


Non-Executive Report of the:  <b>Health and Adult Scrutiny Sub-Committee</b>  <b>3<sup>rd</sup> September 2024</b>	 <b>TOWER HAMLETS</b>
<b>Report of:</b> Somen Banerjee, Director for Public Health	<b>Classification:</b> Unrestricted
<b>Smoking cessation services in Tower Hamlets</b>	

<b>Originating Officer(s)</b>	Liam Crosby, Associate Director of Public Health (Healthy Adults)
<b>Wards affected</b>	All wards

### Summary

This report provides an update on Smoking Cessation services available in the Community, and in secondary health services at both Barts (Royal London Hospital) and ELFT (community mental health services).

Smoking remains a leading cause of death and disease in Tower Hamlets and its unequal distribution is a key reason why our poorer residents have shorter life expectancy. Evidence-based smoking cessation support makes it more likely that people will successfully quit smoking. Tower Hamlets has highly-performing, culturally-tailored smoking cessation services both in the community and within our local health settings. Our community service QuitRight Tower Hamlets provides a range of evidence-based support, via a Prime Provider model which sub-contracts delivery in local pharmacies, and provides outreach clinics in target settings. Our services see the highest numbers of quits across London, and provide good value for money compared to London. We plan to use additional funding from DHSC to extend this model to more smokers, and with a focus on vulnerable groups with high rates of smoking.

### Recommendations:

The Health and Adults Scrutiny Sub-Committee is recommended to:

1. Review the presentation on the topic in order to inform discussion for the Health and Adults Scrutiny Sub-Committee meeting.