

| Theme / Scheme | 1- Inclusion, Health & Wellbeing 1A - Children, Young People & Families | | | | |
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| Priorities: | <ol style="list-style-type: none"> 1. Increase access to Youth Services 2. Provision of Early Help support to families 3. Support for young carer | | | | |
| Outcomes: | <ol style="list-style-type: none"> 1. Children and young people, in particularly girls and young women: <ol style="list-style-type: none"> a. have more confidence in themselves; b. are more resilient, and c. are able to, and do, access a range of spaces, activities and social opportunities across Tower Hamlets. 2. Girls and young women feel included, are able to participate in any service, and are more likely to train to become youth leaders and/or develop their own initiatives. 3. Children and young people who may feel excluded from participating in mainstream services and activities (e.g from minority groups, who are disabled, who are LGBTQI, or who are carers for others) can participate in a range of activities and experiences. 4. Children, young people and their families are listened to and their input is considered and included in decision making. 5. Young carers are supported and included; their needs and concerns are understood and are taken into account at local and strategic levels. 6. Children under 5 grow up in positive family environments and are supported to thrive. | | | | |
| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21– Sep 22 | RAG Rating / Comments |
| Canaan Project/ Canaan Project - Isle of Dogs | 01/10/2019 30/09/2023 | £ 115,240 | Canaan Project provides activities for young women aged 11-19 on the Isle of Dogs. Working with George Green’s school and Café Forever it offers activities including cooking, craft, sports, and inspirational workshops at weekly lunch and after school clubs as well as opportunities to participate in regular trips. | Feedback demonstrated the young women participants felt more included, could participate in services, and were more likely to train to become youth leaders or develop their own initiatives with: <ul style="list-style-type: none"> • 90% demonstrating increased confidence. • 90% showing improved ability to build and maintain positive relationships. • 60% have increased aspirations for their futures. | GREEN The project made good progress against its KPIs. It established a strong presence on the Isle of Dogs, working with over 240 young women across two schools. A new after school club at Canary Wharf youth hub started in the funding year. The project was able to run its first residential since 2020 and held a summer party attended by 30 young women in July 2022. |

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| Half Moon Young People's Theatre /Professional Theatre and Inclusive Participatory Drama for Young People | 01/10/2019 30/09/2023 | £ 152,853 | Professional theatre shows and inclusive participatory drama opportunities in an accessible and welcoming venues. The activity is for children and young people from 0-18 (or 25 for disabled young people) from all backgrounds and abilities from across Tower Hamlets, providing free access to anyone who needs it. | <p>192 young people, including those from marginalised groups, participated in the project's cultural activities, enabling them to improve their health and well-being.</p> <p>At the start of the year, 67% of young people were 'definitely' feeling confident about being in Youth Theatre. This rose to 86% at the end of the year.</p> <p>At the start of the year, 15% of young people felt 'not at all' confident talking to people they didn't know, by the end of the year only 9% didn't feel completely confident.</p> <p>At the start of Youth Theatre, 85% of young people felt like they would make new friends and 89% felt they had made new friends at Youth Theatre by the year end.</p> | <p>GREEN</p> <p>The project progressed well against its KPIs. Over the year 192 young people from all wards in Tower Hamlets participated in Youth Theatre sessions at Half Moon. 81% of them attended at least 80% of sessions a term.</p> <p>The project also delivered 60 Creative Play sessions at six different Children and Family Centres around the borough, working with 265 participants from 125 families. This work supported parents to spend more time talking to and singing with their children.</p> <p>Over the year 5,936 people attended shows at the Theatre, with an estimated 3,540 of these people being new to the theatre.</p> |
| Look Ahead Care and Support / Domestic Abuse Children's Worker | 01/10/2019 30/09/2023 | £ 162,086 | A specialist Domestic Abuse Children's Worker to support children who are vulnerable due to early exposure to domestic abuse. Providing emotional support through age-appropriate | <ul style="list-style-type: none"> • 29 children supported regarding their psychological wellbeing. • 24 new adult beneficiaries supported by the project. | <p>GREEN</p> <p>Children were supported to access education and nurseries and families were helped to register with GPs.</p> |

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| | | | engagement to address challenges faced by children living at organisation’s LBTH Domestic Abuse Service and in the community. | <ul style="list-style-type: none"> 10 mothers and children who report improved communication with their child. | The project did not make progress in the funding year against its intended outcome of supporting local statutory and voluntary agencies, working with children who have been exposed to domestic abuse, to increase their awareness of the associated risks of abuse and be able to better support the children that they look after. It took steps to address this. |
| Newark Youth London / Girls in Action | 01/10/2019 30/09/2023 | £ 80,725 | This project provides access to regular youth services for girls and young women, so that they can develop their leadership, communication and organisational skills, increase confidence and life skills and become more resilient. The project provides six-month social action projects and other learning opportunities. | <p>Increase in girls and young women accessing youth services and activities, with 39 registering in youth activities during the year and 78% of those attending 5 or more sessions.</p> <p>Of these participants:</p> <ul style="list-style-type: none"> 25 delivered social action projects for others, increasing their leadership skills and setting up their own initiatives. 4 increased their accredited qualifications by achieving an Award Scheme Development and Accreditation Network (ASDAN) Leadership course. 13 achieved a First Aid at Work qualification. | <p>GREEN</p> <p>The project under-performed against some of its KPIs. It recruited 39 girls and young women during the 12-month period and was able to bring them together, providing a platform, space and resources to develop themselves and the communities they belong to.</p> |

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| Osmani Trust / Family Mentoring Project (FMP) Early Help | 01/10/2019 30/09/2023 | £ 144,000 | This project provides, through family mentoring, a range of Early Help support to children, young people and their families to help them overcome their immediate challenges and meet their needs, enabling them to thrive in healthy and safe families. | <p>31 families were supported through the Early Help project. Outcomes of interventions included:</p> <ul style="list-style-type: none"> • 25 families’ reporting increased confidence and Improvement in parenting skills. • 8 young people accessing a range of spaces, activities and social opportunities across the borough. • Increase in resilience in young people and families - 8 • Improvements in family relationship/environments for children and young people – 20 | <p>GREEN</p> <p>The project made good progress against its KPIs. The parenting programmes and workshops helped parents to explore their parenting skills. It resulted in parents feeling less overwhelmed and enabled access to relevant services, including mental health and well-being support, disability support, debt support and volunteering. The project also enabled young people to gain more confidence, improved their engagement with schools and supported them to develop more positive attitudes and relationships with parent and peers.</p> |
| St Hilda's East Community Centre / St. Hilda's Girls Driven Project | 01/10/2019 30/09/2023 | £ 65,856 | St. Hilda's Girls Driven Project is an inspirational initiative designed to support, inspire, drive girls and young women to reach their full potential and realise their authentic ambitious life goals. It enhances core skills, confidence, grit, motivation, equality and leadership by building on current and long heritage of successful girls work. | Over the funding year the project worked with 19 girls and young women from a range of backgrounds, supporting them to develop their confidence. It delivered sessions focused on positive mental health and boosting self-esteem and confidence through various activities, including sports, arts and crafts, music, self-care sessions and trips. The project delivered mental health awareness | <p>GREEN</p> <p>The project progressed well against its KPIs. It improved the inclusion of girls and young women, enabling them to access a range of youth related services in the borough. The girls took part in a trip to Canary Wharf ice skating, Epping Forest and a weekend residential, helping them to improve their self-development and resilience, broadening their experiences. Project sessions enabled</p> |

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| | | | | <p>in several formats, such as art workshops.</p> <p>During the year, the girls took part in two intergenerational activities. For Women’s History Month the girls worked with other projects from across St Hildas, bringing together over 50 younger and older members to honour and celebrate the women of St Hilda’s through a photographic exhibition. They also hosted Food for Thought Talkaoke with The People Speak, interacting with the local community in discussions around current topics.</p> | <p>participants to have open discussions and share problems or concerns with their peers, whereby they received advice, solutions and support from each other. Existing members of the project begun to serve in leadership roles, supporting new cohorts of girls who were joining the project.</p> |
| Stifford Centre Limited / Stifford Young Girl's Project | 01/10/2019 30/09/2023 | £ 58,256 | The Project runs a Young Girl’s Club offering disadvantaged young girls a safe space in which they can socialise, participate in a range of activities that encourage their wellbeing, improve confidence and learn skills that are useful for their future development. | <ul style="list-style-type: none"> • 46 participants benefitted from physical, leisure, health and creative activities and workshops promoting learning opportunities for personal and professional development • 96% of participants reported that the quality of the project’s services were very good and felt that they had contributed towards improving their well-being. | <p>GREEN</p> <p>The project progressed well against its KPIs. It succeeded in engaging its beneficiaries in on-line training activities. This included training activities on cardio exercises and yoga from a trained instructor. Services were also delivered in person, including 1:1 support for those who needed help on job applications and general well-being support. Young people supported by the project led on a few of its sessions in which they discussed</p> |

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| | | | | <p>Project has delivered training for 18 beneficiaries (40% of all beneficiaries) that have enhanced their employability skills. This included CV building sessions and a business start-up course.</p> | <p>issues relating to their area, including gang crimes and anti-social behaviour. Project beneficiaries also took a lead in organising the Queen’s Platinum Jubilee event.</p> |
| <p>The Yard Theatre Ltd / Tower Hamlets Teens</p> | <p>01/10/2019 30/09/2023</p> | <p>£147,653</p> | <p>Free, fortnightly youth leadership workshops, weekly drama workshops, summer masterclasses, and schools’ performances for Tower Hamlets teenagers. Delivered at Tower Hamlets assets, Hub67, The Yard, and local schools, the project increases access to youth services, improves participants’ health and wellbeing through cultural activities, and supports community cohesion through public events.</p> | <p>144 Tower Hamlets teenager took part in project activities, alongside 327 teenagers from neighbouring boroughs, helping to forge new cross-borough friendships.</p> <p>74% of the above Tower Hamlets participants were young women. Amongst Yard Youth beneficiaries, young women reported improvements in well-being, skills and confidence that ranged from 70% to over 100%.</p> <p>100% of regular, surveyed participants reported an improvement in their sense of health, happiness and wellbeing as a result of project activities.</p> | <p>GREEN</p> <p>The project made good progress against its KPIs. The return of in-person events gave teenagers more opportunities to have an impact on their local community. A year-round theatre programme provided them with more material to engage with and be inspired by.</p> <p>100% of regular project participants felt more confident around employment. The project directly supported five people to access higher education and employment opportunities.</p> |

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| Scheme: | 1B – Older People |
| Priorities: | <ol style="list-style-type: none"> 1. Ageing well and reducing social isolation 2. Provision of physical and health-promotion activities for older people |
| Outcomes: | <ol style="list-style-type: none"> 1. Reduced isolation and loneliness among older isolated adults, particularly those who are housebound, and those facing additional challenges (e.g dementia, disability, limited English); 2. Older people are able to continue making a positive contribution to their communities; 3. Older people feel more included and integrated in their communities and are able to mix with people of different ages and from different backgrounds to increase the sharing of skills, experience and knowledge both amongst older people, and between different generations; 4. People living with dementia are supported to participate as much as, and as long as possible. Carers of people living with dementia are supported. |

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| Age UK East London / Caxton Hall, a dynamic activity centre led by older people for the whole community. | 01/10/2019 30/09/2023 | £294,960 | Caxton Hall is a dynamic activity centre led by older people. It involves a café, opportunities to meet neighbours and connect to other people, both young and old, in the community. | <ul style="list-style-type: none"> • Number of new older people accessing services at Caxton Hall each year – 53 • Number of older people contributing to running the Hub Café – 25 • Number of older people feel more included and integrated as a result of participating in a community cohesion project - 86 | <p>GREEN</p> <p>The project delivered various activities throughout the year including craft sessions, storytelling, wellbeing and mindfulness sessions and indoor bowls. This was complemented by the Caxton On-line; the site offers a range of resources and access to a variety of information, including details of support organisations and IT tutorials.</p> <p>The project is on track to achieve the funded outcomes.</p> |
| Age UK East London / Friend at Home | 01/10/2019 30/09/2023 | £252,418 | Project matches housebound older people who would like a bit more company at home with volunteers who would like to share an | Isolated, housebound older people were matched with a Friend at Home and receive weekly one-hour visits: | <p>GREEN</p> <p>The project went back to delivering in-person services; volunteers that provided the befriending services</p> |

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| | | | enjoyable hour or two of conversation and company with them. | <ul style="list-style-type: none"> • 44 newly matched older people with a Friend at Home • 82 active beneficiaries • 94% of isolated, housebound older people reported an increase or stabilisation of their well-being, as measured by the Warwick-Edinburgh Mental Wellbeing Scale. | <p>undertook prevention control training.</p> <p>The project is on track to achieve the funded outcomes.</p> |
| Community of Refugees from Vietnam - East London / Vietnamese and Chinese Lunch and Social Club | 01/10/2019 30/09/2023 | £130,912 | The Vietnamese and Chinese Lunch and Social Club project provides healthy lunches and social and health promotion activities for people aged over 50, from the Vietnamese and Chinese community in Tower Hamlets. | <ul style="list-style-type: none"> • Number of older people supported by provision of appropriate health and social care information, safe access to nutritious food, basic supplies, money and medicine - 60 • Number of people supported to reduce isolation who live on their own or are housebound - 16 • Number of social and wellbeing activities held at the centre & online – 173. | <p>GREEN</p> <p>The project delivered on-line support and in-person services - including tai chi classes, computer class activities, table tennis and ballroom dance classes - as well as delivering food, prescription and shopping services to vulnerable older clients. Some of the key achievements in this funding year included celebrating the Lunar New Year on 13/02/22 and trips to seaside and elderly care home in Cambridge.</p> <p>The project is on track to achieve the funded outcomes.</p> |

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| East London Out Project / Tower Hamlets LGBT Support | 01/10/2019 30/09/2023 | £110,470 | LGBT Community Support to enhance peer networks, lessen isolation and provide mental health crisis prevention support. Two facilitated social support groups, for older people, people with mental health needs or other disabilities. Individual mental health crisis prevention support provided. LGBT training available to other organisations. | <ul style="list-style-type: none"> • Number of LGBT people over 50 accessing new social activity per year and reporting on increased social connections and social activity and feeling less lonely – 18 • Number of disabled LGBT people, or those experiencing mental health concerns, attend either group or individual support per year, and report better life satisfaction and better quality of life 3 months after start of service – 87 • Number of training sessions delivered to organisations – 10 training sessions over the year to 6 different organisations. | <p>GREEN</p> <p>The project continued to provide support, mainly online for the majority of this funding year. Project did some outdoor activities and in August 2022 the groups returned to in person support. The project was able to provide some individual mental health support in person, as well. The project is on track to achieve the funded outcomes.</p> |

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| St Hilda's East Community Centre / Older People's 'Feeling Good!' Wellbeing Project | 01/10/2019 30/09/2023 | £120,000 | 'Feeling Good!' wellbeing project is based in Weavers Ward and open to older people from throughout the Borough, Monday-Friday. It provides nutritious lunches, invigorating opportunities from indoor sport, IT learning, singing, art, intergenerational activities with schoolchildren, outings and quizzes. | <ul style="list-style-type: none"> • Number of older people attending the varied 'Feeling Good!' activities programme report feeling less isolated and lonely – 105 • Number of people reported improved physical & mental health- 102 • Number of people surveyed said they felt more confident going out and living independently in their community - 63 | <p>GREEN</p> <p>The project had to adapt the service again by starting to encourage users to return to face-to-face sessions. It built strong partnerships with Sadlers Wells, Victoria & Albert Museum, British Museum, Mind, NHS Talking Therapies, Rich Mix and Magic Me.</p> <p>The project is on track to achieve the funded outcomes.</p> |
| Tower Hamlets Friends and Neighbours (THFN) / Older Peoples Befriending Project | 01/10/2019 30/09/2023 | £200,000 | THFN provides befriending and advocacy services to older people in the borough. Its team of befriender advocates provides regular one to one support to people in their own homes and assist with making appointments and helps in accessing services, as well as organising small group outings locally. | <ul style="list-style-type: none"> • Number of isolated older adults are visited by a befriender advocate on a fortnightly basis per year – 50 • Number of older people with dementia are visited on a regular basis by a Befriender Advocate to undertake a range of activities - 15 | <p>GREEN</p> <p>Over the course of the year THFN returned to face-to-face visiting for those clients that were happy to meet on this basis. Whilst there were a number of people happy to receive a visit, there were still many that were very anxious and requested a telephone call instead.</p> <p>Since April 2022, the Project found a huge surge in the number of new</p> |

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| | | | | <ul style="list-style-type: none"> • 50 isolated older adults are called and visited by a befriender advocate on a weekly basis. • 85% of adults called, report improved outcomes, reduced isolation. | <p>clients being referred, which had a huge impact on service levels.</p> <p>The project is on track to achieve the funded outcomes.</p> |
| Toynbee Hall / The Wellbeing Centre at Toynbee Hall | 01/10/2019 30/09/2023 | £165,656 | This project offers holistic relational support to older people aged 50+ in Tower Hamlets. It aims to make Toynbee Hall’s existing provision at the Wellbeing Centre more inclusive and responsive to needs and to build stronger networks of information sharing and peer-support between users and those not accessing services. | <ul style="list-style-type: none"> • Number of individuals attending health promotion sessions per year held at the Wellbeing Centre – 65 • Number of health promotion sessions held at the Centre per year – 143 • Number of social activity sessions held at the Wellbeing Centre per year - 246 sessions with 1,955 attendances | <p>GREEN</p> <p>The project progressed well and became increasingly user led over the course of the year. People were supported in the funding year through in-person health promotion and wellbeing activities. The project is on track to achieve the funded outcomes.</p> |

| Scheme: | 1C – Access, Information and Self-Management | | | | |
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| Priorities: | 1. Residents better informed/equipped to manage health conditions | | | | |
| Outcomes: | 1. Residents of all ages are better informed/equipped to manage health conditions 2. Increased awareness of and access to local services, including crisis support 3. Residents and their families are aware of the benefits of healthy eating and eat more healthily | | | | |
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| Globe Community Project / Take Back Your Life | 01/10/2019 30/09/2023 | £112,189 | A mindfulness-based pain management programme, addressing chronic pain/illness, related social isolation and inactivity delivered by experienced, fully accredited Breathworks trainers. | The project supported 69 people through Take Back Your Life (TBYL) in the funding year. <ul style="list-style-type: none"> Number of people per year with chronic pain and illness have increased knowledge, tools and skills to manage their health condition and live independent lives – 45 Number of people per year with chronic pain and illness experience reduced pain experience and pain discomfort and increased ability to manage pain through development of mindfulness practise – 34 | GREEN The project provided a mix of online, in-person and one to one telephone sessions, helping people manage chronic pain and illness. The project is on track to achieve the funded outcomes. |

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| | | | | <ul style="list-style-type: none"> Number of people per year with chronic pain and illness report feeling less socially isolated as a result of meeting others with similar health conditions during the programme – 36. | |
| Real DPO Ltd / Taking Control of Your Life | 01/04/2020 30/09/2023 | £249,959 | The Taking Control of Your Life project delivers creative support planning alongside a user-led co-production group harnessing the views of people with lived experience of disability. This project maximises independence, supporting people to make decisions on how they want to fulfil their ambitions and also help “change the system”. | <ul style="list-style-type: none"> People in the borough with lived experience of disability are recruited and trained to form a co-production steering group to look at barriers to access for disabled people and solutions to those issues – 26 47% of clients were supported to maximise their income through accessing benefits, grants and support to access services for which there would usually be a charge 90% of those supported to develop a support plan reported feeling they have more choice and control over their lives. | <p>GREEN</p> <p>The project provided high-level support to clients with complex needs.</p> <p>The project is on track to achieve its lifetime targets.</p> |

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| Scheme: | 1D – Healthy living and healthy choices |
| Priorities: | <ol style="list-style-type: none"> 1. Residents better informed to make healthier choices 2. Increased engagement in physical activity |
| Outcomes: | <ol style="list-style-type: none"> 1. Increased participation in a wide range of culture, play, physical activity, leisure and sport that are inclusive of age, gender, disability, race and mobility 2. More social opportunities for reducing isolation through participation in culture, play physical activity and sport. 3. Increased participation from marginalised groups 4. Creating opportunities for intergenerational relationships, shared experience through culture, play, physical activity, leisure and sport for all above |

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| London Tigers / Exercise for health: BAME women, children and young people | 01/10/2019 30/09/2023 | £170,960 | Exercise for health project delivers a series of sports, physical activities and health-related workshops for women, young people and children to make positive choices about their health and wellbeing. It provides pathways to stay involved, excel in sports, and develop healthier habits for life. | <ul style="list-style-type: none"> • 193 Children were engaged in positive activities- 84% children and young people (actual of 147 children) reported an improvement in their health and wellbeing • 182 women were engaged in positive activities during year 3 • 91% of women reported feeling less lonely • 91% of women reported feeling more connected to the community • 99% women (actual of 156 women) reported improved health and wellbeing. | <p>GREEN</p> <p>The third year of this project concluded exceptionally well. The project started off the year very strongly with confidence and enthusiasm. It was the first time the project was able to deliver all the sessions in all four quarters of the year physically, yet it continued to have an online session every week, on top of the in-person sessions.</p> <p>The project is on track to meet the desired outcomes.</p> |

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| MUDCHUTE ASSOCIATION / Playing out at Mudchute | 01/10/2019 30/09/2023 | £80,000 | Mudchute’s unique natural facilities provide a range of freely chosen play opportunities in a safe, stimulating environment. Project enables children to have access to participation in freely chosen, innovative leisure and sporting activities to promote exercise, healthy eating, social and life skills through the process of ‘Learning through Play’ | In the project year: <ul style="list-style-type: none"> • 2000 residents have been engaged in regular physical activity, leading to improved health; 75% were children and young people. • 90 children who do not usually interact in social events took part • 400 disabled children and young people participated • 800 Bangladeshi children (including girls) engaged | GREEN The project was successful in delivering play opportunities that catered for the whole family, particularly during the school holidays and festive periods. The project continued to use social media to promote its activities and stay connected with supporters online. The project is on track to achieve the desired outcomes. |
| Newark Youth London / Healthy-Active-Together (HeAT) | 01/10/2019 30/09/2023 | £112,456 | The Healthy-Active-Together (HeAT) project offers a wide range of sports and physical activities across the borough with the objective of engaging inactive young people (10 to 25) and their families in regular sports and physical activities to improve health and wellbeing and reduce isolation and exclusion. | <ul style="list-style-type: none"> • Number of previously inactive children, young people and adults participating in sports and physical activity regularly – 242 • Number of new participants who have reported that they have benefitted from improved fitness and mental wellbeing – 133 | GREEN The project successfully delivered 234 sessions of varied activities, totalling 448 hours of delivery. The project is on track to achieve the desired outcomes. |

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| | | | | <ul style="list-style-type: none"> • Number of new participants who have reported reduced isolation and loneliness, improved confidence to exercise/walk and developed an interest in health and wellbeing -133 | |
| Stifford Centre Limited / Healthy Lifestyle Partnership Programme | 01/10/2019 30/09/2023 | £320,109 | A free membership health club with over 20 different classes and groups per week, delivered by a consortium of VCS organisations. The Health Club is suitable for all ages and participants design the activity program alongside providers. | <ul style="list-style-type: none"> • Number of registered users of health club per annum – 444 • 92% of members reported higher levels of well-being after six weeks of membership. • 92% of members reported that they have experienced improved symptoms of health. | <p>GREEN</p> <p>Stifford Centre (Lead partner) and delivery Partners: Stepney City Farm, Shadwell Basin Activity Centre and Dorset Community Association (DCA) work together as a consortium to deliver the Healthy Lifestyle Partnership Programme.</p> <p>In the funding year the consortium organised two big events: celebration of Queen’s Platinum Jubilee and Festival of Communities, which brought together the wider community and residents to participate in cohesion and sports events. All the sessions were delivered face-to-face that year.</p> <p>The project is on track to achieve the desired outcomes.</p> |

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| The Bangladesh Youth Movement (BYM) / Live Healthy Enjoy Life [the Female Health & Development Project] | 01/10/2019 30/09/2023 | £86,168 | 'Live Healthy, Enjoy Life' operates from BYM's Women's Centre, providing proactive and responsive health development activities which ensure excluded women from Black, Asian & Multi-Ethnic communities develop healthy lives and manage their own physical and mental health; peer volunteer befriending and development of social networks to alleviate isolation and facilitate inclusion. | <ul style="list-style-type: none"> • Number of women from Black, Asian & Multi-Ethnic communities accessing health support activities – 130 • Number of women from Black, Asian & Multi-Ethnic communities/Bangladeshi women raising their awareness on a range of health issues appropriate to leading healthier lives – 130 • Numbers accessing the women's forum – 25 | <p>GREEN</p> <p>The project supported 130 women over the funding year who participated in a range of health and wellbeing activities. The beneficiaries provided positive feedback about their engagement with the project.</p> <p>The project is on track to meet the desired outcomes.</p> |
| The Royal Society for Blind Children / Live Active, Live Well Tower Hamlets | 01/10/2019 30/09/2023 | £72,529 | Live Active, Live Well Tower Hamlets enables 60 blind and partially sighted young people aged 8-25 to gain the confidence and motivation to participate in physical activities and inform their ability to make healthier choices over the next three years. | <ul style="list-style-type: none"> • 65% of young people have reported an increase in their physical activity levels. • 79% reported that their health had improved. By attending wellbeing sessions young people have reported the impact this has had on their lifestyle • 75% have reported improvements in their self-confidence and resilience. | <p>GREEN</p> <p>In the funding year the project recruited 11 new people onto the programme and supported 22 existing young people.</p> <p>The Health and Well Being sessions were delivered mainly through face-to-face option and some through virtual platforms. The project worked with participants to get them involved in leading and helping develop the sessions.</p> |

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| | | | | | The project is on track to achieve its lifetime targets. |

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| Scheme: | 1E – Improved inclusion, health and well-being outcomes for disabled people and people experiencing mental health issues |
| Priorities: | <ol style="list-style-type: none"> 1. Improved health outcomes for disabled people 2. People experiencing mental health issues are better supported |
| Outcomes: | <ol style="list-style-type: none"> 1. More mainstream services are culturally inclusive, welcoming and accessible for disabled people and people experiencing mental health issues from different ethnic backgrounds, different faith backgrounds, and who are LGBTQI 2. Adults with complex needs (i.e who have multiple issues affecting their lives) have better health outcomes 3. Disabled people and people experiencing mental health issues; <ol style="list-style-type: none"> a) are more independent b) are more aware of and more likely to participate in local services c) have a better quality of life 4. People experiencing mental health issues have improved knowledge of where to access support, including peer support, social activities, and activities that build confidence and develop resilience |

| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21– Sep 22 | RAG Rating / Comments |
|--|--------------------------|--------------|--|---|--|
| deafPLUS / Improving Health and Wellbeing for Deaf and Hard of Hearing people in Tower Hamlets | 01/10/2019 30/09/2023 | £180,856 | A borough wide health and wellbeing project that addresses health inequalities, loneliness and isolation, mental health issues and barriers to employment, lack of confidence and self-esteem by bringing deaf and hard of hearing people together across communities. | <ul style="list-style-type: none"> • 42 service users reported an improvement in their feelings of isolation when accessing events over the past year • 6 families accessed the various half term and school holiday activities • 40 clients reported a positive increase in their health and wellbeing • 7 clients participated in sports and physical activities. | <p>GREEN</p> <p>30 events and five courses were delivered to deaf and hard of hearing people in Tower Hamlets.</p> <p>In addition, the project delivered a pilot project to the Royal London Hospital Public Health Team on improving access for deaf people using outpatient services.</p> <p>The project is on track to achieve its lifetime targets.</p> |

| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21– Sep 22 | RAG Rating / Comments |
|--|--------------------------|--------------|---|---|---|
| ICM Foundation CIC / CORE Projects Get Active Newspaper - Promoting Healthy and Active Lifestyles | 01/10/2019 30/09/2023 | £52,517 | People with learning disabilities aged 18+ from Tower Hamlets work in partnership with ICM Foundation. Three times each year they design and deliver 5,000 accessible newspapers, on the theme of health and wellbeing, distributed to communities that reflects the borough's diversity. | 100% of participants indicated that they had made new friendships, increased in confidence, and felt included in the project and events that they had organised and run. 63 individuals participated in these events. Participants' contribution towards the creation of each newspaper edition increased, as well as their confidence. Their computer skills improved significantly, especially in regard to using the internet for research, and there was a significant improvement in their typing skills. | GREEN The group produced content for three editions of the newspaper in the funding year. Feedback was positive from other groups and individuals who accessed it. The project organised four events in the funding year, all of which were well attended. The project is on track to achieve its lifetime targets. |
| St Hilda's East Community Centre / St. Hilda's Surjamuki Disabled Youth Project | 01/10/2019 31/12/2021 | £29,077 | Surjamuki Disabled youth project supported young people with learning and physical disabilities across Tower Hamlets, offering a range of educational and recreational opportunities and free wheelchair accessible minibus transport. | <ul style="list-style-type: none"> Number of disabled young people report an increase in confidence – 9 | GREEN As reported at July GDSC meeting, St Hilda's suspended the project in January 2022 – please see main report for more information. |
| Woman's Trust / Therapeutic Support Groups for women | 01/10/2019 30/09/2023 | £77,118 | Therapeutic Support Groups providing a safe, moderated space for female survivors of domestic abuse to share experiences and | For those that completed end of project feedback forms: | GREEN The project supported 59 Tower Hamlets women in the funding |

| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21– Sep 22 | RAG Rating / Comments |
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| affected by Domestic Abuse | | | support each other. Groups help women to recover their mental health by reducing isolation, learning from shared experiences, being empowered by supporting others and thereby gaining confidence and independence. | <ul style="list-style-type: none"> • 76% of women had improved isolation or had not become (more) isolated. • 75% of women had either improved interpersonal relationships or their relationships had stayed similar (not worsened). | year. Support has been through local and national groups. |
| Working Well Trust / Upskill | 01/10/2019 30/09/2023 | £433,941 | Improve the wellbeing of people with lived experience of mental health by supporting them to achieve their goals by accessing new opportunities and including support from their peer, enabling to reconnect with the local community. | <ul style="list-style-type: none"> • Number of residents with mental health support needs registering and completing short and long term goal setting with peer support – 190 • Number of residents with mental health support needs accessing one to one support towards achieving short term goals – 165 • Number of residents accessing wellbeing and training opportunities – 125 | <p>GREEN</p> <p>The project was able to meet most of its KPIs in the funding year and exceeded some targets, especially in relation to referrals and one to one support. Project made significant progress in meeting its targets for over 55s. The project continued to be oversubscribed.</p> <p>The project is on track to achieve its lifetime targets.</p> |

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| Theme / Scheme: | 2 – Digital Inclusion and Awareness 2A – ICT Skills and Digital Careers |
| Priorities: | <ol style="list-style-type: none"> 1. Access to ICT support and training for older people 2. Digital skill development for children and young people <ol style="list-style-type: none"> a) Increase awareness of careers in the digital sector, and b) Provide children and young people with the opportunity to develop the skills for the digital sector. |
| Outcomes: | <ol style="list-style-type: none"> 1. Residents with limited digital/ICT skills, particularly older residents, disabled residents, those with English as a second language or other barriers to digital inclusion: <ol style="list-style-type: none"> a) Have increased confidence in using ICT, especially around security; b) Are able to use digital methods to access services, find information, and communicate with others, and do so more regularly; c) Have increased digital skills. 2. Working age residents have greater awareness of digital careers, have increased digital skills, and have increased access to work and work placements in the digital sector |

| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21 – Sep 22 | RAG Rating / Comments |
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| Limehouse Project / DigiTIES | 01/10/2019 30/09/2023 | £71,197 | The aim of DigiTIES workshops is to prevent digital exclusion in older adults in order to prevent social isolation and increase their ability to access online health related support. The content of the workshop includes how to use social media, managing email accounts, and accessing online health related support services. | <ul style="list-style-type: none"> • Number of older people have learned to use at least 3 ICT platforms – 192 • Number of older people have learned to use a search engine to find health information on NHS websites - 128 • Number of older people report greater confidence using ICT – 96. | GREEN The project was successful in securing additional support for beneficiaries by providing them with Lenovo tablets with data and Google pixel phones with data to help the most vulnerable beneficiaries get online. It is on track to achieve its lifetime target and has overachieved in some areas. |

| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21 – Sep 22 | RAG Rating / Comments |
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| Newham New Deal Partnership / @online club network Tower Hamlets | 01/10/2019 30/09/2023 | £78,080 | @online club network to build the confidence of older residents (over 50s) to go online using tablet devices, learning in small friendly groups, through taster sessions and eight-week or longer programmes of practical activities based on the needs and interests of participants. | <ul style="list-style-type: none"> • Number of older residents’ report increased confidence going on-line- 17 • Number of older residents report able to go online to do more things – 17 • Number of local residents’ have increased skills due to engagement in the project as volunteers – 3. | <p>GREEN</p> <p>The project resumed face to face group sessions in the funding year with local partners - Sundial, Carers Centre Tower Hamlets, Mind in Tower Hamlets and St Hilda's. An additional seven activities were delivered that year to catch up with the previous year’s reduced group sessions. The project is on track to achieve the funded outcomes.</p> |
| Wapping Bangladesh Association / Digital First | 01/10/2019 30/09/2023 | £18,861 | Digital First will engage socially isolated older adults from Black, Asian & Multi-Ethnic communities aged 55+, but not exclusively, living in Wapping and Shadwell, who are not computer literate and are digitally excluded. The Project will deliver ICT and internet training that will help older adults to cope with facing key life transitions or challenges. | <p>More than 75% participants successfully acquired the basic level of digital and ICT skills.</p> <p>By the end of the year 75% of the older adults on the project reported an increase in the quality of life, with increased levels of greater social integration and engagement being reported, with increased social contacts and community involvement, by getting out and about more.</p> <p>8 out of 10 participants reported making more friends and improving their social contacts by</p> | <p>GREEN</p> <p>Eight older adults developed a better understanding and appreciation of the potential benefits of learning to use computers and how to navigate around the internet.</p> <p>The project delivered successfully to all required KPIs. It delivered a total of 25 sessions, recruited new participants onto the programme and achieved a 98% success rate in increasing the digital knowledge of beneficiaries.</p> <p>The project is on track to achieve the funded outcomes.</p> |

| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21 – Sep 22 | RAG Rating / Comments |
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| | | | | <p>attending more social events throughout the year.</p> <p>More than 40% of the older adults on the project reported being able to use online services to manage daily life tasks, whilst 6 out of 10 participants reported that they could manage day to day activities using digital skills.</p> | |

| Scheme: | 2B – Online Safety | | | | |
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| Priorities: | 1. Children and young people online safety | | | | |
| Outcomes: | 1. Residents are aware of potential dangers online and implement suitable prevention measures 2. Children, young people and their families know how to report online bullying and abuse 3. Older people are aware of how to identify online scams and how to keep themselves safe | | | | |
| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21 – Sep 22 | RAG Rating / Comments |
| SocietyLinks Tower Hamlets / E-Safety Champions | 01/10/2019 30/09/2023 | £23,192 | The E-Safety Champions project trains local women to become ‘champions’ for e-safety in the community. Weekly workshops cover all areas of online safety. Once trained, the project champions go into schools and community groups to spread their knowledge to young people and parents/carers through presentations and workshop. | <ul style="list-style-type: none"> Number of Project Champions reported feeling confident enough to make a change and tell others to do so too – 15 Residents are more knowledgeable about the potential dangers of online activities including social media, banking and transactions - 43 100% of adults and young people who partook in workshops were able to relay the information learnt back to the staff and group which confirmed that they understood how to report and identify cyber bullying. | <p>GREEN</p> <p>The project continued delivering its E-safety project, with an increased number of new participants, partnerships and initiatives taking place in the funding year.</p> <p>The project is on track to achieve the funded outcomes.</p> |
| Sporting Foundation / Building Digital Resilience | 01/10/2019 30/09/2023 | £35,213 | Sporting Foundation build the digital resilience of children and young people and raise the awareness of online safety with parents so that as families they are safe from risk and able to utilise and manage digital | <ul style="list-style-type: none"> Number of parents and young people report being more confident in understanding the relationship between social media and online grooming – 215 | <p>GREEN</p> <p>The project continued to deliver effectively, securing engagement from young people and their parents. It is on track to achieve the funded outcomes.</p> |

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| | | | resources effectively and reduces harm. | <ul style="list-style-type: none"> • Number of parents and young people report increased awareness of risks pertaining to on-line activity- 215 • Number of parents report being more confident of safeguarding procedures and can communicate safety messages to young people – 83. | |
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| Theme / Scheme: | 3 - Advice and Information | | | | |
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| Priorities: | This theme has a single priority, Social Welfare Advice and Information. | | | | |
| Outcomes: | <p>Reduce poverty across the spectrum of social welfare advice and information activity:</p> <ol style="list-style-type: none"> 1. Increased access to social welfare advice and income from benefits 2. Improved personal budgeting, financial stability and reduction in personal debt 3. Reduction in the number of people negatively impacted by welfare reforms and housing repossessions 4. Individuals are more informed about their legal rights 5. Individuals are more informed about their housing rights 6. Increased employment security 7. Increased access to immigration/asylum advice and casework 8. Increased engagement of older people with social welfare advice services <p>Capacity building and training within the sector:</p> <ol style="list-style-type: none"> 1. Improved coordination and cooperation between advice providers 2. Increased integration of service both within the VCS advice sector and with services in other sectors 3. Increased number of local volunteers achieving a recognised advice training accreditation 4. Improved liaison and co-ordination with public sector agencies 5. Improved access to information for providers | | | | |
| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21 – Sep 22 | RAG Rating / Comments |
| East End Citizens Advice Bureaux / Advice Tower Hamlets | 01/10/2019 30/09/2023 | £3,696,408 | Advice Tower Hamlets provides free, confidential, independent, quality-assured advice services to help Tower Hamlets residents resolve the problems they face, including welfare benefits, housing, money/debt, employment, immigration, consumer, education, community care, family, personal issues. This service is led by Citizens Advice Tower Hamlets, in | <ul style="list-style-type: none"> • 21,402 clients have been assisted with social welfare advice • 4,543 clients have been supported to increase/maximise incomes • £22,062,653 clients' income has increased/or backdated | <p>GREEN</p> <p>Overall, the partnership evolved, with partners working remotely, adopting a hybrid working system of digital and face-to-face services. Most agencies in the partnership started to see face to face clients again as the need grew for this type of advice over the funding year.</p> |

| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21 – Sep 22 | RAG Rating / Comments |
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| | | | partnership with twelve local advice agencies. | <ul style="list-style-type: none"> £4,081,597 debt reduction/write offs resulting in reduction in amounts of personal debt. | The project is on track to achieve the funded outcomes. |
| Island Advice Centre / Tower Hamlets Advice Training and Capacity Building Project | 01/10/2019 30/09/2023 | £200,000 | The project improves capacity, training, quality and access to the borough's advice services. It develops coordination and cooperation between advice and other sectors, providing recruitment and training for volunteers, facilitation of the Tower Hamlets Community Advice Network, updated website of advice provision and information / factsheets, coordination of meetings, delivering formal training. | <p>The project delivered:</p> <ul style="list-style-type: none"> 39 Advice Workshops to 508 participants on benefits issues 16 Learning to Advise certificates (7 to volunteers) 5 volunteers found paid work. | <p>GREEN</p> <p>The project supported Tower Hamlets' advice sector with provision of training, facilitating advice networks, distributing social welfare rights advice information in the borough, and facilitating volunteering placements for advice centres.</p> <p>The project is on track to achieve its lifetime targets.</p> |

| Theme / Scheme: | 4 – Employment and Skills 4A - Developing and embedding good practice in the workplace for people with disabilities, learning difficulties and physical and mental health barriers to work | | | | |
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| Priorities: | 1. Promoting ethical employer practices to focus on improving employment and progression opportunities for people with additional needs, with an emphasis for employers on sustaining or improving business productivity. | | | | |
| Outcomes: | <ol style="list-style-type: none"> 1. More disabled people and people with mental health issues access work experience placements and employment opportunities 2. Disabled employees feel more comfortable and better supported in sustainable roles in the workplace 3. Disabled people have access to meaningful, relevant training and skills development 4. Tower Hamlets employers are more inclusive and employ more disabled people and people with mental health issues and are more aware of how to support them. | | | | |
| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21 – Sep 22 | RAG Rating / Comments |
| REAL DPO / THEN & NOW | 01/04/2020 30/09/2023 | £463,690 | A holistic package of services, underpinned by co-production, to support Tower Hamlets companies develop the confidence and capacity to be excellent employers of disabled people, and increase levels of employment amongst them. The project creates communities of current and potential workers, and employers, to drive positive change. | <ul style="list-style-type: none"> • 22 organisations received one-to-one support and the satisfaction rate was 100% • 85 participants agreed that the two hour shared learning and development workshops were valuable in assisting them to improve their accessibility and attain their inclusion goals. | <p>GREEN</p> <p>Over the funding year the project extended its reach to an even greater number of local employers than before. Across all activities, including their one-to-one advice service and 2-hour shared learning and development workshops, 50 different organisations meaningfully engaged with THEN & NOW.</p> <p>The project is on track to achieve its lifetime targets.</p> |

| Scheme: | 4B - Reducing barriers to employment for disadvantaged groups | | | | |
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| Priorities: | <ol style="list-style-type: none"> 1. Reducing barriers to employment for disadvantaged groups 2. Employment and volunteering opportunities for older people 3. Employment skills for vulnerable young people and those who are NEET(not in education, employment or training) 4. Employment and skills for young people at risk of achieving poor outcomes | | | | |
| Outcomes: | <ol style="list-style-type: none"> 1. Young people have increased life skills, employability skills, communication /presentation and interview skills and confidence, and have access to mentoring, work experience and internships 2. Older people gain life skills and secure employment and/or voluntary roles 3. Potential entrepreneurs/business founders have access to independent support and advice and increased knowledge of business and financial planning 4. Increased opportunities for women who are far from the labour market or on a low salary to develop their confidence, soft skills, and work ready skills to access employment or start their own business. | | | | |
| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21 – Sep 22 | RAG Rating / Comments |
| Limehouse Project / Developing Potential | 01/10/2019 30/09/2023 | £201,181 | Developing Potential is an integrated programme of personal skills development designed to enable women to make informed choices on their futures, supporting them into training, volunteering and work. This project links with existing provision and act as a progression route forwards new opportunities for women in Tower Hamlets | <ul style="list-style-type: none"> • Women self-report an improvement in personal and/or professional skill – 40 • Number of women who have completed and gained accredited certifications– 16 | <p>GREEN</p> <p>The project engaged with 93 women over the funding year. It continued to adapt and review its programme of delivery to ensure remote and priority face-to-face support was provided to engage, motivate, and increase the confidence and qualification levels of women in and around the borough.</p> <p>The project is on track to achieve its lifetime targets.</p> |
| SocietyLinks Tower / Job Club | 01/10/2019 30/09/2023 | £61,184 | This project delivers two weekly job club sessions run by its experienced employment support worker. The sessions include access | <ul style="list-style-type: none"> • Number of people who are NEETs and/or from workless households) access employment | <p>GREEN</p> <p>In the funding year the project developed its digital communication with attendees to</p> |

| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21 – Sep 22 | RAG Rating / Comments |
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| | | | to computers and tailored employment support, including creating a CV, accessing emails, job searching, applications and using Universal Job Match. | support to assist their employment prospects - 127 <ul style="list-style-type: none"> Number of people that access employment after attending the job club – 15. | increase engagement and ensure that service users were kept updated with new vacancies and opportunities. The project is on track to achieve its lifetime targets. |
| St Giles Trust / Choices Tower Hamlets | 01/10/2019 30/09/2023 | £227,200 | The project supports NEET Young people who are facing multiple disadvantages to access education, skills development and employment. The project delivers credible, consistent and holistic work via individualised one-to-one support, supporting the young person to address and overcome barriers to raise their aspirations and towards reaching their potential. | <ul style="list-style-type: none"> Number of young people engaged on a consistent voluntary basis, minimum of one face to face intervention per week - 30 Number of young people show improved levels of mental health and wellbeing due to reducing barriers to employment, increased confidence in their future and access to specialist mental health support as required – 29 | GREEN The project’s caseworker had to adapt services to address the shift from young people wanting training and employment to becoming a mentor and covering Mental Health and Money Management. The project is on track to achieve its lifetime targets. |
| Stifford Centre Limited / BAME Women's Employment Support Programme | 01/10/2019 30/09/2023 | £121,512 | This project runs a training programme to help long-term unemployed and economically inactive, isolated and disenfranchised women from Black, Asian & Multi-Ethnic communities and improve their job prospects. The focus is on carers and single | <ul style="list-style-type: none"> Number of socially and economically disenfranchised women from Black, Asian & Multi-Ethnic communities complete ESOL training and feel able to communicate in English – 12 | GREEN The project consistently reached participants from its targeted groups and managed to serve people whose personal circumstances have prevented them to reach their full potential. |

| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21 – Sep 22 | RAG Rating / Comments |
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| | | | parents of Bengali, Somali and Black, Asian & Multi-Ethnic communities heritage with limited English language, confidence and secondary education for community learning. | <ul style="list-style-type: none"> Number of women from Black, Asian & Multi-Ethnic communities with limited educational experiences and certification gain accreditation and skills to move towards employment – 16. | The project is on track to achieve its lifetime targets. |

| Scheme: | 4C - Support focused on increasing access to art and cultural industries | | | | |
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| Priorities: | 1. Support focused on increasing access to art and cultural industries | | | | |
| Outcomes: | 1. Increased opportunities in the arts and cultural industries for BAME people, women, disabled people, working class people, older people 2. Increased access to industry relevant training 3. Increase in people participating in arts projects for the first time | | | | |
| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21– Sep 22 | RAG Rating / Comments |
| Auto Italia South East / Learning Live! | 01/10/2019 30/09/2023 | £44,000 | Learning Live! is a training and mentoring programme designed to support young people in Tower Hamlets progress into higher education courses, with the aim to increase access into the art and cultural industries. | <ul style="list-style-type: none"> Technology workshops at Auto Italia are attended by young people from Tower Hamlets - 96 Tours of local galleries and arts organisations are attended by young people from Tower Hamlets – 72 Young people in Tower Hamlets, in particular those from Black, Asian & Multi-Ethnic communities and working class young people, attend and benefit from portfolio review and mentoring workshops per annum, exploring creative careers and university courses, feedback on coursework and sketchbooks, university portfolio workshops and practice interviews for GCSE students enrolling onto A Level courses– 233 | GREEN The project in 2021-22 demonstrated a well-attended return to in-person delivery. 2. In the funding year all strands were delivered in full in person at Auto Italia and at schools across Tower Hamlets. |

| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21– Sep 22 | RAG Rating / Comments |
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| Four Corners Ltd / ZOOM Film School | 01/10/2019 30/09/2023 | £325,493 | ZOOM Film School works with 90 disadvantaged residents - particularly people from Black, Asian & Multi-Ethnic communities, women and disabled people - to nurture their creative talent, increase confidence and self-esteem, and enable them to acquire the practical skills, experience, and industry knowledge needed to move into work in the creative industries. | <ul style="list-style-type: none"> • Number of participants successfully complete the accredited training programme - 13 • Number of participants state that they feel more confident about, and prepared for, seeking work in the creative media after completing the accredited training programme - 6 • Number of trainees gained paid employment – 9 | <p>GREEN</p> <p>The trainees worked individually on their edits and created a total of 13 films promoting two local organisations (Island House Community Ccentre and The Friends of Tower Hamlets Cemetery Park). The trainees presented their films to representatives from the organisations, tutors, fellow trainees and Four Corners staff and the response to the finished films was overwhelmingly positive.</p> <p>The project is on track to achieve its lifetime targets.</p> |
| Magic Me / Artworks | 01/10/2019 30/09/2023 | £110,385 | Artworks is a new traineeship delivered by arts charity Magic Me, identifying and supporting talented Tower Hamlets Residents from Black, Asian & Multi-Ethnic community and working-class backgrounds to gain the knowledge, skills and confidence to access careers in community arts coordination and producing. | <ul style="list-style-type: none"> • Number of community partners identified/contacted for recruitment pathways - 11 • Number of trainees recruited/selected for work placement– 6. | <p>GREEN</p> <p>The project redesigned the programme to work with a cohort of trainees at one time and focussed on recruitment of young people aged 18–30 years old.</p> <p>The project is on track to achieve its lifetime targets.</p> |

| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21– Sep 22 | RAG Rating / Comments |
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| The Bromley by Bow Centre / Creative Communities | 01/10/2019 30/09/2023 | £231,128 | The project will equip at least 180 people from under-represented communities to increase their participation and readiness for employment in the creative sector. It will do this through a flexible community-based programme of engagement, needs assessment, practical group work and 1:1s, combining personal and core skills development, with individual support. | <ul style="list-style-type: none"> • Number of participants from target groups are enrolled and assessed – 90 • Number of participants identified as having not previously engaged in an arts/culture activity, state they have now participated in such an activity. – 85 | <p>GREEN</p> <p>Overall, participants made good progress throughout the funding year, including having gained sustainable job outcomes, sector specific arts training, arts placements, engaging in arts, reporting decreasing barriers and an increase in arts job readiness, with a positive impact felt by family and friends.</p> <p>The project is on track to achieve its lifetime targets.</p> |

| Theme / Scheme: | 5 – Community Safety | | | | |
|---|---|---------------------|---|--|---|
| Priorities: | 5A – Reduction in the exploitation of children, young people and other vulnerable groups | | | | |
| Outcomes: | 1. Reduction in the exploitation of children and young people, and vulnerable groups | | | | |
| Outcomes: | 1. Children, young people and other vulnerable people: <ul style="list-style-type: none"> a) Have increased confidence and critical thinking skills; b) Have an increased understanding of what a safe relationship is, what exploitation is, and how to spot the signs of abuse and exploitation; c) Have an emotional and actual vocabulary to articulate what is happening to them; d) Are better able to challenge and support each other around relationships. | | | | |
| Organisation / Project | Start / End Date | Annual Grant Amount | Project Description | GDSC Progress Summary Oct 21 – Sep 22 | RAG Rating / Comments |
| Kazzum Arts / Build | 01/10/2019 30/09/2023 | £72,631 | Build supports young people excluded from mainstream education, currently educated at a pupil referral unit (PRU) in Tower Hamlets. Students in this setting are at risk of exploitation and coercion into criminal activity. Through a programme of creative activities, the project develops participants confidence, emotional, literacy and interpersonal skills. | <ul style="list-style-type: none"> • 28 young people increased in confidence. • 28 young people displayed knowledge around healthy and safe relationships. <p>“[The sessions] made me feel more aware of myself, helped with problem solving, and helped understand myself better” (Inclusion Group Participant)</p> | <p>GREEN</p> <p>The project had a successful year, exceeding the engagement targets. It ran 67 workshops in the Pupils Referral Unit, across three groups reaching 31 young people, with 28 attending 50% or more sessions each term.</p> <p>The project achieved positive outcomes for the young people in the funding year; meeting all the KPIs and other indicators.</p> |
| Osmani Trust / Schools and Community Resilience Programme | 01/10/2019 30/09/2023 | £143,821 | This project: <ul style="list-style-type: none"> 1. transforms and changes the attitudes and behaviour of secondary school children; improving their confidence, critical thinking skills and emotional intelligence. | <ul style="list-style-type: none"> • 93 out of 103 of school participants showed improvement in attitudes and outlook on life at secondary school. • 42 peer workers were recruited from three peer groups. Peer | <p>GREEN</p> <p>The project exceeded the number of young people it was planning to deliver the school resilience project to, whilst in the community it worked with three new peer groups.</p> |

| Organisation / Project | Start / End Date | Annual Grant Amount | Project Description | GDSC Progress Summary Oct 21 – Sep 22 | RAG Rating / Comments |
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| | | | 2. delivers a peer programme engaging young people as ambassadors to their peers, changes attitude, promotes understanding, increase community cohesion, and ultimately empowers young people. | <p>workers delivered two community open days with 167 attendances.</p> <ul style="list-style-type: none"> • 90% of peer workers refrained from getting into serious violence whilst on the programme. • 12 individuals were helped into employment. | The project made good progress against its KPIs and is in line to achieve the funded outcomes. |
| Streets of Growth / Resilient Young Leaders Programme | 01/10/2019 30/09/2023 | £103,264 | The Resilient Young Leaders Programme is an innovative, impactful initiative led by and for young people (15-19 years) to enable young people to build skills and capacity to feel safe, confident, and responsible when demonstrating the community safety and positive change they want to see in their neighbourhoods. | <p>The Youth Intervention Team delivered 192 crisis intensive interventions with highest risk young people in crisis/harmful situations. Interventions included support work with families, focus on parents and schools, liaising with police and social services, intensive coaching with young persons, harm reduction plans implemented with parents and young person/siblings.</p> <p>100% of high-risk young people worked with reported improved confidence in moving away from harmful situations.</p> <p>Two participants completed AQA or ASDAN accredited training, with a further 15 registering.</p> | <p>GREEN</p> <p>118 participants engaged in the project with 28 completing Young Influencers training and social action initiatives. Five beneficiaries co-produced and hosted a Home Office Serious Violence Reduction Unit conference.</p> <p>Five participants trained in podcasting and presentation skills resulting in five podcast community events.</p> <p>The project addressed/delivered well against the KPIs and consequently achieved positive outcomes for the young people.</p> |

| Organisation / Project | Start / End Date | Annual Grant Amount | Project Description | GDSC Progress Summary Oct 21 – Sep 22 | RAG Rating / Comments |
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| | | | | 20 participants co-designed and delivered two community safety events with over 200 residents involved, plus other key stakeholders. | |

| Scheme: | 5B – Improving the perception of young people in the community | | | | |
|---|---|--------------|--|---|---|
| Priorities: | 1. Improving the perception of young people in the community | | | | |
| Outcomes: | 1. Children and young people are, and are seen to be, a positive part of the community 2. Increased community cohesion and sense of belonging 3. Residents, especially older people, people feel less wary of children and young people | | | | |
| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21 – Sep 22 | RAG Rating / Comments |
| Four Corners Ltd / Into Focus photography project | 01/10/2019 30/09/2023 | £66,336 | Into Focus offers an intergenerational photography project for 24 people each year (12 young people aged 14-25 years and 12 over-50s). Groups will create work for a final exhibition, focusing on social perceptions and misconceptions between older and younger people to promote positive attitudes and increasing mutual understanding. | <ul style="list-style-type: none"> 100% of gallery visitors identified how young people make a positive contribution to community life. 100% of older participants reported improved perceptions of young people in their neighbourhood and that they felt more confident about interacting with younger people. 100% of younger participants felt more confident about interacting with older people. | <p>GREEN</p> <p>The project achieved positive outcomes for young and older participants and demonstrated meeting its KPIs.</p> <p>In the funding year the project supported 54 participants and delivered 55 experimental photography workshops.</p> <p>Participants co-designed three public exhibitions at Four Corners. 44 visitors completed gallery visitor questionnaires.</p> |
| Leaders in Community (LiC)/ Mind the Gap | 01/10/2019 30/09/2023 | £78,161 | A group of young people recruited by LiC collaborate with older people to design a programme of activities and celebrations, which enables long-term social connections to be made, and ideas and points of view to be exchanged. The outcomes of the activities are shared with the wider community. | <ul style="list-style-type: none"> 1,348 attendees in 76 activities. 100% of older participants have a more positive view of younger people. 100% of younger participants report they have formed more positive social connections with | <p>GREEN</p> <p>The project launched a weekly coffee morning session, giving the elders an opportunity to socialise with each other, young people, and the community. In addition, they ran one-off events. The young people undertook successful outreach work, bringing new members on board.</p> |

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| | | | | <p>other people across their local area.</p> <ul style="list-style-type: none"> The elders and young people helped co-design a Queens Jubilee event, which successfully saw over 200 attendees. | <p>The project achieved positive outcomes for young and older participants and demonstrated meeting KPIs.</p> |

| Scheme: | 5C - Services for people affected by domestic violence or other unsafe circumstances | | | | |
|--|---|--------------|---|---|---|
| Priorities: | 1. Services for people affected by domestic violence | | | | |
| Outcomes: | 1. More residents, particularly families and young people, are aware of the different forms that domestic violence and sexual abuse (DVSA) can take, know how to report it, and where to access support. 2. Young victims and witnesses of Domestic Violence & Sexual Assault (DVSA) are supported to recognise and report it. | | | | |
| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21– Sep 22 | RAG Rating / Comments |
| Hestia Housing and Support / Families Safe and Secure in Tower Hamlets | 01/10/2019 30/09/2023 | £92,400 | This project supports families who have experienced DVSA and who are living in a local refuge to address the trauma they have faced and to learn about what a healthy relationship looks like. It also raises awareness amongst the Tower Hamlets community of DVSA and how to report it. | <ul style="list-style-type: none"> 90% of women attending awareness raising events said their understanding of domestic abuse has improved. 80% of children who responded to the provider’s Children and Family Work survey had increased feelings of safety. Approximately 140 Tower Hamlets residents visited a Safe Space location in a bank or pharmacy during the year. All of those who accessed a Safe Space were guided to access specialist DVSA support. In partnership with HSBC the project campaigned to increase awareness of the scheme within the borough, including a live poster in Spitalfields market, which received wide publicity. | <p>GREEN</p> <p>The dedicated Project Worker worked with 31 families within the Tower Hamlets domestic abuse refuge (31 mothers and 47 children). In addition, the project delivered awareness raising events within schools and groups in Tower Hamlets, with over 116 attendees,</p> <p>The project is on track to achieve its KPIs.</p> |

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| Fund: | Infrastructure and Capacity Building Support |
| Priorities: | <ol style="list-style-type: none"> 1. Skills exchange and accessible training 2. Making organisations ready to respond to new funding opportunities 3. Fundraising support for smaller, volunteer led organisations without staff 4. Developing quality assurance 5. Managing assets for community benefit 6. Developing resilience and supporting organisations through periods of transition |
| Outcomes: | <ol style="list-style-type: none"> 1. Broader pool of organisations accessing public service funding 2. Increased proportion of organisations achieving recognised quality assurance standards 3. VCS more resilient with more sustainable funding base 4. Organisations supporting each other |

| Organisation / Project | Start / End Date | Grant Amount | Project Description | GDSC Progress Summary Oct 21– Sep 22 | RAG Rating / Comments |
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| Tower Hamlets Council for Voluntary Services (THCVS) / Tower Hamlets Voluntary and Community Sector (THVCS) Infrastructure Partnership | 01/10/2019 30/09/2023 | £1,040,000 | <p>THVCS Infrastructure Partnership brings together the main Voluntary and Community Sector (VCS) infrastructure support agencies in Tower Hamlets to increase the range and number of VCS organisations that are well-run, resilient and sustainable; and to strengthen the VCS as a key Public Sector Strategic Delivery Partner in Tower Hamlets.</p> <p>Partner: Volunteer Centre Tower Hamlets (VCTH)</p> | <ul style="list-style-type: none"> • 119 VCS organisations supported. • 53 volunteer managers trained. • 33 VCS organisation staff attending training/peer learning workshops. • 18 VCS organisations with improved volunteering practices • 82 VCS organisations supported to advertise their volunteering roles through the Volunteering Hub | <p>GREEN</p> <p>The partnership project progressed well, surpassing most of its KPIs. It continued to deliver Volunteer Hub activity to support the recovery process in the borough. It included a new pilot which trained local residents from Black, Asian & Multi-Ethnic communities in the role of trustee and matched them up with local VCS organisations to serve as board members. The project also secured £1.2 million of external funding to support VCS partnership work in the borough.</p> |

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| | | | | <ul style="list-style-type: none"> • Number of VCS volunteering roles supported to be advertised through the Hub: 175 • Number of VCS organisations supported to strengthen their governance and diversify their boards by having suitably skilled and trained trustees from Black, Asian & Minority Ethnic communities: 10. | |