## Non-Executive Report of the: Health Scrutiny Subcommittee 8 January 2018 TOWER HAMLETS Classification: Unrestricted

## Loneliness

Originating Officer(s)	Chris Lovitt, Associate Director of Public Health; Judith Shankleman, Public Health Programme Lead;
	Afia Khatun, Programme Manager Later Years of Life
Wards affected	All wards

## **Summary**

This report provides an overview of loneliness and social isolation and seeks to:-

- Highlight the importance of loneliness as a significant health issue
- Present a summary of the findings from local Tower Hamlets participatory research on loneliness
- Update and share findings from a recent local stakeholder's event and workshops on tackling loneliness to inform next phase of delivery
- Discuss next steps

## **Recommendations:**

The Health Scrutiny Sub-Committee is recommended to:

- 1. Review presentation and video on loneliness
- 2. Comment on proposals for next steps.