

Theme / Scheme	<b>1- Health, Inclusion &amp; Wellbeing</b> <b>1A - Children, Young People &amp; Families</b>
Priorities:	<ol style="list-style-type: none"> <li>1. Increase access to Youth Services</li> <li>2. Provision of Early Help support to families</li> <li>3. Support for young carers</li> </ol>
Outcomes:	<ol style="list-style-type: none"> <li>1. Children and young people, in particularly girls and young women:             <ol style="list-style-type: none"> <li>a. have more confidence in themselves;</li> <li>b. are more resilient, and</li> <li>c. are able to, and do, access a range of spaces, activities and social opportunities across Tower Hamlets.</li> </ol> </li> <li>2. Girls and young women feel included, are able to participate in any service, and are more likely to train to become youth leaders and/or develop their own initiatives.</li> <li>3. Children and young people who may feel excluded from participating in mainstream services and activities (e.g from minority groups, who are disabled, who are LGBTQI, or who are carers for others) can participate in a range of activities and experiences.</li> <li>4. Children, young people and their families are listened to and their input is considered and included in decision making.</li> <li>5. Young carers are supported and included; their needs and concerns are understood and are taken into account at local and strategic levels.</li> <li>6. Children under 5 grow up in positive family environments and are supported to thrive.</li> </ol>

Outcome	Key Performance Indicator	Lifetime Target	Actual to date	Oct 20 – Mar 21 Target	Oct 20 – Mar 21 Actual	Notes
1a	Number of girls and young women have increased confidence	209	138	0	0	Survey results on increased confidence for this period will not be available until the next quarter reporting
1b	Number of girls and young women are more resilient	228	111	33	38	
1c	Number of children and young people are able to and do access a range of spaces and activities	1,631	718	255	234	

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
Canaan Project / Canaan Project - Isle of Dogs	01/10/2019 31/03/2023	£100,835	Canaan Project provides activities for young women aged 11-19 on the Isle of Dogs. Working with George Green’s school and Café Forever we offer activities including cooking, craft, sports, and inspirational workshops at our weekly lunch and after school clubs as well as opportunities to join us for regular trips.	Since Christmas, the project has continued to offer a zoom session to the Year 7 Girls Group. a theme ("Her Story"), designed to have a clear structure to each weekly session. The Young Women's Workers engaged the girls in thoughtful conversation, activities and crafts designed to generate thought on who they are and their emerging sense of purpose in their communities and wider world.	<b>GREEN</b> The project is on track to achieving the desired outcomes. It hopes to resume in-person activities in the summer term.
Half Moon Young People's Theatre / Professional Theatre and Inclusive Participatory Drama for Young People	01/10/2019 31/03/2023	£133,746	Professional theatre shows and inclusive participatory drama opportunities in an accessible and welcoming venue. The activity is for children and young people from 0-18 (or 25 for disabled young people) from all backgrounds and abilities from across Tower Hamlets, providing free access support to anyone who needs it.	An estimated 1,947 people watched the shows/workshop films. HFYPT presented filmed performances of plays for various age groups available online free of charge, along with some accompanying workshop activities for families to do together. There were filmed some stand-alone Winter Warmer workshop activities for families to take part in.	<b>GREEN</b> The project is on track to achieving the desired outcomes. It hopes to resume in-person activities in the summer term.
Look Ahead Care and Support / Domestic Abuse Children's Worker	01/10/2019 31/03/2023	£141,825	A specialist Domestic Abuse Children’s Worker to support children who are vulnerable due to early exposure to domestic abuse. Providing emotional support through age appropriate engagement, e.g. play, to address challenges faced by children living at our LBTH Domestic Abuse Service and in the community.	During this quarter Look Ahead has supported 14 mothers and 17 children. It also supported 19 women and 6 single women. 6 mothers and 8 children have moved on and there was an intake of 4 mothers and 5 children. Staff have been trained in delivering the Hope 2 Recovery programme for better awareness around the patterns of domestic violence and its effects on mothers and their children.	<b>GREEN</b> The project is on track to achieving the desired outcomes. It has been able to provide in-person services during this quarter.
Newark Youth London / Girls in Action	01/10/2019 31/03/2023	£70,634	Our project aims to increase access to regular youth services by girls and young women so they develop	The project worked with the 20 girls from the Oct-Dec and 1 new girl joined Jan-Mar delivering 8 online, and 10 face to face session. 5 girls	<b>GREEN</b> The project is on track to achieving the desired

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			their confidence and lifeskills; make them resilient and enable them to participate in a six month social action project and other learning opportunities so they develop their leadership, communication and organisational skills.	completed 5 or more sessions and 16 achieved an accredited qualification.	outcomes. It hopes to resume in-person activities in the summer term and to complete an ASDAN volunteering course once indoor venues are open.
Osmani Trust / Family Mentoring Project (FMP) Early Help	01/10/2019 31/03/2023	£126,000	Our project aims to provide through family mentoring a range of Early Help support to children, young people and their families to help them overcome their immediate challenges and meet their needs in order for them to thrive in healthy and safe families.	During Jan-Mar the project worked through its waiting list of new referrals and made progress with 4 new families joining the programme. The project successfully recruited new mentors to support the new young people.  Feedback indicate that 5 young people and families now have more knowledge of services to support their needs, such as accessing debt and housing advice, employment and training services, welfare and benefit support and access to food banks.	<b>GREEN</b> The project is on track to achieving the desired outcomes. It hopes to resume in-person activities as the lockdown eases.
St Hilda's East Community Centre / St. Hilda's Girls Driven Project	01/10/2019 31/03/2023	£57,624	St. Hilda's Girls Driven Project is an inspirational initiative designed to support, inspire, drive girls and young women to reach their full potential and realise their authentic ambitious life goals. Enhance core skills, confidence, grit, motivation, equality and leadership by building on current and long heritage of successful girls work.	During the months of January to March 2021, the COVID-19 pandemic second wave and subsequent lockdown before the Christmas and New Year break remained in place and prevented any face to face delivery for the Girls Driven Project and face to face delivery was therefore paused. However, our longstanding Volunteer and I continued to maintain contact regularly checking in and exchanging ideas about 1) what was safe and feasible and 2) With the beneficiaries to ensure they felt supported via social media, in particular posting positive messages about wellbeing.	<b>AMBER</b> Monitoring returns for Oct-Dec 20 and Jan-Mar 21 submitted late. Impact on delivery in Jan-Mar but project expected to be back on track going forward.
Stifford Centre	01/10/2019	£50,974	The Project will run a Young Girl's	The project has continued to offer zoom	<b>GREEN</b>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
Limited / Stifford Young Girl's Project	31/03/2023		Club that will offer disadvantaged young girls a safe space in which they can socialise, participate in a range of activities that encourage their wellbeing, improve confidence and learn skills that are useful for their future development.	sessions to a group of 11 girls. The girls requested sessions in mindfulness to support their mental wellbeing. The Project Manager reports that the young people expressed worries and concerns about everyday events and the future.	The project is on track to achieving the desired outcomes. It hopes to resume in-person activities as the lockdown eases.
The Yard Theatre Ltd / Tower Hamlets Teens	01/10/2019 31/03/2023	£129,196	Free, fortnightly youth leadership workshops, weekly drama workshops, summer masterclasses, and schools' performances for Tower Hamlets teenagers. Delivered at Tower Hamlets assets, Hub67, The Yard, and local schools, it increases access to youth services, improves participants' health and wellbeing through cultural activities, and supports community cohesion through public events.	Based on feedback from the young people about what they want and need from the programme during this time, we have delivered more tangible skills-based workshops: Income: what can we expect to be paid and how to avoid working for free Cash flows: how to build and manage budgets Mentoring: how to develop useful and strong relationships Well-being: reflecting on what best makes you feel valued and heard in professional and personal settings	<b>GREEN</b> The project is on track to achieving the desired outcomes. It hopes to resume in-person activities in the summer term.

Scheme:	<b>1B – Older People</b>
Priorities:	<ol style="list-style-type: none"> <li>1. Ageing well and reducing social isolation</li> <li>2. Provision of physical and health-promotion activities for older people</li> </ol>
Outcomes:	<ol style="list-style-type: none"> <li>1. Reduced isolation and loneliness among older isolated adults, particularly those who are housebound, and those facing additional challenges (e.g dementia, disability, limited English);</li> <li>2. Older people are able to continue making a positive contribution to their communities;</li> <li>3. Older people feel more included and integrated in their communities and are able to mix with people of different ages and from different backgrounds to increase the sharing of skills, experience and knowledge both amongst older people, and between different generations;</li> <li>4. People living with dementia are supported to participate as much as, and as long as possible. Carers of people living with dementia are supported.</li> </ol>

Outcome	Key Performance Indicator	Lifetime Target	Actual to date	Oct 20 – Mar 21 Target	Oct 20 – Mar 21 Actual	Notes
1	Number of older people visited by a friend at home / befriender	595	288	85	135	
3	Number of older people participating in activities	711	325	63	85	
3	LGBT people over 50 accessing new social activity	84	37	12	14	

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Age UK East London / Caxton Hall, a dynamic activity centre led by older people for the whole community.	01/10/2019 31/03/2023	£258,090	Caxton Hall is a dynamic activity centre led by older people. Come and enjoy a warm welcome, healthy snack at our cafe, meet your neighbours and connect to others young and old in your community.	Welfare Calls: Oct–Dec 2020 - 135 welfare calls to 107 individual clients. Jan–March 2021 - 241 welfare calls to 87 individual clients. Christmas Gift Bags: 150+ clients received festive gift bags containing items such as reusable face mask, toothpaste, shower gel,	<b>GREEN</b> The Project is on track to achieving the desired outcomes. The Project has continued to provide remote services (welfare calls and on-line website activities) during this

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				biscuits, gloves/socks and chocolate.	period.
Age UK East London / Friend at Home	01/10/2019 31/03/2023	£220,866	Matching housebound older people who would like a bit more company at home with volunteers who would like to share an enjoyable hour or two of conversation and company with them.	<p>Oct-Dec 20 Continuing a remote and online process of interviewing, vetting of DBS and ID. Virtual training sessions are being conducted for the Telephone Befriending Volunteers. Continued the volunteer peer support sessions which provide a meeting time for all mutual befrienders and are invited to meet once a quarter to network, discuss volunteering queries and experiences. This quarter, there has been 15 sessions run with 36 volunteers taking part. To date, there are have been 23 new befriending matches</p> <p>Jan-Mar 21 There were 12 new matches for the quarter. Volunteer peer support - This quarter, there has been 6 sessions run with 25 volunteers taking part.</p>	<b>GREEN</b> The Project is on track to achieving the desired outcomes. The Project has been able to deliver during the on-going pandemic, meeting the Project KPIs and grant conditions.
Community of Refugees from Vietnam - East London / Vietnamese and Chinese Lunch and Social Club	01/10/2019 31/03/2023	£114,548	The Vietnamese and Chinese Lunch and Social Club project provides healthy lunches and social and health promotion activities for people aged over 50, from the Vietnamese and Chinese community in Tower Hamlets. The Club meets every Monday and Thursday at St. Nicholas Church, Aberfeldy Street in Poplar.	<p>Activities provided in the period included:</p> <ul style="list-style-type: none"> <li>- Distance befriending (smartphone)</li> <li>- Health information session (online)</li> <li>- Information and advice (smartphone).</li> <li>- Shopping and pick up prescription</li> <li>- Access to local Foodbank</li> <li>- Tai Chi exercise by Zoom platform - twice a week</li> <li>- Computer classes by Zoom platform</li> </ul>	<b>GREEN</b> The Project is on track to achieving the desired outcomes. The project has been able to deliver online, telephone befriending, food and medicine delivery to vulnerable clients as well as provide newsletters and booking in vaccination jabs for clients.

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East London Out Project / Tower Hamlets LGBT Support	01/10/2019 31/03/2023	£96,661	LGBT Community Support to enhance peer networks, lessen isolation and provide mental health crisis prevention support. Two facilitated social support groups, for older people, people with mental health needs or other disabilities, Individual mental health crisis prevention support provided. LGBT training available to other organisations.	<p><b>Oct-Dec 20</b> - provided individual mental health support to 8 new people who live in Tower Hamlets and have continued to support a further 12 people who started receiving support last quarter. Altogether we have provided support to 26 people this quarter.</p> <p><b>Jan-Mar 21</b> - provided individual mental health support to 7 new people and have continued to support a further 5 people who started receiving support last quarter. Altogether we have provided support to 27 people this quarter</p>	<p><b>GREEN</b></p> <p>The Project is on track to achieving the desired outcomes. The Project has continued to deliver online support/services to social and support groups and one to one support to individuals and has delivered on- line training</p>
St Hilda's East Community Centre / Older People's 'Feeling Good!' Wellbeing Project	01/10/2019 31/03/2023	£105,000	'Feeling Good!' wellbeing project is based in Weavers Ward and open to older people from throughout the Borough, Monday-Friday. Providing nutritious lunches, it is more than an ordinary Lunch Club, providing invigorating opportunities from indoor sport, IT learning, singing, art, intergenerational activities with schoolchildren, outings and quizzes, and much more!	<p>Due to the pandemic we stopped providing lunches for 3 weeks in early January but delivered essential shopping to those who needed it. During this period, we stepped up our befriending calls with some users having daily contact with member of staff via the telephone.</p> <p>At the end of January the case rates began to lower and we made the decision restart lunches, free of charge in order to reduce contact once again doing the best we can to protect our service users. Since then we have provided lunches to around 40 service users twice a week resulted in 768 meals being delivered.</p>	<p><b>GREEN</b></p> <p>The Project is on track to achieving the desired outcomes. The Project has continued to deliver an adapted service delivering increased welfare phone calls, hot meals, essential shopping and booking in vaccinations for clients.</p>
Tower Hamlets	01/10/2019	£175,000		Due to the corona virus, THFN have ceased	<b>GREEN</b>

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Friends and Neighbours / Older Peoples Befriending Project	31/03/2023		THFN will be providing befriending and advocacy services to older people in the borough. Our team of befriender advocates will provide regular one to one support to people in their own homes and assist with making appointments and help in accessing services, as well as organising small group outings locally.	face to face visits and adapted services to support beneficiaries remotely through a tele befriending service. The calls enable support with: <ul style="list-style-type: none"> <li>• Welfare issues</li> <li>• Health issues</li> <li>• Family support</li> <li>• Increased advocacy</li> </ul>	The Project is on track to achieving the desired outcomes. The Project continues to support beneficiaries remotely through a tele befriending service ensuring that clients' welfare and health issues are being met/addressed; it continues to provide support for families of older people who do not live locally.
Toynbee Hall / The Wellbeing Centre at Toynbee Hall	01/10/2019 31/03/2023	£144,949	This project will offer holistic relational support to older people aged 50+ in Tower Hamlets. It aims to make Toynbee Hall's existing provision at our Wellbeing Centre more inclusive and responsive to needs and to build stronger networks of information sharing and peer-support between users and those not accessing services.	We have continued to focus on welfare calls, befriending, and digital inclusion work during the latest lockdown. Now that the restrictions are starting to loosen, we are planning to begin face to face activities again. At first this will concentrate on social activity, outdoor gardening sessions, and 121 IT support whilst we consult the community on what form they would like to see services take following lockdown. This is part of our commitment to continuous co-design.	<b>GREEN</b> The Project is on track to achieving the desired outcomes. The Project has continued to focus on welfare calls, befriending, and digital inclusion work during the latest lockdown - all of which are contributing toward achieving the overall outcomes of the project.



Scheme:	<b>1C – Access, Information and Self-Management</b>
Priorities:	1. Residents better informed/equipped to manage health conditions
Outcomes:	1. Residents of all ages are better informed/equipped to manage health conditions 2. Increased awareness of and access to local services, including crisis support 3. Residents and their families are aware of the benefits of healthy eating and eat more healthily

Outcome	Key Performance Indicator	Lifetime Target	Actual to date	Oct 20 – Mar 21 Target	Oct 20 – Mar 21 Actual	Notes
1	No. of people with increased knowledge, awareness and confidence to self-manage health condition	168	82	24	50	Indicator from Take Back Your Life project

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Globe Community Project / Take Back Your Life	01/10/2019 31/03/2023	£98,165	A mindfulness-based pain management programme, addressing chronic pain/illness, related social isolation and inactivity. Designed for Tower Hamlets residents with potentially lower language, literacy and income levels and/or from hard to reach groups. Based on the award-winning book: ‘Mindfulness for Health’ and delivered by experienced, fully accredited Breathworks trainers.	Oct-Dec - 1 x 9-week, online course (zoom), including pre-course 1:1 ‘Discovery’ sessions and post-course 1:1 ‘What Next?’ sessions’ 1:1 phone support session for 7 participants who can't access zoom. Jan-Mar - 9-week online Zoom Take Back Your Life for 8 participants and 2 course supporters who have attended previous programs. Weekly follow-on zoom sessions for attendees of previous courses. Pilot 1:1 zoom Health coaching sessions for 3 people; 10 1:1 sessions.	<b>GREEN</b> The Project is on track to achieving the desired outcomes. The Project has been able to deliver well considering the ongoing C-19 pandemic. Good partnerships forged with the NHS to recruit post-covid patients to the pain management courses

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Real DPO Ltd / Taking control of your life	01/04/2020 31/03/2023	£218,714	The "Taking control of your life? project delivers creative support planning support alongside a user-led co-production group harnessing the views of people with lived experience of disability. This project maximises independence, supporting people to make decisions on how they want to fulfil their ambitions and also help 'change the system'.	<p>Oct-Dec We have created several internal and external resources such as Taking Control of Your Life client journey map to streamline services, a glossary of terms, consent form, equality and diversity form, checklist of resources, a service flyer and poster. Due to our work moving online and virtually, we have created a Zoom guide for clients and professionals to attend meeting or events, to help our clients access our service.</p> <p>Jan-Mar Taking Control of Your Life service and Real has been awarded the Advice Quality Standard Accreditation. We have formalised our processes and procedures and created the following guides: Client initiated support request, signposting and referral, monitoring non-engagement, obtaining feedback, delays in service delivery, liaising with third parties, case closure, casework supervision and independent file review. We are seeking to create another 16 procedures to ensure uniformity of service.</p>	<p><b>AMBER</b></p> <p>The project manager is leaving, and a replacement needs to be appointed. LBTH Officer will work with organisation to ensure project achieves lifetime targets</p>

Scheme:	<b>1D – Healthy living and healthy choices</b>
Priorities:	<ol style="list-style-type: none"> <li>Residents better informed to make healthier choices</li> <li>Increased engagement in physical activity</li> </ol>
Outcomes:	<ol style="list-style-type: none"> <li>Increased participation in a wide range of culture, play, physical activity, leisure and sport that are inclusive of age, gender, disability, race and mobility</li> <li>More social opportunities for reducing isolation through participation in culture, play physical activity and sport.</li> <li>Increased participation from marginalised groups</li> <li>Creating opportunities for intergenerational relationships, shared experience through culture, play, physical activity, leisure and sport for all above</li> </ol>

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1	Number of previously inactive children, young people and adults participating in sports and physical activity regularly.	700	167	100	40	From healthy active together project
2	Beneficiaries will state they are less isolated or excluded	438	31	62	13	From healthy active together project
3	Increased participation from marginalised groups	1103	310	57	96	

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London Tigers / Exercise for health: BAME women, children and young people	01/10/2019 31/03/2023	£149,590	Exercise for health project delivers a series of sports, physical activities and health-related workshops for women, young people and children to make positive choices about their health and wellbeing. It will provide pathways to stay involved, excel in sports, and	The project has continued use online platforms to engage women and children who are feeling lonely and isolated due to the pandemic. The sessions supported a group of 25 new children and 21 from the previous quarter / 48 new women and 46 from last quarter. Most participants have reported positive feedback on improvements in both their health and wellbeing.	<b>GREEN</b> The project is on track to achieving the desired outcomes. It hopes to resume in-person activities in the summer or when it

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			develop healthier habits for life.	The online sessions included tailor-made 2 aerobics sessions, 1 boxing session and 1 chair-aerobics. The project organised walking challenge group where members uploaded their daily walking steps covering a minimum of 6000 steps daily and a maximum of 20,000 steps; star achievers names were highlighted to inspire and motivate others in the group.	is safe to do so.
MUDCHUTE ASSOCIATION / Playing out at Mudchute	01/10/2019 31/03/2023	£70,000	We will use Mudchute’s unique natural facilities to provide a range of freely chosen play opportunities in a safe, stimulating environment. Enabling children access to participate in freely chosen, innovative leisure and sporting activities will promote; exercise, healthy eating, social and life skills through the process of ‘Learning through Play’	Have been successful in the use of digital resources, making the most of Social Media to ensure that it has continued to offer provision in the form of workshops. These have consisted of updates on the farm and the animals and arts and crafts workshops designed to offer activities for the festive season. Mudchute will continue with its co-design ethos, offering local people the opportunity to have an input into the service through consultation, using questionnaires to evaluate and develop the service.	<b>GREEN</b> The project is on track to achieving the desired outcomes. It hopes to resume in-person activities in the summer term, starting with play provision for visitors during the May Bank Holiday.
Newark Youth London / Healthy-Active-Together (HeAT)	01/10/2019 31/03/2023	£98,399	The Healthy-Active-Together (HeAT) project will offer a wide range of sports and physical activities across the borough with the objective of engaging inactive young people (10 to 25) and their families in regular sports and physical activities to improve health and wellbeing and reduce isolation and exclusion.	The project delivered 39 online sessions in total, 23 for CYP, 16 women and adult sessions. There were 15 new women and 1 new CYP registering in this quarter. The project worked with the 4 online sessions - 2 sessions on Monday & Wednesday @ 5pm, using Zoom for children and young people (CYP) (10-19-year olds). There was a regular women only session every Tuesday at 6pm to keep women connected, active and support their wellbeing. The other session was mixed adults’ session every Wednesday 6pm to attract new adults, to become active during the lockdown.	<b>GREEN</b> The project is on track to achieving the desired outcomes. It hopes to resume in-person activities as the lockdown eases.

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				The Project Manager notes that the sessions are providing vital routes to helping people stay active and maintain their wellbeing as evidenced in evaluation questionnaires. Participants are more aware of the benefits of physical activities and healthy eating, taking part in regular physical activities about what they are eating and looking out for food that is bad for them.	
Stifford Centre Limited / Healthy Lifestyle Partnership Programme	01/10/2019 31/03/2023	£280,095	A free membership health club with over 20 different classes and groups per week, brought to you by seven different organisations working together. Build points, beat your personal best and feel your health improve. Health Club is suitable for all ages, and participants will design the activity program alongside providers.	Stifford Centre: An average 10 women / 8 men attended healthy activity sessions including sit fit classes, aerobics sessions for women, yoga through zoom. Have received positive feedback from participants from 1-2-1 telephone and group sessions. Shadwell Basin: This period included online sessions almost all the way through, with sessions taking place onsite from 29 March only. The online sessions were well received and had good attendance overall. Stepney City Farm: The project is currently only working with volunteers who have been participating regularly since before the pandemic. Dorset Community Association: The project has continued to deliver remote session, having suspended face-to-face sessions. Black Women’s Family and Health Support (BWHAFS): BWHAFS were closed permanently on 31 March 2021. The project provided very limited activity during this quarter due to the closure of the organisation.	<b>GREEN</b> The project is on track to achieving the desired outcomes. The partnership is monitoring changes in guidelines to ensure that safe and controlled activities will continue in person throughout the summer.
The Bangladesh Youth Movement (BYM) / Live	01/10/2019 31/03/2023	£75,397	‘Live Healthy, Enjoy Life’ will operate from BYM’s Women’s Centre providing proactive and responsive health	Continued to deliver the women health activities remotely/on-line. An average 15 women attended healthy activity sessions including, aerobics classes and domestic violence awareness workshop. 5	<b>GREEN</b> The project is on track to achieving the desired

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Healthy Enjoy Life [the Female Health & Development Project]			development activities which ensure excluded BAMER women develop healthy lives and manage their own physical and mental health; peer volunteer befriending and development of social networks will alleviate isolation and facilitate inclusion.	attended workshops on volunteering, building skills/confidence and developing a stronger community.  17 attended sexual health workshop through zoom. Have received positive feedback from participants from 1-2-1 telephone and group sessions. Additionally, there have been 1-2-1 support including signposting, advice and guidance on various matters according to the needs of the participants.	outcomes. It hopes to resume in-person activities in the summer or when it is safe to do so.
The Royal Society for Blind Children / Live Active, Live Well Tower Hamlets	01/10/2019 31/03/2023	63,463.00	Live Active, Live Well Tower Hamlets will enable 60 blind and partially sighted young people aged 8-25 to gain the confidence and motivation to participate in physical activities and inform their ability to make healthier choices over the next three years.	During October to end December, 16 of the 20 Live Well Live Active beneficiaries have continued to benefit from 1:1 support with 34 sessions provided across the quarter. Staff continued to motivate children and young people to keep active through sharing Health & Wellbeing workout activities and talking through them. In addition, all participants received a Holiday Workout Plan via email. Jan-Mar - the project have recruited 11 new starts and delivered 24 sessions. The 1:1 sessions continued to provide focused support, helping participants find effective ways of managing feelings of isolation and putting in place personal goals to help them remain active.	<b>GREEN</b> The project is on track to achieve their lifetime targets

Scheme:	<b>1E – Improved inclusion, health and well-being outcomes for disabled people and people experiencing mental health issues</b>
Priorities:	<ol style="list-style-type: none"> <li>1. Improved health outcomes for disabled people</li> <li>2. People experiencing mental health issues are better supported</li> </ol>
Outcomes:	<ol style="list-style-type: none"> <li>1. More mainstream services are culturally inclusive, welcoming and accessible for disabled people and people experiencing mental health issues from different ethnic backgrounds, different faith backgrounds, and who are LGBTQI</li> <li>2. Adults with complex needs (i.e who have multiple issues affecting their lives) have better health outcomes</li> <li>3. Disabled people and people experiencing mental health issues;                     <ol style="list-style-type: none"> <li>a) are more independent</li> <li>b) are more aware of and more likely to participate in local services</li> <li>c) have a better quality of life</li> </ol> </li> <li>4. People experiencing mental health issues have improved knowledge of where to access support, including peer support, social activities, and activities that build confidence and develop resilience</li> </ol>

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3a	Deaf and hard of hearing adults and families will feel less isolated (some individuals will participate in more than one activity meaning a higher number than total unique participants)	294	108	42	25	

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deafPLUS / Improving Health and Wellbeing for	01/10/2019 31/03/2023	£158,249	A borough wide health and wellbeing project that will address health inequalities,	Oct-Dec We have organised 13 events including a 6-week healthy eating cooking course. As the government has failed to provide interpreters when	<b>GREEN</b> During this period, the project has been incredibly busy, with

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
Deaf and Hard of Hearing people in Tower Hamlets			loneliness and isolation, mental health issues and barriers to employment, lack of confidence and self-esteem by bringing deaf and hard of hearing people together across communities.	making COVID 19 update we have produced workshops and videos in British Sign Language to make sure clients are informed of the restrictions etc. Jan-Mar The third lockdown this has had an impact with leisure centres still being closed but we've been able to deliver deaf awareness sessions to one of the sport providers	lots of events taking place. However, this has been a challenge with the third lockdown and being unable to have face-to-face events yet. The project is on track to achieve their lifetime targets.
ICM Foundation CIC / CORE Projects Get Active Newspaper - Promoting Healthy and Active Lifestyles	01/10/2019 31/03/2023	£45,952	From October 2019 to March 2023, 20 people with learning disabilities aged 18+ from Tower Hamlets will work in partnership with ICM Foundation. Three times each year we will design and deliver 5000 accessible newspapers, on the theme of health and wellbeing, distributed to communities that reflects the borough's diversity.	The second online edition of the newspaper was distributed to disability groups and users via email in January. This focussed on online activities and current COVID-19 health messages. We also organised an online film night in January with 12 attendees. We have maintained contact with our service users through our online sessions and have also encouraged other services to participate in our sessions too.	<b>GREEN</b> The project is on track to achieve outcome targets
St Hilda's East Community Centre / St. Hilda's Surjamuki Disabled Youth Project	01/10/2019 31/03/2023	£45,231	Surjamuki disabled youth project supports young people with learning and physical disabilities across Tower Hamlets, offering a range of educational and recreational opportunities and free wheelchair accessible minibus transport.	The project team have continued to deliver an outreach service on the doorstep to young people and their families and in a virtual/online space by supporting the young people engaged to get online and keep their minds healthy and active.	<b>AMBER</b> The project has continued to be affected by staffing and bereavement issues. A new youth staff member has been recruited to support the project and the project plans



Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
					to re-engage and rebuild momentum. It is anticipated as lockdown eases and community/public facilities open up the Project will be better able to serve disabled young people. This will ensure the Project is on track to achieving the desired outcomes.
Woman's Trust / Therapeutic Support Groups for women affected by Domestic Abuse	01/10/2019 31/03/2023	£67,478	Our Therapeutic Support Groups provide a safe, moderated space for female survivors of domestic abuse to share experiences and support each other. Groups help women to recover their mental health by reducing isolation, learning from shared experiences, being empowered by supporting others and thereby gaining confidence and independence.	<p>Oct-Dec Two groups completed during this quarter: 1) 26/8/20 to 14/10/20 and 2) 21/10/20 to 16/12/20. Several of the clients from the groups were referred by NHS talking therapies; others by Hestia, Victim Support and self-referral, showing the need for our specialist DA therapy. The project aimed for 6 clients in each zoom group. In the first group, there were some issues with 3 of the clients which meant they did not attend. The project was able to book in 7 women to the second group (knowing there would be drop off). All attended at least one session, with 4 women attending regularly.</p> <p>Jan-Mar The project had one group that completed during this quarter: 14/1/21 to 11/3/21. A second group began on 18/3/21 and will be reported on next quarter. The group began with 6 women (and so was full) referred by Overland Children’s Centre, Victim Support, Tower Hamlets Talking Therapies and three self-referrals.</p>	<b>GREEN</b> The project is on track to achieve their lifetime targets
Working Well	01/10/2019	£379,698	Improve the wellbeing of	Oct-Dec Have continued to adapt its service to meet the needs of	<b>GREEN</b> The project is on track

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
Trust / Upskill	31/03/2023		people with lived experience of mental health by supporting them to achieve their goals by accessing new opportunities and including support from their peer, enabling to reconnect with the local community.	<p>increasing referrals. Have seen more clients changing goals to access online qualifications. Although unable to offer one to one support at this time have engaged online and via phone to offer and support clients to access training volunteering and employment activities as well as befriending and wellbeing opportunities. Have further been able to offer clients the loan of IT equipment such as laptops and smart phones via Working Well trust digital inclusion project which has addressed issues of isolation with some of their most vulnerable clients.</p> <p>Jan-Mar</p> <p>Due to staff recruitment this quarter Upskill have been slightly below targets though reached 88% of engagement outputs and had some notable successes with individual clients becoming involved in covid response volunteer opportunities including NHS befriending service signing up for the digital inclusion project signing up to new skills and access online opportunities.</p>	to achieve their lifetime targets

Theme / Scheme:	<b>2 – Digital Inclusion and Awareness</b> <b>2A – ICT Skills and Digital Careers</b>
Priorities:	<ol style="list-style-type: none"> <li>1. Access to ICT support and training for older people</li> <li>2. Digital skill development for children and young people             <ol style="list-style-type: none"> <li>a) Increase awareness of careers in the digital sector, and</li> <li>b) Provide children and young people with the opportunity to develop the skills for the digital sector.</li> </ol> </li> </ol>
Outcomes:	<ol style="list-style-type: none"> <li>1. Residents with limited digital/ICT skills, particularly older residents, disabled residents, those with English as a second language or other barriers to digital inclusion:             <ol style="list-style-type: none"> <li>a) Have increased confidence in using ICT, especially around security;</li> <li>b) Are able to use digital methods to access services, find information, and communicate with others, and do so more regularly;</li> <li>c) Have increased digital skills.</li> </ol> </li> <li>2. Working age residents have greater awareness of digital careers, have increased digital skills, and have increased access to work and work placements in the digital sector</li> </ol>

Outcome	Key Performance Indicator	Lifetime Target	Actual to date	Oct 20 – Mar 21 Target	Oct 20 – Mar 21 Actual	Notes
1a	Have increased confidence in using ICT	286	166	40	57	
1b	Are able to use digital methods to access services	155	165	23	58	
1c	Have increased digital skills	96	110	14	38	

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
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Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
Limehouse Project / DigiTIES	01/10/2019 31/03/2023	£62,297	The aim of DigiTIES workshops is to prevent digital exclusion in older adults in order to prevent social isolation and increase their ability to access online health related support. The content of the workshop includes how to use social media, managing email accounts, and accessing online health related support services.	Limehouse Project has adapted our service delivery for DigiTIES, to ensure we support older and the most vulnerable individuals in Tower Hamlets, largely from BAME communities at risk of further social and digital exclusion during the crucial time of the pandemic and lockdowns. We have created additional material aimed to support beneficiaries to access more information of support during this period, provided one to one support remotely through different methods such as face time, telephone calls/social distance visits to drop materials/tablet and phone donations (Covid & H&S Compliant)	<b>GREEN</b> The Project is on track to achieving the desired outcomes. The Project has continued to provide remote support to existing clients to progress their digital skills as well as supporting new participants on the programme. Strong partnerships in place.
Newham New Deal Partnership / @online club network Tower Hamlets	01/10/2019 31/03/2023	£68,320	@online club network will build the confidence of older residents (over 50s) to go online using tablet devices, learning in small friendly groups, through taster sessions and eight-week or longer programmes of practical activities based on the needs and interests of participants.	Oct-Dec We collaborated with Wise Age, an over 50s employment specialist based in Bethnal Green, to market the programme to Tower Hamlets residents who were unemployed or under-employed and registered with them. We originally had seven residents registered, but this reduced to six. We brought forward the socially distanced face to face induction session, which included a practical ‘how to’ session on tablet devices to Wednesday 28th October 2020. Jan-Mar During lockdown we have promoted the project: Emailed GP practices who have the highest levels of digitally excluded patients. Emailed housing associations with sheltered housing schemes in Tower Hamlets (many have their own digital support programmes) Undertaken Twitter to publicise the Tuesday advice line	<b>GREEN</b> The Project has supported 2 existing clients (over 50s) Jan-Mar and additionally recruited 2 new volunteers via Volunteer Centre Tower Hamlets. It is anticipated that as lockdown eases and community centres open up, the project will be to collaborate with other voluntary and community organisations and offer sessions on site. Once this happens the project will be on track to achieving the desired outcomes.

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
Wapping Bangladesh Association / Digital First	01/10/2019 31/03/2023	£16,503	Digital First will engage socially isolated BME older adults aged 55+ but not exclusively living in Wapping and Shadwell, who are not computer literate and are digitally excluded. The Project will deliver ICT and Internet training that will help older adults to cope with facing key life transitions or challenges.	Despite the hard time that we all have been facing due to Covid-19 over the year, Wapping Bangladesh Association have been working hard to deliver the services to our users those who have been registered to our digital project. We have met all specified KPI target successfully as we have delivered 6 sessions to 6 participants out of total 7 registered to the project. They have achieved more than 93% success result in terms of gaining digital knowledge. They have been contacted through to our WhatsApp sessions carried out by project tutor.	<b>GREEN</b> The Project is on track to achieving the desired outcomes. The Project has been able to continue supporting service users registered on the digital programme the project participants have also benefitted from other services such as receiving food and medicine collection and delivery.

Scheme:	<b>2B – Online Safety</b>
Priorities:	1. Children and young people online safety
Outcomes:	1. Residents are aware of potential dangers online and implement suitable prevention measures 2. Children, young people and their families know how to report online bullying and abuse 3. Older people are aware of how to identify online scams and how to keep themselves safe

Outcome	Key Performance Indicator	Lifetime Target	Actual to date	Oct 20 – Mar 21 Target	Oct 20 – Mar 21 Actual	Notes
1	Participants have increased confidence with online safety	343	159	49	55	

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
SocietyLinks Tower Hamlets / E-Safety Champions	01/10/2019 31/03/2023	£20,293	The E-Safety Champions project will train local women to become ‘champions’ for e-safety in the community. Weekly workshops will cover all areas of online safety. Once trained, our champions will go into schools and community groups to spread their knowledge to young people and parents/carers through presentations and workshops	Our group have been actively engaging in online projects where they have completed sessions with their children-learning how to navigate Instagram safely and use its features without sharing personal data. Our group have also come together and set-up a separate group focused on Autism Awareness as a few members of our group are parents of autistic children. This group is doing incredibly well with online meets and special guest speakers and has engaged numerous parents and carers who are wanting to learn more about services and support available. They have built up the confidence through their attendance at the sessions and support from our staff team to set-up, chair and manage online zoom sessions with numerous participants. They have displayed awareness of online etiquette, safety and respect for people’s privacy.	<b>GREEN</b> The Project is on track to achieving the desired outcomes. The Project has continued to support via online and practically such as food packs distribution, learning resource distribution and online programs such as cooking together and general knowledge quizzes.
Sporting Foundation / Building	01/10/2019 31/03/2023	£30,811	Sporting Foundation will build the digital resilience of children	The Digital resilience project has now matured. We have been able to review with participants and partners in building a more bespoke programme this year. One of things	<b>GREEN</b> The project is on track to achieving the desired

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
Digital Resilience			and young people and raise the awareness of online safety with parents so that as families they are safe from risk and able to utilise digital resources and managed effectively and reduces harm.	<p>we learnt was that smaller groups were more conducive to learning and people having the confidence to ask more questions.</p> <p>Unfortunately, majority of this project’s life span we have been under COVID-19 restrictions. However, we have managed well and both the young people their parents have been excellent in learning from the workshops and other interactions. We have also added mental and health wellbeing as a supplement due to the prolong lockdown and the effect was having on young people in particular.</p>	outcomes. The Project is continuing to provide online digital services to parents and young people in small groups more conducive to learning. The Project has supported parents and young people with mental health and wellbeing resources these past 6 months.

Theme / Scheme:	<b>3 - Advice and Information</b>
Priorities:	This theme has a single priority, Social Welfare Advice and Information.
Outcomes:	<p>Reduce poverty across the spectrum of social welfare advice and information activity:</p> <ol style="list-style-type: none"> <li>1. Increased access to social welfare advice and income from benefits</li> <li>2. Improved personal budgeting, financial stability and reduction in personal debt</li> <li>3. Reduction in the number of people negatively impacted by welfare reforms and housing repossessions</li> <li>4. Individuals are more informed about their legal rights</li> <li>5. Individuals are more informed about their housing rights</li> <li>6. Increased employment security</li> <li>7. Increased access to immigration/asylum advice and casework</li> <li>8. Increased engagement of older people with social welfare advice services</li> </ol> <p>Capacity building and training within the sector:</p> <ol style="list-style-type: none"> <li>1. Improved coordination and cooperation between advice providers</li> <li>2. Increased integration of service both within the VCS advice sector and with services in other sectors</li> <li>3. Increased number of local volunteers achieving a recognised advice training accreditation</li> <li>4. Improved liaison and co-ordination with public sector agencies</li> <li>5. Improved access to information for providers</li> </ol>

Outcome	Key Performance Indicator	Lifetime Target	Actual to date	Oct 20 – Mar 21 Target	Oct 20 – Mar 21 Actual	Notes
1-8	Number of clients assisted	73,500	29,469	11,500	9,641	
1-8	Number of New Matter Starts (NMS)	122,500	53,925	17,500	17,346	
3	New matter starts successful by challenging decisions	52,493	22,900	7,499	7,793	
3	Clients supported to increase / maximise incomes	12,950	6,915	1,850	2,143	
	Income increased and / or backdated	£80.5m	£30.1m	£11.5m	£12.3m	



Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
East End Citizens Advice Bureaux / Advice Tower Hamlets	01/10/2019 31/03/2023	£3,234,357	Advice Tower Hamlets provides free, confidential, independent, quality-assured advice services to help Tower Hamlets residents resolve the problems they face, including welfare benefits, housing, money/debt, employment, immigration, consumer, education, community care, family, personal issues. This service is led by Citizens Advice Tower Hamlets, in partnership with twelve local advice agencies.	<p>LCF partners suspended face to face services and transitioned to telephone and online support following government guidelines and this continues although some agencies are now reverting back to some face to face advice.</p> <p>This has affected numbers due to the halt of drop in services and a decreased service due to many of our service users, largely from the BAME community possessing digital and language, as well other multiple barriers affecting their ability to engage in all our services.</p> <p>This report reflects the impact of the pandemic situation as well as the start to a new year We have seen a change in case matters affecting individuals, such as facing employment issues resulting in sudden losses of income, thus resulting in a surge of UC claims, need of food bank support and other financial support and this continues into 2021.</p> <p>Our advice services continue, and clients booked and contacted via telephone and SMS and supported. This includes help with forms where clients are unable to read and write any issues, they may have with UC verification and inability to log into their UC accounts, advice to the self-employed. We continue to promote community cohesion through partnership working which helps improve understanding for clients.</p>	<p><b>GREEN</b></p> <p>The Project is on track to achieving the desired outcomes. The Project is continuing to provide phone and on-line support. The KPIs will have been affected due to stop in drop-in services. The Project is still providing support and working with clients to resolve issues.</p>
Island Advice Centre / Tower Hamlets Advice Training and Capacity Building Project	01/10/2019 31/03/2023	£175,000	The project improves capacity, training, quality and access to the borough’s advice services. We will develop coordination and cooperation between advice and other sectors providing recruitment and	<p>The project has developed from recruiting volunteers to increasing training services and information, this was due to lack of suitable volunteering work placements caused by office closures during Covid.</p> <p>Training sessions delivered digitally: Learning to Advise, a nationally recognised certificate, open to both voluntary and paid advisors in Tower Hamlets – there are 18 participants on this Advice work training workshops. One off, advice related</p>	<p><b>GREEN</b></p> <p>The Project is on track to achieving the desired outcomes. The Project has developed from recruiting volunteers to increasing training services and information. Sessions</p>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
			<p>training for volunteers, facilitation of the THCAN network, updated website of advice provision and information / factsheets, coordination of meetings, delivering formal training.</p>	<p>workshops. Open to all sector workers: social prescribers, mental health and other support workers, housing providers, tackling poverty, etc.                      NVQ workshops. We offer NVQ Level 3 and 4 in Advice and Guidance.</p> <p>Networking activities 5/2/2021 meeting, plus sub meetings on referral system. The partnership has been busy setting up a digital referral system, in very early stages but currently 4 organisations are part of it: IAC, BBBC, FF, LBTH with another 4 due to join within the next quarter. The long-term aim being for a centralised referral system for both advice, non-advice agencies (and clients) to use.</p>	<p>have been delivered digitally via Zoom</p>

Theme / Scheme:	<b>4 – Employment and Skills</b> <b>4A - Developing and embedding good practice in the workplace for people with disabilities, learning difficulties and physical and mental health barriers to work</b>
Priorities:	1. Promoting ethical employer practices to focus on improving employment and progression opportunities for people with additional needs, with an emphasis for employers on sustaining or improving business productivity.
Outcomes:	<ol style="list-style-type: none"> <li>1. More disabled people and people with mental health issues access work experience placements and employment opportunities</li> <li>2. Disabled employees feel more comfortable and better supported in sustainable roles in the workplace</li> <li>3. Disabled people have access to meaningful, relevant training and skills development</li> <li>4. Tower Hamlets employers are more inclusive and employ more disabled people and people with mental health issues and are more aware of how to support them.</li> </ol>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
REAL DPO / Then and Now	01/04/2020 31/03/2023	£405,729	A holistic package of services, underpinned by coproduction, to support Tower Hamlets companies develop the confidence and capacity to be excellent employers of disabled people, and increase levels of employment amongst them. The project creates communities of current and potential workers, and employers, to drive positive change.	<p>The ‘THEN and NOW’ Inclusive Employment Project has built on the extensive planning and promotional work already undertaken and has begun to deliver on the aims, outcomes and services as stated in the project funding agreement. We have now held two training events in collaboration with Evenbreak for local employers with a third scheduled for April 2021.</p> <p>We have also held another NOW Coproduction session in this quarter and have the next session booked in for April 2021. The session focused on reviewing the guides that are to be provided to all THEN members and ensuring the groups ideas and issues are incorporated into these. This has taken some time as there are strong and sometimes conflicting feelings from the group members about what should be included but engagement from members has been strong. We hope to have the first three guides finalised following the next NOW group session and ready to go out to THEN members soon after.</p>	<p><b>AMBER</b></p> <p>The project manager is leaving, and a replacement needs to be appointed. LBTH Officer will work with organisation to ensure project achieves lifetime targets</p>

Scheme:	<b>4B - Reducing barriers to employment for disadvantaged groups</b>
Priorities:	<ol style="list-style-type: none"> <li>1. Reducing barriers to employment for disadvantaged groups</li> <li>2. Employment and volunteering opportunities for older people</li> <li>3. Employment skills for vulnerable young people and those who are NEET</li> <li>4. Employment and skills for young people at risk of achieving poor outcomes</li> </ol>
Outcomes:	<ol style="list-style-type: none"> <li>1. Young people have increased life skills, employability skills, communication /presentation and interview skills and confidence, and have access to mentoring, work experience and internships</li> <li>2. Older people gain life skills and secure employment and/or voluntary roles</li> <li>3. Potential entrepreneurs/business founders have access to independent support and advice and increased knowledge of business and financial planning</li> <li>4. Increased opportunities for women who are far from the labour market or on a low salary to develop their confidence, soft skills, and work ready skills to access employment or start their own business.</li> </ol>

Outcome	Key Performance Indicator	Lifetime Target	Actual to date	Oct 20 – Mar 21 Target	Oct 20 – Mar 21 Actual	Notes
1 - 4	The number of people who are NEETs and/or from workless households) access employment support at SocietyLinks’ job club every year to assist their employment prospects.	350	140	50	47	Indicator from the SocietyLinks Job Club
1	Number of young people engaged on a consistent voluntary basis, minimum of one face to face intervention per a week	157	48	22	13	Indicator from St Giles Choices project
4	Women self-report an improvement in personal and/or professional skill	60	70	9	25	Indicator from Limehouse Project Developing Potential project

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
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Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
Limehouse Project / Developing Potential	01/10/2019 31/03/2023	£176,033	Developing Potential is an integrated programme of personal skills development designed to enable women to make informed choices on their futures, supporting them into training, volunteering and work. This project will link with the existing provision and act as a progression route forwards new opportunities for women in Tower Hamlets	Have continued adapting to remote delivery and working alongside delivery partners. Following Covid-19 government guidelines, remote participation has taken place (with priority face to face or extra support sessions for those struggling with digital inclusion set in line with Tier guidance). Continue with regular 6-month cohorts of Childcare, TA and other functional skills level 1 and 2 courses and further non and accredited programmes internally and sourced externally. These include identified need such as Health and well-being, Paediatric first aid, health and safety, Business admin, IT, along with planned innovative sessions around employability, mental health and well-being to provide well rounded support for beneficiaries' development and enable progression.	<b>GREEN</b> The project held a join event around DP with THH, Account 3 and WIT for International Women day, showcasing their courses and a DP participant shared her journey to becoming qualified and employed. The project is on track to achieve their lifetime targets.
SocietyLinks Tower / Job Club	01/10/2019 31/03/2023	£53,536	This project will deliver two weekly job club sessions Mondays and Wednesdays 9-12 pm run by our experienced employment support worker. The sessions will include access to computers and tailored employment support with creating a CV, accessing emails, job searching, applications and using Universal Job Match.	We have continued to support service users online via email and telephone conversations. Many individuals who have come forth for employment support are young adults 19-25 years old who are either at university and have reduced learning and interactive hours and therefore are able to have time for part-time employment or those who have left education and are currently in between courses, training or employment. Other young people have expressed an interest in securing summer work for themselves once they have finished school and college.	<b>GREEN</b> Vacancies are currently very scarce still especially in the retail sector where young people usually are successful with applications however the project have seen an increase in vacancies and opportunities in the construction field and have encouraged individuals to pursue this if they are suitable and interested. The project has also been able to refer them to a training company that offers courses to receive qualifications to enable them to kickstart a career in construction. The project is on track to achieve their lifetime targets.
St Giles Trust	01/10/2019	£198,800	We will support NEET Young	We have continued to offer support during the	<b>GREEN</b>

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
/ Choices Tower Hamlets	31/03/2023		people who are facing multiple disadvantages to access education, skills development and employment. The project will deliver credible, consistent and holistic work via individualised one-to-one support, supporting the young person to address and overcome barriers to raise their aspirations and towards reaching their potential.	latest COVID lockdown, this has been predominately remote support with the option of COVID secure face to face for any emergencies. We engaged 9 new clients in Jan-Mar with referrals coming from Look Ahead Housing, Safe East and Probation. With employment opportunities being very limited at present for the client group due to the lockdown, we have focused on supporting the clients to increase their long-term employment prospects by progression into training opportunities. We had 6 young people who moved into training this quarter. This included Introduction to Childcare course, Functional skills Maths, SIA security training and a Nandos Customer Service programme.	With the introduction of the Kickstart Scheme, St Giles is acting as a national Kickstart employer and they have been able to recruit a Trainee Caseworker who will support the delivery of this project alongside their experienced caseworker. These Kickstart roles are in keeping with their general ethos of giving those with lived experience the opportunity to give the benefit of their experiences, having a young person who has had similar experiences, or can relate to their client group, will be good for the project. The project is on track to achieve their lifetime targets.
Stifford Centre Limited / BAME Women's Employment Support Programme	01/10/2019 31/03/2023	£106,323	This project will run a training programme to help long-term unemployed and economically inactive, isolated and disenfranchised BAME women and improve their job prospects. The focus is on carers and single parents of Bengali, Somali and BAME heritage with limited English language, confidence and secondary education for community learning.	Have delivered ESOL classes through Zoom. Participants are slowly becoming familiar with the digital platform. Their family members are helping them to join sessions. Our ESOL and Health & Social is continuing. Are delivering sessions with the smaller group of participants. Some employability sessions i.e. mock interview, CV preparations have delivered one-to-one through WhatsApp.  Jan-Mar - have delivered business start-up training. Steering group meeting also carried out in this quarter. All participants thoroughly enjoyed the sessions. This again boosted their confidence, networking and social skills and general awareness and understanding encouraging integration.	<b>GREEN</b> Re: Steering Group meetings – An outcome in particular that was positive is many of participants that have enrolled onto the project have built up their confidence since first joining. The project is on track to achieve their lifetime targets.

Scheme:	<b>4C - Support focused on increasing access to art and cultural industries</b>
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Priorities:	1. Support focused on increasing access to art and cultural industries
Outcomes:	1. Increased opportunities in the arts and cultural industries for BAME people, women, disabled people, working class people, older people; 2. Increased access to industry relevant training; 3. Increase in people participating in arts projects for the first time

Outcome	Key Performance Indicator	Lifetime Target	Actual to date	Oct 20 – Mar 21 Target	Oct 20 – Mar 21 Actual	Notes
1	Numbers of BAME and working-class young people attending portfolio review and mentoring workshops per annum, portfolio review and mentoring in Tower Hamlets schools focussing on HE progression for young people in particular BAME	630	114	90	22	Indicator from Auto Italia South East Learning Live! project

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
Auto Italia South East / Learning Live!	01/10/2019 31/03/2023	£38,500	Learning Live! is a training and mentoring programme designed to support young people in Tower Hamlets progression into higher education courses, with the aim to aim to increase access into the art and cultural industries.	We continued delivery of Strand 1 activities as online workshops in response to the ongoing legal restrictions in place for Covid-19. In Qtr4 Jan-Mar we delivered 6 online after school workshops for 22 participants. Participants in Qtr4 workshops collaborated to produce Issue 2 of 'Vaccine' a collaborative online magazine project that we have been producing with service users over the past year.	<b>GREEN</b> Strand 1 - Creative Technologies - They achieved their highest workshop attendance rate to date at 26 participants  Strand 3 - Creative Futures have adapted activity to become 121 extracurricular workshops offered within Strand 1 online workshop activity. The project is on track to achieve their lifetime targets.
Four Corners Ltd / ZOOM	01/10/2019 31/03/2023	£284,806	ZOOM Film School will work with 90 disadvantaged	In October the ZOOM project focused on recruitment, reaching out to local community organisations with direct flyer and poster drops at	<b>GREEN</b> The project is on track to achieve their lifetime targets.

Organisation / Project	Start / End Date	Grant Amount	Project Description	GDSC Progress Summary – Oct 20 – Mar 21	RAG Rating / Comments
Film School			residents particularly BAME communities, women and people with disabilities to nurture their creative talent, increase confidence and self-esteem, and enable them to acquire the practical skills, experience, and industry knowledge needed to move into work in the creative industries.	<p>numerous locations along the Roman Road and various community venues such as the Brady centre and Rich mix.</p> <p>In Jan we interviewed and recruited our new ZOOM cohort. We received 51 applications, interviewed 25 people and recruited 18 trainees. We recruited two more trainees than our target of 16 in an aim to both pick up numbers from last year and cover ourselves for potential dropouts this year. 8 trainees started and 6 are continuing. Two trainees dropped out of the FEB cohort by the end of March 2021. One due to long-term illness and the other due to gaining employment in the camera department on a film shoot.</p>	
Magic Me / Artworks	01/10/2019 31/03/2023	£96,587	<p>Artworks is a new traineeship delivered by arts charity Magic Me, identifying and supporting talented Tower Hamlets Residents from BAME and working-class backgrounds to gain the knowledge, skills and confidence to access careers in community arts coordination and producing.</p>	<p>Our trainee was able to work for her full 3 days again from October, following a period of part time furlough in September</p> <p>She has made huge progress in terms of her communication and ability to work unsupervised, which has made it possible for her to continue her placement with us until her contract finishes in January, despite long periods where we are all having to work from home.</p> <p>The first trainee completed her traineeship in January 2021.</p> <p>Magic Me supported the first trainee to find and meet virtually with a mentor from January - March to support her transition out of the placement, to clarify her goals for a career. She received support from Magic Me staff at the end of her placement who supported her set up a LinkedIn online profile and CV writing.</p> <p>The first trainee confirmed she had secured a job</p>	<p><b>GREEN</b></p> <p>The project is on track to achieve their lifetime targets.</p>



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				as a Junior Content Producer for a marketing agency in March 2021.	
The Bromley by Bow Centre / Creative Communities	01/10/2019 31/03/2023	£202,237	Our project will equip at least 180 people from under-represented communities to increase their participation and readiness for employment in the creative sector. We will do this through a flexible community-based programme of engagement, needs assessment, practical group work and 1:1s, combining personal and core skills development, with individual support.	<p>Our fortnightly webinars have driven the participation intake and interest of participants; this has increased interest 372 Followers in Instagram  <a href="https://www.instagram.com/bbbccreativefutures/">https://www.instagram.com/bbbccreativefutures/</a>                      Average ages of followers 32% are between 25 – 34 and our 35 - 44-year-olds equate to 29%, interestingly 52% women 48% men. The activity of people’s access/usage to our pages tends to be consistent from 9 am – 6 pm and then drops off, the account receives the most activity on Fridays.</p> <p>We have gained approval to deliver arts-based qualifications and we have an occupationally qualified tutor on-board that works for East London Printworks, we are looking at how we can offer the qualification online during this current lockdown and therefore people will have more than employability skills achieved.</p>	<p><b>GREEN</b>                      Jan-Mar the project struggled to achieve quarterly targets due to rise in Covid cases and children and young people being at home due to lockdown 3. Participants faced added pressure with internet access, the sharing of devices, and trying to find a space in the home where they could concentrate on taking part in the programme without interruption.</p> <p>Despite challenges this quarter, the project has recruited 12 new people and have increased developmental time on the project which has enabled them to provide a package of arts / employability activities from April - September. They are currently using the centre’s outreach and engagement team to recruit participants.</p> <p>The project is on track to achieve their lifetime targets.</p>

Theme / Scheme:	<b>5 – Community Safety</b> <b>5A – Reduction in the exploitation of children, young people and other vulnerable groups</b>
Priorities:	1. Reduction in the exploitation of children and young people, and vulnerable groups
Outcomes:	1. Children, young people and other vulnerable people: <ul style="list-style-type: none"> <li>a) Have increased confidence and critical thinking skills;</li> <li>b) Have an increased understanding of what a safe relationship is, what exploitation is, and how to spot the signs of abuse and exploitation;</li> <li>c) Have an emotional and actual vocabulary to articulate what is happening to them;</li> <li>d) Are better able to challenge and support each other around relationships.</li> </ul>

Outcome	Key Performance Indicator	Lifetime Target	Actual to date	Oct 20 – Mar 21 Target	Oct 20 – Mar 21 Actual	Notes
1	Young people report an increase in their self-confidence to be able move away from harmful situation and unsafe relationships.	75	38	12	24	Indicator from Young Influencers project

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Kazzum Arts / Build	01/10/2019 31/03/2023	£63,552	Build will support young people excluded from mainstream education, currently educated at a pupil referral unit (PRU) in Tower Hamlets. Students in this setting are at risk of exploitation and coercion into criminal activity. Through a programme of creative activities our project will develop confidence, emotional literacy and interpersonal skills.	<p>Kazzum Arts continued creating and sharing resources for students to utilise at home as unable to work in the PRU since January.</p> <p>They developed resources to use in the PRU, other schools and wider provision. Their new resources on Young People’s human rights are being used within citizenship lessons across 10, year 11 classes. In terms of their KPI to support workers they released the 4th part of their <a href="#">‘Animating Adversity’</a> Series Supporting professionals impacted by Trauma - This animation explores the impact of traumatic stress</p>	<p><b>COVID/AMBER</b> Kazzam has met the green category by continuing to provide resources for the PRU and participants, as well as planned work with school staff.</p> <p>However, Covid restrictions in schools, including school bubbles, caused less flexibility for outside providers to work in schools or small groups with pupils from</p>

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				<p>upon professionals who are working alongside children, young people and communities facing adversity.</p> <p>Kazzum were awarded the 2021 CHWA ‘Practicing Well Award’, which recognises their continued efforts to support professional development.</p>	<p>multiple bubbles meeting to access services online. This has resulted in the project not being able to deliver all planned activities.</p>
Osmani Trust / Schools and Community Resilience Programme	01/10/2019 31/03/2023	£125,843	<p>This proposal seeks to:</p> <ol style="list-style-type: none"> <li>1. transform and change the attitudes and behaviour of secondary school children; improving their confidence, critical thinking skills and emotional intelligence.</li> <li>2. deliver a peer programme engaging young people as ambassadors to their peers, changes attitude, promotes understanding, increase community cohesion and ultimately empowers young people.</li> </ol>	<p>Work has continued to evolve and revolve in line with covid restrictions. This includes responding to the needs of young people going back into schools after a long period.</p> <p>Osmani concluded their Community Resilience Programme with last peer group as they completed their ASDAN certificate in Sports. 10 new young people were engaged on the project Jan-Mar. This group, from the Bethnal Green/ Globe Town area, were referred by parents that learnt how the project works with peer groups to resolve youth conflict in the community.</p> <p>For the Schools work, they started with working with new cohorts in March after pupils started returning to school again. They current schools they work with are Stepney Green, Morpeth and London Enterprise Academy.</p>	<p><b>COVID/AMBER</b></p> <p>Osmani has mainly concentrated on the Community Resilience Programme element of this award. They have also responded to emerging need as a direct consequence of Covid as well maintain contact with current participants from schools.</p> <p>However, Covid restrictions in schools, including school bubbles, resulted in less flexibility for outside providers to work in schools or for small group work to provided activities online. This has resulted in the project not being able to deliver some planned activities.</p>
Streets of Growth / Resilient Young Leaders Programme	01/10/2019 31/03/2023	£90,356	<p>The Resilient Young Leaders Programme is an innovative, impactful initiative led by and for young people (15-19 years) to enable young people to build skills and capacity to feel safe, confident, and responsible when demonstrating the</p>	<p>The Young Leaders programme has been renamed by the young people as the Young Influencers</p> <p>Over this period 10 new young people have engaged though targeted street work in identified estates, and referrals from social services, edge of care team and Young Carers programme. This results in a total of 23 young people remaining engaged.</p>	<p><b>GREEN</b></p> <p>Streets of Growth has worked to continue delivery online and young people remain engaged with the project, resulting in movement to outcomes. The organisation has also brought about significant impact in saving</p>

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			community safety and positive change they want to see in their neighbourhoods.	<p>Outcome monitoring undertaken with 13 young people at this point of monitoring shows increased confidence. Within the bigger group of 23 young people 18 have made significant progression in moving out of harmful and unsafe situations and relationships.</p> <p>A Youth Police Experience Survey is being rolled out to young people from the beginning of January over a three-month period. The aim of this survey is to give young people a voice when it comes to the policing of their community. The results of this survey will be shared with key partners to raise young people’s voices.</p>	some participants from dangerous situations.

Scheme:	<b>B – Improving the perception of young people in the community</b>
Priorities:	1. Improving the perception of young people in the community
Outcomes:	1. Children and young people are, and are seen to be, a positive part of the community 2. Increased community cohesion and sense of belonging 3. Residents, especially older people, people feel less wary of children and young people

Outcome	Key Performance Indicator	Lifetime Target	Actual to date	Oct 20 – Mar 21 Target	Oct 20 – Mar 21 Actual	Notes
3	Younger and Older People work together in project activities	970	136	185	108	

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Four Corners Ltd / Into Focus photography project	01/10/2019 31/03/2023	£58,044	Into Focus offers an intergenerational photography project for 24 people each year (12 young people aged 14-25 years and 12 over-50s). Groups will create work for a final exhibition, focusing on social perceptions and misconceptions between older and younger people to promote positive attitudes and increasing mutual understanding.	The first projects public photo exhibition was codesigned, opened and accessed within covid restrictions. Recruitment started for an adapted project 2. Funding was achieved for equipment to enable adapted project is in place. However, recruitment did not achieve the target numbers and an intensive outreach programme was put in place. The second project started on Wednesday 28 April with 8 participants, plus 3 more joining in week 2.	<b>COVID/AMBER</b> Due to Covid restrictions this project has been unable to deliver planned activities in this period. However, the organisation has developed an action plan, approved by officers, demonstrating admirable project management to ensure they achieve project outcomes over the lifetime of the funding. They will do this by providing 3 concurrent projects between April - June, June - August and August - Oct with exhibitions in July/August and Oct/Nov 2021.
Leaders in Community / Project Connect	01/10/2019 31/03/2023	£68,391	A group of young people recruited by LiC will collaborate with older people to design a programme of activities and celebrations, which enable long-term social connections to be	During this period, the Mind the Gap steering group coordinated the distribution of over 30 electronic tablets (Kindle Fire devices) to local elderly Tower Hamlets residents, predominantly from the Poplar area.  In addition to this, LiC ran a successful 'Cook and	<b>COVID/AMBER</b> Due to Covid restrictions on engaged elders this project has been unable to deliver planned activities. However new activities have been put in place and agreed with officers

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			<p>made, and ideas and points of view to be exchanged. The outcomes of the activities will be shared with the wider community.</p>	<p>Create' event, utilising the IT equipment. The young people provided free, healthy shopping items for older LBTH residents. As part of the event, residents were shown examples of the kinds of dishes they could make with the ingredients provided and given recipes to help and encourage them to make at home.</p> <p>The project has been well recognised, and the younger people are proud of their achievements.</p>	<p>to ensure that will achieve funded outcomes. This has resulted in older people being supported, engaged, and developing relationships with the younger people.</p>

Scheme:	<b>C - Services for people affected by domestic violence or other unsafe circumstances</b>
Priorities:	1. Services for people affected by domestic violence
Outcomes:	1. More residents, particularly families and young people, are aware of the different forms that domestic violence and sexual abuse (DVSA) can take, know how to report it, and where to access support. 2. Young victims and witnesses of DVSA are supported to recognise and report it.

Outcome	Key Performance Indicator	Lifetime Target	Actual to date	Oct 20 – Mar 21 Target	Oct 20 – Mar 21 Actual	Notes
2	Children improve levels of self-confidence having gone through the project	175	79	28	28	
1	Adults will directly be introduced to the Bright Sky DVSA app during the awareness raising campaigns Partner organisations will promote the app to their service users and our staff will make additional visits to promote the app	525	106	80	32	Participants of events informs this KPI. So, this low number does not reflect current work being undertaken to accommodate Covid restrictions.

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Hestia Housing and Support / Families Safe and Secure in Tower Hamlets	01/10/2019 31/03/2023	£80,850	This project will support families who have experienced DVSA and who are living in a local refuge to address the trauma they've faced and to learn about what a healthy relationship looks like. It will also raise awareness amongst the Tower Hamlets community of DVSA and how to report it.	The Project Worker has delivered Domestic Violence and Sexual Assault (DVSA) sessions within the refuge. Measured outcomes demonstrate movements in line with KPIs. Feedback from children's sessions demonstrates understanding by parents has grown resulting in healthier family relationships.  Awareness raising focused on safe reporting in local pharmacies and access to DV advice on work based and community websites. Work has begun on reintroducing the events by working with relevant local VCS groups.	<b>GREEN</b> Continued to deliver programme in refuge resulting in movements towards measured outcomes. Secondary benefits identified - women gaining confidence to discuss issues and increased understanding of children's issue.  Changes in the awareness programme were approved to enable funded outcomes whilst respond to Covid DV issues.