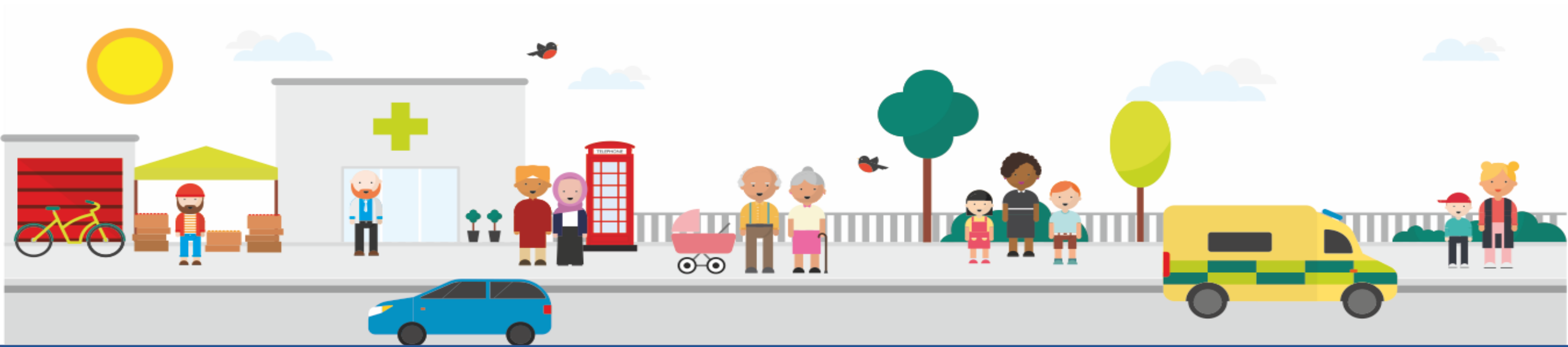


Tower Hamlets Together - Our Plan

February 2024

**TOWER HAMLETS
TOGETHER**

*Delivering better health
through partnership*



www.towerhamletstogether.com #TH2GETHER



Tower Hamlets Together

Who are we?

THT is a partnership of health and care organisations that are responsible for the planning and delivery of health and care services.

The partnership includes:

- London Borough of Tower Hamlets
- NHS North East London Integrated Care Board
- Tower Hamlets GP Care Group
- East London NHS Foundation Trust
- Barts Health NHS Trust
- Tower Hamlets Council for Voluntary Service
- Healthwatch Tower Hamlets

THT is all about health and social care organisations working more closely to improve the health and lives of people living in Tower Hamlets. This means a more coordinated approach to providing services, reducing duplication and improving the overall experience and outcomes for the people who need them.

What are our driving values & leadership principles?

THT values

We are compassionate
We collaborate
We are inclusive
We are accountable

- Be clear about our shared purpose and be stewards of the collective good
- Be curious and interested in each other's perspectives to inspire change
- Be empowered to tell it like it is and move to action quickly
- Be compassionate to each other by recognising the impact of wider 'system effects'
- Celebrate innovation and recognise early adopters who take initiative
- Share power with those who have real life experiences and have the agency to make change

What are we trying to achieve?

In collaboration with staff and residents, we have developed specific population outcomes based on the following:

- Residents live the healthiest lives possible, especially the most deprived and vulnerable
- Children and young people have a great start to life and achieve their full potential
- Residents are able to access the health and social care services they need in a timely manner
- Residents are satisfied with the health and care services they receive and feel that their needs are being well met
- The system exceeds the required national performance standards within the available resources.

Domain	I-Statement			
Integrated health and care system	I feel like services work together to provide me with good care	I believe the trust, confidence and relationships are in place to work together with services to decide the right next steps for us as a whole community	I want to see money being spent in the best way to deliver local services	
Wider determinants of health	I am able to support myself and my family financially	I am satisfied with my home and where I live	I am able to breathe cleaner air in the place where I live	I feel safe from harm in my community
Healthy Lives	I am supported to make healthy choices	I understand the ways to live a healthy life		
Quality of Care & Support	Regardless of who I am, I am able to access care services for my physical and mental health	I am able to access safe and high quality services (when I need them)	I am confident that those providing my care are competent, happy and kind	I have a positive experience of the services I access, overall
Quality of Life	I have a good level of happiness and wellbeing	I am supported to live the life I want	My children get the best possible start in life	I play an active part in my community

OUR MISSION

Support all children and adults to live happy and healthy lives in Tower Hamlets, through providing integrated services that are accessible to all and actively tackle health inequalities, particularly those caused by systemic racism

OUR VISION

- Tower Hamlets residents, whatever their backgrounds and needs, are supported to self-care, thrive and achieve their health and life goals
- Health and social care services in Tower Hamlets are accessible, high quality, good value and designed around people's needs, across physical and mental health and throughout primary, secondary and social care
- Service users, carers and residents and children are active and equal partners in health and care, equipped to work collaboratively with THT partners to plan, deliver and strengthen local services
- All residents - no matter their ethnicity, religion, gender, age, sexuality, disability or health needs - experience equitable access to and experience of services, and are supported to achieve positive health outcomes

OBJECTIVES

1. **Building the resilience and wellbeing of our communities** including mobilising residents to deliver wellbeing and support within their communities, particularly to the most vulnerable and those who are isolated and focussing upon the health of children, which will have the most profound impact on long-term outcomes
2. **Maintaining people's independence in the community** - ensuring multi-agency working across primary, community, acute and social care to meet needs effectively and reduce the need for avoidable admission or for escalation of support unnecessarily
3. **Reducing the time people need to be in hospitals/care homes** - ensuring people are cared for in the community or their own homes whenever this is safe and receive a good level of care when in a hospital/care home

PRIORITIES FOR ACTION

1. Improving access to primary and urgent care
2. Building resilience and self-care to prevent and manage long term conditions
3. Implementing a localities and neighbourhoods model
4. Facilitating a smooth and rapid process for hospital discharge into community care services
5. Being an anti-racist and equity driven health care system
6. Ensuring that babies, children and young people get the best start in life
7. Providing integrated mental health services and interventions

- **Improving access to primary and urgent care**
Ensuring residents can equally access high quality primary and urgent care services when and where they need them
- **Building resilience and self-care to prevent and manage long term conditions**
Working across services and with residents and communities to build greater resilience and self-care to more effectively prevent long term conditions from occurring and to better manage existing conditions to prevent deterioration
- **Implementing a localities and neighbourhoods model**
Ensuring that every resident can access the health and care services they need to support their continued health and wellbeing within their local area or neighbourhood, including GP, pharmacy, dental and leisure facilities
- **Facilitating a smooth and rapid process for hospital discharge into community care services**
Working across services to ensure there is a smooth and rapid process for discharging residents from hospital to suitable community-based care settings when they are ready for this transition, and to prevent avoidable bed-blocking and improve outcomes
- **Being an anti-racist and equity driven health and care system**
Ensuring our health and care system and services are achieving equitable outcomes for all residents and addressing inequalities that exist, e.g. access, experience, representation and outcomes
- **Ensuring that Babies, Children and Young People get the best start in life**
Delivering a range of priorities that will ensure that babies, children and young people (and their families) are supported to get the best start in life, especially where they have additional needs
- **Providing integrated Mental Health services and interventions**
Providing integrated services and interventions to promote and improve the mental wellbeing of our residents