



Tower Hamlets Sexual and Reproductive Health Action Plan

Year 1 – 2024/25



Priorities



Priority 1: Healthy and fulfilling sexual relationships



Priority 2: Good reproductive health across the life course



Priority 3: High quality and innovative STI testing and treatment



Priority 4: HIV – towards zero and living well





Priority 1: Healthy and fulfilling sexual relationships



Outcome	Task required	Measure of success	Estimated delivery date
Increase sexual and reproductive health access to advice and support for young people	Identify the SRH needs of young people in the borough	YP SRH needs survey is undertaken, responses are collated and presented at stakeholder event to identify further actions (Y1 onwards) to support SRE and access to services.	May-25
Young people in Tower Hamlets have access to evidence based, high quality and inclusive relationship sex education in schools and alternative settings	Review/map the current provision of RSE in schools including SEN schools against national guidance about what should delivered in schools.	RSE review conducted in schools, we have a clear understanding about where the gaps in provision exist and this is mapped against RSE needs of young people.	Dec-24
Staff working with YP are appropriately skilled in matters relating to sexual health and sexual wellbeing (to include reference to abuse/coercion/cultural competence/LGBTQ+/learning disabilities)	Review training needs and provide annual training (e-learning/webinars) and tailored resources to support staff working with young people	Number of relationship education training events delivered annually across schools and young peoples settings including special schools with topics covered relevant to YP including information about local services and how to access them.	Jul-25



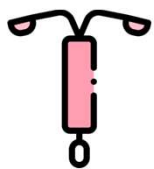


Priority 1: Healthy and fulfilling sexual relationships



Outcome	Task required	Measure of success	Estimated delivery date
People in unhealthy or risky sexual relationships are supported appropriately	Work with VAWG team to ensure that frontline staff (youth and SRH staff) are trained about sexual violence Clear referral pathways are in place to support victims of sexual violence and abuse	Number of sexual violence cases and number of referrals to support services are collated by SRH service * may need to include other groups	May-25
Strengthen pathway between SRHS and CGL	Deliver regular chemsex training to all frontline staff working in all substance misuse services across TH	Annual training delivered by SH service to CGL provider and hostels	July-25
Increase community knowledge and awareness about SRH and how to access services	Community engagement events on SRH	Development of information materials and/or SRH health promotion campaigns is tailored to and developed through co-production with the groups they are aimed at (in particular with those who are at risk of poorer SRH outcomes?)	Jun-25



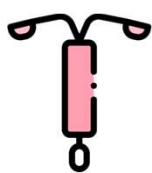


Priority 2: Good reproductive health across the life course



Outcome	Task required	Measure of success	Estimated delivery date
Residents (young people and adults) are empowered to make informed choices about contraception. Focusing on groups that have a high use of EHC and TOPs and low uptake of LARC	Increase residents knowledge about contraception methods and where to access them focusing on underserved communities and groups that are not accessing suitable contraception.	3 Engagement/co-production events across Tower Hamlets to increase awareness about contraception options	Jun-25
		We will train community champions on healthy sexual relationships and initiating conversation about reproductive health	Aug-25
Unwanted pregnancies are reduced	Reviewing the uptake of rates of contraception post abortion and following birth in primary care, maternity and abortion services.	SRHS and primary care will ensure that women post pregnancy and post abortion are offered a full choice of contraception, data is collated and shared with commissioners	Jun-25
Improve access to LARC in General Practice	Increase the number of LARC fitters in all PCNs by actively promoting the SRH faculty training offer	Increased GP LARC provision in primary care	Jun-25
	Continuation of the LARC hub capacity to address equity of provision across TH		





Priority 2: Good reproductive health across the life course



Outcome	Task required	Measure of success	Estimated delivery date
Increase the number of women and girls that experience gynae related conditions accessing the service and receiving quality care.	Promote women's health hub service and pathways with GPs and residents	Service is promoted at PLT events and through the GP Newsletter & service user feedback is collated and shared with SRH partnership group and wider partners.	Jun-25
	Women's health hub service evaluation.	Finding of the evaluation are shared widely with partners with key recommendations about improving access and enabling plans to join up services for access to LARC and STI testing.	Aug-25
Wellbeing support is in place across pathways for reproductive health	Women's health hub leads consider ways to implement holistic approaches that support women with their mental wellbeing	Women's hub delivers a holistic approach which includes supporting women with their mental wellbeing	Jun-25
Improve access to condoms	Work with Community pharmacies to increase the uptake of condoms among young people	Increased number of condoms supplied in community pharmacies for 2023-24	Mar-25
	Promote the uptake of condoms with all providers to become access points for condoms.	Increase the number of outlets that provide condoms additional community pharmacies.	





Priority 3: High quality and innovative STI testing and treatment



Outcome	Task required	Measure of success	Estimated delivery date
Increase STI testing and treatment in groups that are considered high risk of STIs	Review the data on STI diagnosis and reinfections and low levels of testing (addressing high rate of gonorrhoea, High rates of STIs in black groups) by demographics and develop a targeted engagement plan about the importance of STI testing	Engagement plan developed and delivered	Nov-25
	Promote safe sex practice include frequent testing in high-risk groups on PrEP		
	Review SRH needs of underserved communities	Clear recommendations collated and shared with providers so underserved communities have better access	Oct-24
Driving innovation for new STI treatment and prevention of HIV	Innovative STI treatment and prevention of HIV treatment- implementation opportunities are considered locally among public health leads and partners of sexual health services.	Commissioners and provider review opportunities and guidance on a annual basis	Aug-25





Priority 4: HIV – towards zero transmission



Outcome	Task required	Measure of success	Estimated delivery date
Residents have access to quality community based support services to reduce their risk of HIV and are supported to live well with HIV	Conduct a review to ensure that community HIV prevention and wellbeing service meets the needs of residents at risk and living with HIV	Review is completed and informs re-commissioning of the new HIV prevention service in 2025	May-24
Improving access to PrEP and PEP among high risk groups that are not currently accessing	Collate data on demographics of residents taking up PrEP and promote PrEP in targeted groups	Increase PrEP use in high risk groups	Aug-25
Promote HIV prevention and detection, PrEP and PEP among health professionals	GP training delivered via PLTs (GP education forums)	6 training sessions delivered for GPs and other primary care staff.	Aug -25
Increase HIV testing in A&E	Work with ICB and Positive East to deliver service in E&D	Increase in the number of residents with HIV are supported to access HIV treatment service	Jul-25
Support residents to Live well with HIV	Learn lessons from Barts Pilot in implementing HIV Confidence Charter	Develop a plan for implementing the HIV confident Charter to tackle stigma	Aug-25





Cross-cutting priorities



Outcome	Task required	Measure of success	Estimated delivery date
To consider the sexual and reproductive health needs of the Tower Hamlets population against the current provision.	To consider the sexual and reproductive health needs of the Tower Hamlets population against the current provision.	SRH factsheet/needs assessment will be undertaken with recommendations and actions identified to address unmet needs	Jun-24
Residents who don't access services (in hostels, asylum seekers/ refugees in temporary accommodation, LD) are supported with their SRH needs.	Review the SRH support needs of underserved groups (e.g. people with Disabilities, LD, residents in hostels, sex workers, migrant groups, Roma Gypsy) and to identify gaps in provision	Review is conducted with recommendations and shared with SRH service providers with a view to ensure that services are accessible for groups with unmet needs.	Jul-25
Normalise discussion of sexual behaviour and reducing stigma about sexual and reproductive health and HIV	a. Develop a community engagement plan for awareness on SRH among community groups	2 annual events tailored for communities delivered	Jul-25
	b. Deliver training with community leaders	Engagement with community leaders and faith leaders via the inter faith forum .	





Cross-cutting priorities



Outcome	Task required	Measure of success	Estimated delivery date
Front line staff working in health setting are confident speaking to patients about sexual health	Deliver SRH primary care training to health care staff training twice a year	2 community pharmacy and 2 GP PLT training sessions on SRH are delivered	Jul-25
Improve access to sexual and reproductive health services among groups who are known to less likely access services.	Commissioners to work with sexual health service providers to develop and set KPI targets and improve activity relating to LARC, Hepatitis and PrEP	Increased number of BAME women accessing LARC and PrEP. An increased number of people accessing Hepatitis testing and attended for 2nd doses	Dec-25
All residents are able to access the All East sexual health service as required.	Review of Accessibility of the sexual health service: online booking of appointments, triage, walk in for urgent care and website information are reviewed on an annual basis through service user feedback to ensure that residents feel able to access the service when required.	Residents feedback and recommendations are feedback and acted upon by the provider.	Sep-25

