

<b>InfraTheme / Scheme</b>	<b>1- Inclusion, Health &amp; Wellbeing 1A - Children, Young People &amp; Families</b>
<b>Priorities:</b>	<ol style="list-style-type: none"> <li>1. Increase access to Youth Services</li> <li>2. Provision of Early Help support to families</li> <li>3. Support for young carers</li> </ol>
<b>Outcomes:</b>	<ol style="list-style-type: none"> <li>1. Children and young people, in particularly girls and young women:             <ol style="list-style-type: none"> <li>a. have more confidence in themselves;</li> <li>b. are more resilient, and</li> <li>c. are able to, and do, access a range of spaces, activities and social opportunities across Tower Hamlets.</li> </ol> </li> <li>2. Girls and young women feel included, are able to participate in any service, and are more likely to train to become youth leaders and/or develop their own initiatives.</li> <li>3. Children and young people who may feel excluded from participating in mainstream services and activities (e.g from minority groups, who are disabled, who are LGBTQI, or who are carers for others) can participate in a range of activities and experiences.</li> <li>4. Children, young people and their families are listened to and their input is considered and included in decision making.</li> <li>5. Young carers are supported and included; their needs and concerns are understood and are taken into account at local and strategic levels.</li> <li>6. Children under 5 grow up in positive family environments and are supported to thrive.</li> </ol>

<b>Organisation / Project</b>	<b>Start / End Date</b>	<b>Grant Amount</b>	<b>Project Description</b>	<b>GDSC Progress Summary – Oct 22 – Dec 22</b>	<b>RAG Rating / Comments</b>
Canaan Project / Canaan Project - Isle of Dogs	01/10/2019 30/09/2023	£115,240	Canaan Project provides activities for young women aged 11-19 on the Isle of Dogs. Working with George Green’s school and Café Forever. Activities include cooking, craft, sports, and inspirational workshops at its weekly lunch and after school clubs, as well as opportunities to join its regular trips.	<p>Monitoring demonstrates the following was reported by girls attending lunch club:</p> <ul style="list-style-type: none"> <li>● 97% feel welcome.</li> <li>● 97% feel safe.</li> <li>● 95% have tried new things.</li> <li>● 82% have met new people.</li> </ul> <p>58% of those asked said they do not attend any other out of school activities.</p>	<p><b>GREEN</b></p> <p>During this quarter the project worked with 125 different young women across 70 different sessions. Additional activities included two social events and three day trips: ice skating, trampolining, and climbing. Their lunch clubs are continuing to grow, involving 110 different young women across three weekly lunch clubs during this quarter.</p> <p>The project is on track to achieve the desired outcomes.</p>

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Half Moon Young People's Theatre / Professional Theatre and Inclusive Participatory Drama for Young People	01/10/2019 30/09/2023	£152,853	Professional theatre shows and inclusive participatory drama opportunities for and with young people that informs, challenges, and shapes their artistic potential. The activity is for children and young people from 0-18 (or 25 for disabled young people) from all backgrounds and abilities from across Tower Hamlets, providing free access support to anyone who needs it.	<ul style="list-style-type: none"> <li>195 young people participated in Youth Theatre sessions, 58 of whom were disabled or have additional needs.</li> <li>172 Youth Theatre members performed in their end of term sharings for friends, family and members of the wider community in December 2022.</li> </ul> <p>The project also worked with families at Ocean and Collingwood Children and Family Centres. Sessions received positive feedback from the centres' staff, parents and carers.</p>	<p><b>GREEN</b></p> <p>All eight Youth Theatre groups had a very successful autumn term and the end of term sharings attracted full houses.</p> <p>The project is on track to achieve the desired outcomes.</p>
Look Ahead Care and Support / Domestic Abuse Children's Worker	01/10/2019 30/09/2023	£162,086	A specialist Domestic Abuse Children's Worker to support children who are vulnerable due to early exposure to domestic abuse. Providing emotional support through age-appropriate engagement, e.g. play, to address challenges faced by children living at organisation's LBTH Domestic Abuse Service and in the community.	<p>Four new children moved into the refuge this quarter. This brings the number of children living there up to 11.</p> <p>100% of the children are more confident in expressing their needs whether verbally, or by gestures. Mums have been supported in nurturing their children, given the circumstances they endured before coming to the service. They report an increase in their children's wellbeing, behaviour and confidence.</p>	<p><b>GREEN</b></p> <p>There has been a new starter in the Childcare Worker post supported by this funding. Outcomes for working with other organisations are not being reported on. A meeting has been set up with the council to address this.</p> <p>Families have been supported with the increase in their cost of living. This includes donations of food, clothes, toys and essentials. They are also supported to access emergency grants, vouchers and benefits.</p>

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				Families went to Christmas fair at Stepney Farm.	The project continues to be on track to achieve the desired outcomes.
Newark Youth London / Girls in Action	01/10/2019 30/09/2023	£80,725	Project aims to increase access to regular youth services by girls and young women, so that they develop their confidence and life skills; make them resilient and enable them to participate in a six month social action project and other learning opportunities in order that they can develop their leadership, communication, and organisational skills.	In this quarter, the project started the recruitment of a new cohort of project beneficiaries. This was made difficult due to the main Project Officer leaving at the end of September 2022. Seven girls and young women registered onto the project.  Seven weekly sessions were delivered. The girls worked on areas of personal development. They started planning their social action project, whose focus will be on supporting local people with the cost-of-living crisis.	<b>GREEN</b> This project has not had a main Project Officer in place for most of this quarter. The new worker has recruited beneficiaries to the project by promoting it in local schools and creating new partnerships. The organisation continues working with the girls from the previous cohort.  However, the project is still progressing against its KPIs.
Osmani Trust / Family Mentoring Project (FMP) Early Help	01/10/2019 30/09/2023	£144,000	Project aims to provide through family mentoring a range of Early Help support to children, young people and their families to help them overcome their immediate challenges and meet their needs in order for them to thrive in healthy and safe families.	Seven new cases were taken on from October 2022 alongside five existing cases. Three of these were closed during the quarter.  <ul style="list-style-type: none"> <li>• 10 families accessed services that they did not access before</li> <li>• 7 families stated that they have developed confidence as a result of engaging with the project</li> </ul>	<b>GREEN</b> A range of interventions were used to support families. Key issues included parent-child conflict, parental conflict, mental and physical health support needs and school refusal. One family was supported through terminal illness and bereavement of parents.  The project is on track to achieve the desired outcomes.

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				<ul style="list-style-type: none"> <li>8 Parents reported improved confidence in parental skills.</li> </ul>	
St Hilda's East Community Centre / St. Hilda's Girls Driven Project	01/10/2019 30/09/2023	£65,856	St. Hilda's Girls Driven Project is an inspirational initiative designed to support, inspire, drive girls and young women to reach their full potential and realise their authentic ambitious life goals. It enhances project beneficiaries' core skills, confidence, grit, motivation and equality.	<p>Outcome measurements demonstrates five members have either agreed or strongly agreed that the project has:</p> <ul style="list-style-type: none"> <li>helped their confidence</li> <li>improved their resilience.</li> </ul> <p>Results included creating a social media post about bullying and an artwork which reflects project beneficiaries' favourite inspirational quotes from around the world, which was then put up in St Hilda's café.</p>	<p><b>GREEN</b></p> <p>Themed project activities included World Mental Health Day, Black History Month and Anti Bullying Week. Additionally, a Halloween event was held, and the girls participated in an intergenerational Christmas party hosted by St Hilda's.</p> <p>The project is on track to achieve the desired outcomes.</p>
Stifford Centre Limited / Stifford Young Girl's Project	01/10/2019 30/09/2023	£58,256	The Project runs a Young Girl's Club that offers disadvantaged young girls a safe space in which they can socialise, participate in a range of activities that encourage their wellbeing, improve confidence and learn skills that are useful for their future development.	<p>This quarter the project worked with 12 participants, providing cooking sessions in which the young people cooked healthy Christmas dishes and explored different cultural Christmas celebration customs.</p> <p>Topic discussions included mental health and how to aid well-being with one another. Project beneficiaries also visited different places of faith, sharing experience and ideas.</p>	<p><b>GREEN</b></p> <p>This project continues to work towards outcomes and KPIs, empowering participants to have higher life aspirations by providing opportunities for development, resulting in increased confidence, life skills and interests.</p>

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The Yard Theatre Ltd / Tower Hamlets Teens	01/10/2019 30/09/2023	£147,653	Free, fortnightly youth leadership workshops, weekly drama workshops, summer masterclasses, and schools’ performances for Tower Hamlets teenagers. Delivered at Tower Hamlets assets, Hub67, The Yard, and local schools, it increases access to youth services, improves participants’ health and wellbeing through cultural activities, and supports community cohesion through public events.	<p>The five young people supported into employment last quarter remain employed. All Yard Youth members remain in full time education.</p> <p>Black Excellence at Nighttime (BEAN) have worked to design a new drama-based creative project for young people to develop a drama company. The aim is to launch this in 2023.</p> <p>When asked to respond to the prompt ‘I feel well’, the average score was 7.6/10 in agreement and in response to ‘I feel purposeful in everyday life’, an average score of 7.3/10.</p>	<p><b>GREEN</b></p> <p>The third round of Schools Programme visits took place. This included visits to Wapping High School and Central Foundation Girl’s School. Visits included interactive workshops and Question &amp; Answer session about a play.</p> <p>There are 25 youth theatre participants this new academic year, with 80% being Tower Hamlets students or residents.</p> <p>Workshops enabled students to explore a play’s themes and symbolism.</p> <p>This project continues to make good progress against the KPIs.</p>

<b>Scheme:</b>	<b>1B – Older People</b>
<b>Priorities:</b>	<ol style="list-style-type: none"> <li>1. Ageing well and reducing social isolation</li> <li>2. Provision of physical and health-promotion activities for older people</li> </ol>
<b>Outcomes:</b>	<ol style="list-style-type: none"> <li>1. Reduced isolation and loneliness among older isolated adults, particularly those who are housebound, and those facing additional challenges (e.g dementia, disability, limited English);</li> <li>2. Older people are able to continue making a positive contribution to their communities;</li> <li>3. Older people feel more included and integrated in their communities and are able to mix with people of different ages and from different backgrounds to increase the sharing of skills, experience and knowledge both amongst older people, and between different generations;</li> <li>4. People living with dementia are supported to participate as much as, and as long as possible. Carers of people living with dementia are supported.</li> </ol>

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Age UK East London / Caxton Hall, a dynamic activity centre led by older people for the whole community.	01/10/2019 30/09/2023	£294,960	Caxton Hall is a dynamic activity centre led by older people. It involves a café, opportunities to meet neighbours and connect to other people, both young and old, in the community.	<ul style="list-style-type: none"> <li>• Number of new older people accessing services at Caxton Hall - 25</li> <li>• Number of older people contributing to running the Hub Café – 8</li> <li>• Number of older people feel more included and integrated as a result of participating in a community cohesion project – 28.</li> </ul>	<p><b>GREEN</b></p> <p>The project is on track to achieve the desired outcomes.</p> <p>Progress was made on the premises agreement between Age UK and the council for the former organisation’s occupation of a Council-owned premises. This has enabled Council officers to agree in September 2022 that the RAG rating of this project be moved from Amber and then to Green.</p> <p>In February 2023 Age UK and the council agreed a lease for its premises.</p>
Age UK East London / Friend at Home	01/10/2019 30/09/2023	£252,418	Matching housebound older people who would like a bit more company at home with volunteers who would like to	<ul style="list-style-type: none"> <li>• Number of isolated, housebound older people are matched with a Friend at Home and receive weekly one-hour visits – 7</li> </ul>	<p><b>GREEN</b></p> <p>The project is on track to achieve the desired outcomes.</p>

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			share an enjoyable hour or two of conversation and company with them.	<ul style="list-style-type: none"> <li>• Project maintaining 145 matches</li> <li>• 100% of isolated, housebound older people reported an increase or stabilisation of their well-being, as measured by the Warwick-Edinburgh Mental Wellbeing Scale.</li> </ul>	Please see report on Caxton Hall project above for progress on premises agreement.
Community of Refugees from Vietnam - East London / Vietnamese and Chinese Lunch and Social Club	01/10/2019 30/09/2023	£130,912	The Vietnamese and Chinese Lunch and Social Club project provides healthy lunches and social and health promotion activities for people aged over 50, from the Vietnamese and Chinese community in Tower Hamlets.	<ul style="list-style-type: none"> <li>• Number of older people participating in diet &amp; healthy cooking habits sessions - 15</li> <li>• Number of people supported to reduce isolation who live on their own or are housebound - 4</li> <li>• Number of social and wellbeing activities held at the centre &amp; online – 46.</li> </ul>	<b>GREEN</b> The Project is on track to achieving the desired outcomes. Some of the activities delivered this quarter included healthy eating sessions, Tai Chi exercise, indoor games and yoga classes.
East London Out Project / Tower Hamlets LGBT Support	01/10/2019 30/09/2023	£110,470	LGBT Community Support to enhance peer networks, lessen isolation and provide mental health crisis prevention support. Two facilitated social support groups, for older people, people with mental health needs or other disabilities, Individual mental health crisis prevention support	<ul style="list-style-type: none"> <li>• Number of LGBT people over 50 accessing new social activity per year and report on increased social connections and increased social activity and feeling less lonely – 10</li> <li>• Number of disabled LGBT people or those experiencing mental health concerns attend either group or individual support per year and report better life satisfaction and</li> </ul>	<b>GREEN</b> The project is on track to achieving the desired outcomes. The project has delivered one to work support both in person and remote.  The project has supported 19 new people during this quarter.

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			provided. LGBT training available to other organisations.	<p>better quality of life three months after start of service – 20</p> <ul style="list-style-type: none"> <li>• Number of training sessions delivered to organisations – 2.</li> </ul>	
St Hilda's East Community Centre / Older People's 'Feeling Good!' Wellbeing Project	01/10/2019 30/09/2023	£120,000	'Feeling Good!' wellbeing project is based in Weavers Ward and open to older people from throughout the borough, Monday-Friday. It provides nutritious lunches and invigorating opportunities - from indoor sport, IT learning, singing, art, intergenerational activities with schoolchildren, outings and quizzes.	<ul style="list-style-type: none"> <li>• Number of older people attending the varied 'Feeling Good!' activities programme – 40</li> <li>• Number of people reported that they felt less isolated and lonely- 24</li> <li>• Number of people reported an improvement in their health &amp; wellbeing – 32.</li> </ul>	<p><b>GREEN</b></p> <p>The Project is on track to achieving the desired outcomes. The project has built good partnerships with other local organisations to deliver the various wellbeing activities.</p> <p>In October 40 members attended Black History Month (BHM) events. They celebrated with music and dance from around the world.</p> <p>Feeling Good members did two joint activities with Linkage Project e.g.: Older People's Day party and Christmas Market trip to Kingston on Thames.</p>
Tower Hamlets Friends and Neighbours (THFN)/ Older Peoples Befriending Project	01/10/2019 30/09/2023	£200,000	THFN provides befriending and advocacy services to older people in the borough. Its team of befriender advocates provides regular one to one support to people in their own homes, assists with making	<ul style="list-style-type: none"> <li>• Number of isolated older adults are visited by a befriender advocate on a fortnightly basis – 15</li> <li>• More than 85% of adults the project interacts with report improved outcomes; reduced isolation, less anxiety and are more confident.</li> </ul>	<p><b>GREEN</b></p> <p>In the last quarter most clients were visited at home. Clients continue to enjoy home visits as it allows for greater support, especially around advocacy. The project has found a huge upsurge in request for additional support and the time taken in dealing</p>



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			<p>appointments and helps in accessing services. It also organises small group outings locally.</p>	<ul style="list-style-type: none"> <li>• Number of older adults with dementia are visited on a regular basis by a Befriender Advocate who is a Dementia Champion – 5.</li> </ul>	<p>with these concerns has meant that staff are spending more time with the beneficiaries. The cost of living crisis is having an impact and the project is liaising more with food banks and other organisations that can provide food for the people that it works with.</p>
<p>Toynbee Hall / The Wellbeing Centre at Toynbee Hall</p>	<p>01/10/2019 30/09/2023</p>	<p>£165,656</p>	<p>This project offers holistic relational support to older people aged 50+ in Tower Hamlets. It aims to make Toynbee Hall’s existing provision at its Wellbeing Centre more inclusive and responsive to needs and to build stronger networks of information sharing and peer-support between users and those not accessing services.</p>	<ul style="list-style-type: none"> <li>• Number of health promotion sessions delivered – 20 (with 118 attendances)</li> <li>• Number of social activities delivered – 52 sessions (with 465 attendances)</li> <li>• Number of user-led activities held at the Wellbeing Centre – 42 (with 337 attendances).</li> </ul>	<p><b>GREEN</b> The project is on track to achieving the desired outcomes. It is progressing well and is exceeding the targets in the areas of health promotion activity, user led activity and social activity.</p>

<b>Scheme:</b>	<b>1C – Access, Information and Self-Management</b>
<b>Priorities:</b>	1. Residents better informed/equipped to manage health conditions
<b>Outcomes:</b>	1. Residents of all ages are better informed/equipped to manage health conditions 2. Increased awareness of and access to local services, including crisis support 3. Residents and their families are aware of the benefits of healthy eating and eat more healthily

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Globe Community Project / Take Back Your Life	01/10/2019 30/09/2023	£112,189	A mindfulness-based pain management programme, addressing chronic pain/illness, related social isolation and inactivity delivered by experienced, fully accredited Breathworks trainers.	<ul style="list-style-type: none"> <li>Number of people per quarter report increased knowledge, awareness and confidence to self-manage health condition (through mindfulness, nutrition and exercise) – 19</li> <li>Number of people per quarter report increase in levels of pain self-efficacy after five week course - 17</li> <li>Number of people per quarter report decrease in levels of pain catastrophising after five week course- 17.</li> </ul>	<b>GREEN</b> The project has delivered against the KPIs for this quarter and is on track to achieve the lifetime targets and project outcomes.
Real DPO Ltd / Taking Control of Your Life (TCOYL)	01/04/2020 30/09/2023	£249,959	The Taking Control of Your Life project delivers creative planning support alongside a user-led co-production group, harnessing the views of people with lived experience of disability. This project maximises independence, supporting people to make decisions on how they want to	<ul style="list-style-type: none"> <li>Number of action plans produced – 8</li> <li>90% of clients reported they felt more independent and had a better quality of service</li> <li>70% reported the new services accessed had a positive effect on their life.</li> </ul> <p>The project supports clients through providing high level of support and in-depth time with them to make information accessible. It provides home visits and</p>	<b>GREEN</b> (for October-December 2022. Project is currently classified as Red due to premises issue)  The project has received positive feedback from beneficiaries. It is on track to achieve the

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			fulfil their ambitions and also help “change the system”.	follows up with hard-to-reach clients who have differing levels of engagement.	lifetime and project outcomes.

<b>Scheme:</b>	<b>1D – Healthy living and healthy choices</b>
<b>Priorities:</b>	<ol style="list-style-type: none"> <li>1. Residents better informed to make healthier choices</li> <li>2. Increased engagement in physical activity</li> </ol>
<b>Outcomes:</b>	<ol style="list-style-type: none"> <li>1. Increased participation in a wide range of culture, play, physical activity, leisure and sport that are inclusive of age, gender, disability, race and mobility</li> <li>2. More social opportunities for reducing isolation through participation in culture, play physical activity and sport.</li> <li>3. Increased participation from marginalised groups</li> <li>4. Creating opportunities for intergenerational relationships, shared experience through culture, play, physical activity, leisure and sport for all above</li> </ol>

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London Tigers / Exercise for health: BAME women, children and young people	01/10/2019 30/09/2023	£170,960	Exercise for health project delivers a series of sports, physical activities and health-related workshops for women, young people and children to make positive choices about their health and wellbeing. It provides pathways to stay involved, excel in sports, and develop healthier habits for life.	<ul style="list-style-type: none"> <li>• % of Black, Asian and Multi-Ethnic communities’ children and young people attending project’s sport and physical activities, including health workshops, report improved health and wellbeing - 84%</li> <li>• % of Black, Asian and Multi-Ethnic communities’ women attending project’s sport and physical activities report improved health and wellbeing – 94%</li> <li>• % of Black, Asian and Multi-Ethnic communities’ women per year attending the varied sports and physical activities through the project report feeling less isolated and less lonely – 100%.</li> </ul>	<p><b>GREEN</b></p> <p>The project has delivered in-person sessional activities on a weekly basis this quarter, with an additional online session for those who preferred this option. This quarter’s highlights included the October half term holiday where the Project organised multi-sports activity and exercise fun days during the week. The project also shared with members useful links and resources for warm spaces and foods for those who were affected by the current cost of living crisis.</p>

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MUDCHUTE ASSOCIATION / Playing out at Mudchute	01/10/2019 30/09/2023	£80,000	Mudchute’s unique natural facilities provide a range of freely chosen play opportunities in a safe, stimulating environment. Enabling children access to participate in freely chosen, innovative leisure and sporting activities will promote; exercise, healthy eating, social and life skills through the process of ‘Learning through Play’.	<ul style="list-style-type: none"> <li>• Consistent play leisure opportunities for children and young people – 70 hours of play provision delivered this quarter, attracting approximately 2,000 people</li> <li>• Number of older people become involved in a voluntary capacity, working with children to pass on life skills and experiences - 8</li> <li>• Number of participants from those who do not usually take part in social events, Black, Asian &amp; Multi-Ethnic community groups, those with additional needs and girls / women – 15.</li> </ul>	<p><b>GREEN</b></p> <p>The project has delivered on the KPIs and has been able to reach/engage with families and children. Activities during the October half term were well attended. Additional funding secured enabled the project to provide donkey rides and animal handling sessions free of charge. The project is on track to achieve the lifetime targets and project outcomes.</p>
Newark Youth London / Healthy-Active-Together (HeAT)	01/10/2019 30/09/2023	£112,456	The Healthy-Active-Together (HeAT) project offers a wide range of sports and physical activities across the borough with the objective of engaging inactive young people (10 to 25) and their families in regular sports and physical activities to improve health and wellbeing and reduce isolation and exclusion.	<ul style="list-style-type: none"> <li>• The Project has worked with 226 children, young people and adults in this quarter, with 18 participants registering on the project for the first time</li> <li>• 18 participants who have taken part in the programme have reported significant improvement to their health and wellbeing.</li> </ul>	<p><b>GREEN</b></p> <p>The project delivered six separate sessions from four different locations in the borough. In total it delivered 53 sports and fitness sessions</p> <p>Project is on track to achieve the lifetime targets and project outcomes.</p>

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				<ul style="list-style-type: none"> <li>18 participants have stated that they are less isolated and excluded after enrolling onto the project.</li> </ul>	
Stifford Centre Limited / Healthy Lifestyle Partnership Programme	01/10/2019 30/09/2023	£320,109	A free membership health club with over 20 different classes and groups per week, delivered by a consortium of VCS organisations. The Health Club is suitable for all ages and participants design the activity program alongside providers.	<ul style="list-style-type: none"> <li>Number of people become members per annum – 118 this quarter</li> <li>95% of members reported higher levels of wellbeing after six weeks of membership</li> <li>95% of members have reported improved health and wellbeing through adopting a healthier diet</li> <li>95% of members report having a better understanding of maintaining a healthy lifestyle.</li> </ul>	<p><b>GREEN</b></p> <p>The health partnership project has delivered a wide array of health and wellbeing activities including yoga, aerobics, speed climbing, kayaking, volunteering on the farm and health information workshops in the quarter. The project is on track to achieve the lifetime targets and project outcomes.</p>
The Bangladesh Youth Movement (BYM) / Live Healthy Enjoy Life [the Female Health & Development Project]	01/10/2019 30/09/2023	£86,168	‘Live Healthy, Enjoy Life’ will operate from BYM’s Women’s Centre providing proactive and responsive health development activities which ensure excluded women from Black, Asian & Multi-Ethnic communities and refugee women develop healthy lives and manage their own	<ul style="list-style-type: none"> <li>Black, Asian and Multi-Ethnic community women to access health support activities – 42</li> <li>Number of Black, Asian and Multi-Ethnic community /Bangladeshi women raising their awareness to a range of health issues appropriate to leading healthier lives – 42</li> </ul>	<p><b>GREEN</b></p> <p>The project is progressing well. It has delivered a wide variety of health and wellbeing sessions that are accessible and tailor made for women from Black, Asian and Multi-Ethnic communities. Women have demonstrated increased personal and social development during this period of the project.</p>

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			physical and mental health; peer volunteer befriending and development of social networks alleviate isolation and facilitate inclusion.	<ul style="list-style-type: none"> <li>• Numbers of women accessing the women’s forum – 6.</li> </ul>	
The Royal Society for Blind Children / Live Active, Live Well Tower Hamlets	01/10/2019 30/09/2023	£72,529.00	Live Active, Live Well Tower Hamlets will enable 60 blind and partially sighted young people aged 8-25 to gain the confidence and motivation to participate in physical activities and inform their ability to make healthier choices over the project’s first three years.	<ul style="list-style-type: none"> <li>• Number of participants have shown an improvement in their physical activity levels this quarter – 5</li> <li>• Number of participants reported improvements in their self-confidence and resilience – 4</li> <li>• Number of sessions delivered in the borough – 3.</li> </ul>	<p><b>GREEN</b></p> <p>The project has delivered a number of in-person activities, one to ones and 'check' in calls this quarter. The project is on track to achieve the overall outcomes and lifetime targets.</p>

<b>Scheme</b>	<b>1E – Improved inclusion, health and well-being outcomes for disabled people and people experiencing mental health issues</b>
<b>Priorities:</b>	<ol style="list-style-type: none"> <li>1. Improved health outcomes for disabled people</li> <li>2. People experiencing mental health issues are better supported</li> </ol>
<b>Outcomes:</b>	<ol style="list-style-type: none"> <li>1. More mainstream services are culturally inclusive, welcoming and accessible for disabled people and people experiencing mental health issues from different ethnic backgrounds, different faith backgrounds, and who are LGBTQI</li> <li>2. Adults with complex needs (i.e who have multiple issues affecting their lives) have better health outcomes</li> <li>3. Disabled people and people experiencing mental health issues;             <ol style="list-style-type: none"> <li>a) are more independent</li> <li>b) are more aware of and more likely to participate in local services</li> <li>c) have a better quality of life</li> </ol> </li> <li>4. People experiencing mental health issues have improved knowledge of where to access support, including peer support, social activities, and activities that build confidence and develop resilience</li> </ol>

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deafPLUS / Improving Health and Wellbeing for Deaf and Hard of Hearing people in Tower Hamlets	01/10/2019 30/09/2023	£180,856	A borough wide health and wellbeing project that addresses health inequalities, loneliness and isolation, mental health issues and barriers to employment, lack of confidence and self-esteem by bringing deaf and hard of hearing people together across communities.	<p>Deaf participant feedback has been positive, with ice skating and cinema trips. Participants reported feeling a strong sense of community and belonging by being able to engage in these activities with other deaf people, rather than be the only deaf person. Generally, this gave them a feeling of belonging and reduced feelings of isolation.</p> <p>Participants at Mile End Leisure Centre stated that they had learnt a lot of very useful information which would help them to make their workplace and sport/leisure session more accessible for any deaf attendees.</p>	<p><b>GREEN</b></p> <p>During this quarter the project delivered 11 activities and events and reached and worked with 14 new clients and 25 participants overall. The project is working with the council’s communications team to improve access to the LBTH website.</p> <p>Activities included a talk on 'The Cost-of-Living Crisis' and deaf awareness training at Mile End Leisure Centre.</p> <p>The project is on track to achieve their lifetime targets, KPIs and outcomes.</p>



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ICM Foundation CIC / CORE Projects Get Active Newspaper - Promoting Healthy and Active Lifestyles	01/10/2019 30/09/2023	£52,517	People with learning disabilities aged 18+ from Tower Hamlets work in partnership with ICM Foundation. Three times each year they design and deliver 5,000 accessible newspapers on the theme of health and wellbeing, distributed to communities that reflects the borough's diversity.	<p>The project group’s members have recently been allocated job roles based on their strengths and each participant has excelled in their role. Every member of the group has demonstrated improvement in research and communication. They produced the last edition of the newsletter in October 2022 and copies were distributed. There continues to be positive feedback from readers regarding the content and how useful it is as a means of informing people about free and affordable activities.</p> <p>100% of participants report that the project continues to be beneficial in terms of meeting people and increasing their confidence levels and skills.</p>	<p><b>GREEN</b></p> <p>The project continues to progress well, providing activities aimed at reducing barriers to employment for disadvantaged groups.</p> <p>The focus of the next newspaper is to have less written content, with more images and articles embedded with a Quick Response code, which will take readers to a video of that newspaper content.</p> <p>The project is on track to achieve outcomes and lifetime targets.</p>
Woman's Trust / Therapeutic Support Groups for Women Affected by Domestic Abuse	01/10/2019 30/09/2023	£77,118	Therapeutic Support Groups providing a safe, moderated space for female survivors of domestic abuse to share experiences and support each other. Groups help women recover their mental health by reducing isolation, learning from shared experiences, being	<p>The projects first evening group completed this quarter and the second is underway. 14 women registered, 12 attended at least once and 7 regular attendees.</p> <p>Participants reported moderate-very significant improvements to:</p> <ul style="list-style-type: none"> <li>• stress and anxiety</li> <li>• confidence and self-esteem,</li> </ul>	<p><b>GREEN</b></p> <p>The ethnically diverse group of beneficiaries has explored racism and how that has been a factor in the abuse that members experienced. Another common theme of the group was the struggles some faced as single mothers.</p> <p>This therapeutic project continues to make good progress against KPIs, enabling survivors to thrive and recover.</p>

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			empowered by supporting others and thereby gaining confidence and independence.	<ul style="list-style-type: none"> <li>• isolation</li> <li>• improved relationships with children.</li> </ul>	
Working Well Trust / Upskill	01/10/2019 30/09/2023	£433,941	Improve the wellbeing of people with lived experience of mental health by supporting them to achieve their goals by accessing new opportunities and including support from their peers, enabling to reconnect with the local community.	<ul style="list-style-type: none"> <li>• Number of residents with mental health support needs accessing one to one support per quarter – 92</li> <li>• Number of over 50s residents with mental health support needs had initial engagement with Upskill- 23</li> <li>• Number of over 50s residents with mental health support needs to access one to one support towards achieving short term goals – 16.</li> </ul>	<p><b>GREEN</b></p> <p>This quarter the project was very busy with community events and partnerships, as well as an increase in referrals.</p> <p>The Project is on track to achieve the lifetime targets and project outcomes.</p>

<b>Theme / Scheme:</b>	<b>2 – Digital Inclusion and Awareness</b> <b>2A – ICT Skills and Digital Careers</b>
<b>Priorities:</b>	<ol style="list-style-type: none"> <li>1. Access to ICT support and training for older people</li> <li>2. Digital skill development for children and young people             <ol style="list-style-type: none"> <li>a) Increase awareness of careers in the digital sector, and</li> <li>b) Provide children and young people with the opportunity to develop the skills for the digital sector.</li> </ol> </li> </ol>
<b>Outcomes:</b>	<ol style="list-style-type: none"> <li>1. Residents with limited digital/ICT skills, particularly older residents, disabled residents, those with English as a second language or other barriers to digital inclusion:             <ol style="list-style-type: none"> <li>a) Have increased confidence in using ICT, especially around security;</li> <li>b) Are able to use digital methods to access services, find information, and communicate with others, and do so more regularly;</li> <li>c) Have increased digital skills.</li> </ol> </li> <li>2. Working age residents have greater awareness of digital careers, have increased digital skills, and have increased access to work and work placements in the digital sector</li> </ol>

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Limehouse Project / DigiTIES	01/10/2019 30/09/2023	£71,197	The aim of DigiTIES workshops is to prevent digital exclusion in older adults in order to prevent social isolation and increase their ability to access online health related support. The content of the workshop includes how to use social media, managing email accounts, and accessing online health related support services.	<ul style="list-style-type: none"> <li>• Number of older people have learned to use at least three ICT platforms – 11</li> <li>• Number of older people have learned to use a search engine to find health information on NHS websites - 11</li> <li>• Number of older people report greater confidence using ICT – 9.</li> </ul>	<p><b>GREEN</b></p> <p>The project continues to deliver sessions at the Royal Foundation of St Katherine community centre, where a warm space is also provided, with tea and coffee providing an opportunity for people to come together.</p> <p>The project is on track to achieve the funded outcomes.</p>
Newham New Deal Partnership / @online club	01/10/2019 30/09/2023	£78,080	@online club network will build the confidence of older residents (over 50s) to go online using tablet devices, learning in small	<ul style="list-style-type: none"> <li>• Number of older residents’ report increased confidence going on-line - 7</li> </ul>	<p><b>GREEN</b></p> <p>Feedback showed that participants have already increased their confidence and what they are able</p>

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network Tower Hamlets			friendly groups, through taster sessions and eight-week or longer programmes of practical activities based on the needs and interests of participants.	<ul style="list-style-type: none"> <li>• Number of older residents report able to go online to do more things – 6</li> <li>• Three feedback sessions with hosting/referral organisations per year– 3.</li> </ul>	<p>to do online. Case study supports the delivery of work for this period.</p> <p>The project is on track to achieve the funded outcomes.</p>
Wapping Bangladesh Association / Digital First	01/10/2019 30/09/2023	£18,861	Digital First engages socially isolated older adults from Black, Asian & Multi-Ethnic communities aged 55+, but not exclusively, living in Wapping and Shadwell, who are not computer literate and are digitally excluded. The Project delivers ICT and internet training that will help older adults to cope with facing key life transitions or challenges.	<ul style="list-style-type: none"> <li>• Number of older adults develop a better understanding and appreciation of the potential benefits of learning to use computers and how to navigate around the internet – 11</li> <li>• More than 75% of older adults report increase social contacts and community involvement as a result of accessing the project – 9</li> <li>• Number of older adults on the project report able to use online services to manage daily life tasks – 7.</li> </ul>	<p><b>GREEN</b></p> <p>The project has delivered on-line and face-to-face group sessions.</p> <p>The project is on track to achieve the funded outcomes.</p>

Scheme:	<b>2B – Online Safety</b>
Priorities:	1. Children and young people online safety
Outcomes:	1. Residents are aware of potential dangers online and implement suitable prevention measures 2. Children, young people and their families know how to report online bullying and abuse 3. Older people are aware of how to identify online scams and how to keep themselves safe

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SocietyLinks Tower Hamlets / E-Safety Champions	1/10/2019 30/09/2023	£23,192	The E-Safety Champions project trains local women to become ‘champions’ for e-safety in the community. Weekly workshops cover all areas of online safety. Once trained, the project’s champions go into schools and community groups to spread their knowledge to young people and parents/carers through presentations and workshop	<ul style="list-style-type: none"> <li>• Number of project Champions reported feeling confident enough to make a change and tell others to do so too – 15</li> <li>• Number of project participants reported taking a specific action at home to improve online safety - 22</li> <li>• 100% of adults and young people who partook in workshops were able to relay the information learnt back to the staff and group which confirmed that they understood how to report and identify cyber bullying – 80%.</li> </ul>	<p><b>GREEN</b></p> <p>The project delivered face to face group sessions during this period and continued recruiting new participants onto the sessions.</p> <p>The project is on track to achieve the funded outcomes.</p>
Sporting Foundation / Building Digital Resilience	01/10/2019 30/09/2023	£35,213	Sporting Foundation build the digital resilience of children and young people and raise the awareness of online safety with parents, so that as families they are safe from risk and able to utilise digital resources,	<ul style="list-style-type: none"> <li>• Number of parents and young people report being more confident in understanding the relationship between social media and online grooming – 18</li> </ul>	<p><b>GREEN</b></p> <p>The Digital Resilience programme has been successful in meeting the needs of parents and young people who take part in it and the related project milestones.</p>

			managing them effectively and reducing harm.	<ul style="list-style-type: none"><li>• Number of parents and young people report increased awareness of risks pertaining to on-line activity- 26.</li></ul>	The project is on track to achieve the funded outcomes.
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<b>Theme / Scheme:</b>	<b>3 - Advice and Information</b>
<b>Priorities:</b>	This theme has a single priority, Social Welfare Advice and Information.
<b>Outcomes:</b>	<p>Reduce poverty across the spectrum of social welfare advice and information activity:</p> <ol style="list-style-type: none"> <li>1. Increased access to social welfare advice and income from benefits</li> <li>2. Improved personal budgeting, financial stability and reduction in personal debt</li> <li>3. Reduction in the number of people negatively impacted by welfare reforms and housing repossessions</li> <li>4. Individuals are more informed about their legal rights</li> <li>5. Individuals are more informed about their housing rights</li> <li>6. Increased employment security</li> <li>7. Increased access to immigration/asylum advice and casework</li> <li>8. Increased engagement of older people with social welfare advice services</li> </ol> <p>Capacity building and training within the sector:</p> <ol style="list-style-type: none"> <li>1. Improved coordination and cooperation between advice providers</li> <li>2. Increased integration of service both within the VCS advice sector and with services in other sectors</li> <li>3. Increased number of local volunteers achieving a recognised advice training accreditation</li> <li>4. Improved liaison and co-ordination with public sector agencies</li> <li>5. Improved access to information for providers</li> </ol>

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East End Citizens Advice Bureaux / Advice Tower Hamlets	01/10/2019 30/09/2023	£3,696,408	Advice Tower Hamlets provides free, confidential, independent, quality-assured advice services to help Tower Hamlets residents resolve the problems they face, including welfare benefits, housing, money/debt, employment, immigration, consumer, education, community care, family, personal issues. This service is led by Citizens Advice Tower Hamlets, in	<ul style="list-style-type: none"> <li>• 5,086 clients have been assisted with social welfare advice</li> <li>• 1,283 clients have been supported to increase/maximise incomes</li> <li>• £4,747,723 of clients’ income has increased/or backdated</li> </ul>	<p><b>GREEN</b></p> <p>Most partners in this consortium are now providing face-to-face, phone, Skype and teams appointments and all partners are inundated with clients due to the very high demand and the cost of living crisis.</p> <p>The project is on track to achieve the funded outcomes.</p>

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			partnership with twelve local advice agencies.	<ul style="list-style-type: none"> <li>£1,087,987 debt reduction/write offs resulting in reduction in amounts of personal debt.</li> </ul>	
Island Advice Centre / Tower Hamlets Advice Training and Capacity Building Project	01/10/2019 30/09/2023	£200,000	The project improves capacity, training, quality and access to the borough’s advice services. It develops coordination and cooperation between advice and other sectors, providing recruitment and training for volunteers, facilitation of the Tower Hamlets Community Advice Network, updated website of advice provision and information / factsheets, coordination of meetings, delivering formal training.	12 Advice Workshops to 187 participants on a range of issues, such as benefits, housing, homelessness, employment, and immigration.	<p><b>GREEN</b></p> <p>The project continues to support Tower Hamlets’ advice sector, with provision of training, facilitating advice networks and distributing social welfare rights advice information in the borough.</p> <p>The project is on track to achieve the funded outcomes.</p>



Theme / Scheme:	<b>4 – Employment and Skills</b> <b>4A - Developing and embedding good practice in the workplace for people with disabilities, learning difficulties and physical and mental health barriers to work</b>
Priorities:	1. Promoting ethical employer practices to focus on improving employment and progression opportunities for people with additional needs, with an emphasis for employers on sustaining or improving business productivity.
Outcomes:	<ol style="list-style-type: none"> <li>1. More disabled people and people with mental health issues access work experience placements and employment opportunities</li> <li>2. Disabled employees feel more comfortable and better supported in sustainable roles in the workplace</li> <li>3. Disabled people have access to meaningful, relevant training and skills development</li> <li>4. Tower Hamlets employers are more inclusive and employ more disabled people and people with mental health issues and are more aware of how to support them.</li> </ol>

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REAL DPO / THEN & NOW	01/04/2020 30/09/2023	£463,690	A holistic package of services, underpinned by coproduction, to support Tower Hamlets companies develop the confidence and capacity to be excellent employers of disabled people, and increase levels of employment amongst them. The project creates communities of current and potential workers and employers, to drive positive change.	<ul style="list-style-type: none"> <li>• Number of organisations engaged in each quarter and the nature of the engagement – 17</li> <li>• The project has provided 73 hours of one-to-one support to seven employers and has achieved 100% satisfaction rate from them.</li> </ul>	<p><b>GREEN</b> (for October-December 2022. Project is currently classified as Red due to premises issue)</p> <p>During this quarter, the project delivered 73 hours of advice work through its one-to-one service to employers, which surpasses any figure that it had previously reported on.</p> <p>The project is on track to achieve their lifetime targets.</p>

Scheme:	<b>4B - Reducing barriers to employment for disadvantaged groups</b>
Priorities:	<ol style="list-style-type: none"> <li>1. Reducing barriers to employment for disadvantaged groups</li> <li>2. Employment and volunteering opportunities for older people</li> <li>3. Employment skills for vulnerable young people and those who are NEET (not in education, employment or training)</li> <li>4. Employment and skills for young people at risk of achieving poor outcomes</li> </ol>
Outcomes:	<ol style="list-style-type: none"> <li>1. Young people have increased life skills, employability skills, communication /presentation and interview skills and confidence, and have access to mentoring, work experience and internships</li> <li>2. Older people gain life skills and secure employment and/or voluntary roles</li> <li>3. Potential entrepreneurs/business founders have access to independent support and advice and increased knowledge of business and financial planning</li> <li>4. Increased opportunities for women who are far from the labour market or on a low salary to develop their confidence, soft skills, and work ready skills to access employment or start their own business.</li> </ol>

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Limehouse Project / Developing Potential	01/10/2019 30/09/2023	£201,181	An integrated programme of personal skills development, designed to enable women to make informed choices on their futures, supporting them into training, volunteering and work. This project links with existing provision and acts as a progression route forwards for new opportunities for women in Tower Hamlets.	Women who attend accredited course will complete and gain certifications- 6.	<b>GREEN</b> This quarter the project has built new partnerships to provide in-house ESOL/functional skills courses and additional supplementary courses to help participants progress onto the workforce and self-employment.  The project is on track to achieve its lifetime targets.
SocietyLinks Tower Hamlets / Job Club	01/10/2019 30/09/2023	£61,184	This project delivers two weekly job club sessions run by its experienced employment support worker. The sessions will include access to computers and tailored employment support, including	The number of people who are NEETs and/or from workless households) who access employment support to assist their employment prospects - 29	<b>GREEN</b> During this quarter the project worked with many individuals on a one to one basis over a period of time, as well as some who attended sporadically to update their CV,

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			creating a CV, accessing emails, job searching, applications and using Universal Job Match.	Beneficiaries obtain an accredited training outcome (Level 2) - 12	access the internet to complete applications and to get feedback on personal statements.  The project is on track to achieve its lifetime targets.
St Giles Trust / Choices Tower Hamlets	01/10/2019 30/09/2023	£227,200	Supporting NEET Young people who are facing multiple disadvantages to access education, skills development and employment. The project delivers credible, consistent and holistic work, via individualised one-to-one support, supporting the young person to address and overcome barriers to raise their aspirations and towards reaching their potential.	Five young people showed improved levels of mental health and wellbeing due to reduction of barriers to employment, increased confidence in their future and access to specialist mental health support as required.  Number of young people progress into and complete training and education courses – 5.	<b>GREEN</b> This quarter, overall, was quieter regarding referrals and outcomes, with five referrals, two employment outcomes and two training outcomes.  The project is on track to achieve its lifetime targets.
Stifford Centre Limited / BAME Women's Employment Support Programme	01/10/2019 30/09/2023	£121,512	This project runs a training programme to help long-term unemployed and economically inactive, isolated and disenfranchised women from Black, Asian and Multi-Ethnic communities and improve their job prospects. The focus is on carers and single parents of Bengali, Somali and Black, Asian and Multi-Ethnic community heritage with limited English language,	Women from Black, Asian and Multi-Ethnic communities gain volunteering experience by the end of the year and report that they have gained confidence– 5  Project has supported learners to grow in confidence, resilience and self-awareness. It enables learners to engage with a range of professionals, gaining insights and	<b>GREEN</b> The project continued to support local, long-term unemployed and economically inactive women from Black, Asian and Multi-Ethnic communities through:  <ul style="list-style-type: none"> <li>• support in creating and updating their CVs</li> <li>• mock interview sessions</li> <li>• job search support</li> <li>• ESOL classes</li> </ul>

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			confidence and secondary education for community learning.	practical advice and transferable skills to carry through their careers.	<ul style="list-style-type: none"> <li>• Health &amp; Social Care and Teaching Assistant training</li> <li>• digital upskilling sessions</li> <li>• business start-up training.</li> </ul> <p>The project is on track to achieve its lifetime targets.</p>

Scheme:	<b>4C - Support focused on increasing access to art and cultural industries</b>
Priorities:	1. Support focused on increasing access to art and cultural industries
Outcomes:	<ol style="list-style-type: none"> <li>1. Increased opportunities in the arts and cultural industries for people from Black, Asian and Multi-Ethnic communities, women, disabled people, working class people, older people;</li> <li>2. Increased access to industry relevant training;</li> <li>3. Increase in people participating in arts projects for the first time</li> </ol>

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Auto Italia South East / Learning Live!	01/10/2019 30/09/2023	£44,000	Learning Live! is a training and mentoring programme designed to support young people in Tower Hamlets progress into higher education courses, with the aim to increase access into the art and cultural industries.	<p>Workshops delivered this quarter – 8</p> <p>Number of participants that attended workshops – 36.</p>	<p><b>GREEN</b></p> <p>This quarter the project continued its Creative Technologies activity with participants in order to upskill them in the creative sector.</p> <p>The project is on track to achieve its lifetime targets.</p>
Four Corners Ltd / ZOOM Film School	01/10/2019 30/09/2023	£325,493	ZOOM Film School works with 90 disadvantaged residents - particularly people from Black, Asian and Multi-Ethnic communities, women and disabled people - to nurture their creative talent, increase confidence and self-esteem, and enable them to acquire the practical skills, experience and industry knowledge needed to move into work in the creative industries.	<p>Number of participants successfully completed their accredited training programme - 6</p> <p>Number of trainees gained paid employment – 1.</p>	<p><b>GREEN</b></p> <p>This quarter, eight beneficiaries began their training in person at Four Corners, with the tutors and equipment, and began pre-production for their film shoot with the charity Stitches in Time.</p> <p>The project is on track to achieve its lifetime targets.</p>

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Magic Me / Artworks	01/10/2019 30/09/2023	£110,385	Artworks is a new traineeship delivered by arts charity Magic Me, identifying and supporting talented Tower Hamlets residents from Black, Asian and Multi-Ethnic communities and working-class backgrounds to gain the knowledge, skills and confidence to access careers in community arts coordination and producing.	<ul style="list-style-type: none"> <li>• Number of community partners identified/contacted for recruitment pathways – 3</li> <li>• Number of trainees recruited/selected for work placement – 7.</li> </ul>	<p><b>GREEN</b></p> <p>This quarter, three trainees graduated from the Artworks Trainee scheme.</p> <p>The project is on track to achieve its lifetime targets.</p>
The Bromley by Bow Centre / Creative Communities	01/10/2019 30/09/2023	£231,128	The project will equip at least 180 people from under-represented communities to increase their participation and readiness for employment in the creative sector. It will do this through a flexible community-based programme of engagement, needs assessment, practical group work and 1:1s, combining personal and core skills development, with individual support.	<p>Number of participants from target groups are enrolled and assessed – 10</p> <p>Number of participants identified as having not previously engaged in an arts/culture activity, state they have now participated in such an activity. – 10</p> <p>Number of local people from target groups secure an arts related work placement within 3 months of completion – 2.</p>	<p><b>GREEN</b></p> <p>The project worked with participants to produce textile story cloths for eventual exhibition as well as holding a Cost of Living Crisis Talk at Bromley by Bow Centre.</p> <p>The project is on track to achieve its lifetime targets.</p>

Theme / Scheme:	<b>5 – Community Safety</b> <b>5A – Reduction in the exploitation of children, young people and other vulnerable groups</b>
Priorities:	1. Reduction in the exploitation of children and young people, and vulnerable groups
Outcomes:	1. Children, young people and other vulnerable people: <ul style="list-style-type: none"> <li>a) Have increased confidence and critical thinking skills;</li> <li>b) Have an increased understanding of what a safe relationship is, what exploitation is, and how to spot the signs of abuse and exploitation;</li> <li>c) Have an emotional and actual vocabulary to articulate what is happening to them;</li> <li>d) Are better able to challenge and support each other around relationships.</li> </ul>

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Kazzum Arts / Build	01/10/2019 30/09/2023	£72,631	Build supports young people excluded from mainstream education, currently educated at a pupil referral unit (PRU) in Tower Hamlets. Students in this setting are at risk of exploitation and coercion into criminal activity. Through a programme of creative activities, the project develops participants’ confidence, emotional, literacy and interpersonal skills.	Face to face delivery was not due to take place this school term.  Facilitators have begun developing induction activities and remote activities which will be used in the future.	GREEN In this final year it was expected the project would deliver 16 weekly sessions to two groups of young people between April 2022 and July 2023 at the London East Alternative Provision (LEAP).  All expected KPI’s, targets and outcomes to date achieved.
Osmani Trust / Schools and Community Resilience Programme	01/10/2019 30/09/2023	£143,821	This project: <ul style="list-style-type: none"> <li>1. transforms and changes the attitudes and behaviour of secondary school children; improving their confidence, critical thinking skills and emotional intelligence.</li> <li>2. delivers a peer programme engaging young people as ambassadors to their peers, changes</li> </ul>	The school project continues to support 29 young people identified as at risk of exclusion and violence, through school sessions, youthwork and mentoring. Mentoring benefitted 32 young people.  Measuring interventions demonstrates that they have had a	GREEN The project delivered to two cohorts of workshops in schools. (Langdon Park school and Oakland School). It also continued to provide a peer programme through group sessions, 1-2-1 mentoring and casework.  Project is on track to meet its targets.

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			attitude, promotes understanding, increase community cohesion, and ultimately empowers young people.	positive impact on the young people.  Project supported three peer workers into employment.	
Streets of Growth / Young Influencers Programme	01/10/2019 30/09/2023	£103,264	The programme is an innovative, impactful initiative led by and for young people (15-19 years) to enable them to build skills and capacity to feel safe, confident, and responsible when demonstrating the community safety and positive change they want to see in their neighbourhoods.	Project’s Young People Award Ceremony recognised the achievements and progression of 30 young people who over the last year have made significant positive changes and contributed to social action initiatives.  Two Young Influencers were put forward for the LBTH Youth Awards and won their category.  Projects this quarter included eight young influencers co-producing and developing a short film for young people in relation to weapon carrying and anti-knife crime.	<b>GREEN</b>  Six new young people in this quarter, joining 19 young leaders involved since July. 100% of the young people engaged have lived experience of harm and trauma.  Project is on track to overachieve expected targets.



<b>Scheme:</b>	<b>5B – Improving the perception of young people in the community</b>
<b>Priorities:</b>	1. Improving the perception of young people in the community
<b>Outcomes:</b>	1. Children and young people are, and are seen to be, a positive part of the community 2. Increased community cohesion and sense of belonging 3. Residents, especially older people, people feel less wary of children and young people

<b>Organisation / Project</b>	<b>Start / End Date</b>	<b>Grant Amount</b>	<b>Project Description</b>	<b>GDSC Progress Summary – Oct 22 – Dec 22</b>	<b>RAG Rating / Comments</b>
Four Corners Ltd / Into Focus photography project	01/10/2019 30/09/2023	£66,336	Into Focus offers an intergenerational photography project for 24 people each year (12 young people aged 14-25 years and 12 over-50s). Groups will create work for a final exhibition, focusing on social perceptions and misconceptions between older and younger people to promote positive attitudes and increasing mutual understanding.	Eight participants worked together and co-designed activities throughout the project. They edited and selected prints for framing, co-designed their exhibition and learnt how to install their work in the gallery. They also held a participants' reception on Saturday 17 December 2022 and sixty-two guests completed gallery visitor questionnaires.	<b>GREEN</b> Participants attended 12 workshops, including photo-walks, portrait studio shoots, print workshops, photogram, collage and picture framing workshops.  This intergenerational project continues to make good progress against KPIs.
Leaders in Community / Project Connect	01/10/2019 30/09/2023	£78,161	A group of young people recruited by LiC collaborate with older people to design a programme of activities and celebrations, which enable long-term social connections to be made, and ideas and points of view to be exchanged. The outcomes of the activities are shared with the wider community.	100% of project participants report feeling more positive about their community and an increased sense of belonging, compared to their views before participating in the project. They all report that they have formed more positive social connections with other people across their local area.	<b>GREEN</b> Young leaders and elderly community members worked together to put on a Christmas event for the community this quarter.  Project is on schedule to meet its targets.

Scheme:	<b>5C - Services for people affected by domestic violence or other unsafe circumstances</b>
Priorities:	1. Services for people affected by domestic violence
Outcomes:	1. More residents, particularly families and young people, are aware of the different forms that domestic violence and sexual abuse (DVSA) can take, know how to report it, and where to access support. 2. Young victims and witnesses of Domestic Violence & Sexual Assault (DVSA) are supported to recognise and report it.

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Hestia Housing and Support / Families Safe and Secure in Tower Hamlets	01/10/2019 30/09/2023	£92,400	This project supports families who have experienced DVSA and who are living in a local refuge to address the trauma they have faced and to learn about what a healthy relationship looks like. It also raises awareness amongst the Tower Hamlets community of DVSA and how to report it.	<p>100% of adults who attended the projects ‘What is Domestic Abuse’ session reported that they understood the different types of domestic abuse and felt confident to use and share the organisation’s Brightsky app to report on domestic abuse.</p> <p>Two workshops targeting young people were attended by 25 participants. 100% of them reported being confident in their understanding of what a healthy relationship looked like and what was and was not acceptable. This was up from 0% at the start of the session.</p> <p>Project partner Nour has been promoting domestic abuse awareness on its social media accounts, with content reaching audiences between several hundred to several thousand.</p>	<p><b>GREEN</b></p> <p>Four sessions of the Freedom Programme were provided to the women living in the refuge.</p> <p>Hestia also delivered four community events, attended by 65 women, 25 young people, and 30 children.</p> <p>A session at the William Davies School entitled ‘Raising Awareness of Domestic Abuse’ also took place.</p> <p>The project is on schedule to meet its KPIs.</p>

Fund:	<b>Infrastructure and Capacity Building Support</b>
Priorities:	<ol style="list-style-type: none"> <li>1. Skills exchange and accessible training</li> <li>2. Making organisations ready to respond to new funding opportunities</li> <li>3. Fundraising support for smaller, volunteer led organisations without staff</li> <li>4. Developing quality assurance</li> <li>5. Managing assets for community benefit</li> <li>6. Developing resilience and supporting organisations through periods of transition</li> </ol>
Outcomes:	<ol style="list-style-type: none"> <li>1. Broader pool of organisations accessing public service funding</li> <li>2. Increased proportion of organisations achieving recognised quality assurance standards</li> <li>3. VCS more resilient with more sustainable funding base</li> <li>4. Organisations supporting each other</li> </ol>

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Tower Hamlets Council for Voluntary Services (THCVS) / Infrastructure and Capacity Building Project	01/10/2019 30/09/2023	£1,040,000	<p>THVCS Infrastructure Partnership brings together the main Voluntary and Community Sector (VCS) infrastructure support agencies in Tower Hamlets to increase the range and number of VCS organisations that are well-run, resilient and sustainable; and to strengthen the VCS as a key Public Sector Strategic Delivery Partner in Tower Hamlets.</p> <p>Partner: Tower Hamlets Council for Voluntary Service Volunteer Centre Tower Hamlets.</p>	<ul style="list-style-type: none"> <li>• Number of VCS organisations supported – 59</li> <li>• Number of volunteer managers being trained – 12</li> <li>• Number of VCS organisations with improved volunteering practices – 4</li> <li>• Number of VCS organisations advertised their volunteering roles through the Volunteering Hub: 21</li> <li>• Number of volunteering roles advertised on behalf of VCS organisations on the Hub: 33</li> </ul>	<p><b>GREEN</b></p> <p>The partnership project is making good progress against its KPIs.</p>

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				<ul style="list-style-type: none"><li>• Number of new registrations on the Volunteering Hub: 173.</li></ul>	