular team meetings and reflective practice sessions have fostered knowledge sharing and improved case management and increased user satisfaction during this period.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9029	SocietyLinks Tower Hamlets	Stay Smart Stay Safe	St Katherine's and Wapping; Shadwell; Whitechapel	£25,000	The project has exceeded its expected objectives for this period and is on track in achieving its life-time targets.	<b>Green</b>
Short Description	The Stay Smart, Stay Safe project focuses on empowering girls and women to make positive choices in their personal lives that allow them to prosper and lead fulfilling lives.					
Progress Update	The project is now a key service of Societylinks, it continues to attract new members and boosts community spirit. Responding to requests, a walking group was started. It improves both physical and mental health. The women’s group is doing well. It has held a menopause workshop, safety classes, and outreach events. The girls’ group covers topics on safety, health, and growth. Both groups enjoy art and cooking. As a result, participation, friendships, and wellbeing have all increased. The project has exceeded it's expected KPI's for this quarter.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9008	TOYHOUSE LIBRARIES ASSOCIATION OF TOWER HAMLETS	Empowering Communities:- Coming together, sharing their cultures, food and experiences	Poplar; Mile End; Bromley South; Bromley North; Bow West; Stepney Green; St Dunstan's	£14,983	The project has exceeded its expected objectives for this period and is rag rated Green.	Green
Short Description	Toyhouse will facilitate a series of short courses for people from diverse backgrounds and 3 generations across equalities strands. 5 parents & pre-schoolers, plus older people, drawn together to discover and discuss, aiming to increase understanding and appreciation of different cultures - via food; games; traditions; clothing; beliefs; and celebrations.					
Progress Update	The empowering Communities Project has attracted strong interest from residents during this period, with seven families from diverse ethnic backgrounds participating. This diversity has enriched weekly discussions. Promotion through various channels, including social media and community outreach, has contributed to the increase in numbers for this quarter. Notably, word-of-mouth referrals from satisfied participants highlight the course's positive impact and fostering of community connections. Each course follows a structured format, exploring five key themes to stimulate conversation.					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
9048	Volunteer Centre Tower Hamlets	BAME Trustee Training and Matching (known as The METs Programme)	Boroughwide	£39,989	The MET's Programme has exceeded its expectations for this quarter and has recruited a Volunteering Advisor for this project.	Green
Short Description	The programme will recruit, train and support residents from BAME communities (60% women) to become charity trustees. It will address inequality by empowering BAME residents to fulfil their potential and progress into leadership roles. Trained volunteers will be matched with local charities, creating trustee boards that better reflect our community.					
Progress Update	The project has exceeded KPIs. It did this by recruiting and training trainees and partnering with charities. It also did this by delivering thorough training and facilitating strong matches. This success has laid a strong foundation for the program's continued success. Key achievements during this period include recruitment of Volunteering Advisor, successful recruitment of 13 trainees from diverse ethnic backgrounds for the trustee development program. On boarding of 11 local charities, successfully delivered a matching event (connecting trainees with potential trustee roles at 11 charities).					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8961	Working Well Trust	Upskill Reach	Boroughwide	£39,740	The project is on track in achieving its expected objectives as they have exceeded their targets for this period.	<b>Green</b>
Short Description	Opening referral pathways and increasing access to opportunities for people with lived experience of mental health from Black, Asian and Multi-Ethnic Communities. We will support people to overcome barriers by addressing inequalities of access to support and resources.					
Progress Update	Upskill Reach has maintained high demand for its services, with a steady flow of referrals from diverse sources. The project has expanded its outreach efforts through participation in open events and workshops hosted by Look Ahead and Mind and is currently engaging with the Women’s Inclusive Team to identify barriers faced by the Somali community. A partnership with the Family Hubs network has been established, with plans to provide information at Tower Hamlets Family Centres. One-to-one support services have continued to excel, with a particular focus on BAME residents experiencing mental health challenges. Engagement levels have exceeded targets, and client feedback is being collected to refine service delivery and ensure ongoing responsiveness to client needs.					

**Scheme B - Community Safety**

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8900	Beyond the Streets	Door of Hope	Boroughwide	£23,399	Monitoring demonstrates the project will achieve the expected outcomes.	<b>Green</b>
Short Description	Funding our Door of Hope Coordinator, overseeing our project working with women selling sex in Tower Hamlets through street outreach, drop ins and long term, trauma informed, 1:1 support that includes advocating for and enabling positive outcomes within themes of homelessness, income and food poverty, substance misuse, and physical/mental health					
Progress Update	<p>Beyond the Street has delivered 22 out of 25 street outreach sessions in this reporting quarter. The outreach sessions include engaging with women working in the night-time economy and providing them with sanitary items and contraception. They use the opportunity to support women with referrals and signposting too. Of the 33 unique women they have supported, they have made 59 different referrals for a total of 26 women.</p> <p>They have also had 35 out of 41 scheduled drop-ins. These have taken place in the streets of Tower Hamlets, local cafes, hostels and within the base of partner organisations.</p> <p>They have had 26 caseloads of women, of which, 20 are active. This is slightly lower than anticipated, but they are confident they will meet the annual target. They have had new staff members join the team as Women's Support Workers, who are still inducting and embedding into their new roles. A member of their workforce is also on maternity leave at present.</p> <p>In this quarter, they have referred 2 women to the Tower Hamlets Prostitution Partnership for high-risk cases, where a partnership approach for a holistic service is needed.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8821	City Gateway Ltd	ReBuild - Pathways to Employment for Ex-Offenders	Boroughwide	£20,000	Monitoring demonstrates the project will achieve the expected outcomes.	Green
Short Description	Our programme, ReBuild, focuses on enhancing the life opportunities and employment opportunities of ex-offenders aged 16-24. We provide dedicated assistance to this group through our education and training pathways, underpinned by one-to-one coaching, supporting them into sustainable education, employment and training (EET) outcomes with partner employers.					
Progress Update	<p>City Gateway's Rebuild project team have been actively working to support young people who have committed an offence or are on the brink of committing an offence, into employment and general mentoring and coaching support to break free from a potential life of crime and anti-social behaviour.</p> <p>5 people from this programme attended City Gateways Master Class workshops to enhance interview and CV-building skills. The BBC were offering 2 internships, and 11 CVs were submitted, 4 of which were from participants in the Rebuild project.</p> <p>8 Rebuild learners also attended boot camp for intense employability skills and job search support.</p> <p>In addition to the above courses and workshops, they also provide 1-2-1 coaching and mentoring. One of their mentees, who has been quite successful in his role, is someone with lived experience of youth offending.</p> <p>A total of 17 participants engaged in activities this quarter. 11 of which are Tower Hamlet residents and 6 from neighbouring boroughs. Following an under-reporting in the last quarter, I had a conversation with City Gateway and advised them to report on everyone they have supported in the Rebuild programme. They advised they have some out-of-borough participants, and I agreed, that whilst the targeted support should be geared toward TH residents if they are supporting young people in neighbouring boroughs, they could report these too. I will reiterate that the target participants should remain as TH residents, with a reasonable exception from outside of the borough.</p> <p>KPI 1 - The target was 17 young people accessing training, coaching and employment support. This target has been achieved as mentioned above.</p> <p>KPI 2 - The target number was 8 (appx 50% of 17) reporting having sustainable education, training or employment outcomes within 90 days of course completion. City Gateway has reported that 17 participants have taken up either Maths, English, PSD or Business Administration offers. One of the 17 has moved onto a construction training programme to work towards his CSCS card.</p> <p>KPI 3 - The number and percentage of participants who have developed personal capabilities, such as confidence, personal resilience and self-awareness have been reported as 70% of the 17, who are showing improvement and working towards a positive change, however, the remaining 30% require additional intervention support as they are making a slower progression towards this outcome.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8678	D'awatul Islam UK & Eire Ltd	"Our Park" - 'Safer Parks Campaign'	Limehouse; St Katherine's and Wapping; Shadwell; Whitechapel; Stepney Green	£30,000	Monitoring demonstrates the project will achieve the expected outcomes.	<b>Green</b>
Short Description	The "Safer Parks Campaign" empowers local communities to tackle issues like anti-social behaviour, drug abuse, mugging, sexual exploitation, and violence in parks. A diverse team of 20 individuals, will work together to make parks safer through community organising, community listening, social action, and negotiations with authorities.					
Progress Update	<p>D'awatul Islam has reported back on a successful last quarter. They managed to engage, enrol, and train 24 Park Safety Champions, whom they supported to get accredited Level 4 training in collaboration with Citizens UK and Queen Mary University London. The 2-day training focused on 5 Steps of Community Organising and covered aspects of Youth Safety and Parks. This has been a great opportunity for personal development and capacity building of their active community volunteers.</p> <p>They have worked with these community champions to carry out surveys on Gosling Gardens park safety. As well as arranging litter-picking events with Darul Ummah Mosque and St George of the East Church, they have also planned 'fun days' in the park this August 2024.</p> <p>KPI 1 - 6 out of 12 surveyed in Gosling Gardens, reported that the park felt safer                      KPI 2 - 24 Community Champions Trained - exceeded target of 15                      KPI 3 - 24 achieved out of an annual target of 40.</p> <p>They are actively working with Tower Hamlets council, Queen Mary University and Citizens UK to ensure collaboration to support the campaign to develop better safety in parks for women and young people, having achieved some of their targets already, through having Gosling Gardens re-designed with better equipment. They are now trying to get better lighting installed before winter.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8792	Look Ahead Care and Support	Children's Domestic Violence Support Worker	Shadwell	£20,000	Monitoring demonstrates the project will achieve the expected outcomes.	<b>Green</b>
Short Description	A specialist Children’s Domestic Violence Support Worker to support children living at the refuge who have experienced trauma due to early exposure to domestic abuse. The post will be embedded in the Tower Hamlets Domestic Abuse Service and support children while they stay in the refuge.					
Progress Update	<p>The Children's Domestic Violence Support Worker recruited by Look Ahead with the help of this funding, has been actively supporting single mothers, and mothers fleeing domestic violence situations with their children. She has been working with partners for a holistic approach in supporting women to find their feet and work towards re-establishing themselves. The support worker has arranged childminders to help with offering women respite from childcare, arranged parent and child activities to help with bonding, arranged fun activities for children like an Easter egg hunt, Eid party, bowling and cinema trips. She has also supported mothers access courses like ESOL and Cyber Security, as well as providing support with school applications and uniform grants. She has also provided support to mothers by attending a school meeting to discuss bullying. This has been a highly valued service for the women who needed to come out of their toxic environment to help them and their children to safety.</p> <p>KPI 1 - 10 children supported with 8 of 10 mothers saying they felt that with therapy, their child was able to rebuild trust with adults and verbalise their anxiety, and slowly coming out of fear.</p> <p>KPI 2 - 7 out of 8 mothers said they had a new sense of motivation and were able to also manage their frustration and depression in a safe environment, allowing them to bond better with their children.</p> <p>KPI 3 - Look Ahead are in the process of arranging training for partners and stakeholders, to share insight into the impact of Domestic Violence on young children. Noted as an action to follow this up at the next meeting.</p> <p>KPI 4 - 7 single mothers felt supported and empowered to work towards a better future for their children.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8883	Osmani Trust	Schools Resilience Programme (SRP)	Boroughwide	£40,000	Monitoring demonstrates the project will achieve the expected outcomes.	<b>Green</b>
Short Description	The Schools Resilience Programme (SRP) aims to educate and mentor vulnerable and at-risk secondary school children on community safety and prevent them from becoming involved in crime, gangs and criminal exploitation. The project will develop their resilience, critical thinking skills and emotional intelligence so they make informed choices.					
Progress Update	<p>Osmani Trust has reported back to say they have registered 15 young people in their workshops for building resilience and emotional intelligence. 11 of whom are receiving 121 mentoring advice, with signposting and early intervention support. They have provided 3 serious conflict mediation support with pupils in the school, including an external young person.</p> <p>It will be good to understand what school they are working with, as well as any case study examples. Osmani Trust recently attended a meet and greet event at the Town Hall where they shared details of their workshops and the types of work they do to build emotional resilience. For the sake of reporting back on this quarter's monitoring, they could have provided more information here. I will arrange a separate meeting with them to discuss case studies as well as a small discrepancy between them reporting 15 young people registered, but then reporting 14 students thereafter.</p> <p>Osmani Trust will deliver their event in December 2024, where they expect 230 young people. KPI 1 is expected to be met then. KPI 2 suggests, 14 achieved from the annual target of 32 young people. KPI 3 suggests, 14 young people are expected to complete their survey in August 2024, which will help inform the impact made and confirm if KPI 3 has been met.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8738	Shadwell Trust	Self Defence Classes and Creative Arts	St Katherine's and Wapping; Shadwell; Whitechapel; Stepney Green	£20,000	Monitoring demonstrates the project will achieve expected outcomes.	<b>Green</b>
Short Description	Self Defence Classes and Creative Arts for Girls, Women and BAME Young People					
Progress Update	<p>This project aims to support and engage girls and young women into self-defence classes, physical activity and arts club, to help boost confidence, and personal awareness.</p> <p>On Average 6-9 attendees have been participating in their Saturday self-defence classes.</p> <p>They have had issues with the main hall in Tarling Centre, which needed emergency repair work. They had to relocate their classes in the smaller hall, which is why they mentioned, they struggled to get new girls registered this quarter.</p> <p>The art classes are doing better, they have delivered weekly art classes with a community safety theme-based discussion. They then designed canvas and posters to promote safety for young girls and women. They have had 4 new participants join this quarter for these sessions. Still below target numbers.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8696	Step Forward (Tower Hamlets)	Being Heard	Boroughwide	£40,000	Monitoring demonstrates the project will achieve the expected outcomes	<b>Green</b>
Short Description	Our Being Heard project offers a programme of preventative, early intervention activities to help keep vulnerable young people aged 11-25 safe, free from harm and prevent them being exploited. It also provides specialist support to young people affected by sexual violence to help them feel safe, cope and recover.					
Progress Update	<p>Step Forward has been continuing to support young people, including vulnerable young women and girls suffering from hate crimes and domestic and sexual abuse. They offer 1-2-1 support, including therapeutic intervention. 29 people took part in regular activities this quarter.</p> <p>KPI 1 annual target is for 15-25 girls to get counselling advice. The actual achieved for this quarter is 6. This is in line with the expected achievement.</p> <p>KPI 2 annual target for young people feeling that they have a 'safe place' to access support is 75-85, but this quarter the actual figure was 10. This KPI is slightly under-achieved. I will arrange a meeting with Step Forward to understand how they expect to meet the annual target by the end of the first project year.</p> <p>KPI 3 - The annual target is for 35-45 young people accessing support after experiencing hate crimes (homophobia, islamophobia, racism and sexism recorded this quarter). The actual achievement was 13 for this quarter, this is also in line with the expected achievement target.</p> <p>KPI 2 will be monitored closely to offer support where possible.</p>					

ID	Organisation	Project	Geographical Area Served	Annual Grant Amount	Officers Notes	RAG rating
8914	Women’s Inclusive Team	Haawa Project (Community Safety)	Boroughwide	£30,000	Monitoring demonstrates the project will achieve the expected outcomes.	<b>Green</b>
Short Description	The Hawaa Project is a tailored advice and guidance service for BAME women affected by domestic abuse. WIT provides a safe and confidential environment, where cultural and linguistic needs of minority women are catered for. Hawaa is set to help tackle a culturally sensitive issue that is often overlooked.					
Progress Update	<p>The Haawa Project team have successfully recruited a Somali-speaking Domestic Abuse (DA) Project Officer, as well as developing a bespoke DA project for Somali and BAME women, who encounter additional challenges and cultural nuances around DA issues. They have reported that quite often, some women don't realise they are the victims of abuse, as they experience multiple forms of abuse by their perpetrator. As well as providing a frontline service for women, they have also taken a strategic role through their CEO's recent appointment as a Women's Commissioner for Tower Hamlets. She uses her platform to represent and raise awareness on issues faced by Black Muslim women and women's safety in general.</p> <p>Haawa Project launched their online campaign, which is available in both English and Somali language. They have engaged with 85 stakeholders, including professionals, to raise awareness of the cultural sensitivities of the women they serve. They also delivered a workshop on 'Creating a Healthy Home for Children'.</p> <p>They have reported 18 women taking part in regular activities this quarter.</p> <p>KPI 1, was to support 10 BAME women accessing support to manage or leaving a DA situation. They achieved 7, of which 2 required a MARAC referral.</p> <p>KPI 2 was to engage and increase women's knowledge and confidence in dealing with DA and feeling more supported to access support services as a result of their participation in workshops. The target number of women was 25 for this, and they have met this target. 50% of these women reported being more confident with being able to navigate their way through DA issues.</p> <p>KPI 3 was to train 10 women for the project year on DA issues so they can work as DA Champions. 4 women accessed this training this quarter. Due to the training dates and limitations on the number of women, they can refer to the training, this was the most they could achieve this quarter, which is fine as they have met their annual target for this KPI.</p> <p>Haawa Project Team have been actively working with Tower Hamlet's VAWG team, Praxis, Tower Hamlet Housing Team, St Hilda's and ELFT. They recognise the importance of partnership work and cross referrals.</p>					