## Non-Executive Report of the:

## **Health and Adults Scrutiny Sub-Committee**

8 July 2019



rporate Director, Health, Classification: UNRESTRICTED

**Report of:** Denise Radley - Corporate Director, Health, Adult and Community Services

Report Title: Healthy Life Expectancy in Tower Hamlets - Annual Public Health Report of the Director of Public Health 2018

Originating Officer(s)	Somen Banerjee, Director of Public Health
Wards affected	All wards

## **Executive Summary**

The Annual Public Health Report for 2018 focusses on the Healthy Life Expectancy Figures for Tower Hamlets. Healthy Life Expectancy is a high level indicator of the Strategic Plan.

The report was presented to the Health and Wellbeing Board on the 14th of January 2019 and was aimed at initiating discussion of the strategic priorities of the new Health and Wellbeing Strategy which will need to be developed through 2019 (the current strategy runs until 2020).

The report explores how Healthy Life Expectancy (HLE) is constructed, why it is an important measure and what explains the figures for Tower Hamlets. Specifically, it highlights that HLE has consistently been in the lowest five of local authority areas for both males and females (apart from the most recent data which shows a sharp improvement for males).

However, life expectancy has been improving significantly. Because of the construction of HLE, this means that it is poorer self-rated health that particularly weights the figures for Tower Hamlets. It is also relatively unusual that female healthy life expectancy is lower than male healthy life expectancy.

In order to explore this further, the report reviews a range of data related to health and wellbeing where Tower Hamlets is a particular outlier in order to ascertain how Tower Hamlets particularly differs from other populations from a health perspective.

Amongst the key issues where Tower Hamlets is a significant outlier in relation to health and its determinants include diabetes, common mental health issues, maternal health, behavioural risk factors for health (particularly smoking and diet), environmental factors and multiple deprivation (income, poverty, adult literacy). The data also highlights the specific vulnerabilities at both ends of the life course.

The report provides a strong connection between the aspiration and place priorities of the Strategic Plan and how they are likely to impact on healthy life expectancy. It also reflects the importance of all four themes of the Community Plan in contributing to improvement in healthy life expectancy (resilient and safe communities, better health and wellbeing, good jobs and employment and a better deal for young people).

The report will also be used to inform future priorities of a range of strategies and plans across the health and care system including the refresh of the Health and Wellbeing strategy, Tower Hamlets Together local plans and the Council for Voluntary Service (CVS) health and wellbeing strategy.

The report is available online at:

https://www.towerhamlets.gov.uk/Documents/Public-Health/Tower\_Hamlets\_Public\_Health\_Report\_2018.pdf

#### **Recommendations:**

The Health and Adults Scrutiny Sub-Committee is recommended to:

1. Comment on the report with a particular focus on the section with 'considerations for the Health and Wellbeing Board'

# 1. REASONS FOR THE DECISIONS

N/A

## 2. ALTERNATIVE OPTIONS

2.1 N/A

#### 3. DETAILS OF THE REPORT

3.1 Please see attached presentation and full report

## 4. EQUALITIES IMPLICATIONS

4.1 The between report is focussed on equalities - raising issues about inequalities Tower Hamlets and elsewhere as well as within the borough. It also highlights considerations for partners to address these.

## 5. OTHER STATUTORY IMPLICATIONS

5.1 Local authorities are responsible for understanding and promoting local population health under the provisions of the Health and Social Care Act 2012.

# 6. <u>COMMENTS OF THE CHIEF FINANCE OFFICER</u>

6.1 There are no financial implications arising from the recommendations within this report.

#### 7. COMMENTS OF LEGAL SERVICES

7.1 Section 116 of the Local Government and Public Involvement in Health Act 2007 places a duty on the Health and Wellbeing Board to undertake a joint strategic needs assessment. The duty to prepare this plan falls on local authorities and the Clinical Commissioning Group, but must be discharged by the Health and Wellbeing Board. Utilising the Annual Public Health report to inform future priorities of the refresh of the health and wellbeing strategy is consistent with this duty.

## **Linked Reports, Appendices and Background Documents**

#### **Linked Report**

Summary presentation of Annual Public Health Report

#### **Appendices**

 Healthy Life Expectancy in Tower Hamlets: Annual Public Health Report of the Director of Public Health 2018

# Local Government Act, 1972 Section 100D (As amended) List of "Background Papers" used in the preparation of this report

NONE

# Officer contact details for documents:

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