

Theme	Strand	Staff Name	Organisation Name	Project Title	Project Description	Project Progress / Key Achievements	Start / End Date	Grant Amount	Forecast	Payments Processed	Paid Amount	Variance	Oct19-Mar 20 RAG Status	Comments
Theme 1 Children Young People and Families - Community Languages														
Theme 1 - Children, Young People and Families	Community Languages	Hilary Hughes	Black Women's Health and Family Support	BVHAFS' Somali Mother Tongue Programme	Mother tongue education in the language that children speak at home with their family. The children who access this provision are bilingual or multilingual. The project provides weekly 2-hour Somali Mother Tongue classes, 38 weeks a year during term time, for young people of Somali heritage, aged 7 to 13 and living in the borough.	The Somali Mother Tongue Project started the new year on 7 January 2020 with 15 young people aged 7-13 years signing up on the programme. 10 learners attended the sessions regularly. 11 sessions were held during this period of review on Tuesdays from 4pm-6pm. The programme was closed a week before the official end date of the programme in line with the government's lock down measures to help reduce Covid-19 pandemic. "I am 10 years old. I started the Somali Mother Tongue class this year because I would like to communicate to my parents and siblings in Somali at home. Since I started attending the lessons, I have learnt the Somali alphabets, numbers, I can also say the greetings, weather, sing Somali songs and recite poems in Somali. Thank you to Black Women's Support".	01/09/2018 - 31/03/2020	4,750.00	4,750.00	4,750.00	4,750.00	0.00	GREEN	This project helped to address a shortage of voluntary and statutory services for this client group. Over half of the children participating were classified as living in poverty. It catered for children whose parents were unable to fully support their education because of language barriers and a lack of familiarity with British institutions, leading to low school attendance. The young people using the project also benefited from the use of an ICT suite and kids' library
Theme 1 - Children, Young People and Families	Community Languages	Hilary Hughes	Boundary Community School	BCS Mother Tongue Project	Mother Tongue project providing out of school language classes (Bangla) and cultural activities for local young people (age from 6 to 16) from Boundary Estate of Weavers Ward to help boost their confidence. The classes run from 5.30-7.30pm on Tuesday, Wednesday and Thursday (School Term only).	During this period participants worked towards reading and writing in Bengali as well as developing and maintaining their own cultural identities. During this quarter participants also worked towards improving speaking skills in order to better communicate in Bengali language. Based on students completed language portfolio at the start of the new academic year updated lesson plans were implemented to deliver lessons. The result of which will be used to monitor individual progress throughout the academic year.	01/09/2018 - 31/03/2020	6,333.00	6,333.00	6,333.00	6,333.00	0.00	GREEN	This Community Languages Project provides out of school provision that supports improved educational attainment. Outcomes related to this project include that participants are: -improve levels of participation, educational attainment and progression for children and young people; -more confident and skilled in their mother tongue; -develop a greater understanding of their cultural heritage; and -improve their learning skills
Theme 1 - Children, Young People and Families	Community Languages	Hilary Hughes	Chinese Association of Tower Hamlets	Chinese Independent School of Tower Hamlets (Mother Tongue Classes)	Offers a complete education framework for children aimed to inspire, energise and develop students to excel as great thinkers and leaders in any field with an integrated background of Chinese language and culture as a key asset. Lessons are delivered every Saturday in two separate sessions during term time at St. Mary and St. Michael Primary School, Sutton Street, London E1 0BD, Mandarin GCSE, AS Level and A Level classes are delivered between 10 am to 1 pm; Cantonese GCSE and A Level classes are delivered 12:45 pm to 3:45 pm.	There were 7 Mother Tongue sessions held and 630 attendances during this quarter. We have 90 Tower Hamlets participants who attended during this period; they include 48 girls and 42 boys between the ages of 3 to 17. We have 30 Tower Hamlets registered users since the beginning of this academic year and we have not had any leavers so far. During this quarter, the GCSE and A-Level teachers had been working very closely with their students to ensure they are on the right track, also supporting those need extra support with their work. There are regular assessments, practice of past papers/sample papers from the Edexcel exam board during each 3-hour lesson.	01/09/2018 - 31/03/2020	18,470.00	18,470.00	18,470.00	18,470.00	0.00	GREEN	Project was delivered satisfactorily.
Theme 1 - Children, Young People and Families	Community Languages	Hilary Hughes	Cubitt Town Bangladeshi Cultural Association	Cubitt Town Bangladeshi Cultural Association	After-school Bengali language classes on Thursday and Friday, two hours each day for 36 weeks a year. The project consists of mother tongue classes, participation in related activities, educational trips and cultural events. All classes take place at St. Luke's Primary School between 5pm and 7pm.	This term we have 32 children on the register, but the attendance is not consistent. To improve the attendance, we distributed the leaflets at the two local primary school gates, mosques, telephone calls and home visits. Throughout the year we introduce and encourage participants to learn about their own and other's cultures through sharing stories and experiencing new things, such as eating new foods and reading literature from other countries. Participants are also incentivised to produce posters, leaflets and other pieces of work about various cultural events, such as Christmas, Easter and Eid, for a competition to produce the best work in the class. In February we celebrated the Victory day of Bangladesh and the international Language day. There were about 65 parents and children. The children drew posters, leaflets and recited poems. Presents were given to the children and refreshments was served at the end of the programme.	01/09/2018 - 31/03/2020	3,518.00	3,518.00	3,518.00	3,518.00	0.00	GREEN	Project was delivered satisfactorily.
Theme 1 - Children, Young People and Families	Community Languages	Hilary Hughes	Culoden Bangladeshi Parents Association	Culoden Bengali Mother Tongue Programme	Delivers Bengali Mother Tongue Classes to local children living on the Aberfeldy, Brownfield and Teviot estates with the aim of the children improving their educational attainment, participation and progression by learning their Mother Tongue through reading, writing and speaking skills and cultural studies in the Bengali language.	Classes ran well according to schedule until the outbreak of Covid-19. Average attendance was 14 for our evening class and 24 for our afternoon class. Informal assessments was undertaken for those who could potentially take early GCSE.	01/09/2018 - 31/03/2020	13,063.00	13,063.00	11,000.50	11,000.50	-2,062.50	GREEN	Delivery has taken place but due to sickness and bereavement within the organisation there had been delays finalising the paperwork on the project. The organisation has now submitted required paperwork.
Theme 1 - Children, Young People and Families	Community Languages	Hilary Hughes	EC Lighthouse Ltd	EC Lighthouse/ Lithuanian School	EC Lighthouse School classes take place on Saturdays (10 am - 5 pm). We teach Lithuanian language, history, dance, drama, music. The school is awarded a Silver Award in the Quality Framework for Supplementary School, has won the British Academy Schools Language Awards. Students participate in local and international projects.	In the period the EC Lighthouse/Lithuanian School worked successfully and achieved excellent results. Students actively participated in lessons, took Lithuanian language tests, participated in projects and other creative activities. This quarter, the school had 244 students, 94 of whom are from borough of Tower Hamlets. At EC Lighthouse school, students have lessons in Lithuanian, history, geography, art, music, theatre and dance. As an optional subject, students can learn Russian and Spanish. Currently, there are 198 students who have achieved MFL Level 3 and MFL Level 4. The school has a long-term program aimed at introducing students to the culture, customs and traditions of their home country. On March 7, the school's students presented a musical with folk motifs to the school community. The musical was dedicated to the 30th Anniversary of the Restoration of Lithuania's Independence.	01/09/2018 - 31/03/2020	15,517.00	15,517.00	15,517.00	15,517.00	0.00	GREEN	Project was delivered satisfactorily.
Theme 1 - Children, Young People and Families	Community Languages	Hilary Hughes	Limehouse Welfare Association	Limehouse Mother Tongue Classes (Bengali)	Mother Tongue Bengali classes will allow disadvantaged children of the local area to learn an additional language and gain a foundation for a qualification in GCSE/A level MFL Bengali. Learning the language will increase students' self-confidence, develop cognitive abilities and foster good relations in the community and wider British society.	Students have continued to work towards developing their reading, writing, speaking and listening including social and cultural development. 19 sessions have been run in Oct-Nov-Dec which is 38 hours(each tutors) of teaching delivered in line with the guideline given by the LBTH CLS Department. The total attendance for this term is 354. We have performed a Children's Performance and Annual Achievement Awards Ceremony where parents and the community were invited to join the children. This included a presentation on how to prevent gang fight and knife crime in the Borough as well as a talk on Good Parenting. Additionally, we have had a parent meeting where we have given out the information/signposted on health, education and housing. We have enrolled 30 children. At present we have 10 boys and 20 girls studying in our classes who are in KS1, KS2 and KS3 in mainstream school.	01/09/2018 - 31/03/2020	8,572.00	8,572.00	8,572.00	8,572.00	0.00	GREEN	Project was delivered satisfactorily.
Theme 1 - Children, Young People and Families	Community Languages	Hilary Hughes	Stifford Centre Limited	Stifford Community Language Services	Community language classes for 40 children aged 6-11 years, who wish develop their language skills in Bengali and Arabic. The service runs from Monday to Friday from 5pm to 7pm. It is linked to a referral programme for children who wish to undertake GCSE Bengali & Arabic in future.	Our mother tongue project continues as a successful and much needed endeavour-providing local children with an after School provision to improve their bi-lingual skills and learn a community language. The project was delivered from 5pm-7pm on five days per week (Monday to Friday). We have delivered the project until the Lock-down started due to COVID-19 on 23 March 2020	01/09/2018 - 31/03/2020	7,966.00	7,966.00	7,966.00	7,966.00	0.00	GREEN	Project was delivered satisfactorily.
Theme 1 - Children, Young People and Families	Community Languages	Hilary Hughes	Teviot British Bangladeshi Association (TBBA)	Opportunity	The project is intended to provide Mother Tongue classes for local Bangladeshi children around Teviot areas LAP 7 age between 8-12 years old.	38 young people recruited for the Mother Tongue session The annual assessment will be completed by end of July 2020 to measure the children ability on the capability of Reading and Writing in Bengali 36 weeks of term-time Mother Tongue Classes Classes run on every Thursday and Friday 4.30- 6.30pm During the parents evening, we had feedback from parents that young people have improved confidence in communicating with community languages	01/09/2018 - 31/03/2020	3,167.00	3,167.00	3,167.00	3,167.00	0.00	GREEN	Project was delivered satisfactorily.
Theme 1 - Children, Young People and Families	Community Languages	Hilary Hughes	Wapping Bangladesh Association	Wapping Bengali Mother Tongue Community Languages Project	The project will raise the academic achievements, participation and progression of disadvantaged Bangladeshi children through the provision of Bengali Mother Tongue Education. It will help to strengthen the identity of Bangladeshi Children through cultural awareness through studies in Bengali history, the arts and culture and promote community cohesion.	In this period (Jan-March 2020), we delivered total number of 11 sessions to our registered 30 students. They learned Bangla reading, writing, spelling and also participated cultural activities held on 21st of February commemorating the international mother tongue day. They recited poem, story-telling and performed singing competition. Children performed as a group and as an individual. Their performance was highly praised by the participants attending the event. Wapping mother tongue project has significant positive impact in children's everyday life as they have been familiar with their own roots, culture, history and heritage that helped them to be more respectful other culture and to be part with the wider society as well.	01/09/2018 - 31/03/2020	4,750.00	4,750.00	4,750.00	4,750.00	0.00	GREEN	Wapping Bengali Mother Tongue Education Project has supported the academic achievements of disadvantaged children through this provision. This project provided a range of activities including reading, writing and speaking skills in Bengali Mother Tongue, Bengali history, as well as arts and culture. Group and one to one activities were held in a safe and secure environment. Participants were supported to develop confidence, motivation and ambition. Activities were included to support the students build relationship with children and young people from other communities and widen their understanding and knowledge of diversity, building community cohesion.

Theme 3 Prevention Health & Wellbeing - Lunch Club													
Theme 3 - Prevention Health and Wellbeing	Lunch Club	Abu Sufian	Chinese Association of Tower Hamlets	Chinese and Vietnamese Elderly Luncheon Club	<p>CATH's Luncheon Club is aimed primarily, but not exclusively, at Chinese and Vietnamese Elders who wish to improve their physical and mental wellbeing. Through our programme of fun and informative activities, and exercise classes, we wish to give attendees the awareness and knowledge to work on raising their own health.</p> <p>Despite the coronavirus outbreak, this quarter we were able to host a Chinese New Year party to our over 50's members, which included a 6 course meal, along with a fully loaded goodie bag to each and every attendee to take home.</p> <p>Our Chinese New Year party took place on Wednesday 12th February at Round Square Restaurant, it was a welcoming event which saw almost 30 members enjoying the party along with games and karaoke. Other outputs achieved in this quarter include:-</p> <ol style="list-style-type: none"> 1. Number of users accessing services: 708 2. Number of Lunch Club sessions provided: 22 3. Number of users accessing Lunch Club sessions: 350 4. Number of users attended health workshop: 0 5. Number of users participating in physical activities: 316 6. Number of users receiving advice and assistance with practical matters: 12 7. Number of users attended Chinese New Year special event: 30 <p>On the advice of Adult Social Services, the Luncheon Club was closed from Friday 20th March. All other activities such as workshop and physical activities had also been suspended.</p>	01/09/2018 - 31/03/2020	16,150.00	16,150.00	16,150.00	16,150.00	0.00	GREEN	Project was delivered satisfactorily.
Theme 3 - Prevention Health and Wellbeing	Lunch Club	Sajbur Chowdhury	Dorset Community Association	Older People Lunch Club	<p>The project aims to provide older people aged fifty and over with the opportunity to attend a local lunch club provision. The project will enhance the lives of older people who may be at risk of social isolation or gradually losing their independence, through the provision of a range of activities.</p> <p>Case Study: Mrs. B is a pensioner and lived in a house close to the Dorset Centre. She has a, high blood pressure diabetic. She is our regular session user and enjoys fitness session which benefits his physical movement.</p> <p>From our healthy session and leaflets, now she understands importance of healthy eating to enjoy a healthy lifestyle. She eats more fruits and vegetable every day which keeps her well. She found very useful one of our leaflet 'Coping with Stress'. From the leaflets she understands the issues of stress and how to cope with it by relaxation or deep breathing. She is very happy and visit centre regularly. She also encourages others to attend Dorset Centre Luncheon club.</p>	01/09/2018 - 31/03/2020	20,615.00	20,615.00	20,615.00	20,615.00	0.00	GREEN	Project was delivered satisfactorily.
Theme 3 - Prevention Health and Wellbeing	Lunch Club	Abu Sufian	Ensign Youth Club	Unity	<p>The project is intended to provide social interactive service for local elderly people 50+ from Bangladesh and Somalia by providing weekly structure, coffee morning, and healthy affordable meals with health and recreation activities based on their need and abilities.</p> <p>The Lunch Club closed on the 20 March 2020 due to the coronavirus.</p> <p>The combined coffee morning and luncheon club run on every Monday and Friday. In this quarter (JAN-DEC 2020) we have delivered 20 sessions. The sessions were attended by 32 users. It has been reported through verbal consultation and on-going coordinator monitoring that almost 100% of users reported an increase in improved health and well-being, improved knowledge on healthy eating and nutrition, a reduction in social isolation and felt a greater sense of community cohesion as the users able to meet other similar minded people from local. Our Sports Halls are been used by the users on regular bases for sports activities such as Badminton, Table Tennis and Pool</p> <p>The session was suspended fro 17 MAR 2020 due to the COVID-19, we only able to provide remote telephone services to users</p>	01/09/2018 - 31/03/2020	14,440.00	14,440.00	14,440.00	14,440.00	0.00	GREEN	Project was delivered satisfactorily.
Theme 3 - Prevention Health and Wellbeing	Lunch Club	Sajbur Chowdhury	Limehouse Project Limited	Limehouse Luncheon Club for Elders	<p>The LLCE brings people aged 55+ together to enjoy a healthy meal, socialise and partake in group activities such as gentle exercises and games. With general advisers on hand to assist with any worries being faced, it aims to help relieve loneliness, increase self-confidence and enhance each elder's quality of life.</p> <p>Within the Luncheon Club offer we regularly provide a nutritionally balanced lunch to local elders 2 x days a week, every Monday from the Harford Street Multi Centre and every Wednesday from the Locksley Community Centre (Dora Hall).</p> <p>Elders in these sessions are of mixed genders and backgrounds, many from isolated and deprived background, whilst some are also suffering from some forms of low level mental health. These sessions give individuals the opportunity to come out of their homes, make connections and networks with other local elders and different cultural groups.</p> <p>As part of the luncheon club we also arrange various activities with an aim to improve their knowledge and understanding of other cultures and activities and also to improve their confidence level. This has included arranging visits to other Luncheon clubs, hosting other cultural groups and also regular trips to places of interest. Unfortunately due to Covid 19 we were unable to attend our trip to Tower of London which was planned for the 30/03/2020.</p> <p>90% of our clients who attend the Luncheon club sessions report that they feel more confident after attending the sessions and further 93% reported that they have improved their understanding on the benefits of healthy eating and regular social interaction after attending the session.</p> <p>In this quarter 10 participants were referred to our advice service within LHP with complex welfare issues where LHP advisers assisted them in resolving their issues. 2 participants were referred to volunteering, participating in the delivery of an array of community services.</p> <p>We delivered 1 DigiTIES workshop for our members on 09/03/2020. 15 people attended the session. Newspaper & magazine reading is very popular and due to high popularity we have now included this in every session with opportunities for discussion and debate around different topics. During the sessions we have also had discussions on Welfare Benefits changes with an option to access LHP benefits advice.</p>	01/09/2018 - 31/03/2020	22,230.00	22,230.00	22,230.00	22,230.00	0.00	GREEN	Project was delivered satisfactorily.
Theme 3 - Prevention Health and Wellbeing	Lunch Club	Nasim Ahmed	Somali Senior Citizens Club	Somali Senior Citizens Club	<p>Our project aims to promote health and wellbeing of vulnerable members of the local community (Tower Hamlets). The project will support and enhance the lives of elderly individuals who suffer from social isolation, economic deprivation and lack of independence by providing luncheon club and supplementary activities, thereby promoting social and cultural integration. The project will be delivering at our Granby Hall Centre address .</p> <p>1872 users accessed our service for this quarter.</p> <p>We delivered 3 Health promotion sessions attended by 47 users</p> <p>We eekly keep fit session exceeds/ achieve the targets</p> <p>We also managed to recruit 2 new service users as expected</p>	01/09/2018 - 31/03/2020	51,490.00	51,490.00	51,490.00	51,490.00	0.00	GREEN	Project was delivered satisfactorily.
Theme 3 - Prevention Health and Wellbeing	Lunch Club	Nasim Ahmed	Wadajir Somali Community Centre	Wadajir Poplar Elderly Lunch Club Two	<p>Wadajir's Poplar Lunch Club for older women meets four days a week from Monday to Thursday 10 am-2pm to share freshly cooked halal meals. Women are also welcome to join in traditional Somali dance sessions, craft workshops for improved physical and mental health as well as regular health talks.</p> <p>The elderly lunch club has continued to run as usual for another quarter. We endeavour to provide our service users with fresh and healthy meals. We encourage them to contribute ideas for healthy snacks and meal, while discussing the topic of healthy living. Through this process we have noticed the elderly women that attend our service have become more adventurous in their eating and are taking more responsibility of their health and diet. The social aspect of our sessions are extremely important.</p>	01/09/2018 - 31/03/2020	29,640.00	29,640.00	29,640.00	29,640.00	0.00	GREEN	Project was delivered satisfactorily.
Theme 3 - Prevention Health and Wellbeing	Lunch Club	Abu Sufian	Wapping Bangladesh Association	Wapping Senior Citizen's Lunch Club	<p>The lunch club will enable WBA to increase socialisation to reduce loneliness, social isolation and promote a healthier lifestyle through improved healthy lives activities that will encourage and engage older people. The Lunch Club will give them the chance to socialise while enjoying a hot, healthy balanced and nutritious meal.</p> <p>In this quarter (Jan-March 2020), we delivered total no. of 30 lunch sessions but we had to close the session from 20th of March due to covid-19. The last lunch session we carried out on 19th of March 2020. We delivered total 10 complementary therapy and 11 exercise session in this period. We also delivered 2 health awareness sessions and 1 social gathering session providing improved meal on 23rd of January 2020. We delivered regular advice and information service 5 days a week as part of the project.</p>	01/09/2018 - 31/03/2020	24,700.00	24,700.00	24,700.00	24,700.00	0.00	GREEN	Project was delivered satisfactorily.